

# HA – 2015 Club Records

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## January

### 17<sup>th</sup>, 18<sup>th</sup>, 24<sup>th</sup>, 25<sup>th</sup>: MCASA County Championships

1. Alex V (12) 100m Breast 1.22.74
2. Alex V (12) 100m Back 1.13.64 (heats)
3. Alex V (12) 100m Back 1.13.35 (final)
4. Kelton R (12) 100m Back 1.15.17
5. Sushila GC (Open) 200m Back 2.28.95
6. Kelton R (12) 200m Back 2.39.92
7. Kelton R (12) 100IM 1.17.00
8. Nikolaj L (14) 100m Free 1.00.98
9. Shakil G (12) 400m Free 5.09.94
10. Jude L (13) 200m Fly 2.39.59
11. Alex V (12) 100IM 1.15.80 (heats)
12. Alex V (12) 100IM 1.13.61 (finals)
13. Shakil G (12) 200IM 2.47.39
14. Kelton R (12) 100m Free 1.07.45
15. Nicola L (Open) 200m Free 2.22.24
16. Kelton R (12) 400m Free 5.01.19
17. Kelton R (12) 100m Breast 1.25.70
18. Kelton R (12) 200m Breast 3.03.65
19. Sushila GC (Open) 100m Back 1.07.60 (heats)
20. Sushila GC (Open) 100m Back 1.07.50 (finals)
21. Kelton R (12) 200IM 2.46.72
22. Nicola L (Open) 400IM 5.42.50

## February

### 14<sup>th</sup> and 15<sup>th</sup>: MCASA County Championships

1. Gareth D (10) 50m Fly 37.96
2. Shakil G (12) 1500m 19.58.47
3. Shakil G (12) 50m Free 29.81
4. Shakil G (12) 50m Fly 32.59
5. Alex V (12) 50m Breast 38.11 (heats)
6. Alex v (12) 50m Breast 37.53 (finals)
7. Alejandro IO (13) 1500m 19.30.03
8. Nicola Lawrence (Open) 800m 10.21.58
9. Joe N (Open) 50m Back 27.13

### 22<sup>nd</sup>: Barnet Copthall Winter Sprints

1. Adina R (14) 50m Fly 31.80
2. Adina R (14) 50m Free 29.69
3. Kelton R (12) 50m Free 31.49

4. Kelton R (12) 50m Back 35.68
5. Kelton R (12) 50m Breast 39.10
6. Gareth D (10) 100 fly 1.33.40

### 28<sup>th</sup>: ESS Regional Qualifier

1. Gareth D (10) 200IM 3.07.62
2. Gareth D (10) 200m Free 2.53.31
3. Shakil G (12) 200m Free 2.23.57
4. Shakil G (12) 50m Free 29.79
5. Max H (12) 200m Breast 3.18.04
6. Nicola L (Open) 200m Free 2.21.07
7. Kelton R (12) 200IM 2.43.30
8. Kelton R (12) 50m Back 34.99
9. Kelton R (12) 100m Free 1.06.61
10. Alex V (12) 50m Back 33.37
11. Alex V (12) 200m Back 2.35.19
12. Alex V (12) 50m Breast 37.41
13. Alex V (12) 100m Back 1.11.97

## March

### 1st: MCASA Development Meet

1. Nicola L (Open) 800m 10.09.85

### 7<sup>th</sup> and 8<sup>th</sup>: John Basford Memorial Gala

1. Gareth D (10) 100m Fly 1.31.64
2. Shakil G (12) 200m Free 2.23.18
3. Shakil G (12) 400m Free 5.03.05
4. Shakil G (12) 200IM 2.46.24
5. Nicola L (Open) 400IM 5.36.16
6. Nicola L (Open) 200m Free 2.19.97
7. Nicola L (Open) 400m Free 4.55.80
8. Kelton R (12) 200m Free 2.21.88
9. Kelton R (12) 200m Breast 3.03.59

### 14<sup>th</sup> and 15<sup>th</sup>: MCASA Development Meet

1. Shakil G (12) 200m Breast 3.17.53
2. Jude L (13) 200IM 2.39.28
3. Adina R (14) 200m Fly 3.00.05
4. Adina R (14) 400m Free 5.12.93
5. Kelton R (12) 50m Breast 38.59
6. Kelton R (12) 50m Free 31.29

