



11-12 NOV 2023

LEINSTER SHORT COURSE CHAMPIONSHIPS

ROLE	Session Time (APROX)	Team Manager	Roles / Volunteers	Briefing Time
SATURDAY MORNING DAY 1: SESSION 1	9 am - 12 pm	Ciara McNaughten	Set UP/DOWN : Julie Morgan TJ5 - Emer (Alannah)	8:30 am
SATURDAY AFTERNOON DAY 1: SESSION 2	1:30 pm - 4:00 pm	Roisin & Cecily	TK1 - Anne Lee & Olesea Iordan TJ5 - Agnieska (Teresa)	1:00 pm
SATURDAY EVENING DAY 1: SESSION 3	6 pm - 7 pm	Christabel OLB	TK0 - Maeve Ward TJ4 - Brian Cullinan	5:30 pm
SUNDAY MORNING DAY 2 : SESSION 4	9 am - 12 pm	Maeve Swindel	TK6 - Sean McNughten & Ian Forrestal TJ3 - Joanna (Elena)	8:30 am
SUNDAY AFTERNOON DAY 2 : SESSION 5	1:30 pm - 4:00 pm	Maeve Ward	TK1 -Seamus McSweeney TJ4 - Edel Butler	1:00 pm
SUNDAY EVENING DAY 2 : SESSION 6	6 pm - 7 pm	Maria Charpentier	MEDALS -Osvaldo Cascante TK0 - Patrick Nolan TJ2 - Conor McGrath	5:30 pm

VOLUNTEERS - MEDALS, TIME KEEPERS & TURN JUDGES

1. ARRIVE ON TIME - at least 45 mins before the session starts
2. Let the TEAM MANAGER know you are there
3. SIGN IN at the recorders DESK on Pool Deck - look for the clip board and sign on your **allocated role/session** (will say COOLMINE)
4. Attend the **BRIEFING** - 30 Minutes before the session, takes place at MARSHALING ROOM at Pool Deck.
All to attend the briefing no matter what slot in the session you are covering.
5. Wear COMFORTABLE clothes -Officials are requested to wear **WHITE SHIRT and BLACK PANTS**. FOOTWEAR must be clean (or wear blue covers, available at pool entrance) : clean runners, crocs or flip flops. Remember you are at a wet area.
6. No PHONES or CAMERAS on DECK.
7. Bring WATER with you - as it get very warm and you will not be able to leave your spot.
8. ALWAYS check the SWIMMERS name
9. REMEMBER the SWIMMER might be very nervous - be gentle.
10. More information can be obtained at the ONLINE - JUST GO website : e-Courses for TIMEKEEPING - Officials