



OOJSC & EDSC

Spring Meet

Saturday 2nd and Sunday 3rd March 2024

Crook Log Leisure Centre, Bexleyheath, Kent.

Held under Swim England Laws and Technical Rules of Swimming



OOJSC & EDSC Spring Meet 2024.

Erith and District Swimming Club and Orpington Ojays Swimming Club invite swimmers to compete in our Licensed Level 3 Spring Meet, which will take place at Crook Log Leisure Centre on Saturday 2nd & Sunday 3rd March 2024.

Our Spring Meet Programme has been put together with the aim of allowing swimmers the opportunity to participate in events in which they have been unable to achieve County Championship qualification.

Medals will be awarded to the fastest 3 swimmers in each stroke / distance plus the IM's in the following age groups: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16 & over.

Results will be made available on both Clubs' websites: www.edsc.org.uk and www.orpingtonojays.com as soon as possible after the event. Real time results will also be available via Hy-Tek's free [Meet Mobile App](#).

There is ample car parking available at the Leisure Centre.

Sessions are planned as follows:

Session 1

Warm up 4.00pm

Start 4.50pm

End 7.20pm

Session 2

Warm up 8.00am

Start 8.50am

End 11.20am

Session 3

Warm up 11.30am

Start 12.20pm

End 2.50pm

Session 4

Warm up 3.00pm

Start 3.50pm

Finish 6.20pm

I do hope that you will support our event and we look forward to receiving your entries in the near future. For any further information please do not hesitate to contact me by e-mail at openmeetentries@edsc.org.uk

Kind Regards,

John Burdett
Promoter.



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Programme of Events

Event No.	Session 1 – 2 nd March – Warm up 4.00pm – Start 4.50pm		
101	Female	200m	Individual Medley
102	Open/Male	50m	Breaststroke
103	Female	50m	Butterfly
104	Open/Male	100m	Backstroke
105	Female	100m	Breaststroke
106	Open/Male	200m	Butterfly
107	Female	200m	Freestyle
Event No.	Session 2 – 3 rd March – Warm up 8.00am – Start 8.50am		
201	Open/Male	200m	Individual Medley
202	Female	50m	Backstroke
203	Open/Male	50m	Freestyle
204	Female	100m	Freestyle
205	Open/Male	100m	Butterfly
206	Female	200m	Breaststroke
207	Open/Male	200m	Backstroke
Event No	Session 3 – 3 rd March – Warm up 11.30am – Start 12.20pm		
301	Female	50m	Freestyle
302	Open/Male	50m	Backstroke
303	Female	100m	Butterfly
304	Open/Male	100m	Freestyle
305	Female	200m	Backstroke
306	Open/Male	200m	Breaststroke
Event No	Session 4 – 3 rd March – Warm up 3.00pm – Start 3.50pm		
401	Female	50m	Breaststroke
402	Open/Male	50m	Butterfly
403	Female	100m	Backstroke
404	Open/Male	100m	Breaststroke
405	Female	200m	Butterfly
406	Open/Male	200m	Freestyle



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Qualifying Times

Entries must be no faster than the Upper Limit Time (ULT) published for each event.

OPEN / MALE									
			10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16y +
50m	BA	ULT	40.50	40.50	37.50	36.00	34.50	33.50	31.50
50m	BS	ULT	47.00	47.00	44.00	41.50	38.00	37.50	34.50
50m	FLY	ULT	40.50	40.50	37.00	35.00	33.00	31.50	29.50
50m	FS	ULT	35.00	35.00	32.50	31.00	29.00	28.00	26.50
100m	BA	ULT	1.26.00	1.26.00	1.22.00	1.17.50	1.14.00	1.10.00	1.06.00
100m	BS	ULT	1.38.00	1.38.00	1.33.50	1.28.50	1.22.00	1.19.00	1.15.00
100m	FLY	ULT	1.30.00	1.30.00	1.25.00	1.18.00	1.12.00	1.09.00	1.05.00
100m	FS	ULT	1.15.00	1.15.00	1.11.50	1.08.00	1.03.50	1.01.00	58.50
200m	BA	ULT	3.00.00	3.00.00	2.50.00	2.47.50	2.32.50	2.31.00	2.22.00
200m	BS	ULT	3.35.00	3.35.00	3.25.00	3.09.00	2.55.00	2.53.00	2.45.00
200m	FLY	ULT	3.35.00	3.35.00	3.10.00	3.00.00	2.47.50	2.45.00	2.25.00
200m	FS	ULT	2.45.00	2.45.00	2.33.00	2.28.00	2.16.00	2.14.00	2.05.00
200m	IM	ULT	3.10.00	3.10.00	2.55.00	2.50.00	2.35.00	2.32.00	2.22.00

