



Bristol Penguin Olympic Swimming Club

Code of Conduct for Parents and Carers

As a parent / guardian of a club member we understand you have the right to:

- Be assured that your child is safeguarded during their time with us.
- Know that our club policies, rules and procedures found on the welfare page of our website: <https://uk.teamunify.com/team/bposc/page/members/welfare>
- Know that the Welfare Officer is Sue Rees and that contact details for her can be found here: <https://uk.teamunify.com/team/bposc/page/members/welfare>
- Know that any concerns about your child's welfare will be listened to and responded to.
- Know what qualifications and training those with responsibility for your child have.
- Be informed of problems or concerns relating to your child, where appropriate by contacting the Lead Coach, Swim Academy Coordinator or Welfare Officer for contact details, please look at the Penguins website.
- Know the procedure should your child be involved in an accident or become injured. If this is at a club session, the coach will ring you to discuss the situation. If your child is seriously injured or becomes seriously unwell outside a session, then you need to inform the Assistant Welfare Officer polly.mullen@bristolpenguins.com and will need to complete the [Return to Training Agreement](#), prior to my child returning to training.
- Know that I can discuss my child's progress with their teacher / coach or Swim Academy Coordinator / Lead Coach at a mutually convenient time.
- Provide your consent or otherwise for photography and trips away. Be aware you have the right to withdraw consent for the photographing of your child during training or events, by contacting the club Membership Officer (polly.mullen@bristolpenguins.com).
- Make a complaint to the club committee or Welfare Officer (as appropriate).

As a parent / guardian of a club member we expect you to:

Essentials

- Make sure your child has the right kit for training and competitions as well as enough food and drink.
- Ensure your child is on poolside 5 minutes before the start of a session, with the correct kit and that they are picked up promptly after a session.
- Collect my child from the session/changing rooms in accordance with club Changing Room and Collection of Children Policy. I will inform the coach/teacher if my child is to be collected early. Inform us if you're running late to collect your child or if your child is going home with someone else and they do not know.
- Complete all consent, contact and medical forms accurately and with full details. Update the coach and Welfare Officer sue.rees@bristolpenguins.com straight away if anything changes.
- Maintain a good relationship with your child's coach or teacher. Help your child to enjoy the sport and to achieve to the best of their ability.

- Tell us if you wish to talk to us about any concerns regarding your child. We will arrange a mutually convenient time so you can talk to us.
- Not enter poolside or interrupt training or competitions unless in an emergency situation.
- Be aware that your child will be regularly assessed, and their swim squad and/or time may be changed.
- Ensure your child is properly and adequately attired for the training session/ events including all mandatory equipment appropriate to their squad, e.g. hats, goggles, water bottle, fins etc as recommended by the club.
- Be aware that mobile devices will be used by coaches/teachers to take registers and to access session plans.

Behaviour

- Remember that children get a wide range of benefits from participating in one of our sports, like making friends, getting exercise and developing skills. It's not all about wins and losses.
- Behave positively as a spectator at training or competitions and treat others with respect.
- Give encouragement to your child and tell them when they've done well and provide support when they are struggling.
- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation, faith or ability.
- Respect the children and adults competing for other teams at competitions.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which alleges a criminal offence will be reported to police by the club.
- Talk to your child and ensure they understand the rules of the club and the sport.
- Ensure your child understands their Code of Conduct and encourage my child to obey the rules of the club as per the club Behaviour Policy; that they will value effort and good personal performance above all else. Show appreciation and support your child and all the team members.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee. Continued issues and repeated breaches may result in parents/ guardians being asked not to attend the club, something we never want to do.

NAME: Child's name:

SIGNED: Date.....

Data Protection: GDPR information can be found here: <https://uk.teamunify.com/team/bposc/page/members/gdpr>