

# 2023 Irish Winter National Championships (25m)

14<sup>th</sup> - 16<sup>th</sup> December 2023, Dublin - Programme of Events



Day 1 Thursday 14 <sup>th</sup> December 2023	Day 2 Friday 15 <sup>th</sup> December 2023	Day 3 Saturday 16 <sup>th</sup> December 2023
<b>Session 1 Heats</b> Male Warm Up xxx ; Female Warm Up xxx Start xxx	<b>Session 3 Heats</b> Female Warm Up xxx ; Male Warm Up xxx Start xxx	<b>Session 5 Heats</b> Male Warm Up xxx ; Female Warm Up xxx Start xxx
Male 50m Backstroke Female 50m Backstroke Male 100m Breaststroke Female 100m Breaststroke Male 100m Freestyle Female 100m Freestyle Male 200m Butterfly Female 200m Butterfly Male 200m IM Female 200m IM Mixed 800m Freestyle HDW Male 200m Freestyle Relay HDW Female 200m Freestyle Relay HDW	Mixed 200m Medley Relay HDW Female 100m Backstroke Male 100m Backstroke Female 400m IM Male 400m IM Female 50m Butterfly Male 50m Butterfly Female 200m Freestyle Male 200m Freestyle Female 200m Breaststroke Male 200m Breaststroke Mixed 1500m Freestyle HDW Mixed 200m Freestyle Relay HDW	Male 200m Backstroke Female 200m Backstroke Male 50m Freestyle Female 50m Freestyle Male 50m Breaststroke Female 50m Breaststroke Male 100m Butterfly Female 100m Butterfly Male 100m IM Female 100m IM Male 400m Freestyle Female 400m Freestyle Male 200m Medley Relay HDW Female 200m Medley Relay HDW
<b>Session 2 Finals</b> Male Warm Up xxx ; Female Warm Up xxx Start xxx	<b>Session 4 Finals</b> Female Warm Up xxx ; Male Warm Up xxx Start xxx	<b>Session 6 Finals</b> Female Warm Up xxx ; Male Warm Up xxx Start xxx
Male 50m Backstroke A Final Female 50m Backstroke A Final Male 800m Freestyle Fastest Heat Female 800m Freestyle Fastest Heat Male 100m Breaststroke C, B & A Finals Female 100m Breaststroke C, B & A Finals Male 100m Freestyle C, B & A Finals Female 100m Freestyle C, B & A Finals Male 200m Butterfly C, B & A Finals Female 200m Butterfly C, B & A Finals Male 200m IM C, B & A Finals Female 200m IM C, B & A Finals	Female 100m Backstroke C, B & A Finals Male 100m Backstroke C, B & A Finals Female 1500m Freestyle Fastest Heat Male 1500m Freestyle Fastest Heat Female 50m Butterfly A Final Male 50m Butterfly A Final Female 200m Freestyle C, B & A Finals Male 200m Freestyle C, B & A Finals Female 200m Breaststroke C, B & A Finals Male 200m Breaststroke C, B & A Finals Female 400m IM C, B & A Finals Male 400m IM C, B & A Finals	Male 200m Backstroke C, B & A Finals Female 200m Backstroke C, B & A Finals Male 50m Freestyle C, B & A Finals Female 50m Freestyle C, B & A Finals Male 50m Breaststroke A Final Female 50m Breaststroke A Final Male 100m Butterfly C, B & A Finals Female 100m Butterfly C, B & A Finals Male 100m IM A Final Female 100m IM A Final Male 400m Freestyle C, B & A Finals Female 400m Freestyle C, B & A Finals

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### Notes

- **A Finals** – Fastest 10 athletes from the heats (all ages, maximum of three non-Irish athletes within the final)
- **B Finals** – Fastest 10 athletes (Male 22 years & under & Female 22 years & under) that have not qualified for the A Final (maximum of three non-Irish athletes within the final)
- **C Finals** – Fastest 10 athletes (Male 18 years & under & Female 18 years & under) that have not qualified for the A Final or the B Final (maximum of three non-Irish athletes within the final)
- **Awards** - Male & Female Open (Irish & Commemorative) and Male & Female 18 years & under (Irish only)
- **Open Awards** – Other than in HDW events, times achieved in A Finals only will be considered in the awarding of Open medals
- **Junior Awards** – Awarded to Male & Female 18 years & under. Times achieved in A Finals supersede times achieved in B Finals; times achieved in B Finals supersede times achieved in C Finals; and times achieved in C Finals supersede times achieved in the Heats in the awarding of Junior medals
- **Relays** - A maximum of two relay teams ('A' and 'B') can be entered per club per relay event
- **Top Club Points Scores** - The Top Club award will be presented to the highest scoring club using the Hytek Quality Club scoring method which ranks teams by the average score of each athlete. Each club will have a minimum team size of (TBC) and a maximum of (TBC) scoring athletes per individual event and one scoring relay per relay event