



23<sup>rd</sup> April 2023

Dear Club Secretary,

We are delighted to extend an invitation to your Club for our Level 3 LC Gala which will take place in the National Aquatic Centre on Sunday 28<sup>th</sup> of May 2023.

The paperwork and Hytek files for electronic entries are attached.

**Please note;**

- This is a Level 3 long course gala and aimed at experienced swimmers.
- **All entries must include a time. N/T will be rejected.**
- Max of four entries per swimmer, and two events per session.
- 50m Breaststroke, Backstroke and Butterfly are open to 15yr and over only.
- If there is availability in events after the closing date and all entries are received, further entries may be accepted.
- Closing date for entries is Monday 15<sup>th</sup> May.

Should you have any questions please contact me at  
[homegalasecretary@nacswwimclub.com](mailto:homegalasecretary@nacswwimclub.com)

If you do not intend sending a team to this event it would be appreciated if you could let me know ahead of the closing date so that an invitation may be extended to other clubs.

Looking forward to seeing you on the day!

Yours in swimming,

Mags Connelly  
Home Gala Secretary NAC Swim Club  
[homegalasecretary@nacswwimclub.com](mailto:homegalasecretary@nacswwimclub.com)



# **Invitational LC Gala 28<sup>th</sup> May 2023**

**Meet License #3L-22/23-L015**

## **Meet Information**

**VENUE:** National Aquatic Centre, Abbotstown, Blanchardstown, Dublin 15

**FACILITIES:** 10 Lane 50m Competition Pool  
No cool down facilities available  
2000 Spectator Accommodation

**DATE:** Sunday 28<sup>th</sup> May 2023

**SESSIONS:** Session 1 - Warm Up 7:15am      Start 8:30am  
Session 2 - Warm up 1:30pm      Start 2:30pm

**Warm up times may be subject to change based on entry levels. All clubs will be notified in advance.**

**AGE GROUP:** 10yrs & under, 11-12yrs, 13-14yrs, 15-16yrs, and 17yrs+  
Age as 31/12/2023 determines age group for this meet.

**EVENTS:** 50m, 100m, 200m Freestyle, Breaststroke, Backstroke & Butterfly  
200m IM and 400m Freestyle

**CLOSING DATE:** **Latest date for receipt of entries is 15<sup>th</sup> May 2023**  
Entries open to members of affiliated Swim Ireland Clubs, a current SI registration number must be included with all entries.



**ENTRY TIMES:** All swimmers must submit a time per event. Events will be seeded based on times submitted.

**MEDALS:** All events will be heat declared winners.

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each of the stated age groups.

**ENTRY FEES:** €8.00 for each individual event entered.

Payment By Bank Transfer to:  
NAC Swim Club, AIB  
AIBKIE2D IE20AIBK93251595935088

**The Organisers of the Event reserve the right to limit entries.**

**SCRATCHES:** Scratches received before midnight on 25<sup>th</sup> May 2023 will not be charged, however payment will be due for any scratches received after that date.

**ENTRY ADDRESS:** Entries by Hy-tec only to [homegalasecretary@nacswimclub.com](mailto:homegalasecretary@nacswimclub.com) by **15<sup>th</sup> May 2023.**

**QUERIES:** By email to [homegalasecretary@nacswimclub.com](mailto:homegalasecretary@nacswimclub.com)

**DATA PROTECTION:**

NAC Swim Club uses a computer to manage entries and results. By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g., programs, results, Meet Mobile, etc).

➤ Any points not covered by the above will be at the discretion of the Gala Organisers.

➤ The decision of the Gala Organisers will be final.



**Warm up times may be subject to change based on entry levels. All clubs will be notified in advance.**

**Session 1: Warm Up 7:15am, Start 08:30am**

Event 1	400m	Freestyle	Male	(3 heats only)
Event 2	200m	Freestyle	Female	
Event 3	200m	Freestyle	Male	
Event 4	100m	Breaststroke	Female	
Event 5	100m	Breaststroke	Male	
Event 6	200m	Backstroke	Female	
Event 7	200m	Backstroke	Male	
Event 8	50m	Freestyle	Female	(11yrs & over)
Event 9	50m	Freestyle	Male	(11yrs & over)
Event 10	100m	Butterfly	Female	
Event 11	100m	Butterfly	Male	
Event 12	50m	Backstroke	Female	(15yrs & over)
Event 13	50m	Backstroke	Male	(15yrs & over)

**Session 2: Warm Up 1.30pm, Start 2.30pm**

Event 14	400m	Freestyle	Female	(3 heats only)
Event 15	200m	IM	Male	
Event 16	200m	IM	Female	
Event 17	100m	Freestyle	Male	
Event 18	100m	Freestyle	Female	
Event 19	50m	Breaststroke	Male	(15yrs & over)
Event 20	50m	Breaststroke	Female	(15yrs & over)
Event 21	100m	Backstroke	Male	
Event 22	100m	Backstroke	Female	
Event 23	50m	Butterfly	Male	(15yrs & over)
Event 24	50m	Butterfly	Female	(15yrs & over)
Event 25	200m	Breaststroke	Male	
Event 26	200m	Breaststroke	Female	
Event 27	200m	Butterfly	Male	
Event 28	200m	Butterfly	Female	