## **Christmas Cracker FUN Gala**

Sunday 18<sup>th</sup> December 2022 11am – 5pm National Aquatic Centre, Dublin

## **MEET CONDITIONS**

Should be read in conjunction with the General Meet Regulations

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Pool Specifications:	25m, 10 lane competition pool with wave-breaker lane ropes. There will be semi- automatic electronic timing in place. Diving blocks will be in place (at the start end of the pool only) which swimmers DO NOT have to use if they are not comfortable)						
Meet Type:	7-12 years of age. This competition is open to novice swimmers <b>ONLY</b> . (A novice is defined as never having won an individual medal in Open competition. An Open competition is one in which two or more clubs have competed and includes Regional/National Schools competitions.) <b>Times achieved at this gala cannot be used for entry into other competitions, as the emphases is on fun and participation.</b>						
Entry Limit:	Swimmers may enter up to four individual events & 2 relays Swimmers who are faster than the "Cut Off Times" in an event are not eligible to swim in that event but may swim in other events. Swimmers must be entered into individual events to participate in relays						
Entry Form:	Electronic Hy-tek entries are accepted via Hy-tek to the <b>Swim Ireland Office</b> at <a href="mailto:entries@swimireland.ie">entries@swimireland.ie</a> Paper entries can be available in exceptional circumstances where Hy-tek cannot used. Please contact us at <a href="mailto:entries@swimireland.ie">entries@swimireland.ie</a> if required						
Entry Deadline:	Friday 25 <sup>th</sup> November 2022 for ALL entries.  Payment for entries must be received by Friday 2 <sup>nd</sup> December 2022						
Entry Fees:	€15.00/£13.00 to cover up to four individual events. €20.00/£18.00 per relay. Parents & Coaches races are free to enter No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.  Please note that entries are non-refundable once the final date for payment has passed						
Events:	7 & 8 Year Olds – 50m in all four strokes, 9 & 10 year olds - 50m in all four strokes,						
	,						
Awards:	11 & 12 year olds – 50m in all four and 100m Individual Medley Relays – 7-9, and 10-12 4x25m FTR, 4x25m MTR, Cannon 6x25m FTR (1 Boy, 1 Girl from each age group). All events will be H.D.W. Age is as 31st. December 2022 Each swimmer will be given a participation medal. Top club will be awarded overall						
Awards:	Relays – 7-9, and 10-12 4x25m FTR, 4x25m MTR, Cannon 6x25m FTR (1 Boy, 1 Girl from each age group).						

We've put in a request to Santa to make a visit during the day to say hello to all our swimmers

SWIMMERS ARE NOT PERMITTED TO WEAR "SKINS".



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## **ORDER OF EVENTS**

	Session 1: warm up 10:00am to 10.45				Session 2: warm up TBC				
O	1	G 11/12	100m l.M.	12 B 11-12		100m I.M.			
•	2	B 7/8, 9/10, 11/12	/12 50m Butterfly		G 7/8, 9/10, 11/12	50m Butterfly			
Ó	3	G 7/8, 9/10, 11/12	50m Freestyle	14	B 7/8, 9/10, 11/12	50m Freestyle			
1	4	В 7-9	4x25m MTR	15	G 7-9	4x25m MTR			
	5	G 10-12	4x25m FTR	16	B 10-12	4x25m FTR			
	6	B 7/8, 9/10, 11/12	50m Breaststroke	17	G 7/8, 9/10, 11/12	50m Breaststroke			
Ì	7	G 7/8, 9/10, 11/12	50m Backstroke	18	B 7/8, 9/10, 11/12	50m Backstroke			
8	8	B 10-12	4x25m MTR	19	G 10-12	4x25m MTR			
y	9	G 7-9	4x25m FTR	20	B 7-9	4x25m FTR			
1	10	Parents 50m			Mixed	6x25m Canon Relay			
	11	Coaches 50m			-				

All ages will swim together, but points will be awarded in separate age groups Exact warm up times will be confirmed once all entries have been received.

## **CUT OFF STANDARDS**

Swimmers must be *slower* than the time to compete in the event

¥		Boys		Event		Girls		
_	7-8	9-10	11-12		7-8	9-10	11-12	
	2014/2013	2012/2011	2010/2009		2014/2013	2012/2011	2010/2009	
	49.50	43.00	36.50	50 Freestyle	50.50	44.00	37.50	
	<b>1</b> .08.00	55.50	44.00	50 Backstroke	1.08.00	55.50	45.50	
	1.13.50	1.01.00	48.50	50 Breaststroke	1.14.50	1.02.50	49.50	
	1.07.50	57.50	47.50	50 Butterfly	1.07.50	57.50	50.00	
	7 N/A	N/A	1.36.50	100 I.M.	N/A	N/A	1.43.00	

