Junior Competitive Pathway - Timetable - January 2023

Skill development for those aiming for county qualifying times

Squad / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Sessions	Swimming time
Development 1A. Ages 8 to 10. Skills for competitive swimming.	5.00 to 5.45pm Henbury	5.00 to 5.50pm Badminton					5.45 to 6.30pm Clifton College	2 either Monday or Tuesday	1hr 30m
Development 1B. Ages 8 to 10. Skills for competitive swimming.	5.00 to 5.45pm Henbury			7.05 to 7.55pm Badminton				2	1hr 35m
Development 1C. Ages 8 to 10. Skills for competitive swimming.			7.00 to 7.45pm St. Mary Redcliffe				6.00 to 6.45pm Easton	2	1hr 30m
Development 2A. Ages 9 to 11. Skills for competitive swimming.		5.00 to 5.55pm Badminton			6.30 to 7.30pm Badminton			2	1hr 55m
Development 2B. Ages 9 to 11. Skills for competitive swimming.			5.45 to 6.35pm Badminton				6.30 to 7.25pm Clifton College	2	1hr 45m
Development 2C. Ages 9 to 11. Skills for competitive swimming.			7.45 to 8.30pm St. Mary Redcliffe				6.30 to 7.25pm Clifton College	2	1hr 50m
Development 3A. Ages 9 to 12. Skills for competitive swimming.	6.00 to 7.00pm Henbury		7.30 to 8.25pm Badminton or 7.40 to 8.30pm St Mary Redcliffe			7.45 to 8.40am Badminton	7.00 to 8.00pm Easton	3 either Saturday or Sunday	2hrs 50m
Development 3B. Ages 9 to 12. Skills for competitive swimming.		6.00 to 7.00pm Badminton			6.30 to 7.30pm or 7.35 to 8.35pm Badminton		7.25 to 8.30pm Clifton College	3	2hrs 55m
Development 3C. Ages 9 to 12. Skills for competitive swimming.			7.40 to 8.30pm St Mary Redcliffe	7.10 to 8.05pm Easton			7.00 to 8.00pm Easton	3	2hrs 45m