### 28<sup>th</sup> and 29<sup>th</sup> Redbridge Regional Qualifier

1. Gareth D (10) 100IM 1.28.38
2. Gareth D (10) 200m Free 2.51.86

## HA – 2015 Club Records

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3. Shakil G (12) 200IM 2.45.15
4. Shakil G (12) 100m Free 1.05.41
5. Shakil G (12) 400m Free 5.03.00
6. Shakil G (12) 50m Free 29.38
7. Jude L (13) 200m Fly 2.34.13
8. Jude L (13) 100m Fly 1.10.01
9. Alfie L (13) 400IM 5.35.45
10. Kelton R (12) 400m Free 4.59.23
11. Kelton R (12) 50m Free 30.72
12. Kelton R (12) 200m Free 2.21.41
13. Kelton R (12) 100m Free 1.06.19
14. Alex V (12) 200m Back 2.33.15
15. Alex V (12) 100m Back 1.11.08
16. Alex V (12) 50m Free 29.44

### April

#### 11<sup>th</sup> and 12<sup>th</sup>: Bexley Long Course Open Meet

1. Gareth D (10) 50m Fly 37.73
2. Shakil G (12) 50m Fly 32.41
3. Max G (12) 200m Breast 3.16.89
4. Jude L (13) 50m Fly 31.22
5. Alex V (12) 100m Free 1.04.58

#### 18<sup>th</sup> and 19<sup>th</sup>: Ealing Open Meet

1. Gareth D (10) 50m Fly 37.70
2. Shakil G (12) 200m Free 2.22.91
3. Shakil G (12) 50m Fly 32.19
4. Shakil G (12) 50m Free 28.58
5. Nicola L (Open) 200m Free 2.19.03
6. Jude L (13) 200m Free 2.16.17
7. Jude L (13) 200m Fly 2.31.87
8. Kelton R (12) 200m Breast 3.01.84
9. Kelton R (12) 100IM 1.15.89
10. Kelton R (12) 200m Free 2.21.26
11. Gael VT (9) 50m Fly 45.30
12. Alex V (12) 200m Back 2.31.78

#### 18<sup>th</sup>: Anaconda Graded Gala

1. Gael VT (9) 50m Free 38.38

#### 26<sup>th</sup>: M11

1. Gareth D (10) 50m Fly 37.56
2. Shakil G (12) 50m Fly 32.18

### May

#### 10<sup>th</sup>: Eastbourne SC Masters Open Meet

1. Joe N (Open) 50m Fly 25.32
2. Joe N (Open) 100m Fly 56.29
3. Joe N (Open) 100IM 1.00.25

#### 16<sup>th</sup> and 17<sup>th</sup> MCASA Long Course Meet

1. Max H (12) 200m Breast 3.12.21\*

#### 30<sup>th</sup>: ASA London Regional Championships

1. Alex V (12) 50m Breast 37.22\* (heats)
2. Alex V (12) 50m Breast 36.39\* (final)
3. Jude L (13) 50m Fly 30.57\*
4. Alex V (12) 50m Back 33.22\*

### June

#### 13<sup>th</sup> and 14<sup>th</sup>: Kate Lack Trophy Meet

1. Gareth D (10) 200m Fly 3.19.12
2. Gareth D (10) 100m Breast 1.43.42
3. Gareth D (10) 200m Free 2.44.07
4. Gareth D (10) 200m Breast 3.37.57
5. Gareth D (10) 100m Fly 1.28.84
6. Nicola L (Open) 200m Free 2.18.38
7. Jude L (13) 50m Back 31.74
8. Jude L (13) 200m Free 2.13.43
9. Adina R (14) 200m Fly 2.55.22
10. Adina R (14) 100m Free 1.04.47
11. Alex V (12) 100m Free 1.03.31
12. Alex V (12) 200m Back 2.28.63
13. Alex V (12) 100m Breast 1.22.66
14. Alex V (12) 200m Free 2.19.13
15. Alex V (12) 50m Back 32.96
16. Alex V (12) 100m Back 1.11.07
17. Alex V (12) 200m Breast 2.56.67

#### 19<sup>th</sup> and 20<sup>th</sup>: HA Summer Club Championships

1. Gael VT (9) 50m Fly 43.90
2. Gareth D (10) 50m Fly 37.50
3. Shakil G (12) 50m Fly 31.95
4. Gael VT (9) 50m Breast 49.09
5. Alex V (12) 50m Breast 36.35
6. Alfie L (13) 50m Breast 38.82

