

# BULLETIN

September 5, 2023

Follow us on social media!



**Attention all National Federations!** We appreciate it if you can please share this link with ALL the athletes and coaches in your organization. We would like to get to know each PAQ member and stay connected with them. Click [here](#) for the link.

## Featured Athlete:

### Alan Bayo Punter (PUR)

#### Water Polo

Alan Punter has been trying to win gold at the Central American and Caribbean Games for many years... and after 15 years I did it with my team. It required motivation to never give up, and to believe that with patience, time, and dedication the moment would come, and it did. My next goal is to reach the top four at the Pan American level and attend the pre-Olympic qualifier, since it would be the second time in history that Puerto Rico would reach it. Also, I want to motivate children to practice and participate in this sport. It is a fun discipline that leads you to great moments in life with new experiences and teaches you to have discipline and responsibility that will also help you to be a better person.





## PAQ EVENTS

August 23 – 26, 2023	2023 PanAm <b>DIVING Junior</b> Championships, Lima (PER)	<a href="#">Results</a>
August 27, 2023	2023 PanAm <b>HIGH DIVING Junior</b> Championships, Lima (PER)	<a href="#">Results</a>
August 26 - September 2, 2023	2023 PanAm <b>WATER POLO U15</b> Championships, Lima (PER)	<a href="#">Results</a>
September 9, 2023	<b>UNDER WATER CHATS</b> topic on Navigating Media	<a href="#">Click here</a> to register
December 13-16, 2023	International Age Group <b>SWIMMING</b> Championships in partnership with PanAm Aquatics, Atlanta (USA)	Visit the event <a href="#">website</a> or download the <a href="#">Summons/Meet information</a>
July 18 – 24, 2024	2024 PanAm <b>MASTERS</b> Championships	<a href="#">Click here</a> for more information.
2024	Hosting Bid for 19U <b>WATER POLO</b> and Beach <b>WATER POLO</b> Championships	Bid for U19 <a href="#">click here</a> Bid for Beach <a href="#">click here</a>



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## OTHER COMPETITIONS IN THE REGION

**OPEN WATER** – Cruce A Nado Internacional de la Bahía de Ponce - Ponce (PUR), 3 September 2023. [Click here](#) for more information.

**SWIMMING** TYR Giants Open (SCM 25) - September 28 - October 1, 2023 in Aruba. Age groups include 10 & under, 11-14, and Open. **Registration closes September 4.** [Click here for the flyer](#)

**SWIMMING** Campeonato Copa Pacifico, Cali (COL), 17-22 October 2023. [Click here for summons.](#) **Deadline is September 1<sup>st</sup>, 2023.**

**OPEN WATER** Curaçao Aquatics is hosting CARIFTA Championships 2023, Tamiami, Florida (USA), 10-12 November 2023. [Click here for the flyer](#) and here for the summons.

**SWIMMING** Paris 2024 Olympic Games Qualifying Events – [find the list here](#)

## WORLD AQUATICS NEWS

World Aquatics CANDIDATE FORM for the appointment of the World Aquatics Sports Medicine Committee - [click here for form](#) and for the [letter to the NF's](#).

World Aquatics **MASTERS** Tour – Request for Proposals – [see here](#)

2023 World Aquatics **DIVING** and **HIGH DIVING** Judges Guidelines – see [here](#)

Hosts confirmed for World Aquatics **DIVING** recognized events:

1. **1st Malaysia Open Diving Championships 2023**, Dates: 4-6 November 2023, Location: Kuala Lumpur, Malaysia
2. **Madrid International Diving Meet 2023**, Dates: 1-3 December 2023, Location: Madrid, Spain
3. **66th International Divers' Day Rostock 2024**, Dates: 18-21 January 2024, Location: Rostock, Germany





2023 World Aquatics Junior **SWIMMING** Championships - Netanya (ISR), September 2023. [Click here for results.](#)

Doha 2024 - Please find attached the [Key Dates](#) and Swimming Qualification for World Aquatics World Championships as well as the "[Application Form](#) – World Aquatics Championships – Doha 2024 - Swimming Qualifying Events". Please return this form by email to: [aquaticscalendar@worldaquatics.com](mailto:aquaticscalendar@worldaquatics.com) by 1 July 2023.

## COACHES AND TECHNICAL OFFICIALS – DEVELOPMENT OPPORTUNITIES

**OPEN WATER** Swimming clinic for COACHES – Part 2, September 9, 2023 - 11 am ET (Miami time). [Click here for more information.](#)

ISHOF Coaches Clinic: September 29, 2023 - October 1, 2023, Fort Lauderdale (USA). Coaches registration [click here](#). Hotel reservations [click here](#). Exhibitors [registration here](#). More information to follow or contact Brad Glenn [BkGlenn49@gmail.com](mailto:BkGlenn49@gmail.com) or Mark Schubert [Markschubert1@me.com](mailto:Markschubert1@me.com).

Webinar recording: Foundations for Future Swimmers – by Orlando Moccagatta

Day 1: <https://www.youtube.com/watch?v=4yF8K9Tr1RM>

Day 2: [https://www.youtube.com/watch?v=10\\_PBffzSk](https://www.youtube.com/watch?v=10_PBffzSk)

Presentation deck slides – [click here](#)

X International Convention for Physical Activity and Sport (AFIDE) – Live and virtual. Havana, Cuba – November 27-30, 2023. For more information [click here](#). This document is only available in Spanish.

PanAm **SWIMMING** Officials list #5: for the memorandum [click here](#), and for the nomination [click here](#). **Deadline to submit applications are October 1<sup>st</sup>, 2023.** These should be send to [swimming@panamaquatics.com](mailto:swimming@panamaquatics.com) and copy [office@panamaquatics.com](mailto:office@panamaquatics.com).

## SANTIAGO 2023

**ARTISTIC SWIMMING** Qualified Spots [click here](#)

**WATER POLO** Qualified Spots [click here](#)

**OPEN WATER** Qualified Spots [click here](#)

**DIVING** Qualified spots [click here](#)



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List of ITO's per discipline:

- **Artistic Swimming:** [Click here for document](#)
- **Swimming:** [Click here for document](#)
- **Diving:** [Click here for document](#)
- **Open Water:** [Click here for document](#)
- **Water Polo:** [Click here for document](#)

List of NTO's per discipline:

- **Artistic Swimming:** [Click here for document](#)
- **Swimming:** [Click here for document](#)
- **Diving:** [Click here for document](#)
- **Open Water:** [Click here for document](#)
- **Water Polo:** [Click here for document](#)

Updated Technical Manuals for EACH discipline available on our [website](#).

[Click here](#) to view the Approved Wearables for **SWIMMING** and **OPEN WATER** at the 2023 Pan American Games in Santiago.

## FROM OUR PARTNERS

**What was the intuition behind racing lane lines?** Don't miss the fantastic story of Tommy Malmsten, former swimmer, and Swedish national coach who, in 1974, had the intuition to create products that revolutionized the swimming industry. This is the story of Malmsten, an international symbol of quality and innovation within the swimming world - [45 years of bettering the Aquatic World](#).

**Fluidra:** Olympic swimming pools are the gold standard for competition swimming. If you are planning to build an Olympic swimming pool, it's key to comply with the rules and regulations from World Aquatics in order to host official competitions for the 50-m long course. Discover more about Olympic [swimming pool requirements here](#).

You can find this and past bulletins in our [website](#)

