

Dear Club Secretary,

Enclosed please find entry details for the **Leinster Future Challengers Plus Meet** (Level Two).

This meet is open to all swimmers registered with Leinster clubs aged between 10 and 14 (as of Dec 31st 2022). Events offered are all the 50m and 100m events together with the 200m Freestyle and the 200m IM, with mixed relays also. The meet incorporates the Future Challengers series; separate age-specific events, in accordance with the Future Challengers list, are provided; these are all listed with an "F" suffix (e.g. Events 6F, 17F etc). These events (only) have been marked as Score Events and the top 8 swimmers in each of these events will score points towards their club total (but restricted to two scoring swimmers per club per event, with each swimmer only eligible to contribute points from two individual events).

Venue	<i>National Aquatic Centre, Abbottstown, Dublin</i>
Format	SHORT COURSE
Time	<i>Sunday 8th October 2023</i> <i>Session 1: warm up 7.45am start 9.00am</i> <i>Session 2: warm up 1.30pm start 2.30pm</i>
Fee	<i>€9 per Individual Event (€5 for 25m Freestyle Kick). €20 per Relay Team</i>
Payment	Payment by Bank Transfer Name of Account: "Swim Ireland Leinster Region" IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D <i>When transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer to confirm transfer at leinstertreasurer@swimireland.ie.</i> <i>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</i>
Eligibility	Only swimmers registered with Leinster clubs, aged between 10 and 14, are eligible to enter this gala. Ages are as of December 31st 2023
Entries	<i>Gala Sec, Leinster Swimming. Entries, on Hy-Tek only. Entries should be emailed to leinstergalasecretary@swimireland.ie</i>
Entries by:	Monday September 25th 2023
Entry Limits	<i>Swimmers can enter no more than 5 (five) individual events in the meet and no more than three events per session. This limitation does not include the 25m Kick event; swimmers can enter three events in Session One plus the 25m Kick.</i>

Important entry conditions	Swimmers who compete in this meet may not compete in the Leinster Aspiring Champions meet scheduled for October 21 st and 22 nd 2023. In general, for each half-season (short course and long course) a swimmer may swim in either the Future Challenges series or the Aspiring Champions series, but not both. Swimmers may swim in the Future Challengers series for the short course season and then progress to the Aspiring Champions series for the long course season. A fine of €250 will be imposed on a club found to enter a swimmer in both the Future Challenger and Aspiring Champions meets in the same part of the season (short course / long Course)
Consideration Times	There are no Consideration Times for this Meet
Scratches	Scratches for this gala will close at 5pm on the evening before the gala; that is 5pm on Saturday 9 th October 2023. Scratches to be sent via email to leinstergalasecretary@swimireland.ie
Awards	There will be no individual awards, but awards will be made on a team basis, as follows: <ul style="list-style-type: none"> a. Top three highest scoring teams on completion of Round 1 and Round 2 (male and female combined) b. The most improved team between Round 1 and Round 2 (male and female combined) <p>Winning teams will receive a certificate to present on their club notice board and competing athletes will receive a wrist band.</p>
Wristbands	Swimmers who achieve Grade 7 times or better will be awarded wristbands appropriate to their achievement. The time bands for the relevant grades are provided below. Graded Times are not age-dependent.
Note on times achieved	Please note that this is a Level Two meet. Times achieved at this meet will not be eligible for qualification to national events, such as the Swim Ireland National Division Two meet.
Heats	Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.
Session Start Times	The Start Times of sessions as indicated in the Order of Events may be changed in the light of entries received and the logistics of running the Meet within Swim Ireland regulations relating to Session duration etc.

Officials	<i>Clubs must provide officials in a ratio of one official to every four swimmers for each session (this includes the senior gala officials). A rota for club officials will be circulated as early as possible in advance of the meet.</i>
Swim Ireland Registration Number	<i>A Swim Ireland registration number must be included with every entry. This number is the unique identifier of every swimmer in the national database.</i>
Entry Name Protocols	<p><i>The results from this Championship Meet will be added to the Swim Ireland and Leinster databases. To ensure that results get attributed correctly to swimmers, please ensure the format of names within your Team Manager (or similar) database, and provided with entries, is as follows:</i></p> <p><i>All those with a Mac/Mc surname need to have a space after the Mac/Mc (e.g. Mac Dougal, Mc Donnell);</i></p> <p><i>All those with an O need to be written as e.g. O'Donnell (no space before or after the apostrophe). This is irrespective of whether or not that is how the swimmer normally writes their name.</i></p>
Complaints	<i>Clubs are reminded that the only club representatives who are permitted to enter a complaint or to otherwise approach the Referee, Meet Director or Gala Recorder are Coaches and Team Managers</i>
Code of Conduct	<i>It is a pre-condition to a swimmer being entered for a Leinster Region gala that all parents / guardians who attend and/or assume officiating duties (timekeeping etc) have consented to be subject to the SI Code of Conduct.</i>
Data Protection	<i>Leinster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Leinster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results, Meet Mobile, etc).</i>

