

**SWIM
IRELAND**



2023
McCullagh International Open (50m)

ENTRY RULES & FORMS

**Aurora Complex, Bangor, Northern
Ireland.**

Friday 24th to Sunday 26th February 2023



MEET CONDITIONS

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at

<http://www.swimireland.ie/competitions-events/regulations-and-safety>

Meet Location:	Aurora Complex, Bangor, Co. Down, Northern Ireland	
Pool Specification:	10 lane 50m pool; anti-turbulence lane ropes; wedge starting blocks; backstroke ledges; 5 lane 25m warm up/swim down pool	
Meet Type:	Full Olympic Programme plus 50m Form Strokes. Three 'Open' Olympic relay events per gender plus Mixed Medley Relay 'Open A', 'Open B' and 'Age Group' integrated Finals for all available events other than Relays and 800m/1500m (Timed Finals) There are no restrictions on overseas swimmers/clubs proceeding to finals in this competition	
Session Times:	Session 1: Friday 24 th February Warm-up 0730; Competition 0900 Session 2: Friday 24 th February Warm-up 1100; Competition 1230 Session 3: Friday 24 th February Warm-up 1600; Competition 1730 Session 4: Saturday 25 th February Warm-up 1730; Competition 0900 Session 5: Saturday 25 th February Warm-up 1100; Competition 1230	Session 6: Saturday 25 th February Warm-up 1600; Competition 1730 Session 7: Sunday 26 th February Warm-up 0730; Competition 0900 Session 8: Sunday 26 th February Warm-up 1100; Competition 1230 Session 9: Sunday 26 th February Warm-up 15:00; Competition 1630
Age:	<i>Qualifying Times</i> to reflect three age groups per gender. Age Groups as: Age Group (Male 13-14 and Female 13); Youth (Male 15-18 and Female 14-17) and Open Youth <i>Qualifying Times</i> will be for male competitors born 2005-2008 and female competitors born 2006-2009 Age Group <i>Qualifying Times</i> will be for male competitors born 2009-2010 and female competitors born 2010. <i>Finals</i> to reflect two age groups per gender Open: All Youth & Open swimmers Age Group: Male competitors born 2009-2010 and female competitors born 2010	
Qualification Criteria:	Times may be achieved in both Short Course & Long Course in the Period 1st July 2022 – 24th January 2023 Times must have been achieved in meets licenced at Level 3 or higher to be eligible to be used for entry into this meet. Short Course times used for entry will be converted to Long Course via the Meet Management System for seeding purposes.	
Heats & Finals:	50m, 100m & 200m Events: Fastest 3 heats swim in the Faster Heats Session; all remaining heats swim in the Slower Heats Session 400m Events: Fastest heat swims in the Faster Heats Session; all remaining heats swim in the Slower Heats Session 800m & 1500m Events: Fastest heat swims in the Finals Session; second fastest heat swims in the Faster Heats session; all remaining heats swim in the	

	<p>Slower Heats Session</p> <p>Relay Events: All take place as HDW events in the Faster Heats Session</p> <p>NB: 'B' Finals only take place in events where 21 or more competitors (Female 14/Over or Male 15/Over) take the field</p>
Team Leaders Meeting:	<p>Technical meeting will take place on Wednesday 22nd February, at 7.30pm via Zoom, link https://us06web.zoom.us/j/88130124212?pwd=b00yQUNHUEVHTnVZakIreHAXTjZQdz09. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. If a club is not represented at this briefing, you are agreeing to any decisions made at the meeting and agree to abide by them at the meet. Club packs will be available at Swim Ireland table, which will be located in main reception.</p>
Withdrawals:	<p>Withdrawals from day 1 must be emailed to entries@swimireland.ie between 18/02/2023 & 3pm on 21/02/2023 Withdrawals for days 2, 3 & 4 must be submitted by 6pm the previous day, i.e. for day 2, withdrawals must be submitted by 6pm on day 1. There will be a €50 fine if swimmers are not withdrawn within 30 minutes of the announcement of the results of an event for the final that evening or by 6pm for an event for the next day.</p>
Accreditation:	<p>Accreditation will be produced through the Go-Membership system. Club admins will need to apply for accreditation for athletes, team managers & coaches. Please ensure that team managers & coaches meet all the requirements for accreditations, otherwise they will not be awarded. Accreditation lanyards & pouches can be collected at the accreditation desk, which will be located beside the Swim Ireland information table.</p> <p>Further information on accreditation will be circulated to clubs in the next few weeks.</p>
Entry Form:	<p>Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie</p> <p>Clubs who do not have hy-tek should email their entries to entries@swimireland.ie</p>
Entry Deadline:	<p>5pm Thursday 26th January 2023</p> <p>Payment should be received by 5pm Friday 11th February 2023</p>
Entry Fees:	<p>Individual entries cost €10/£9 per event.</p> <p>Relay entries cost €25/£22 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.</p> <p>Accreditations will not be issued until fees have been paid</p> <p><i>Please note that entries are non-refundable once the final date for payment has passed</i></p>
Relay Entries:	<p>Clubs are permitted to enter up to two relay teams per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.</p> <p>Relay athletes representing Irish clubs must have a primary training base on the island of Ireland</p> <p>All competing swimmers must be entered in the meet (<i>even if they are not swimming in individual events</i>). Relay teams that swim in an order that is different from the declared</p>