# HA – 2015 Club Records

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7. Shakil G (12) 50m Free 28.54
8. Gael VT (9) 100IM 1.40.10
9. Alex V (12) 100IM 1.11.75

## 21<sup>st</sup>: ESS Summer Open Meet

1. Shakil G (12) 100m Fly 1.13.42
2. Shakil G (12) 50m Fly 31.81
3. Gael VT (9) 200m Free 3.01.68
4. Alex V (12) 100m Free 1.02.48

## 27<sup>th</sup> and 28<sup>th</sup> Harrow SC End of Season Open Meet

1. Jake A (Open) 1500m 17.35.31
2. Shakil G (12) 200IM 2.42.77
3. Jude L (13) 200IM 2.34.46
4. Jude L (13) 200m Back 2.30.48
5. Jude L (13) 100m Fly 1.08.84
6. Jude L (13) 1500m 18.31.76
7. Kelton R (12) 100m Breast 1.24.41
8. Kelton R (12) and (Open) 800m 10.06.08
9. Gael VT (9) 50m Fly 43.62
10. Gael VT (9) 100m Free 1.26.12
11. Gael VT (9) 100IM 1.38.62

## July

### 5<sup>th</sup>: Barnet Sprints

1. Max G (11) 200IM 2.54.43
2. Jude L (13) 100m Fly 1.08.37
3. Gael VT (9) 100m Breast 1.48.26

### 19<sup>th</sup>: ASA London Region End of Season Meet

1. Adina R (14) 50m Free 29.59\*
2. Adina R (14) 50m Fly 31.34\*
3. Alex V (12) 50m Free 28.29\*
4. Alex V (12) 100m Breast 1.22.48\*

## September

### 26<sup>th</sup> and 27<sup>th</sup>: Basildon Season Opener

1. Max G (11) 200IM 2.47.59
2. Max G (11) 100m Breast 1.29.86
3. Max G (11) 200m Breast 3.10.69
4. Nicola L (Open) 400m Free 4.52.89
5. Jude L (13) 50m Back 31.50

6. Jude L (13) 50m Fly 30.56
7. Jude L (13) 100m Free 59.61
8. Jude L (13) 200m Free 2.10.29
9. Jude L (13) 400m Free 4.38.74
10. Jude L (13) 400IM 5.20.13
11. Sasha S (13) 50m Back 35.18

## October

### 4<sup>th</sup>: MCASA Winter Development Meet

1. Adina R (15) 200m Fly 3.02.60

### 4<sup>th</sup>: Barnet Cophall 100m Meet

1. Gareth D (11) 100m Fly 1.23.94

### 10<sup>th</sup>: Arena League Round One

1. Jude L (13) 100m Fly 1.06.95
2. Jude L (13) 100m Free 59.30
3. Adina R (15) 100m Free 1.05.34

### 11<sup>th</sup>: MCASA Winter Development Meet

1. Adina R (15) 100m Free 1.04.46

### 11<sup>th</sup>: Barnet Cophall 200m Meet

1. Gareth D (11) 200m Fly 3.15.36
2. Max G (11) 200m Free 2.32.08
3. Alejandro IO (14) 200m Back 2.29.12
4. Jude L (13) 200m Back 2.25.66
5. Jude L (13) 200m Fly 2.28.89
6. Kelton R (13) 200m Breast 3.00.88
7. Gael VT (9) 200m Back 3.19.32
8. Gael VT (9) 200m Free 3.00.86

### 25<sup>th</sup>: Barnet Cophall Winter Sprints

1. Jude L (13) 50m Fly 30.39
2. Gael VT (9) 100m Back 1.32.21
3. Gael VT (9) 50m Free 38.15
4. Gael VT (9) 50m Back 43.93

### 31<sup>st</sup>: ESS County Qualifier meet

1. Gael VT (9) 200IM 3.17.82
2. Max G (11) 200IM 2.47.28
3. Gael VT (9) 50m Back 42.41
4. Jude L (13) 50m Back 31.30
5. Kelton R (13) 200m Breast 3.00.35

# HA – 2015 Club Records

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6. Gareth D (11) 200m Fly 3.09.77
7. Max G (11) 100m Breast 1.27.07
8. Max G (11) 200m Free 2.29.49
9. Jude L (13) 200m Free 2.09.51
10. Kelton R (13) 200m Back 2.36.15
11. Kelton (13) 100IM 1.14.79

