



COOLMINE SC ANNUAL INVITATIONAL GALA 2023

Sunday 12 March 2023

Meet Licence Number: TBC

Dear Gala Secretary

I am delighted to send you this invitation to our Annual Gala on Sunday 12 March 2023. It is a Level 1 gala aimed at **novice** swimmers aged 7 up to 15 years with the emphasis on fun and gaining gala experience in a relaxed and friendly environment.

Our last gala was very popular and we had very large numbers of swimmers and supporters in attendance. To control the numbers for health and safety purposes we are issuing this invitation to a limited number of clubs. In addition, we are limiting the number of entries to a maximum of 5 per swimmer (excluding relays).

I would be grateful if you could reply as soon as possible to let me know if you do not intend to send a team this year so we can extend the invitation to other clubs. If you are sending a team, it would be great if you could give an indication of the number of swimmers you will enter.

Kind regards,

Janet Jacobs

Coolmine SC Gala Secretary



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- VENUE:** Coolmine Swimming Pool, Grove Road, Coolmine, Dublin 15
- FACILITIES:** 5 Lane 25m Competition Pool. A fully stocked coffee shop will be open during the gala. Tea, coffee, soft drinks, sandwiches and snacks available. Ample free parking.
- EVENTS:** 25 Free, 25 Back, 25 Breast, 25 Fly (9&Under ONLY)
50 Free, 50 Back, 50 Breast, 50 Fly.
100 IM
Relays: 4x50m Freestyle Boys & Girls (10 & Under; 11-12 and 13 & Over); 4x50m Medley (10 & Under; 11-12 and 13 & Over). **Swimmers may only swim in ONE relay age group.**
- ALL EVENTS HDW SEEDING:** In each group of events swimmers will be seeded according to their entry time. There will be a maximum entry for each event and clubs will be advised of any rejections.
- ENTRY TIMES:** Please provide estimated training times with entries where possible. Where no entry times (NT) have been submitted, swimmers will be placed in the first heats of the particular event.
- AGE GROUPS:** Age as of the 31 December 2023 determines your age group for this meet. Minimum age 7 years old maximum age 15 years old on 31 December 2023.
- CUT OFF TIMES:** No cut off times are in place. This is strictly a beginner's gala and there will be no timing pads in place. **Swimmers may enter a maximum of 5 events, excluding relays.** The organisers reserve the right to limit heats in any or all events to control the length of sessions. The times from this Level 1 gala cannot be used to qualify for a national event.
- AWARDS:** Participation awards will be presented to all competitors
- ENTRY FEES:** €8.00 for each individual event entered, €20.00 for each relay team entered.
- BANK DETAILS:** Coolmine Swim Club, Permanent TSB
BIC: IPBSIE2D IBAN: IE85IPBS99061180019810

Payment must be received by 15 March 2023.

Entries by Hy-Tek only to Janet Jacobs, Gala Secretary at: coolminegalasecretary@gmail.com. All enquiries by email to the same address.

CLOSING DATE for receipt of entries is Monday 27 February 2023.

Free scratches accepted up to 7pm Friday 10 March.

If the meet becomes oversubscribed, the organisers reserve the right to limit heats and entries to ensure the meet runs to its license conditions and time allocated. Clubs will be notified of any exclusions and changes as soon as all entries have been received.



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ORDER OF EVENTS

Session 1: Warm-up 08.00 Session Start 09.00

Event 1	Boys 50m Freestyle
Event 2	Girls 50m Freestyle
Event 3	U9 Boys 25m Freestyle
Event 4	U9 Girls 25m Freestyle
Event 5	Boys 50m Butterfly
Event 6	Girls 50m Butterfly
Event 7	U9 Boys 25m Butterfly
Event 8	U9 Girls 25m Butterfly
Event 9	Boys 100m Individual Medley
Event 10	Girls 10&Under 4x50m Medley Relay
Event 11	Boys 10&Under 4x50m Medley Relay
Event 12	Girls 11-12 4x50m Medley Relay
Event 13	Boys 11-12 4x50m Medley Relay
Event 14	Girls 13&Over 4x50m Medley Relay
Event 15	Boys 13&Over 4x50m Medley

Session 2: Warm-up 14.00 Session Start 15.00

Event 16	Girls 50m Backstroke
Event 17	Boys 50m Backstroke
Event 18	U9 Girls 25m Backstroke
Event 19	U9 Boys 25m Backstroke
Event 20	Girls 50m Breaststroke
Event 21	Boys 50m Breaststroke
Event 22	U9 Girls 25m Breaststroke
Event 23	U9 Boys 25m Breaststroke
Event 24	Girls 100m Individual Medley
Event 25	Boys 10&Under 4x50m Freestyle Relay
Event 26	Girls 10&Under 4x50m Freestyle Relay
Event 27	Boys 11-12 4x50m Freestyle Relay
Event 28	Girls 11-12 4x50m Freestyle Relay
Event 29	Boys 13&Over 4x50m Freestyle Relay
Event 30	Girls 13&Over 4x50m Freestyle Relay