	order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.
Scoring:	Top 10 swimmers in each event receive points (10-1) based on final results. The Irish club team with the highest cumulative points are awarded the Dave McCullagh Memorial Trophy.
Awards:	Medals are awarded for Top-3 placings in Relay Events and Junior Finals ONLY
Anti-Doping:	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website .
Swimsuits:	Please note that non-tech swimsuits may be worn and do not need to be FINA-approved. Swimmers have a choice between wearing non-tech swimsuits or FINA-approved tech swimsuits. https://www.fina.org/sites/default/files/frsa.pdf
Health & Safety:	Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.
COVID-19	Some restrictions may be in place at the time of the meet. Please refer to www.gov.ie and/or https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19 to view these restrictions.

Order of Events

Day 1 – Friday 24 th February 2023	Day 2 – Saturday 25 th February 2023	Day 3 – Sunday 26 th February 2023
Session 1: TBC – Faster Heats	Session 4: TBC – Faster Heats	Session 7: TBC – Faster Heats
Female Open 800m Freestyle Relay (HDW) Male Open 800m Freestyle Relay (HDW) Female 13/Over 400m IM Male 15/Over 50m Backstroke Female 14/Over 50m Backstroke Male 15/Over 100m Freestyle Female 14/Over 100m Freestyle Male 13/Over 200m Butterfly Female 13/Over 200m Butterfly Male 15/Over 100m Breaststroke Female 14/Over 100m Breaststroke Male 15/Over 800m Freestyle HDW Female 14/Over 1500m Freestyle HDW Mixed Open 400m Medley Relay HDW	Male Open 400m Freestyle Relay HDW Female Open 400m Freestyle Relay HDW Male 13/Over 400m IM Female 14/Over 50m Butterfly Male 15 /Over 50m Butterfly Female 13/Over 200m Freestyle Male 13/Over 200m Freestyle Female 13/Over 200m Breaststroke Male 13/Over 200m Breaststroke Female 14/Over 100m Backstroke Male 15/Over 100m Backstroke Female 14/Over 800m Freestyle HDW Male 15/Over 1500m Freestyle HDW	Male 13/Over 400m Freestyle Female 13/Over 400m Freestyle Male 15/Over 50m Breaststroke Female 14/Over 50m Breaststroke Male 15/Over 50m Freestyle Female 14/Over 50m Freestyle Male 13/Over 200m IM Female 13/Over 200m IM Male 15/Over 100m Butterfly Female 14/Over 100m Butterfly Male 13/Over 200m Backstroke Female 13/Over 200m Backstroke Male Open 400m Medley Relay HDW Female Open 400m Medley Relay HDW
Session 2: Time TBC - Slower Heats	Session 5: Time TBC - Slower Heats	Session 8: Time TBC - Slower Heats
Female 13/Over 400m IM Male 15/Over 50m Backstroke Female 14/Over 50m Backstroke Male 15/Over 100m Freestyle Female 14/Over 100m Freestyle Male 13/Over 200m Butterfly Female 13/Over 200m Butterfly Male 15/Over 100m Breaststroke Female 14/Over 100m Breaststroke Male 15/Over 800m Freestyle HDW Female 14/Over 1500m Freestyle HDW	Male 13/Over 400m IM Female 14/Over 50m Butterfly Male 15 /Over 50m Butterfly Female 13/Over 200m Freestyle Male 13/Over 200m Freestyle Female 13/Over 200m Breaststroke Male 13/Over 200m Breaststroke Female 14/Over 100m Backstroke Male 15/Over 100m Backstroke Female 14/Over 800m Freestyle HDW Male 15/Over 1500m Freestyle HDW	Male 13/Over 400m Freestyle Female 13/Over 400m Freestyle Male 15/Over 50m Breaststroke Female 14/Over 50m Breaststroke Male 15/Over 50m Freestyle Female 14/Over 50m Freestyle Male 13/Over 200m IM Female 13/Over 200m IM Male 15/Over 100m Butterfly Female 14/Over 100m Butterfly Male 13/Over 200m Backstroke Female 13/Over 200m Backstroke

