

# City of Glasgow Swimming Club

## Squad Outline



### 2MIW TEAM

The City of Glasgow Swim Team are passionate and committed to developing our swimmers both emotionally and physically throughout their swimming journey. We aim to coach our swimmers to embrace a strong work-ethic, commitment, self-motivation and to install a lifelong love for the sport of swimming.

Our Coaching and development programs are designed to ensure our swimmers can achieve as much possible as they progress through the swimming pathway. We welcome swimmers of all levels, abilities and ages from learn to swim graduates through to Masters swimming. We have a place in our club for swimmers who wish to swim competitively or just for fitness.

Our squad structure has been developed to ensure that all swimmers reach their full potential whilst nurturing their love of swimming

Please select the squad below for more information

[Foundation / Junior Squads](#)

[Development Squads](#)

[Age Group Squads](#)

[Performance Squads](#)

[Masters / Youth Squads](#)