FEMALE									
			10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16y +
50m	BA	ULT	41.00	41.00	37.00	35.50	34.50	34.00	33.00
50m	BS	ULT	47.00	47.00	43.00	40.00	39.50	38.50	38.00
50m	FLY	ULT	41.00	41.00	37.00	34.50	33.00	33.00	32.00
50m	FS	ULT	35.50	35.50	32.50	31.00	30.00	30.00	29.00
100m	BA	ULT	1.28.00	1.28.00	1.20.00	1.17.50	1.14.00	1.14.00	1.11.00
100m	BS	ULT	1.38.00	1.38.00	1.34.00	1.26.00	1.24.00	1.23.50	1.21.00
100m	FLY	ULT	1.30.00	1.30.00	1.26.00	1.17.50	1.13.00	1.12.00	1.10.00
100m	FS	ULT	1.17.50	1.17.50	1.12.00	1.08.00	1.04.50	1.04.50	1.03.00
200m	BA	ULT	3.04.00	3.04.00	2.50.00	2.40.00	2.35.00	2.35.00	2.32.00
200m	BS	ULT	3.35.00	3.35.00	3.20.00	3.10.00	3.00.00	3.00.00	3.00.00
200m	FLY	ULT	3.35.00	3.35.00	3.15.00	3.00.00	2.50.00	2.50.00	2.45.00
200m	FS	ULT	2.50.00	2.50.00	2.31.00	2.25.00	2.18.00	2.18.00	2.15.50
200m	IM	ULT	3.10.00	3.10.00	2.50.00	2.46.00	2.39.00	2.39.00	2.33.00



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Female Individual Entry Form

Club:			
Swimmer name:			
Date of birth:			
Swim England Registration Number:			
£5.50 per event			
Event	Session 1 – Start 4.50pm	Time Entered	
101	200m Individual Medley		£
103	50m Butterfly		£
105	100m Breaststroke		£
107	200m Freestyle		£
Event	Session 2 – Start 8.50am	Time Entered	
202	50m Backstroke		£
204	100m Freestyle		£
206	200m Breaststroke		£
Event	Session 3 – Start 12.20pm	Time Entered	
301	50m Freestyle		£
303	100m Butterfly		£
305	200m Backstroke		£
Event	Session 4 – Start 3.50pm	Time Entered	
401	50m Breaststroke		£
403	100m Backstroke		£
405	200m Butterfly		£
		Total:	£

Closing date for entries is 6pm on the 6th February 2024.



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Open / Male Individual Entry Form

Club:			
Swimmer name:			
Date of birth:			
Swim England Registration Number:			
£5.50 per event			
Event	Session 1 – Start 4.50pm	Time Entered	
102	50m Breaststroke		£
104	100m Backstroke		£
106	200m Butterfly		£
Event	Session 2 – Start 8.50am	Time Entered	
201	200m Individual Medley		£
203	50m Freestyle		£
205	100m Butterfly		£
207	200m Backstroke		£
Event	Session 3 – Start 12.20pm	Time Entered	
302	50m Backstroke		£
304	100m Freestyle		£
306	200m Breaststroke		£
Event	Session 4 – Start 3.50pm	Time Entered	
402	50m Butterfly		£
404	100m Breaststroke		£
406	200m Freestyle		£
Total:			£

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Entry Summary Sheet

Enclosed are the entries from: _____ Swimming Club

One payment for the sum of £ _____ has been sent to the EDSC account:

Sort Code: 09-01-55 / Account number: 59306709 to cover all entries.

Number of events		@ £5.50 per event	=£
Coach Passes		@ £15.00 each	= £
Grand Total			=£

Clubs are required to submit their entries electronically using Hy-Tek's Team Manager, [SwimClub Manager](#) or TeamUnify. If Team Managers do not have access to any of these, they will need to download and use [Team Manager Lite](#). The completed electronic entry file should be sent to: openmeetentries@edsc.org.uk

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Declaration:

I certify that all entered competitors are Swim England Club Compete Registered Members of the Club and are eligible to compete as defined by Swim England Law.

Signed by Club Secretary: _____



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Promoter's Conditions

- 1: This competition is promoted by Erith and District Swimming Club and Orpington Ojays Swimming Club both of whom are affiliated to the Swim England London Region. It is to be held under Swim England Laws and Technical Rules of Swimming and Promoter's Conditions. The event is a Licensed by Swim England as a Level 3 Meet and times achieved can be used for entry to County and Regional events. The event will be held in an 8 lane 25 metre pool with electronic timing pads and display. There is a portable secondary strobe on the starting machine. Pool depth at the starting end is 1.8m and at the turning end is 1m.
- 2: Ages are as at midnight on the 31st December 2024. All swimmers must be registered as "Club Compete" with Swim England. In line with Swim England's Transgender and Non-Binary Competition Policy, by entering the 'Female' category, a swimmer confirms that their birth sex is female.
- 3: All events will be swum on a heat declared winner basis. Swimmers will be seeded slowest to fastest irrespective of age and based on entry times provided. All heats will be spearheaded and all starts will be at the deep end of the pool. Over the top starts will be at the discretion of the Referee.
- 4: Closing date for entries is 6pm on the 6th February 2024.
- 5: One combined entry per Club with one payment. Clubs will need to submit entries electronically. Further details on how to do this are available as part of the electronic entry pack. Only Club entries are being accepted at the meet; individual entries will not be accepted. Unless there has been an error or omission by the Promoter, no entries will be accepted after the closing date.
- 6: Entries will not be registered unless accompanied by the correct fee. Entry fees may be refunded if a withdrawal is made due to injury at least 24 hours in advance of the competition. Withdrawals due to injury must be supported with medical evidence.
- 7: Coaches and Team Managers' Passes are £15 to include admittance to poolside at all sessions and refreshments. Passes are transferable and Coaches and Team Managers will not be allowed on poolside without a Pass. The Promoter has the right to ask any unauthorised persons to leave the poolside. Coaches and Team Managers Passes must be ordered using the Club Entry Form.
- 8: A card-less entry system will operate at the gala. There will be no sign in. All swimmers will be entered in to every event for which they have registered. Swimmers wishing to withdraw from an event should do so by e-mailing openmeetentries@edsc.org.uk by the start of the warm up period for the relevant session.
- 9: Competitors must report to the Clerks of the Course in the marshalling when called. Competitors not reporting in time for an event may be excluded.
- 10: Competitors must leave the pool by the steps at the sides of the pool and not climb over the electronic pads.