Day 1 – Thu 24 th February 2022	Day 2 – Fri 25 th February 2022	Day 3 – Sat 26 th February 2022
Session 3: 1730 – Finals	Session 6: 1730 – Finals	Session 9: 1630 – Finals
Female 13 years 400m IM Final Female 14/Over 400m IM 'A' Final Male 15/Over 50m Backstroke 'B' Final Male 15/Over 50m Backstroke 'A' Final Female 14/Over 50m Backstroke 'B' Final Female 14/Over 50m Backstroke 'A' Final Male 15/Over 100m Freestyle 'B' Final Male 15/Over 100m Freestyle 'A' Final Female 14/Over 100m Freestyle 'B' Final Female 14/Over 100m Freestyle 'A' Final Male 13/14 years 200m Butterfly Final Male 15/Over 200m Butterfly 'B' Final Male 15/Over 200m Butterfly 'A' Final Female 13 years 200m Butterfly Final Female 14/Over 200m Butterfly 'B' Final Female 14/Over 200m Butterfly 'A' Final Male 15/Over 100m Breaststroke 'B' Final Male 15/Over 100m Breaststroke 'A' Final Female 14/Over 100m Breaststroke 'B' Final Female 14/Over 100m Breaststroke 'A' Final Male 15/Over 800m Freestyle (Fastest Heat) Female 14/Over 1500m Freestyle (Fastest Heat)	Male 13/14 years 400m IM Final Male 15/Over 400m IM 'A' Final Female 14/Over 50m Butterfly 'B' Final Female 14/Over 50m Butterfly 'A' Final Male 15/Over 50m Butterfly 'B' Final Male 15/Over 50m Butterfly 'A' Final Female 13 years 200m Freestyle Final Female 14/Over 200m Freestyle 'B' Final Female 14/Over 200m Freestyle 'A' Final Male 13/14 years 200m Freestyle Final Male 15/Over 200m Freestyle 'B' Final Male 15/Over 200m Freestyle 'A' Final Female 13 years 200m Breaststroke Final Female 14/Over 200m Breaststroke 'B' Final Female 14/Over 200m Breaststroke 'A' Final Male 13/14 years 200m Breaststroke Final Male 15/Over 200m Breaststroke 'B' Final Male 15/Over 200m Breaststroke 'A' Final Female 14/Over 100m Backstroke 'B' Final Female 14/Over 100m Backstroke 'A' Final Male 15/Over 100m Backstroke 'B' Final Male 15/Over 100m Backstroke 'A' Final Female 14/Over 800m Freestyle (Fastest Heat) Male 15/Over 1500m Freestyle (Fastest Heat)	Male 13/14 years 400m Freestyle Final Male 15/Over 400m Freestyle 'A' Final Female 13 years 400m Freestyle Final Female 14/Over 400m Freestyle 'A' Final Male 15/Over 50m Freestyle 'B' Final Male 15/Over 50m Freestyle 'A' Final Female 14/Over 50m Freestyle 'B' Final Female 14/Over 50m Freestyle 'A' Final Male 15/Over 50m Breaststroke 'B' Final Male 15/Over 50m Breaststroke 'A' Final Female 14/Over 50m Breaststroke 'B' Final Female 14/Over 50m Breaststroke 'A' Final Male 13/14 years 200m Backstroke Final Male 15/Over 200m Backstroke 'B' Final Male 15/Over 200m Backstroke 'A' Final Female 13 years 200m Backstroke Final Female 14/Over 200m Backstroke 'B' Final Female 14/Over 200m Backstroke 'A' Final Female 14/Over 100m Butterfly 'B' Final Female 14/Over 100m Butterfly 'A' Final Male 15/Over 100m Butterfly 'B' Final Male 15/Over 100m Butterfly 'A' Final Male 13/14 years 200m IM Final Male 15/Over 200m IM 'B' Final Male 15/Over 200m IM 'A' Final Female 13 years 200m IM Final Female 14/Over 200m IM 'B' Final Female 14/Over 200m IM 'A' Final

Long Course Consideration Times

(Achieved Long Course Only in the Period 1st July 2022 – 24th January 2023)

