

# Bethnal Green Sharks Swimming Club

## Covid Training Schedule August – September

### By Invite only

Due to limited spaces, only those swimmers who responded YES to the survey will be invited initially

#### Schedule from September 16<sup>th</sup> to October 29<sup>th</sup> 2020

##### **Wednesday @ Mile End Leisure Centre**

Tadpoles            No Provision Yet  
Dolphins            No Provision Yet

Swordfish 1        6:30 – 7:20 pm  
Swordfish 2        6:30 – 7:20 pm  
Comp 1              6:30 – 7:20 pm  
Comp 2              6:30 – 7:20 pm  
Comp 3              6:30 – 7:20 pm

Comp 4              7:20 – 8:30 pm  
Academy            7:20 – 8:30 pm  
County              7:20 – 8:30 pm  
Squad 12-15 yrs 7:20 – 8:30 pm

##### **Thursday @ Poplar Leisure Centre**

Tadpoles            No Provision Yet  
Dolphins            No Provision Yet

Swordfish 1        6.00 – 6.40 pm  
Swordfish 2        6.00 – 6.40 pm  
Comp 1              6.00 – 6.40 pm  
Comp 2              6.00 – 6.40 pm  
Comp 3              6.00 – 6.40 pm

Comp 4              6.50 – 8.00 pm  
Academy            6.50 – 8.00 pm  
County              6.50 – 8.00 pm  
Squad 12-15 yrs 6.50 – 8.00 pm

##### Wednesdays (Mile End L/C – Main Pool)

Sept    2<sup>nd</sup>      9<sup>th</sup>      16<sup>th</sup>    23<sup>rd</sup>    30<sup>th</sup>

Oct     7<sup>th</sup>      14<sup>th</sup>    21<sup>st</sup>    28<sup>th</sup>

##### Thursdays (Poplar L/C – Main Pool)

Sept    3<sup>rd</sup>      10<sup>th</sup>    17<sup>th</sup>    24<sup>th</sup>

Oct     8<sup>th</sup>      15<sup>th</sup>    22<sup>st</sup>    29<sup>th</sup>