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**2016 City of Derry Masters Swimming Gala**

**30th January at the City Baths**

**William Street**

**Derry**

**Please find attached the information for our Gala.**

**The skins event proved very popular so will be kept in the programme for this year.**

**The top 5 male and females in the 50m free event will be invited to take part in swim offs until only 1 swimmer is left. A cash prize of £60.00 will be awarded on the day to the winners, one male and one female.**

**As usual the prize money will be £60.00 for breaking an already existing Irish record with the number of prizes for records capped at 3 per individual. Swimmers must be registered with SI and the records will have to be ratified by the recorder for SI and SU and the other regions. It is up to the swimmers to claim their records.**

**The evening function is at the Maldron Hotel. Our evening entertainment will be provided by yourselves in the form of the back to back. I hope more teams take part this year, it’s just a bit of craic and you might even win a few pound!! This is followed by music and dancing. A buffet style meal will be served.**

**Entries can be sent by post or email. Payment can be accepted on the day.**

**Email entries to** **jowen\_1@yahoo.co.uk** **and** **mcaneelinda@gmail.com** **or post to Linda McAnee, 10 High Park, Derry, BT48 9SW. Closing date for entries is Friday 15th January 2016.**

**If anyone has any questions, please contact me by email.**

**Looking forward to seeing you.**

**Linda**

**Meet information**

**Age is on 31st December 2016**

**Sessions** Session 1 – Warm up 10.00am Start 10.30am

 Session 2 – Warm up 1.30pm Start 2.00pm

**Age Groups** 19 – 24yrs, 25 – 29yrs, 30 – 34yrs, 35 – 39yrs, 40 – 44yrs, 45 – 49yrs, 50 – 54yrs, 55 – 59yrs, 60 – 64yrs, 65 – 69yrs & 70+

**Event** All events are heat declared winners in each age group.

**Records** If swimmers are attempting to break a record, they must ask for a 3rd watch to be put on their lane. If a third time is not recorded, a claim cannot be made.

**Skins Please see the rules for the skins events.**

**Order of Events**

1. **Mens 200m Freestyle**
2. **Womens 200m Freestyle**
3. **Mens 100m Backstroke**
4. **Womens 100m Backstroke**
5. **Mens 50m Freestyle**
6. **Womens50m Freestyle**
7. **Mens 50m Butterfly**
8. **Womens50m Butterfly**
9. **Mens25m Freestyle**
10. **Womens25m Freestyle**
11. **Mens 50m Breaststroke**
12. **Womens 50m Breaststroke**
13. **Mens 100m Individual Medley**
14. **Womens 100m Individual Medley**
15. **Mens 4 x 50m 120-159yrs Medley Relay**
16. **Womens 4 x 50m 120-159yrs Medley Relay**
17. **Mens 4 x 50m 160-199yrs Medley Relay**
18. **Womens 4 x 50m 160–199yrs Medley Relay**

**LUNCH**

1. **Skins finals – alternating men and women**
2. **Mens 100m Breaststroke**
3. **Womens 100m Breaststroke**
4. **Mens 50m Backstroke**
5. **Womens 50m Backstroke**
6. **Mens 100m Freestyle**
7. **Womens 100m Freestyle**
8. **Mens 100m Butterfly**
9. **Womens 100m Butterfly**
10. **Mens 200 Individual Medley**
11. **Womens 200m Individual Medley**
12. **Mens 4 x 50m 120-159yrs Freestyle Relay**
13. **Womens 4 x 50m 120-159yrs Freestyle Relay**
14. **Mens 4 x 50m 160-199yrs Freestyle Relay**
15. **Womens 4 x 50m 160-199yrs Freestyle Relay**
16. **Mixed relay (2 men and 2 women) 4 x 50m Freestyle relay**

**INDIVIDUAL ENTRY FORM**

|  |  |  |
| --- | --- | --- |
| Surname | First Name | Title |
| Date of Birth | Age (31st Dec) | Male/Female |
| Club | SI Number | Phone Number |
| Email: |