MALE			EVENT	FEMALE		
Age Group Born 2009-2010	Youth Born 2005-2008	Senior Born 2004 or Earlier		Senior Born 2005 or Earlier	Youth Born 2006-2009	Age Group Born 2010
	26.60	25.51	50m Freestyle	28.45	29.33	
	57.72	55.23	100m Freestyle	1:01.52	1:03.06	
2:20.81	2:08.38	2:01.68	200m Freestyle	2:14.17	2:18.08	2:30.07
4:58.15	4:35.86	4:29.16	400m Freestyle	4:48.49	4:57.67	5:15.85
	9:47.66	9:37.90	800m Freestyle	9:55.38	10:20.90	
	18:52.68	18:15.46	1500m Freestyle	19:53.99	20:31.86	
	30.89	29.88	50m Backstroke	32.47	33.87	
	1:06.78	1:04.13	100m Backstroke	1:09.68	1:12.30	
2:43.39	2:25.78	2:23.00	200m Backstroke	2:32.36	2:36.68	2:53.02
	33.70	32.56	50m Breaststroke	36.70	38.11	
	1:14.76	1:11.95	100m Breaststroke	1:19.40	1:22.03	
3:09.00	2:45.03	2:42.24	200m Breaststroke	2:53.51	2:57.92	3:20.17
	28.72	27.20	50m Butterfly	30.79	31.88	
	1:03.53	1:00.01	100m Butterfly	1:08.99	1:11.26	
2:46.60	2:27.31	2:20.82	200m Butterfly	2:40.02	2:43.39	3:00.65
2:42.44	2:25.63	2:21.55	200m IM	2:34.20	2:38.75	2:53.09
5:49.82 or 200m IM CT	5:17.68	5:10.99	400m IM	5:33.41	5:41.01	6:07.92 or 200m IM CT

Heats may be limited in order to manage session timelines

Short Course Consideration Times

(Achieved Short Course Only in the Period 1st July 2022 – 24th January 2023)

MALE			EVENT	FEMALE		
Age Group Born 2009-2010	Youth Born 2005-2008	Senior Born 2004 or Earlier		Senior Born 2005 or Earlier	Youth Born 2006-2009	Age Group Born 2010
	26.07	25.00	50m Freestyle	27.88	28.74	
	56.57	54.12	100m Freestyle	1:00.29	1:01.80	
2:17.99	2:05.82	1:59.25	200m Freestyle	2:11.49	2:15.32	2:27.80
4:52.19	4:30.34	4:23.78	400m Freestyle	4:42.72	4:51.71	5:09.53
	9:35.90	9:26.34	800m Freestyle	9:43.47	10:08.48	
	18:30.03	17:53.55	1500m Freestyle	19:30.11	20:07.22	
	30.27	29.29	50m Backstroke	31.82	33.20	
	1:05.44	1:02.85	100m Backstroke	1:08.29	1:10.85	
2:40.12	2:22.87	2:20.14	200m Backstroke	2:29.31	2:33.55	2:49.56
	33.02	31.91	50m Breaststroke	35.97	37.34	
	1:13.27	1:10.51	100m Breaststroke	1:17.81	1:20.39	
3:05.22	2:41.73	2:38.99	200m Breaststroke	2:50.04	2:54.36	3:16.17
	28.15	26.66	50m Butterfly	30.17	31.25	
	1:02.26	58.81	100m Butterfly	1:07.61	1:09.83	
2:43.32	2:24.36	2:18.00	200m Butterfly	2:36.82	2:40.12	2:57.04
2:39.19	2:22.72	2:18.72	200m IM	2:31.11	2:35.58	2:49.63
5:42.82 or 200m IM CT	5:11.33	5:04.77	400m IM	5:26.75	5:34.19	6:00.56 or 200m IM CT

Payment Options:

Please reference all payments as "2023 McCullagh International" and include club details.

Bank Transfer:

EURO

Bank: AIB

Sort Code: 932515

Account Number: 59772048

IBAN: IE03 AIBK 9325 1559 7720 48

BIC: AIBKIE2D

Sterling

Bank: Danske Bank

Sort Code: 950111

Account Number: 51051490

IBAN: GB55 DABA 9501 1151 0514 90

BIC: DABAGB2B

Credit Card:

Credit card payments can be made over the phone by calling the Swim Ireland offices at **+353 860247676** – please note that credit card payments can only be processed in Euro

Cheque/Postal Order:

Made payable to Swim Ireland

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

**Risks identified must be reported to either a Club or Meet Official
and formally reported to the facility operator.**

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. **General;**

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. **Starting;**

- i. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
- ii. In the event of a false start, swimmers should perform a safe entry and Not fall into the water.

3. **Warm-Up;**

- i. Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- v. On finishing a sprint immediately clear the way for the following swimmer(s).

4. **Around the Pool** (e.g. spectator area, foyer area, etc.)

- i. Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - swimmers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.