



Bristol Penguin Olympic Swimming Club

Code of Conduct for Swimmers

The Club shall comply with Swim England guidelines and code of ethics as defined in the Swim England handbook. The Club will conform to the Child Protection Act.

All BPOSC Swimmers will:

- Follow all guidelines laid down by Swim England and the club. Follow the Swim England Code of Conduct as outlined in the Wavepower document.
- Follow the club Behaviour Policy.
- Report any concerns to my teacher/coach or the Lead Coach (Josh Jobbins at josh.jobbins@bristolpenguins.com) or Welfare Officer (Ellie Bourdeaux at ellie.bourdeaux@bristolpenguins.com).
- Treat all members of, and persons associated with, BPOSC and other clubs with dignity and respect.
- Display a high standard of behaviour at all times and understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the club Behaviour Policy.
- Be a positive role model and set good examples. Behaviour and personal conduct must at all times be of a high standard and reflect a good impression of the club and the sport.
- Recognise and celebrate hard work, good performance and successes of fellow club and team members.
- Listen to what my coach/teacher is telling me at all times and obey any instructions given.
- Be ready for the session and be on poolside or at the land training area at least five minutes before the start of the session. I will have all my equipment with me.
- Understand that if I am late, I must report to my teacher/coach before getting into the pool.
- If I need to leave the pool for any reason during training, I will tell my teacher/coach before doing so.
- If I need to leave the poolside for any reason during a gala, I will tell the team manager or teacher or coach in charge before doing so.
- Not leave an event until either the gala is complete, or I have permission from the team manager or teacher or coach in charge.
- At the end of a session I will find my parents/carers or agreed lift share parent/carer or make my own way home, as agreed in the Changing Room and Collection of Swimmers Policy. If my

parents/carers or lift share parent/carer are not in the place agreed, I will go back to the coach or teacher and tell them and wait with them until my parents/carers arrive.

- Respect the privacy of others, especially in the use of changing facilities.
- Not use phones or other mobile devices in banned areas. The banned areas are: the changing rooms, toilets, showers and poolside. If you need to make an urgent phone call to your parents/carer, please get the permission of the coach/teacher and they will direct you to the most appropriate place to do this.
- Tell coaches if I am injured or am feeling unwell.
- Wear appropriate clothing on poolside & in the pool.
- Follow the Covid-19 policies as outlined in emails, training sessions and policies. Follow instructions from the coaches and Covid Liaisons.
- Inform the Covid Lead if displaying any Covid-19 symptoms and then will self-isolate as per government policy. Inform the Covid Lead if required to self-isolate due to contact with a person with confirmed Covid-19.

I hereby agree to abide by the Bristol Penguin Olympic Swimming Club Code of Conduct for Swimmers.

NAME:

SIGNED: Date.....

If under 18 years, parents/carers must also sign the Code of Conduct.

PARENT/CARER NAME:

SIGNED: Date.....

Data Protection: This data will be held electronically, on a spreadsheet accessible to the welfare officer. Some of this information will be shared with relevant coaches and other club officials where necessary.