**SATURDAY 30th6 JANUARY 2016 WARM UP 10.00AM START 10.30AM**

|  |  |  |
| --- | --- | --- |
| Event Number | Event | Time |
| 1. Mens
 | 200 Free |  |
| 1. Womens
 | 200 Free |  |
| 1. Mens
 | 100m Backstroke |  |
| 1. Womens
 | 100m Backstroke |  |
| 1. Mens
 | 50m Freestyle |  |
| 1. Womens
 | 50m Freestyle |  |
| 1. Mens
 | 50m Butterfly |  |
| 1. Womens
 | 50m Butterfly |  |
| 1. Mens
 | Mens 25m Free |  |
| 1. Womens
 | Womens 25m Free |  |
| 1. Mens
 | 50m Breaststroke |  |
| 1. Womens
 | 50m Breaststroke  |  |
| 1. Mens
 | 100m Individual Medley |  |
| 1. Womens
 | 100m Individual Medley |  |
| **Session 2** | **Warm up 1.30PM** | **Start 2.00PM** |
|  19. Mens/Womens | Skins Finals | Alternate men and women |
|  20. Mens | 100m Breaststroke |  |
|  21. Womens | 100m Breaststroke |  |
|  22. Mens | 50m Backstroke |  |
|  23. Womens | 50m Backstroke |  |
|  24. Mens | 100m Freestyle |  |
|  25. Womens | 100m Freestyle |  |
|  26. Mens | 100m Butterfly |  |
|  27. Womens | 100m Butterfly |  |
|  28. Mens | 200m Individual Medley |  |
|  29. Womens | 200m Individual Medley |  |
|   |  |  |
|   |  |  |

Relay Entry Form

|  |  |
| --- | --- |
| Event Number | EventMens 4 x 50m Medley Relay |
| Name of Relay |  |
| Age Group | 120-159 | 160-199 |
| Number of Teams |  |  |

|  |  |
| --- | --- |
| Event Number | EventWomens 4 x 50m Medley Relay |
| Name of Relay |  |
| Age Group | 120-159 | 160-199 |
| Number of Teams |  |  |

|  |  |
| --- | --- |
| Event Number | EventMens 4 x 50m Free Relay |
| Name of Relay |  |
| Age Group | 120-159 | 160-199 |
| Number of Teams |  |  |

|  |  |
| --- | --- |
| Event Number | EventWomens 4 x 50m Free Relay |
| Name of Relay |  |
| Age Group | 120-159 | 160-199 |
| Number of Teams |  |  |

|  |  |
| --- | --- |
| Event Number | EventMixed Relay 2 men 2 women |
| Name of Relay |  |
| Number of Teams |  |

Summary Sheet

|  |
| --- |
| Club Name  |

|  |  |  |
| --- | --- | --- |
| Number of Individual Entries | @£4.00 per event | Total £ |
| Number of Relays | @£10.00 per team | Total £ |
| Number for Dinner Dance | @£20.00 per head | Total £ |

Enclosed is a cheque for £

Name

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Club Position

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Address

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Telephone

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Email

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With regard to the Evening function, could you please let me know if you are attending. Payment can be made on the day but we need numbers for the hotel catering.

**SKINS EVENT**

 1. This ‘Skins Event’ will be a continuous competition commencing with 5 competitors and over a continuous series of races over a distance of 50m. One or more competitors to be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 3 minutes from the start of the previous race. Each race will start with regulation start.

2. Skins competitions will be held for the top 5 men and women finishers in the 50m free event. If swimmers do not wish to compete in this event please inform the

3. The Prizes for each event will be: 1st - £50 male and female.

4. Lanes will be allocated on the basis of ‘spearheading’ in accordance with the finishing times in the 50m free event. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race. The remaining two swimmers will occupy lanes 3 and 4 for the last race.

5. The stroke for each individual race is freestyle

6. Rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous Start

7. In all races swimmers are required to comply with the FINA Swimming Rules regarding Stroke and Finish conditions – failure to do so will lead to elimination by disqualification.

8. The slowest competitor in each round shall be eliminated – unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.

 9. Apart from the first round, times achieved by swimmers are not to be used for any other purpose. Determination of the slowest swimmer will be by the Referee using manual Finish Judges, in accordance with FINA Swimming Rules governing placing.

10. In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer all affected swimmers are eliminated.

11. Should for any reason the competition has to be halted before its conclusion it shall restart with a re-swim of the round halted, or subsequent round if halted following the correct completion of a round. The Start of the recommencement of the competition will be in accordance with the FINA Swimming Rules of the relevant stroke.

 12. In the case of a dead heat in the final race, it will be re-swum as an additional round in accordance with the Event conditions. Determination of the result following a subsequent dead heat maybe determined by any means agreed by the affected swimmers either a toss of a coin or share the prize money.