



Bristol Penguin Olympic Swimming Club

Code of Conduct for Parents and Carers

All BPOSC Parents/Carers will:

- Complete the medical information section of the Active registration and ensure accurate details of any health conditions/concerns relevant to my child are included on the consent form. I will report any changes in the state of my child's health to the coach and to Ellie at ellie.bourdeaux@bristolpenguins.com prior to training sessions or events.
- Ensure that the organisation has correct and up-to-date contact details for me and for any alternative carer as required. Any changes in contact details need amended by parents / carers on the Team Unify system.
- Deliver my child punctually to training sessions/events in time to allow my swimmer(s) to be ready (with all their kit) on poolside/land training/at the waiting area at least five minutes before the session starts. I will inform their coach/teacher if there is an unavoidable problem in doing this.
- Collect my child from the session/changing rooms in accordance with club Changing Room and Collection of Children Policy. I will inform the coach/teacher if my child is to be collected early.
- Abide by the club Changing Room and Collection of Children Policy.
- Be aware that my child will be regularly assessed, and their swim squad and/or time may be changed. I will remember that the change is to provide appropriate levels of training and to enable my child to progress, and I should therefore support and encourage this at all times.
- Be aware that I can discuss my child's progress with their teacher/coach or Swim Academy Coordinator/Lead Coach at a mutually convenient time.
- Ensure my child is properly and adequately attired for the training session/ events including all mandatory equipment appropriate to their squad, e.g. hats, goggles, water bottle, fins etc as recommended by the club.
- Not use phones in banned areas: these include changing rooms, showers, toilets and on poolside.
- Support the club to ensure my child does not use their phone in the banned areas. The club are aware that mobile phones are often required for children to stay in touch with their parents, but this should be done after a session and not in the areas mentioned.
- Be aware that mobile devices may be used by coaches/teachers to take registers.
- Not share photos/videos of members of the club or other clubs on social media without permission from their parents (or swimmer if over 18).
- Be aware I have the right to withdraw consent for the photographing of my child during training or events, by contacting the club Membership Officer (polly.mullen@bristolpenguins.com).
- Encourage my child to obey the rules of the club as per the club Behaviour Policy; I will value effort and good personal performance above all else. I will show appreciation and support my child and all the team members.
- Maintain a high standard of behaviour in my actions and words as a spectator during training and events and treat members, coaches, committee members and other parents of members of both

Data Protection: This data will be held electronically, on a spreadsheet accessible to the welfare officer. Some of this information will be shared with relevant coaches and other club officials where necessary.

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BPOSC and any other organisation with due respect, in accordance with the Swim England commitment to equality and diversity.

- Be prepared to volunteer at events to ensure the smooth running of the club for all members.
- Ensure my child's needs are met in terms of nutrition and rest and will listen to advice given from the coach.
- Be aware that if my child is injured then I must consult the Return to Training from Injury Policy, complete the Return to Training Agreement, where necessary, and send it to the Assistant Welfare Officer at ellie.bourdeaux@bristolpenguins.com prior to my child returning to training. I am aware they can **only** return to training with the agreement of their medical provider and confirmation of receipt of the form by the Assistant Welfare Officer.
- Be aware that I can raise any concerns I may have in an appropriate manner to the Lead Coach, Swim Academy Coordinator or Welfare Officer for contact details, please look at the Penguins website.
- Most of all, help my child to enjoy the sport and to achieve to the best of their ability.
- Follow the Covid-19 policies as outlined in emails, training sessions and policies and follow instructions from the coaches and Covid Liaisons.
- Inform the Covid Lead if displaying any Covid-19 symptoms and then will self-isolate as per government policy.
- Inform the Covid Lead if required to self-isolate due to contact with a person with confirmed Covid-19.

The organisation will:

- Inform you at once if your child becomes ill and ensure their wellbeing until you are able to collect him/her.
- Ensure good child safeguarding guidelines as detailed by the Swim England and Wavepower toolkit are followed at all times to keep your child safe.
- Ensure all activities are properly supervised/ taught/coached and that consent is obtained for any activity outside of that previously agreed.
- Abide by government and governing body Covid-19 safeguards.

You have a right to:

- Make a complaint to the organisation if you feel the organisation or a member of the organisation is not acting appropriately or in accordance with Swim England/organisation rules and regulations. Details of how to do this can be obtained from the Welfare Officer.
- Make a complaint on behalf of your child to the Swim England.

As a club, we are affiliated to the Swim England and as such, we are expected to conduct our activities within the rules of the Association. We follow the Swim England Wavepower toolkit with regards to Child Safeguarding and Welfare. These rules and toolkit include the ASA Code of Conduct, Code of Ethics and an Equity Policy. Full copies of these documents can be obtained from the Swim England Web Site.

I hereby agree to abide by the Swim England Code of Ethics and the Bristol Penguin Olympic Swimming Club Code of Conduct for Parents.

NAME: Child's name:

SIGNED: Date.....

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