

# BULLETIN

November 8, 2023

Follow us on social media!



**Attention all National Federations!** We appreciate it if you can please share this link with ALL the athletes and coaches in your organization. We would like to get to know each PAQ member and stay connected with them. Click [here](#) for the link.

## Featured Athlete:

**Lamar Taylor (BAH)**

**Swimming**

**Lamar Taylor** is a Bahamian swimmer. He represented his country in several national competitions. Most recently including the CAC Games (Central & Caribbean Games) and Pan American Games which were held in Santiago, Chile. He came in third at the CAC Games in the 50 free with a time of 22.51 which was just .1 and .7 from beating second place and first place. He then went back and continued to train for the Pan American Games. He came back and made a statement. In the morning he swam a time of 22.48 which made him come back into lane 1 for finals. He just slipped into the A final. With lane 1 he had a focus on making the podium and so he did. He swam a time of 22.13 which put him in 3<sup>rd</sup> place for the Games, out swimming several Olympians.





## PAQ EVENTS

December 13-16, 2023	International Age Group <b>SWIMMING</b> Championships in partnership with PanAm Aquatics, Atlanta (USA)	Visit the event <a href="#">website</a> or download the <a href="#">Summons/Meet information</a>
July 18 – 24, 2024	2024 PanAm <b>MASTERS</b> Championships	<a href="#">Click here</a> for more information.
2024	Hosting Bid for 19U <b>WATER POLO</b> and Beach <b>WATER POLO</b> Championships	Bid for U19 <a href="#">click here</a> Bid for Beach <a href="#">click here</a>
2024	Hosting Bid for <b>OPEN WATER</b> Series	Bid for host <a href="#">click here</a>

## OTHER COMPETITIONS IN THE REGION

**WATER POLO** Curaçao Aquatics is hosting CARIFTA Championships 2023, Tamiami, Florida (USA), 10-12 November 2023. [Click here for the flyer](#) and here for the summons.

**SWIMMING** Invitational Age Group Championships hosted in Trinidad on December 13<sup>th</sup> to 17<sup>th</sup>, 2023. [Click here](#) for more information.

MASTERS and OPEN WATER Thanksgiving Championships in Aruba 26<sup>th</sup> of November 2023. [Click here](#) for more information.

**SWIMMING** Paris 2024 Olympic Games Qualifying Events – [find the list here](#)

**SWIMMING** SPLASQUATICS International Invitational Meet hosted at the National Aquatic Centre in Kingston Jamaica, February 9<sup>th</sup> to the 11<sup>th</sup>. [Click here for the flyer](#) and [click here for the summons](#).

**SWIMMING** ASAJ Christmas Open (OLY Qualifier), in Kingston, Jamaica. **Registration closes November 24<sup>th</sup>**. [Click here for more info](#).

SWIMMING International Opportunity hosted by Swim Ireland. [Click here for more info](#).





## WORLD AQUATICS NEWS

World Aquatics **DIVING** events:

1. **1st Malaysia Open Diving Championships 2023**, Dates: 4-6 November 2023,  
Location: Kuala Lumpur, Malaysia
2. **Madrid International Diving Meet 2023**, Dates: 1-3 December 2023,  
Location: Madrid, Spain
3. **66th International Divers' Day Rostock 2024**, Dates: 18-21 January 2024,  
Location: Rostock, Germany

Doha 2024 World Championships:

- Schedule for all disciplines [click here](#).
- More information [click here](#).

**WATER POLO** Group Tournaments for Doha 2024:

- Women:
  - Group A: Brazil
  - Group A: USA
  - Group D: Canada
- Men:
  - Group B: Brazil
  - Group C: USA
- [Click here for the full announcement](#).

Doha 2024 **MASTERS** World Championships:

- Registration opens [click here](#) for more info.

World Aquatics Announces **DIVING** World Cup Series, [click here for more info](#).



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## COACHES AND TECHNICAL OFFICIALS – DEVELOPMENT OPPORTUNITIES

As part of good governance practices, Cayman Island Swimming Association launches a Welfare confidential hotline to support their athletes. [See flyer here.](#)

Webinar recording: Foundations for Future Swimmers – by Orlando Moccagatta

Day 1: <https://www.youtube.com/watch?v=4yF8K9Tr1RM>

Day 2: [https://www.youtube.com/watch?v=10\\_PBrffzSk](https://www.youtube.com/watch?v=10_PBrffzSk)

Presentation deck slides – [click here](#)

X International Convention for Physical Activity and Sport (AFIDE) – Live and virtual. Havana, Cuba – November 27-30, 2023. For more information [click here](#). This document is only available in Spanish.

[Click here](#) List of prohibited Substances and Methods published by WADA for 2024.

Recordings for all **UNDER WATER CHAT** videos [click here](#)!

## SANTIAGO 2023

**ARTISTIC SWIMMING** Official Results [click here](#)

**WATER POLO** Official Results [click here](#)

**OPEN WATER** Official Results [click here](#)

**DIVING** Official Results [click here](#)

**SWIMMING** Official Results [click here](#)



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## FROM OUR PARTNERS

**What was the intuition behind racing lane lines?** For Swimmers from Swimmers - with a passion for aquatics Malmsten Inc. established in Phoenix Arizona, in 2020, by former swimmers Mikael Orn OLY-Former Olympian, and Simon Percy OLY- Former Olympian. Mikael and Simon both swam for Arizona State under Ron Johnson. Two different career paths and now teaming up in Malmsten Inc. Read the full story: [Malmsten, who are we?](#)

**Fluidra:** Olympic swimming pools are the gold standard for competition swimming. If you are planning to build an Olympic swimming pool, it's key to comply with the rules and regulations from World Aquatics in order to host official competitions for the 50-m long course. Discover more about Olympic [swimming pool requirements here.](#)

You can find this and past bulletins in our [website](#)



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