



# BIGGLESWADE SWIMMING CLUB

Affiliated to Swim England East Region and Bedfordshire ASA

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## **BIGGLESWADE SWIMMING CLUB** **CODE OF CONDUCT - SWIMMERS**

The purpose of this document is to establish a set of guidelines and procedures which outline the responsibilities and behaviour of swimmers and all others associated with Biggleswade Swimming Club. It is expected that the principles of the Code of Conduct should be followed at all events, camps (home and away) and training sessions.

### **Code of Conduct**

**Behaviour and Personal Conduct** must at all times be of a high standard and reflect favourably on the sport, the Club and the Club sponsor. Language in public or relevant group situations must always be appropriate and socially acceptable. All members should try and ensure that they speak constructively about the club, the coaches, training, and other members as part of their consideration of others.

**Consumption of Alcohol** is totally forbidden for athletes under age as defined by UK law. It must not be consumed by swimmers and all others associated with Biggleswade Swimming Club whilst en-route, prior to, or following a competition event, training camp or team activities, without specific consent of the Lead Coach or one of the Club Executive. During competition alcohol is strictly forbidden to all swimmers and all others associated with Biggleswade Swimming Club

**Smoking:** is prohibited by swimmers and all others associated with Biggleswade Swimming Club whilst en-route, prior to, during or following a competition event, training session or team activities.

**Personal Appearance:** shall be appropriate to the circumstances and as indicated by the Lead Coach and/or or one of the Club Executive. Team kit and equipment shall be worn as directed by the Lead Coach or one of the Club Executive when competing and training, when assembling or travelling, at official team functions or on other occasions as notified.

**Attendance** at all activities (eg meets, meetings, social events etc) is expected unless agreed by the Lead Coach and/or Squad Coach. Swimmers should inform staff of their whereabouts. Punctuality on all occasions is essential and any curfew must be observed.

**Illegal and Performance Enhancing Drugs and Substances** are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.

**Illegal Drugs and Substances:** The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.

**Accommodation** at hotels or equivalent must be as directed by the club staff and at no times must anyone extra be accommodated in swimmers' rooms.

**Training:** All training activities should adhere to the Biggleswade SC swimming session rules. Swimmers and parents/guardians should make themselves familiar with the current Biggleswade Swimming Club structure and training agreements and ensure these are adhered to.

**Medication:** It is important that information on all medication currently being taken should be reported to the Welfare Officer and Coaching Team. Allergies to any medication must be reported to the Welfare Officer and Coaching Team. It is the responsibility of the swimmer to update the Swim England Therapeutic Usage Form as and when necessary.

**Publication:** Members should ensure that all items for insertion in press or web site are positive about the Club, its coaches and training and its members, and should seek the approval of the committee before publishing.

**Sanctions:** Breaches of the Code of Conduct shall be dealt with in the first instance by the Coach, Welfare Officer and/or one of the Club Executive. Further breaches may result in further action being taken, as written in the Club's Sanctions Policy. Serious breaches of the Code of Conduct will be reported to the Committee and may result in expulsion from the Club.

In addition, it is expected that all members of Biggleswade Swimming Club, when attending any event or training session shall:

- Comply with the codes, rules and laws within the guidelines set out by Swim England.
- Behave without discrimination on the grounds of race, colour, language, religion, birth or social status as set out in the equal opportunities policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage swimmers, volunteers, officials or parents to violate the rules of the club or the sport.
- Observe the authority and the decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in victory and defeat.

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