



COVID-19 HANDBOOK

This booklet sets out guidelines, which **MUST** be followed at all Bobcats sessions.

Your cooperation is vital to safety of all participants, teachers, coaches, and volunteers.

If you are unclear about any of the information contained in this booklet, please contact us at burnleybobcats@gmail.com and we will be happy to answer any questions.

Our guidelines have been designed to complement the Covid-19 procedures that are in place at Daisyfield Swimming Pool and St Peter's Leisure Centre. When inside facilities participants should adhere to all hygiene and social distancing procedures currently in operation.

We also ask for all parents, teachers, and swimmers to remain alert and responsible outside of the pool to minimise any risk of Covid-19 transmission during club activities. If it is felt that anyone poses a risk to the safety of others, they will not be permitted to enter the session.

HANDS, FACE, SPACE

All participants are requested to follow government guidelines by washing their hands before attending each session, using hand sanitiser as directed within the building and by disinfecting all kit after use.

Face coverings do not need to be worn on poolside and within the changing rooms but must be worn in all other areas of Daisyfield Swimming Pool and St Peter's Leisure Centre.

Social distancing remains in place, participants will be required to always maintain a 2-metre distance, this includes both entry to and exit from the session.

SPECTATOR FACILITIES – ST PETERS

NO SPECTATORS are currently allowed at St Peter's Leisure Centre's during Bobcats sessions.

Parents will need to accompany their child to the drop off point and meet them at the pickup point. At no point are parents/guardians to enter the pool side. This is to reduce any possible chance of Covid-19 transmission to either parents, coaches, or the swimmers.

We will contact you by telephone if your child is unable to complete the session and will arrange for them to be collected safely.

If you need contact the Teacher or Coach during the session, please call St Peter's reception on 01282 805920.



SPECTATOR FACILITIES - DAISYFIELD

Spectators are allowed at Daisyfield Swimming Pool.

Anyone wishing to stay and watch the session should follow all Covid-19 guidelines at the facility, this includes removing any outdoor footwear before entering the viewing area.

If staying to watch the session, parents / guardians are requested to remain in the building for the duration of the session.

DROP OFF AND PICK UP – ST PETERS

The address for the pool is:

Church Street, Burnley. BB11 2DL.

Swimmers will be required to enter at the clearly marked entrance (A) as shown in the picture on the next page, Swimmers should be kept in the eye line of the parent/guardian dropping off the swimmer at the facility. Parents can walk their children to the entrance but must return to their car.

The door will not be opened until 10 minutes before the scheduled start time,



A = Entrance (Fire exit at rear of pool hall)

B = Exit also car registration (Main Entrance)

Please aim to arrive 10 minutes before the start of the session, the door will close promptly at the scheduled start time after this swimmers will be unable to enter the building.

Swimmers will be met by the teacher / coach at the entrance, where we will take a register and contact telephone number. Parents/Guardians are also asked that they are contactable for the duration of the session in the event any emergencies should occur.

Swimmers will leave via the main reception (B) to be picked up, parents should be mindful of maintaining a 2-metre distance when at both the drop off and pick up points.



DROP OFF AND PICK UP – DAISYFIELD

The address for the pool is:

22 Daisy Lane, Blackburn. BB1 5HB.

Parents / Guardians and Swimmers will be met at the main entrance and we will take a register at this point. Please do not arrive more than 10 minutes early, you will be unable to enter the building which could result in a parking fine.

A member of staff will open the door shortly before the start of the session, they will highlight specific Covid-19 guidelines in operation at the pool and direct you to the changing and spectator areas.

Pick up will be outside the main entrance, parents / guardians who have stayed to watch the session will be able to wait in the reception area.

PARKING – ST PETER'S

Parking is chargeable.

Please note, the centre allows 10 minutes for drop off and pick up free of charge.

If you are in the car park for less than 10 minutes you will not need to enter your vehicle registration at reception.

If you are unsure, please ask at reception so you do not incur any unnecessary expense.

PARKING – DAISYFIELD

To obtain free parking, customers must enter their vehicle registration at reception.

This should be completed within 10 minutes of arrival.



CHANGING FACILITIES

Swimmers will be required to arrive 'beach ready'. This will mean swimming costumes are to be already worn under warm clothing before arriving at the session. Use of changing rooms will be prohibited upon entry, swimmers will be provided with a designated area on poolside where they can get changed.

Outdoor footwear cannot to be worn on poolside, swimmers can take their shoes off as they enter or wear flip flops or similar.

As swimmers enter the building, they will be directed to move in single file to their designated changing area, when changed swimmers will remain in their area until called to their lane by the teacher / coach.

Changing rooms will be available for swimmers after the session, swimmers will move in single file from the pool to collect their belongings before moving to the changing rooms.

We recommend that swimmers shower at home if possible, this is to help maintain social distancing and reduce the amount of time swimmers spend in the changing area.

EQUIPMENT

Swimmers will need to bring their own swimming cap (if worn), goggles and named drinks bottle. Please note, teachers / coaches are unable to assist swimmers with goggles or swim caps.

Additional equipment such as kickboards and pull buoys will be provided but must not be shared between swimmers.

All equipment provide by Bobcats will be appropriately cleaned before and after use.



WHAT WILL SESSIONS BE LIKE?

We appreciate that children may have not swum for over a year and may be apprehensive at first. Our teachers and coaches will adjust sessions accordingly ensuring that any activities are appropriate to the age and ability of the participants.

Swimming will take place in lanes; previous experience of lane swimming is essential.

We will be able to help children improve their swimming technique and skills, we want the sessions to be enjoyable and will not ask anyone to do anything they are not comfortable with.

There will be a maximum of 6 swimmers per lane.

Overall capacity per session will be:

Daisyfield Swimming Pool: 24

St Peter's Leisure Centre: 18

There will be a minimum of 2 teachers / coaches per session.

Swimmers will be given a position in their lane which will ensure that there is always a minimum of 2 metres distance maintained.

- Overtaking will be Strictly Forbidden during sessions.
- Changing of lanes will not be permitted.

Toilets will be available during the session.

- Swimmers must alert the teacher / coach and exit the pool when instructed.

At the end of the session, swimmers will remain at their position within the lane and will return to their designated poolside changing area when instructed. Swimmers must then walk around the pool in one direction to the changing rooms, where they can use the allotted cubicles for changing.

Swimmers' must leave by the appropriate exit, following the one-way system in operation at the centre.



SWIMMERS RULES

The following rules MUST be strictly followed by all swimmers.

- Swimmers must follow the guidelines in this handbook when arriving to their session, whilst at their training session and when leaving their training session.
- Swimmers must maintain distancing at 2m, always and with no exceptions.
- Swimmers must only bring minimum and essential equipment to their training sessions. Swimmers must not share any equipment with other swimmers in the pool.
- Swimmers must arrive to sessions with their costumes/trunks on underneath their clothes, swimmers will get ready on the poolside not in the changing rooms.
- Swimmers must not approach other swimmers or friends during this time. Social distancing MUST be observed. This must happen inside and outside the facility.
- Swimmers must sanitise their hands as directed at each facility.
- Swimmers must listen to their teacher / coach and obey instructions. They must ask their teacher if there is anything, they are unsure about.
- Swimmers must try to avoid catching up other swimmers in the lane and not attempt to overtake, swimmers must keep distance in the pool as well as on land.
- Swimmers must not spit anywhere in the facility under any circumstances.
- After a swimmer has finished their pool session, swimmers must go directly to the changing room and get changed.
- Swimmers must bring all equipment home and disinfect between sessions.
- Swimmers must not under any circumstances share food or drink with another swimmer.