

Upcoming Fixtures

4th & 11th November
Club Championships
Bath Sports and Leisure
Centre

Closing Date 28th
October 2016

12th November
Arena League Round 2
Venue - Newport

26th November 2016
Club Presentation Evening
Bath Cricket Club
7.00 - 11.30 p.m

3rd & 4th December
Tigersharks Last Chance
Open Meet
Link Centre, Swindon

10th December
Arena League Round 3
Venue - TBA

14th January 2017
Cotswold League Round 1
Bristol - TBA

22nd January 2017
Somerset Distance Event
Millfield

October Newsletter

Bath Dolphin Annual Club Dinner

Postponed until January 2017.

Updated Fixture List

Please see new and updated fixture list.

Website

Now the website is back up and running, we'll keep adding useful information to it every month. We'll also use the newsletter to highlight two or three pages, either on the website or from a swimming website to take a look at, this month we're highlighting:

- [Swimmer Nutrition Tips](#)
- [Club News](#)
- [Rough Guide to Competitive Swimming](#)

If there's something you think should be on the website, get in touch with Donna Moore (donna@themoores.co.uk) who'll be able to help.

We'd love to have some new photos to use on our website. Do you know of a professional who would help us out by taking photos and editing them, or are you a gifted amateur who'd be happy to help? We'll set up a swimming session just for photography (no underwater shots needed) with some willing swimmers.

We're also looking for a graphic designer to create a 'proper' copy of our current logo. The one we're using is a scan from a bag!

If you can help on either front, please contact Paul Sartain at paul.sartain@btinternet.com.

Teaching Group Awards

A big well done to the following swimmers who have achieved the ASA Level Badge Award:



Stage 6 Ali Aljawabra and Evan Wright

Stage 7 Omar Aljawabra

Club Champs 4th & 11th November - Bath Sports and Leisure Centre

You need to enter your name on the entry sheet which are held by either your coach/teacher and/or the Bath Dolphin desk on Tuesday evenings at BSLC. **Closing date for entries is 28th October.** If you do not enter your name on one of the sheets you will not be able to swim in these championships.

All squad swimmers should enter unless you have a valid reason. Teaching Groups should enter to obtain a swimming time to assess whether suitable for squad.

Tigersharks Last Chance Open Meet

On the 3rd & 4th December 2016 BDSC is entering the above Level 3 meet which will give swimmers ranked times to participate in next years Somerset County Championships. If you wish to enter this event please visit the Swindon Tigersharks website and print off meet pack. Complete entry form manually and return to Steve, Paul or Phil with money/cheque (payable to BDSC) **no later than 25th October.**

Bristol North Open Meet 2016

Here are a few pictures from the Bristol North Medal Winners!





Arena League Round 1

Bath Dolphin competed in Round 1 of the Arena National Swimming League on 8th October at Millfield School. Despite 11 first choice swimmers being unavailable, the team put in a very strong performance against some good opposition. We managed 5th place with 147 points, a superb effort considering the weakened team. I was very proud of the swimmers and their commitment at the gala. I had to swim some swimmers' in the next age group up and they gave it their best effort. A wonderful example. Thank you for all your efforts. Phil

Arena League Round 2

We have been drawn at Newport in round 2 on 12th November. Coach will leave Foxhill at 2 p.m.