

City of Southampton SC Christmas Open Meet

18th December 2022

All entry times should be short course times (long course conversions are allowed)

Meet Upper Time Limits (Swimmers must be slower than these times). Time trials may be allowed.

Upper Limit Times ULTs (Short Course)

BOYS	Age 9	Age 10	Age 11	Age 12	Age 13	Age 14	AGE 15+
50m Free	30.00	29.00	28.50	27.00	25.40	24.50	23.00
100m Free	1:04.00	1:02.00	1:01.50	58.00	55.00	53.50	51.00
200m Free	2:23.00	2:15.00	2:10.00	2:07.10	2:02.00	1:57.00	1:52.50
50m Breast	39.00	38.00	35.00	34.00	32.00	30.00	29.00
100m Breast	1:23.00	1:20.00	1:18.00	1:14.00	1:12.40	1:07.70	1:04.00
50m Fly	33.00	32.50	31.40	29.50	28.00	27.00	25.20
100m Fly	1:17.00	1:15.00	1:11.00	1:05.20	1:02.40	59.00	56.00
50m Back	35.00	34.50	33.00	30.90	29.80	28.90	27.00
100m Back	1:16.00	1:13.00	1:09.50	1:06.20	1:01.90	1:00.30	56.00
200m IM	2:40.00	2:35.50	2:30.00	2:25.00	2:20.00	2:12.00	2:08.50

Upper Limit Times ULTs (Short Course)

GIRLS	Age 9	Age 10	Age 11	Age 12	Age 13	Age 14	AGE 15+
50m Free	30.50	30.00	29.10	28.00	27.50	27.10	26.00
100m Free	1:04.00	1:03.20	1:02.00	1:01.00	59.20	58.00	57.00
200m Free	2:18.00	2:16.50	2:13.50	2:10.00	2:07.00	2:05.00	2:02.50
50m Breast	39.50	37.50	36.00	35.00	33.50	32.00	31.00
100m Breast	1:25.00	1:22.00	1:20.00	1:18.00	1:15.00	1:13.00	1:10.50
50m Fly	33.00	32.00	31.00	30.00	29.00	28.00	27.00
100m Fly	1:17.50	1:15.00	1:11.50	1:07.00	1:05.10	1:04.00	1:02.00
50m Back	35.40	34.50	33.50	32.00	31.00	30.50	29.60
100m Back	1:15.00	1:13.00	1:10.00	1:08.00	1:05.70	1:04.80	1:03.00
200m IM	2:35.00	2:30.00	2:28.00	2:25.00	2:23.00	2:21.00	2:19.00