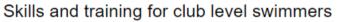


## Club Pathway - Timetable - from September 2023





| Squad / Day   | Monday                             | Tuesday                            | Wednesday   | Thursday   | Friday                             | Saturday                           | Sunday  | Sessions | Swimming time       |
|---|------------------------------------|------------------------------------|---|--|------------------------------------|------------------------------------|---|----------|---------------------|
| Junior Club. Ages 10 to 12.<br>Less competitive option Stage<br>8+. |                                    | Radminton School                   | 5.45 to 6.35pm or<br>6.35 to 7.25pm<br>Badminton School |  | 5.30 to 6.30pm<br>Henbury LC       |                                    | 5.45 to 6.35pm Clifton<br>College or 6.00 to 6.50pm<br>Easton LC  | 1 or 2   | approx. 1hr or 2hrs |
| Age Group Club. Ages 11 to 13. Less competitive option.             | 7.15 to 8.10pm<br>Badminton School | 7.45 to 8.40pm<br>Badminton School | 7.45 to 8.30pm St.<br>Mary Redcliffe School             |  | 7.35 to 8.35pm<br>Badminton School | 7.45 to 8.40am<br>Badminton School | 2.45 to 3.45pm Henbury<br>LC or 7.30 to 8.30pm<br>Clifton College   | 1,2 or 3 | approx. 1 to 3hrs   |
| Youth Club. Ages 13+. Less competitive option.                      |                                    | 7.30 to 9.00pm<br>Henbury I C*     | 8.35 to 9.25pm<br>Badminton School -<br>girls only      | 8.05 to 9.00pm<br>Easton LC* or<br>8.00 to 9.00pm<br>Badminton<br>School | 7.45 to 8.45pm<br>Henbury LC       | 7.45 to 8.40am<br>Badminton School | Swim 2.45 to 3.45pm<br>Henbury LC or land 3.25<br>to 3.55pm and swim 4 to<br>6pm Hengrove Park LC*<br>or swim 7.30 to 8.30pm<br>Clifton College | 1,2 or 3 | approx. 1 to 3hrs   |

<sup>\*</sup> Priority for these sessions will be given to competitive swimmers who are able to train at a higher level but do not meet the criteria or decide not to join Youth Competitive.