

# Burnley Bobcats Racing for Regionals 2022

## Warm Up Schedule

Sat 5th Mar - Session 1 - Boys – Group A – warm up from 7.40 am to 7.55 am  
 Sat 5th Mar - Session 1 - Boys – Group B – warm up from 7.55 am to 8.10 am  
 Sat 5th Mar - Session 1 - Girls – Group C – warm up from 8.10 am to 8.25 am  
 Sat 5th Mar - Session 1 - Girls – Group D – warm up from 8.25 am to 8.40 am  
 Sat 5th Mar - Session 1 - Girls – Group E – warm up from 8.40 am to 8.55 am

Sat 5th Mar - Session 2 - Girls – Group D – warm up from 12.40 pm to 12.55 pm  
 Sat 5th Mar - Session 2 - Girls – Group E – warm up from 12.55 pm to 1.10 pm  
 Sat 5th Mar - Session 2 - Girls – Group C – warm up from 1.10 pm to 1.25 pm  
 Sat 5th Mar - Session 2 - Boys – Group B – warm up from 1.25 pm to 1.40 pm  
 Sat 5th Mar - Session 2 - Boys – Group A – warm up from 1.40 pm to 1.55 pm

Sun 6th Mar - Session 3 - Girls – Group E – warm up from 7.40 am to 7.55 am  
 Sun 6th Mar - Session 3 - Girls – Group C – warm up from 7.55 am to 8.10 am  
 Sun 6th Mar - Session 3 - Girls – Group D – warm up from 8.10 am to 8.25 am  
 Sun 6th Mar - Session 3 - Boys – Group A – warm up from 8.25 am to 8.40 am  
 Sun 6th Mar - Session 3 - Boys – Group B – warm up from 8.40 am to 8.55 am

Sun 6th Mar - Session 4 - Boys – Group B – warm up from 12.40 pm to 12.55 pm  
 Sun 6th Mar - Session 4 - Boys – Group A – warm up from 12.55 pm to 1.10 pm  
 Sun 6th Mar - Session 4 - Girls – Group C – warm up from 1.10 pm to 1.25 pm  
 Sun 6th Mar - Session 4 - Girls – Group D – warm up from 1.25 pm to 1.40 pm  
 Sun 6th Mar - Session 4 - Girls – Group E – warm up from 1.40 pm to 1.55 pm

**For All Sessions the Lanes 1 – 4 are to be available only to swimmers 12 years and under**

At some stage in each warm up sprint lanes will be made available  
 Coaches – Please supervise your swimmers during the warm ups

| Group A - Boys  | Group B - Boys | Group C - Girls | Group D - Girls | Group E - Girls |
|-----------------|----------------|-----------------|-----------------|-----------------|
| Aquabears       | Fleetwood      | Aquabears       | Bury & Elton    | Pioneer 79      |
| Blackburn       | Flixton        | Bingley         | Carlisle Aq     | Ramsbottom      |
| Blackpool Aq    | Garstang       | Blackburn       | Chorley Marl    | Southport       |
| Bolton Metro    | Gt Harwood     | Blackpool Aq    | Clitheroe       | Stretford       |
| Burnley Bobcats | Halton         | Bolton Metro    | Co Liverpool    | Trafford Met    |
| Bury & Elton    | Lancaster      | Burnley Bobcats | Co Salford      | Wigan BEST      |
| Chorley Marl    | Oldham Aqua    |                 | Fleetwood       | Winsford        |
| Clitheroe       | Ormskirk       |                 | Flixton         |                 |
| Co Salford      | Pioneer 79     |                 | Garstang        |                 |
|                 | Ramsbottom     |                 | Gt Harwood      |                 |
|                 | Southport      |                 | Halton          |                 |
|                 | Stockport Mo   |                 | Lancaster       |                 |
|                 | Stretford      |                 | Oldham Aqua     |                 |
|                 | Trafford Met   |                 |                 |                 |
|                 | Wigan BEST     |                 |                 |                 |
|                 | Winsford       |                 |                 |                 |

18<sup>th</sup> February 2022