

## Upcoming Fixtures

Bristol North WSM  
17th & 24th September

1st & 2nd October  
Somerset ASA Development  
Meet, Millfield

8 October  
Arena League Round 1

9th October  
City of Bristol 800/1500m  
Distance Events to obtain  
ranking times for  
Counties

21st October  
Club Dinner,  
Bath Cricket Club 7.30 for  
8 p.m

11th & 18th November  
Club Championships  
Bath Sports and Leisure  
Centre

26th November 2016  
Club Presentation Evening  
Bath Cricket Club  
7.00 - 11.30 p.m

## September Newsletter

Welcome back to a new term. Hope you all had a great summer holiday.

### Club Website is back up and running!

A big thank you and well done to our Webmaster Donna Moore for the reinstatement of our website, click here to visit [www.bathdolphin.co.uk](http://www.bathdolphin.co.uk).

Just a reminder that we are also on the following Social Media Sites;



Reminders and information will still be sent via email but will also be tweeted and put on Facebook. You can add Bath Dolphin as a favourite to receive notifications direct to your smart phone, iPad or Tablet by visiting our twitter account and clicking on the star to make it a favourite.

### Bath Dolphin Annual Club Dinner

This prestigious event is to be held on 21st October at Bath Cricket Club 7.30 for 8 p.m start. The price for a ticket is still to be confirmed and will be available from the office on Tuesdays. There is a three course meal and guest speakers.

### Club Presentation Evening

Bath Dolphin Social - a wild disco/party for swimmers, parents/carers and of course a chance to see your coaches let their hair down 😄 Awards will be presented to swimmers on the evening achieved at the Club Championships.

### Club Volunteers

*'For every entry processed, every programme printed, for every lane marshalled, for every timing pad set up, for any announcements made, for every child sent to their swim on time, for each swim timed and PB's recorded, for every medal given, there's an army of volunteers making it happen! If you don't already volunteer and have a child in the pool now is the time to step up and offer your services for the season'*

The Club is currently looking for volunteers to help with the club computer and a Welfare Officer. Also available Judge 1 Courses. If you would be interested in any of these positions please see Phil Brake or Paul Sartain.

Any parents/carers who have a swimmer in Steve's Junior Squad and would be interested in helping Steve out with entry forms for meets and admin at poolside please speak to Steve or Andy. The Junior Squad is at maximum capacity now and all help is appreciated. I used to do this and its good fun! No commitment just helpfulness 😊

### **New Training Kit**

Following on from Phil's email around new training equipment please see links below. Snorkel, fins and hand paddles are required for **Senior Squad only**.

<http://www.wiggle.co.uk/speedo-biofuse-training-fin-2/>

<http://www.wiggle.co.uk/speedo-centre-snorkel/>

<http://www.wiggle.co.uk/speedo-biofuse-power-paddle/>

### **Somerset ASA Young Volunteer Programme**

This years Young Volunteer Programme is now available for our young people to apply.

Young people need to be aged between 15-25 and can complete at least 25 hours of volunteering from October 2016 to July 2017. Volunteers don't need to be limited to poolside they could be in any capacity within the club.

The first training day will be Saturday 26th November and will be the Young Aquatic Helpers Award. It is hoped that some volunteers will be able to complete a timekeeper or Judge 1 qualification.

Applications need to be sent directly to Kelly Podbury, Somerset ASA Competition Secretary and Young Volunteer Co-ordinator.

**Closing date is the 30th September 2015.**

**Please see Paul Sartain for details or email [paul.sartain@btinternet.com](mailto:paul.sartain@btinternet.com)**

### **Junior League Round 3 - 11th September 2016**

For the 3<sup>rd</sup> and final round of the Southern Junior League the Bath Dolphin team made their longest trip so far to the seaside at Weymouth. This gala so very nearly didn't happen due to a lack of swimmers in certain key areas, so it was with some trepidation that a decision to proceed with a smaller team was only made at the eleventh hour. A big thank you must go to all parents and swimmers who supported this particular event in order that it was able to take place at all.

The gala went off very smoothly in the end, due in no small part to the assistance given by Fran Hill and Molly Cranch on poolside, Rachel Smith in taking the split timings, and Ian Cranch and Johnathon Jones for doing their official bit.

At the end of the day it was the swimmers who stepped up the mark and made the event happen. There was fantastic team spirit on poolside and every swimmer performed to the absolute best of their ability whilst in amongst it all there were some truly fantastic swims.

Some amazing starts and turns were in evidence, it was great to see swimmers breaking the surface last from the start but actually leading the race and, more to the point, holding or increasing this advantage to the end of the race. Well done guys, so you do listen after all!

The final position of 4<sup>th</sup> place may at first appear a little disappointing but, when taking into consideration that many swimmers were not only swimming in their own age group events but were also carrying the burden of swimming up to plug gaps in the older age group events, this was actually a great result.

The final point totals were:

Yeovil	-	161
Bradford-on-Avon	-	152
Chard	-	147
Bath Dolphin	-	128
Tornadoes of South Dorset	-	126

It was an absolute pleasure to be a part of this last event of the 2016 Southern Junior League calendar and a very, very, very big thank you to each and every one of you for making this event possible. You all did Bath Dolphin proud.

And now onwards to the next competition.

Steve and Andy

### Wells Biathlon

A few intrepid Bath Dolphin swimmers decided they would like to 'have a go' at a biathlon. So along with some seasoned biathlons, Emily and Ben M, a few more, Holly, Ben J, Toby, Harrison and May ventured to Wells Sports Centre one sunny day in July to see what they could do. As it turns out, they did exceptionally well!

After the swim most of them were in the top 3, so they should be! So it came down to the unfamiliar run around a bumpy and narrow 'track' to see if they could maintain their position. After some very hard and hot running, Ben M finished in 6<sup>th</sup>, Ben J, May and Toby in 4<sup>th</sup> and Holly, Harrison and Emily won their age group. To top off a great event, Holly finished 2<sup>nd</sup> overall girl. A great set of results. Next year? I know one who will be nowhere to be seen!

Phil

### Arena League Round 1 8th October 2016, Millfield

Please note that Phil will be selecting the Arena League Team over the next few days and will email your selection, so please ensure you watch your emails and respond if you are selected.