



## ESB Annual Gala 29<sup>th</sup> – 30<sup>th</sup> April 2023

---

DATE: Saturday 29<sup>th</sup> – Sun 30<sup>th</sup> April 2023

TIME: Saturday Session 1 starts at 9:00am  
Session 2 starts at 2:00pm  
Sunday Session 3 starts at 9:00am  
Session 4 starts at 2:00pm

**Warm up starts 1 hour before each Session.**

VENUE: Sportsco, South Lotts Road, Ringsend, Dublin 4.

LICENCE NO.: XX-XX/XX-XXXX

ENTRIES TO: **Hy-Tek entries to Gala Secretary**  
esbswimmingclub@gmail.com

CLOSING DATE: **Wednesday 19<sup>th</sup> April 2023**

ENTRY FEES: Individual Entry - € 8 | Relay Teams - € 25

PAYMENT by EFT: Please pay Gala Fees by EFT to the details below:  
**IBAN:** IE28 AIBK 9310 1220 6760 47  
**BIC:** AIBKIE2D  
(Please annotate with your Club Name)

FACILITIES: 6 Lane 25 metre Swimming Pool, Electronic Timing,  
Spectators viewing area, catering facilities, car parking.

EVENTS: Boys & Girls 10 & Under: 50 Metres all Strokes, 100IM  
**(\*\*Minimum age for the meet is 9 years old\*\*)**

Boys & Girls 12 & Under: 50 Metres Free, 100 Metres all  
Strokes including IM, and 4 x 50m Freestyle & Medley  
Relays.

Boys & Girl 13 & Over: 100 Metres and 200 Metres in all  
strokes, 50 Metres Free, 200 IM, and the 4x50 Free &  
Medley Relays

Swimmers may only swim in their own age group with **the exception of 12 year old athletes who may swim the 200m events for time only.**



## ESB Annual 29<sup>th</sup> April – Sun 30<sup>th</sup> 2023

---

***This is a Level 3 Competition under the Swim Ireland regulations and therefore is targeted at more experienced swimmers. All Swimmers should be entered with appropriate entry times for each race.***

**AGE GROUPS:**

U/10, 11/12, 13/14, 15 & over.

*(Age will be as of 31<sup>st</sup> December 2023)*

**ENTRY:**

Entry is by Hy-Tek system. In the event of non- acceptance of any entry, the swimmer's fee for the particular event will be returned to their Club.

**RULES:**

The GALA will be run as a SWIM IRELAND Designated Gala, and under SWIM IRELAND & FINA rules. One Start rule will apply throughout.

**RESULTS:**

Clubs will receive results by email and they will be posted on the ESB website & Swim Leinster website.

**MEDALS:**

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each event.

**DRINKING BOTTLES:**

ESB Swimming Club wishes to implement a no 'single- use' plastic bottle rule. Please bring re-fillable bottle if possible

**PHOTOGRAPHY:**

All persons wishing to take photographs or videos **MUST** register with photo identification on arrival at the event and receive a wristband which must be worn at all times.

**DATA PROTECTION:**

ESB Swimming Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the GDPR and Data Protection Act 2018 to the holding of personal information on computer. Personal data (e.g. name, age, entered or achieved times) may be made public prior to, during or after the meet (e.g. programs, results, Meet Mobile, etc.)

**Any points not covered by these conditions  
will be at the discretion of the Gala Organiser.**

***(The Organisers of the Event reserve the right to limit entries)***

---



## ESB Annual 29<sup>th</sup> April – Sun 30<sup>th</sup> 2023

---

Saturday, April 29<sup>th</sup>

### Session #1

Session Start: 9:00am

- 1 Girls 12 & Under 100 Freestyle
- 2 Boys 12 & Under 100 Freestyle
- 3 Girls 10 & Under 50 Breaststroke
- 4 Boys 10 & Under 50 Breaststroke
- 5 Girls 12 & Under 100 Breaststroke
- 6 Boys 12 & Under 100 Breaststroke
- 7 Girls 10 & Under 100 IM
- 8 Boys 10 & Under 100 IM
- 9 Girls 12 & Under 100 IM
- 10 Boys 12 & Under 100 IM
- 11 Girls 10 & Under 50 Freestyle
- 12 Boys 10 & Under 50 Freestyle
- 13 Girls 12 & Under 200 Medley Relay
- 14 Boys 12 & Under 200 Medley Relay
- 15 Boys 12 & Under 100 Backstroke
- 16 Girls 12 & Under 100 Backstroke
- 17 Boys 10 & Under 50 Butterfly
- 18 Girls 10 & Under 50 Butterfly
- 19 Boys 12 & Under 50 Freestyle
- 20 Girls 12 & Under 50 Freestyle
- 21 Boys 10 & Under 50 Backstroke
- 22 Girls 10 & Under 50 Backstroke
- 23 Boys 12 & Under 100 Butterfly
- 24 Girls 12 & Under 100 Butterfly
- 25 Boys 12 & Under 200 Freestyle Relay
- 26 Girls 12 & Under 200 Freestyle Relay

### Session #2

Session Start: 2:00pm

- 27 Girls 13 & Over 200 Breaststroke
- 28 Boys 13 & Over 200 Breaststroke
- 29 Girls 13 & Over 100 Butterfly
- 30 Boys 13 & Over 100 Butterfly
- 31 Boys 13 & Over 100 Freestyle
- 32 Girls 13 & Over 100 Freestyle
- 33 Boys 13 & Over 200 Backstroke
- 34 Girls 13 & Over 200 Backstroke

Sunday, April 30<sup>th</sup>

### Session #3

Session Start: 9:00am

- 35 Girls 13 & Over 50 Freestyle
- 36 Boys 13 & Over 50 Freestyle
- 37 Girls 13 & Over 100 Backstroke
- 38 Boys 13 & Over 100 Backstroke
- 39 Girls 13 & Over 200 Freestyle
- 40 Boys 13 & Over 200 Freestyle
- 41 Girls 13 & Over 200 Medley Relay
- 42 Boys 13 & Over 200 Medley Relay

### Session #4

Session Start: 2:00pm

- 43 Boys 13 & Over 200 IM
- 44 Girls 13 & Over 200 IM
- 45 Boys 13 & Over 100 Breaststroke
- 46 Girls 13 & Over 100 Breaststroke
- 47 Boys 13 & Over 200 Butterfly
- 48 Girls 13 & Over 200 Butterfly
- 49 Boys 13 & Over 200 Freestyle Relay
- 50 Girls 13 & Over 200 Freestyle Relay