

Burnley Bobcats Regional Qualifier 2020

Warm Up Schedule

Sat 7th Mar - Session 1 – All Boys – Use Lanes 1 and 2 – warm up from 8.00 am to 8.15 am

Sat 7th Mar - Session 1 – All Girls – Use Lanes 3 to 8 – warm up from 8.00 am to 8.15 am

Sat 7th Mar - Session 2 – Girls - Club names between A – L – warm up from 9.15 am to 9.30 am

Sat 7th Mar - Session 2 - Girls – Club names between M – T – warm up from 9.30 am to 9.45 am

Sat 7th Mar - Session 2 – Boys - Club names between A – L – warm up from 9.45 am to 10.00 am

Sat 7th Mar - Session 2 - Boys – Club names between M – T – warm up from 10.00 am to 10.15 am

Sat 7th Mar - Session 3 – Girls - Club names between A – L – warm up from 1.30 pm to 1.45 pm

Sat 7th Mar - Session 3 - Girls – Club names between M – T – warm up from 1.45 pm to 2.00 pm

Sat 7th Mar - Session 3 – Boys - Club names between A – L – warm up from 2.00 pm to 2.15 pm

Sat 7th Mar - Session 3 - Boys – Club names between M – T – warm up from 2.15 pm to 2.30 pm

Sun 8th Mar - Session 4 – All Boys – Use Lanes 1 and 4 – warm up from 8.00 am to 8.15 am

Sun 8th Mar - Session 4 – All Girls – Use Lanes 5 to 8 – warm up from 8.00 am to 8.15 am

Sun 8th Mar - Session 5 – All Boys - warm up from 9.15 am to 9.35 am

Sun 8th Mar - Session 5 – Girls - Club names between A – L – warm up from 9.35 am to 9.55 am

Sun 8th Mar - Session 5 - Girls – Club names between M – T – warm up from 9.55 am to 10.15 am

Sun 8th Mar - Session 6 – All Boys - warm up from 1.00 pm to 1.20 pm

Sun 8th Mar - Session 6 – Girls - Club names between A – L – warm up from 1.20 pm to 1.40 pm

Sun 8th Mar - Session 6 - Girls – Club names between M – T – warm up from 1.40 pm to 2.00 pm

For Sessions except Sessions 1 and 4 the Lanes 1 – 4 are to be available only to swimmers 12 years and under

At some stage in each warm up sprint lanes will be made available

Coaches – Please supervise your swimmers during the warm ups