ORDER OF EVENTS SUNDAY 8th OCTOBER 2023

Session 1 – warm up 7.45am, start 9.00am

Event	Gender	Age-Group	Distance	Stroke
1	Mixed	10-12	4 x 25m	Medley Relay
2	Girls	10-14	50m	Breaststroke
3	Boys	10-14	50m	Breaststroke
4	Girls	11-14	100m	Freestyle
5	Boys	11-14	100m	Freestyle
6	Girls	10-14	50m	Backstroke
7	Boys	10-14	50m	Backstroke
8	Girls	11-14	100m	Breaststroke
9	Boys	11-14	100m	Breaststroke
10	Girls	10-14	50m	Freestyle
11	Boys	10-14	50m	Freestyle
12	Girls	10-14	100m	I.M.
13	Boys	10-14	100m	I.M.
14	Girls	10-14	50m	Butterfly
15	Boys	10-14	50m	Butterfly
16	Mixed	10-12	25m	Freestyle Kick
17	Mixed	10-12	4 x 25m	Freestyle Relay

Mixed 4 x 25m Relay: 10-12yrs – must be at least 1 male and 1 female and a maximum of one 12-year-old on the team and all swimmers must be competing in the competition.

25m Freestyle Kick: Swimmers who wish to enter this event should bring their kickboards with them.

Session 2 – warm up 1.30pm, start 2.30pm

Event	Gender	Age-Group	Distance	Stroke
18	Mixed	13-14	4 x 25m	Medley Relay
19	Boys	11-14	200m	I.M
20	Girls	11-14	200m	I.M.
21	Boys	11-14	100m	Backstroke
22	Girls	11-14	100m	Backstroke
23	Boys	13-14	200m	Butterfly
24	Girls	13-14	200m	Butterfly
25	Boys	12-14	200m	Freestyle
26	Girls	12-14	200m	Freestyle
27	Boys	12-14	100m	Butterfly
28	Girls	12-14	100m	Butterfly
29	Boys	13-14	200m	Backstroke
30	Girls	13-14	200m	Backstroke
31	Boys	13-14	200m	Breaststroke
32	Girls	13-14	200m	Breaststroke
33	Mixed	13-14	4 x 25m	Freestyle Relay

Mixed 4 x 25m Relay:

13 -14yrs - must be at least 1 male and 1 female and maximum of two 14yr olds.

Wristbands: Swimmers will be awarded wristbands appropriate to their achievement in reaching the Graded time standards. The time standards for the relevant grades are provided below. Graded times are not age-dependent.

Leinster Future Challengers Meet Series Time Standards – for Wristbands (= /faster than.)

	Red	Orange	Yellow	Dark Green	Light Green	Blue	Light Blue
Boys 200 IM	2:25.00	2:38.00	2:46.00	2:58.00	3:07.00	3:20.00	3:38.00
Girls 100 Free	1:11.00	1:13.90	1:17.30	1:21.30	1:26.40	1:33.10	1:42.50
Boys 50 Fly	31.70	33.00	34.50	36.30	38.60	41.60	45.70
Girls 50 Back	37.90	39.40	41.20	43.30	46.10	49.60	54.60
Boys 100 Breast	1:19.90	1:23.10	1:26.90	1:31.50	1:37.20	1:44.80	1:55.30
Girls 100 Fly	1:15.60	1:18.60	1:22.20	1:26.50	1:31.90	1:39.00	1:49.00
Boys 50 Free	28.40	29.60	30.90	32.50	34.60	37.20	41.00
Girls 50 Breast	41.20	42.80	44.80	47.10	50.10	54.00	59.40
Boys 100 Back	1:10.20	1:13.10	1:16.40	1:20.40	1:25.50	1:32.10	1:41.30
Girls 100 IM	1:20.00	1:25.00	1:30.00	1:35.00	1:40.00	1:45.00	1:50.00
Boys 200 Free	2:21.00	2:26.00	2:32.00	2:39.00	2:48.00	3:10.00	3:30.00
Girls 200 Free	2:39.00	2:45.00	2:53.00	3:01.00	3:12.00	3:25.00	3:44.00
Boys 100 IM	1:10.00	1:15.00	1:20.00	1:25.00	1:30.00	1:35.00	1:40.00
Girls 50 Fly	35.60	37.00	38.70	40.70	43.30	46.60	51.30
Boys 100 Free	1:03.10	1:05.70	1:08.70	1:12.30	1:16.80	1:22.80	1:31.10
Girls 100 Breast	1:28.60	1:32.10	1:36.30	1:41.40	1:47.80	1:56.10	2:07.80
Boys 50 Back	32.90	34.20	35.80	37.60	40.00	43.10	47.40
Girls 50 Free	32.30	33.60	35.10	37.00	39.30	42.30	46.60
Boys 100 Fly	1:08.90	1:11.70	1:14.90	1:18.90	1:23.80	1:30.30	1:39.50
Girls 100 Back	1:18.70	1:21.80	1:25.50	1:30.00	1:35.70	1:43.10	1:53.50
Boys 50 Breast	36.60	38.00	39.80	41.90	44.50	47.90	52.70
Girls 200 IM	2:48.00	3:00.00	3:09.00	3:20.00	3:30.00	3:42.00	3:58.00