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11: Medals will be awarded to the fastest 3 swimmers in each stroke / distance plus the IM's in the following age groups: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16 & over.

12: Competitors are only allowed on poolside for the session in which they are competing. They must also cover up and wear shoes when leaving the poolside area. It is not permitted to bring glass containers on to poolside. All rubbish must be taken off of poolside when leaving.

13: Entries must be no faster than the Upper Limit Time (ULT) published for each event. The Promoter reserves the right to restrict the number of entries to meet allocated pool time and poolside space. Entries will be accepted on a first come first served basis. Any entries not accepted will be refunded in full.

14: In order to allow as many swimmers, the opportunity to take part, entries are restricted to a maximum of 9 per swimmer. Anyone entering more than 9 events will be asked to reduce their entry total back to 9.

15: Timings are estimated and will be confirmed once entries are closed. The Promoter reserves the right to alter the schedule if circumstances demand.

16: Any item not covered within these conditions will be at the discretion of the Promoter.

17: Clubs are requested to check entry lists before the date of the gala as errors are harder to rectify on the day.

18: Spectator Entry Fee will be £4.00 per session. No printed programmes will be produced. All the information regarding the meet can be viewed on the [Meet Mobile App](#).

19: By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.

20: PHOTOGRAPHY – anyone wishing to take still or digital photography (including using mobile phones to do this) must do so in accordance with the Swim England Child Safeguarding Policy and Procedures (Wavepower). Flash photography is prohibited at all times. Imaging equipment must not be used in the changing village.

21: All Officials shall be offered expenses. Information regarding expenses can be obtained from the Meet Promoter: openmeetentries@edsc.org.uk



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How to Use TM Lite

Teams are required to submit their entries electronically using HyTek's Team Manager, [SwimClub Manager](#) or TeamUnify. If Team Managers do not have access to any of these, they will need to download and use [Team Manager Lite](#).

If you have previously downloaded & set-up TM Lite, skip to step 4.

If you are already using the full version of Team Manager, then skip to step 5.

1. Click **File / Open** and type in a database name to create a TM database (normally the abbreviation of your Club, but the default will suffice). Click OK on the 'Log-In to' window;
2. In System Preferences, choose British Swimming in **Default Team Registration**, AGE in **Default Team Type** and GBR in **Default Country**. In the **Meet Age-Up Date** box enter the age-up date according to the conditions of the meet. Enter the same date in the **System Age-Up Date**. A window will then pop-up. Click OK;
3. From the main menu click **Teams** then click **Add** and add your **Team Abbr**, **Full Team Name** and **Short Team Name**. Click  to return to the main menu;
4. Click Athletes in the main menu. Click Add to add swimmers that are to compete in the Meet. Fill in: **Last Name**, **First Name**, **Birthdate**, **ID#** (ASA number), **Gender** and **Team 1**. Ensure full name is as per their ASA membership record to avoid problems with acceptance by rankings. Click OK. Upon completion of last swimmer record, click OK then Cancel, then click .
5. Import the Meet Events file into TM Lite or TEAM MANAGER using **File / Import / Meet Events**. This is a zipped file – there is no need to unzip the files before attempting to import the Meet Events.
6. On the main screen click **Meets**, select the meet and click **Entries** and select **Entry By Event** or **Entries By Name** to place swimmers into individual events. Eligible events should appear listed (if not check if the swimmer is old enough to enter the meet). If a valid entry time is not available, for each entry, you must enter a custom entry time, or enter NT (no time). Please check that any times entered comply with the relevant qualifying time (displayed elsewhere on that screen). Subject to the conditions of the meet saying so, times entered that are too fast may be accepted as a time only swim, with the swimmer not being eligible for an award, if available.
7. On the main screen click **Reports / Meet Reports / Meet Entries** to create a report of the meet entries to verify that all entries are complete and correct;
8. On the main screen click **File / Export / Meet Entries**. This will create a zipped file. Locate that zipped file and send it via e-mail to openmeetentries@edsc.org.uk.