



ULSTER MASTERS CHAMPIONSHIPS APRIL 2016

Meet Information

Meet	Date	Venue	Closing date for Entries / Payment
Ulster Masters Championships	17 th April 2016	Newry Swimming Pool	21 st March 2016 (Paper entries) 25 th March 2016 (Hytek entries)

Events : All events will be run as Heat Declared Winner events. Swimmers will be seeded according to their entry times but results will be categorised into their age groups. All individual events will be Mixed events but results posted will be as Male and Female with the exception of the Mixed Relay.

***Event 22 – Mixed 1500m Freestyle will be limited to 2 heats – entries will be accepted on a First Come First Served basis – we cannot accept NTs for this event.**

Individual Events Age Groups : The Ulster Masters Championships are open to any Masters Swimmer who is 19 or over on 31st December 2016. This is in line with our general Meet Conditions
19-24 yrs, 25-29 yrs, 30-34 yrs, 35-39 yrs, 40-44 yrs, 45-49 yrs, 50-54 yrs, 55-59 yrs, 60-64 yrs, 65-69 yrs, 70-74 yrs, 75-79 yrs, 80 yrs and older

Relay Events Age Groups : The accumulative age of all 4 swimmers must exceed the minimum indicated below - 76-99 yrs, 100-119 yrs, 120-159 yrs, 160-199 yrs etc – and upwards in 40 year intervals

Mixed relays must be 2 males, 2 females

Officials : Swim Ulster will organise Officials to cover Referee / Starter / Stroke Judge / Turn Judge / Hy-tek Timing Official. As arranged with the Masters Committee and Swim Ulster, Newry Swimming Club will be providing time-keepers for this gala.

Awards : Medals will be awarded to 3 fastest individuals / teams in each age group

Entries : All entries must include a time (for seeding purposes) and an individual registration number issued by Swim Ireland or another recognised swimming federation

****If possible, please use the Hytek system for entries**

No entries will be accepted after the closing date, or on the day of competition.

£5.00 / €6.50 per individual event
£10 / €13 per relay team

Entries to be sent to :
Swim Ulster
3 Valentine Road
Bangor
BT20 4TH
admin@swimulster.net 02891877579



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Programme of Events

Sunday AM	
Event number	Mixed Warm up 9.15am Start 10am
1	Mixed 100 Individual Medley
2	Mixed 200 Freestyle
3	Mixed 100 Breaststroke
4	Mixed 50 Backstroke
5	Mixed 100 Butterfly
6	Mixed 50 Freestyle
7	Mixed 200 Breaststroke
8	Mixed 100 Backstroke
9	Mixed 25 Freestyle
10	Mixed 25 Backstroke
11	Mixed 4 x 50 Medley Team Relay (2 Males, 2 Females)

Sunday PM	
Event number	Mixed Warm up 12.45pm Start 1.30pm
12	Mixed 25 Breaststroke
13	Mixed 200 Butterfly
14	Mixed 400 Freestyle
15	Mixed 25 Butterfly
16	Mixed 200 Backstroke
17	Mixed 50 Breaststroke
18	Mixed 100 Freestyle
19	Mixed 50 Butterfly
20	Men's 4 x 50 Freestyle Team Relay
21	Women's 4 x 50 Freestyle Team Relay
22	* Mixed 1500 Freestyle