



THE BERMUDA AMATEUR SWIMMING ASSOCIATION ("BASA") SWIMMER'S CODE OF CONDUCT & BEHAVIOUR GUIDELINES

To ensure a positive, enjoyable, and safe environment for all participants, the Swimmer's Code of Conduct & Behavior Guidelines are expected to be followed by ALL participants. Parents and guardians are responsible for reviewing the following information with participants to ensure appropriate boundaries and behaviors are established.

The Swimmer's Code of Conduct & Behaviour Guidelines will be presented to each swimmer for signature by both swimmer and his/her parents/guardians once the swimmer has been selected to represent the Bermuda Amateur Swimming Association. The Code of Conduct will cover the swimmer from the time of selection until the swimmer returns to Bermuda unless stated otherwise (see Guideline #10).

By signing the Swimmer's Code of Conduct Agreement Form (attached), the swimmer indicates that he /she accepts the contents of the Swimmer's Code of Conduct & Behaviour Guidelines and agrees to abide by them. Parents/guardians are asked to sign to indicate agreement with and support of the Swimmer's Code of Conduct & Behaviour Guidelines.

Swimmers selected to represent The Bermuda Amateur Swimming Association are expected to abide by the following **Guidelines**:

1. Be kind and respectful to the Coaches, Team Managers, and all other participants always. Good and appropriate behavior is expected at all times along with consideration for others, particularly at the accommodations whether it be in a hotel, athlete village or a private home.
2. Absolutely no bullying will be allowed.
3. Be careful and use any equipment and premises in a safe, respectable, and responsible way.
4. Be proactive and take part in all activities.
5. Behave responsibly and speak out when something is not right.
6. Refrain from any inappropriate talk, profanity, or action towards anyone. This includes other athletes, the Coaches, Team Managers, and any members of other competing teams.
7. A curfew will be set by the Coaches and Team Managers to ensure proper rest for all swimmers. Swimmers are expected to honour the curfew and to respect any rest or study times which may be required by another swimmer, the Coaches or Team Managers.
8. At no time will any swimmer will be allowed to use or carry any illicit or performance-enhancing drugs as defined by the Bermuda Council for Drug Free Sport and World Aquatics. Swimmers are reminded of the serious consequences which could result from the prosecution of a drug-related offence in a foreign country.
9. The Team Managers must be informed of any swimmer who requires the use of medication, **prescription or over-the-counter**, and the taking of such medication will be with the knowledge of the Team Managers. The knowledge of medication taken is a major responsibility of the Team Managers and he/she will also be aware of all drugs precluded by World Aquatics rules. With full cooperation in this matter, the swimmer, the Team Managers and BASA are protected.
10. **Once the official trip begins**, no swimmer is permitted to carry or consume alcoholic beverages until the conclusion of competition. **Post-competition**, responsible consumption of alcohol will be permitted **subject to the Team Managers' approval and ONLY if the swimmer is of legal drinking age in both Bermuda and in the country in which the competition is taking place**. The decision to drink alcohol following competition is understood to be solely the decision of the swimmer and neither the Team Managers nor BASA will be held responsible.



Consequences

The Coaches and Team Managers use positive reinforcement and logical consequences for challenging moments. For participants under age 18, they will engage children in a dialogue about behavior, allowing them to have a constructive role in solving and fixing the problems. The Team Managers will inform parents/guardians if any behavioral issues arise.

If an infraction of the Swimmer's Code of Conduct & Behaviour Guidelines occurs AT ANY TIME between selection and return to Bermuda, the following disciplinary action may be taken depending on the severity of the infraction:

1. The swimmer may be excluded from the Team prior to leaving Bermuda.
2. The swimmer may be scratched from all or part of the competition.
3. The swimmer may be required to reimburse BASA for the cost of all or part of the trip.
4. The swimmer may receive an official reprimand from BASA.
5. BASA may impose certain conditions including probation; suspension of the swimmer from one or more BASA sanctioned meets; suspension of the swimmer's BASA registration; or a permanent ban from BASA registration.

In addition, BASA will take account of any disciplinary action by any other recognized swimming authority against a swimmer.



SWIMMER'S CODE OF CONDUCT AGREEMENT FORM

I have read the Swimmer's Code of Conduct & Behaviour Guidelines, understand its contents and agree to abide by the Guidelines it lays out. I understand the Swimmer's Code of Conduct & Behaviour Guidelines will be in effect from the time of selection to the conclusion of the trip unless otherwise stated (Guideline #10).

Name of Swimmer: _____

Signature of Swimmer: _____

Date: _____

I/We have read the Swimmer's Code of Conduct & Behaviour Guidelines, understand its contents and agree to have my child governed by the Guidelines it lays out. I further understand the Swimmer's Code of Conduct & Behaviour Guidelines applies from the time of selection to the conclusion of the trip unless otherwise stated (Guideline #10).

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Date: _____

Name & Place of Event: _____

Date of Selection _____

Dates of Trip: _____