



- Swimmers must be correctly withdrawn from finals within **30mins** of the results being announced.
- Withdrawals must be made by a **Team Manager or Coach** and must be in writing and handed to the Technical Delegate on deck.
- **Fines will be imposed on clubs where swimmers are NS.**
- Line up for finals is strictly **3** heats before the heat YOU are scheduled for.

- Swimmers **MUST take the seat and not move out to the blocks** until instructed to do so by the line up Marshals.
- Swimmers not present within **2 heats of their event ( 2<sup>nd</sup> row of chairs)** will forfeit their place to the reserve swimmer.
- Once a place has been allocated to a reserve swimmer it will not be revoked.
- **Back-to-Back event** swimmers may check in for both swims, **BUT MUST** present themselves to the final row of chairs. They cannot go straight to the block form their first final / warm up pool for their second event.

Source: Caroline Bentley, Competitions Officer Swim Ireland