



## Bethnal Green Swimming Club Risk Assessment Form

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(The risk assessment should be reviewed after accidents, Incidents, near misses and when significant changes in personnel or work practices occur)

### RISK ASSESSMENT FORM: Covid-19 Pool Access & Training

Please perform the following check list.

- |   |     |    |
|---|-----|----|
| • Have the swimmers' Health Check forms been completed?   | YES | NO |
| • Have the Teacher/Coach Health Surveys been completed?   | YES | NO |
| • Has the Risk Awareness form been completed?   | YES | NO |
| • Do you have swimmers emergency contact details?   | YES | NO |
| • Do you have the Incident Book?  | YES | NO |
| • Is the relevant Club & GLL personnel on duty at external entrance/exit, and key social distancing points? | YES | NO |
| • Is the facility social distancing "one way" system present?   | YES | NO |

Risk Rating Risk Rating; evaluation of the potential impact, extent & likelihood of the harm occurring

- H = High (e.g. Fatality possible to one or more individuals however infrequent. Major injury to one/few individuals likely. Minor injury to many Individuals is likely).  
M = Medium (e.g. Major injury to one/few individuals infrequently. Minor injury to few individuals occurring frequently).  
L = Low (e.g. Minor injury occurring infrequently to few individuals)

- High - Immediate action required  
Medium - Requires attention as soon as possible  
Low - Not a priority, may need attention if not as low as reasonably practicable.

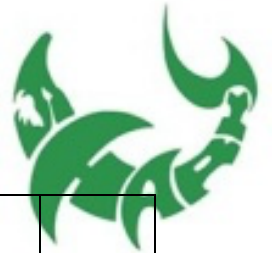
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<b>Activity :</b>	Access & Training – Club Swimming Session	<b>Responsible Person :</b>	Head Coach
		<b>Review Date :</b>	13/08/2020

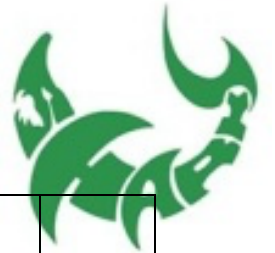
Hazard	Risk	Control Measures	Further Action Needed	Priority H – High M – Medium L - Low	Action by When	Done
<b>Premises Access &amp; Exit</b>	Social distancing not maintained. Possibility of Covid-19 virus transmission	Parents/Guardians drop off and collect at the entrance/exit. Officer stationed at entrance to register arrival and guide to changing facilities and poolside. Members to follow policies, guidelines, “one way” route & signed advice implemented by the Pool Manager of each site.	BGSSC Officer allocated to entrance and to keep register of arrival. Parents and members to read relevant policies prior to attending and follow guidance at sessions.	L	On commencement of training	
<b>Pathway on the premises</b>	Social distancing not maintained. Possibility of Covid-19 virus transmission	Designated “one way” pathway followed. Officer stationed at the poolside access doors for view of foyer and changing/clothes storage gallery. Managed passage of swimmers from the changing/clothes storage gallery to their lanes with social distancing. At the end of the session, controlled pool exit of swimmers, following “one way” route to changing/clothes storage gallery. Swimmer collects bag and walk to changing area and cubicles to	“One way” pathway needs to be clearly demonstrated or signposted to those attending by club officers.	L	On commencement of training	

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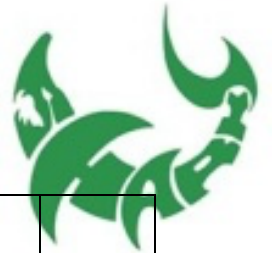
		change. "One way" route followed to exit change to the foyer to meet parent/guardian. 2 max. in a toilet.				
<b>Changing</b>	Social distancing not maintained. Possibility of Covid-19 virus transmission	Swimmers arrive wearing swimwear under clothing, and leave bags in spectator gallery (social distanced with ticks and crosses). Shower use not recommended. Changing room cubicle use only. Cleansing of changing area following club use after each session by pool staff	Communicated to parents /swimmers in advance via website/email and whatsApp	L	Prior to commencement for training	
<b>Spectating</b>	Social distancing not maintained. Possibility of Covid-19 virus transmission	There is no casual viewing of the pool by parents/guardians. Parents/Guardians drop off and collect at the entrance/exit.	Communicated to parents in advance via website/email and whatsApp	L	Prior to commencement for training	
<b>Group access</b>	Swimmer maturity and skill as a factor when managing social distancing	Preliminary survey of club groups (main pool only) to determine demand for initial re-access. Covid-19 Health Survey Declaration and Risk Awareness forms signed by members prior to access. Check of health/Covid-19 symptoms prior to each session. Members advised not to swim if displaying Covid-19 symptoms	List of those accepted to swim will be available to staff on site to check on arrival.	L	On commencement of training	
<b>Bather load</b>	High bather load	Maximum 6-8 swimmers in each lane.	Active monitoring by	L	Each session	

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	leading to social distancing not maintained. Possibility of Covid-19 transmission	Programme to include some staggering of group swim times to reduce numbers of swimmers accessing changing/clothes storage gallery and changing areas.	coaching staff			
<b>Lane swimming</b>	Normality lane swimming breaching social distancing.	Max. 6-8 swimmers in each lane... All lanes anti-clockwise only. Establish lane order by fitness/pace. No overtaking allowed.	Active monitoring by coaching staff	L	Each session	
<b>Type of activity</b>	Over exertion of swimmers starting from a lower level of fitness from lockdown, or post Covid-19 symptoms and self-isolation.	Initial Covid-19 protocol/etiquette session, ensuring swimmers are all educated about the procedures, and why? Initial shorter session length and short (distance) repetitious skill based, low intensity swimming initially. Predominantly prone swimming initially. Limit butterfly swimming initially due to "explosive" breathing.	Protocols to be covered in induction session	L	On commencement of training	
<b>Teaching / Coaching swimming</b>	Competency, Knowledge & Understanding	All sessions are overseen by a qualified level 2 teacher/coach.  Coaches/Teachers to receive a copy of the Swim England/IOS Covid-19 Guidance, the club Covid-19 risk assessment, Covid-19 Health Check and Risk Awareness form.	Club to allocate a Covid Liason Officer to be responsible for each session and communicate this on the day. .	L	In advance of each session	

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		<p>Coaches/Teachers to be informed of the Club Covid-19 Officer role (named).</p> <p>Club to allocate a Covid Liason Officer to be responsible for each session.</p> <p>Coaches/Teachers to be inducted on site regarding “one way” system, progress, changing, training protocols.</p>				
<b>Emergency Evacuation</b>	Panic and lack of awareness leading to a breach of social distancing	<p>This will be done in a controlled manner.</p> <p>Swimmer &amp; Staff Induction includes the protocol for pool exit and assembly poolside, to await evacuation.</p> <p>Site Emergency Procedures to be followed. Social distancing maintained at Assembly Point.</p>	Protocols to be covered in induction session	L	On commencement of training	

<b>Completed by</b>	Tony Ansell (BGSSC Head Coach) & Joe Hall (BGSSC Covid-19 Officer)
<b>Date</b>	13/08/2020