

Name of club :	Alton & District swimming club				
Type of assessment :	Academy at Everyone Active (Alton / Bordon)				
Date risk assessment carried out :	December 2020	Person :	Davina Malkin	Review date :	January 2021

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Actioned by
Spread of Covid-19 Coronavirus					
Car Park	Swimmers Parents / Guardians Coaches / Teachers Volunteers	High	All swimmers to arrive 5 minutes before session. Do not arrive earlier than this. No entry will be given for late arrivals Avoid lift sharing with those outside of your household or bubble. Always in line with government guidance. All parents of swimmers must escort their child into the centre, following Everyone Active's one way systems. Parents need to remain contactable on their emergency number (as on TU) at all times during the session.	Low	Parents / Guardians
Entrance / Reception area	Swimmers Parents / Guardians Coaches / eachers Volunteers	High	Use of Hand sanitizer on entry Social distancing and Masks to be worn Follow one-way system to spectator area There will be no opportunity for siblings to arrive early / wait for another sibling to finish session. Arrangements will need to be made for a separate pick up or drop off.	Medium	Everyone Active Parents / Guardians Swimmers

Poolside / Spectator area	Swimmers Coaches / teachers Volunteers	High	<p>Social Distancing and Masks to be worn</p> <p>All swimmers to arrive “beach ready”</p> <p>Use of small bags, and minimal items bought with them</p> <p>Change in designated area on spectator seating. Clothes and Bags left in designated area – socially distanced from next swimmer</p> <p>No re-entry to reception area</p> <p>All parents of swimmers to leave their child with their teacher and then exit poolside, following the one-way system. Shoes to be removed. Parents cannot wait in the centres, unless in café area and purchasing food and registering with the NHS contact tracing App.</p> <p>Parents can remain with their swimmer if under 8 years old, or with prior agreement with the Covid Lead. These parents will wait in the designated spectator seating area until the end of the lesson.</p> <p>No siblings are allowed to wait with parents in the spectator area. This is to keep the numbers of people on poolside to a minimum</p>	Medium	<p>Lifeguards</p> <p>Academy Co-ordinator</p> <p>Teachers</p> <p>Parents / Guardians</p> <p>Swimmers</p>
Swim lessons	Swimmers Coaches / Teachers	High	<p>Await instruction from teacher to enter poolside</p> <p>Social distancing</p> <p>Enter pool at specific place instructed by teacher</p> <p>Teacher to remain on side and socially distanced from swimmers</p>	Low	<p>Academy Co-ordinator</p> <p>Teachers</p> <p>Lifeguards</p> <p>Parents / Guardians</p> <p>Swimmers</p>

			<p>Single Use lane with 6 swimmers per lane.</p> <p>Remain in specific swimming order in lane as instructed by teacher</p> <p>No swimmer to share equipment / water bottles</p> <p>Toilet only to be used if absolutely essential and with agreement with the teacher.</p> <p>If toilet is required, Swimmer to go straight and return promptly. Parent to help if required. Swimmer to use hand soap to wash hands before returning to the pool</p>		
Exit / Changing room	Swimmers Volunteers	High	<p>Exit pool at specific place instructed by teacher</p> <p>Parents will collect their child from the swimming teacher on poolside (shoes to be removed).</p> <p>Return to designated changing area and dry off, collect bag. Swimmers to be encouraged to return home in dry robe / clothes over top of costume and trunks</p> <p>Showers and cubicles can be used but need to be kept to a minimum to reduce the numbers of people in the changing rooms.</p> <p>Exit through changing room. Follow one-way system out to exit. No re-entry to poolside. If items are forgotten they will be collected by the teacher</p> <p>Socially distancing and Masks to be worn</p> <p>No use of drinks / confectionary machines</p>	Medium	<p>Academy Co-ordinator</p> <p>Teachers</p> <p>Lifeguards</p> <p>Parents / Guardians</p> <p>Swimmers</p>

			<p>No congregating in reception areas. Swimmers to leave the building immediately</p> <p>Use of hand sanitizer on exit of the building</p>		
Equipment	Swimmers Parents / Guardians	High	<p>Teachers will provide floats required for the lesson</p> <p>Teachers will not be able to fix equipment, so goggles to be in full working order.</p> <p>No valuables to be bought as there will be no use of lockers.</p> <p>No swimmer to share equipment / water bottles</p> <p>All equipment to be fully cleaned after every session</p>	Medium	<p>Academy Co-ordinator</p> <p>Teachers</p> <p>Parents / Guardians</p> <p>Swimmers</p>
Health screening / Pre-swimming information	Swimmers Coaches / Teachers Volunteers	High	<p>Parents and swimmers to read the latest risk assessment to ensure they are aware of the updated guidance, access and exit procedures to the buildings and expectations.</p> <p>Swimmers have signed declarations and these remain relevant. This will be retained and if any swimmer does not follow guidance they may not be allowed to swim</p> <p>The signed health screening checklist remains relevant.</p> <p>If a swimmer is self isolating due to being in contact with a person who tested positive, or whilst waiting for a test, they should self isolate as per guidance. No other swimmers will be affected</p> <p>If a swimmer is tested positive, the COVID Lead or Coach to be notified immediately. A register is taken at each session and Test and Trace will</p>	Low	<p>Academy Co-ordinator</p> <p>Teachers</p> <p>COVID lead</p> <p>Parents / Guardians</p>

			be informed. All members of the squad bubble will be notified immediately and be expected to self isolate		
Injury / Illness	Swimmers Parents / Guardians Coaches / teachers Volunteers	High	<p>In the event of any injury this will be dealt with by lifeguard only</p> <p>Individual will be isolated in first aid room, or suitable area.</p> <p>Appropriate PPE will be supplied by facility, and all appropriate protocols followed</p> <p>Parent to be contacted by teacher to collect immediately</p>	Medium	<p>Everyone Active</p> <p>Lifeguard</p> <p>Academy Co-ordinator</p> <p>Teachers</p> <p>Swimmers</p>
Trials	Swimmers Parents / Guardians Coaches / Teachers Volunteers	High	<p>Academy co-ordinator will speak to all swimmers and parents over the phone. Date and Time of the trial will be confirmed.</p> <p>Covid briefing and risk assessment will be shared by Academy Co-ordinator and verbal agreement that no Covid symptoms are present</p> <p>Emergency details will be taken by Academy Co-ordinator and passed to relevant teacher</p> <p>Swimmer will meet the Academy Co-ordinator / teacher on poolside.</p> <p>After trial, Academy Co-ordinator will notify Admin of which group to join. Registration forms, Covid Risk assessment, Health declaration and Return to swimming declaration forms will be sent. TU to be updated with emergency information and any health / additional needs.</p> <p>No swimmer will start until the above are all completed.</p>	Medium	<p>Academy Co-ordinator</p> <p>Teachers</p> <p>Lifeguards</p> <p>Covid Lead</p> <p>Club Administrator</p> <p>Parents / Guardians</p> <p>Swimmers</p>