Session 1 - Saturday Morning	Session 2 - Saturday Afternoon	Session 3 - Sunday Morning	Session 4 - Sunday afternoon
Warm Up 7.45	Warm up 2pm	Warm Up 7.45	Warm up 2pm
BOYS 7.45 to 8.15AM	BOYS 14:00 to 14.25PM	GIRLS 7.45 to 8.15AM	GIRLS 14:00 to 14.25PM
GIRLS 8.15 to 8.45AM	GIRLS 14.25 to 14.50PM	BOYS 8.15 to 8.45AM	BOYS 14.25 to 14.50PM