## November

### 1st: ESS County Qualifier Meet

12. Kelton R (13) 50m Back 34.62
13. Gael VT (9) 200m Breast 3.47.40
14. Kelton R (13) 100m Breast 1.23.93
15. Gareth D (11) 100m fly 1.22.67
16. Kelton R (13) 200m Free 2.22.76
17. Kelton R (13) 50m Breast 38.20
18. Max G (11) 100IM 1.17.28
19. Renat S (13) 100IM 1.10.33
20. Jude L (13) 50m Free 27.67

### 7<sup>th</sup> and 8<sup>th</sup>: London Region Winter Short Course

1. Jake A (Open) 1500m Free 17.35.14
2. Sushila GC (Open) 100m Back 1.07.15
3. Nicola L (Open) 200m Free 2.17.69
4. Jude L (13) 200m Free 2.07.69
5. Jude L (13) 400m Free 4.28.17
6. Jude L (13) 1500m Free 17.45.16
7. Jude L (13) 100m Back 1.05.70
8. Adina R (15) 50m Free 29.89
9. Kelton R (13) and (Open) 800m Free 10.03.04
10. Kelton R (13) 100m Breast 1.21.99

### 14<sup>th</sup>: Arena League Round Two

1. Renat S (13) 100m Breast 1.14.64
2. Max G (11) 50m Breast 38.74
3. Adina R (15) 100m Free 1.04.45
4. Jude L (13) 100m Free 59.01
5. Kelton R (13) 100m Free 1.05.84

### 27<sup>th</sup>: Haringey Aquatics Winter Championships

1. Gael VT (9) 100IM 1.36.38
2. Alex V (13) 100IM 1.09.63

### 28<sup>th</sup> and 29<sup>th</sup>: BHSC Xmas Cracker

1. Max G (11) 200IM 2.44.66
2. Alex V (13) 200IM 2.33.51
3. Jude L (13) 200IM 2.30.83
4. Alex V (13) 50m Breast 36.94
5. Adina R (15) 200m Free 2.21.95
6. Max G (11) 200m Free 2.27.16
7. Adina R (15) 200m Fly 2.58.25
8. Gael VT (9) 400m Free 6.02.46
9. Jude L (14) 400m Free 4.39.55
10. Jude L (14) 50m Fly 30.43
11. Gael VT (9) 100m Free 1.19.92
12. Max G (11) 100m Free 1.07.25
13. Jude L (14) 100m Free 1.00.16
14. Max G (11) 200m Breast 3.09.03
15. Max G (11) 100IM 1.16.94

## December

### 4<sup>th</sup>: HA Winter Championship

1. Max G (11) 100m Breast 1.26.16
2. Kelton R (13) 200 IM 2.44.55

### 12<sup>th</sup>: Arena League Round Three

1. Renat S (13) 100m Breast 1.14.13
2. Jude L (14) 100m Back 1.07.08
3. Max G (11) 50m Breast 38.11
4. Jude L (14) 100m Free 58.77

### 17<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup>: Christmas at Dagenham

1. Jude L (14) 50m Free 27.17
2. Gael VT (9) 50m Free 36.32
3. Jude L (14) 200m Free 2.08.87
4. Max G (11) 200m Free 2.25.46
5. Gael VT (9) 200m Free 2.55.69
6. Jude L (14) 400m Free 4.37.39
7. Jude L (14) 1500m Free 18.30.48
8. Gael VT (9) 200m Breast 3.43.53
9. Jude L (14) 50m Fly 29.91
10. Jude L (14) 100m Fly 1.07.52
11. Jude L (14) 200m Fly 2.29.37
12. Gael VT (9) 200m Fly 3.43.82
13. Alejandro IO (14) 200m Back 2.27.41
14. Gael VT (9) 200m Back 3.07.90
15. Jude L (14) 400 IM 5.23.80
16. Adina R (15) 200m Free 2.21.39

## HA – 2015 Club Records

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17. Nicola L (Open) 400m Free 4.50.89
18. Kelton R (13) 50m Breast 37.84
19. Kelton R (13) 200m Breast 2.57.55
20. Kelron R (13) 100m Back 1.13.47
21. Sushila GC (Open) 200m Back 2.26.47
22. Kelton R (13) 100 IM 1.14.46
23. Kelton R (13) 200 IM 2.42.62
24. Nicola L (Open) 400 IM 5.32.48