Deben Open Meet 2019

Qualifying Times (not faster than)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **GIRLS** |  |  |  |  |  |  |  |
| Stroke | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
| Free 50 | 30.00 | 29.00 | 27.00 | 26.50 | 26.00 | 25.70 | 24.80 |
| Free 100 | 1:05.00 | 1:04.00 | 1:01.00 | 57.00 | 55.00 | 54.00 | 53.00 |
| Free 200 | 2:24.00 | 2:12.00 | 2:05.00 | 2:04.00 | 2:03.00 | 1:59.00 | 1:56.00 |
| Free 400 | 5:00.00 | 4:45.00 | 4:30.00 | 4:25.00 | 4:20.00 | 4:15.00 | 4:05.00 |
| Back 50 | 35.00 | 32.00 | 31.00 | 30.00 | 29.00 | 28.50 | 27.50 |
| Back 100 | 1:14.00 | 1.10.00 | 1:05.00 | 1:02.00 | 1:01.00 | 1:00.50  | 59.50 |
| Back 200 | 2:35.00 | 2:30.00 | 2:25.00 | 2:16.00 | 2:12.00 | 2:08.00 | 2:05.00 |
| Breast 50 | 40.00 | 37.50 | 35.00 | 34.50 | 33.50 | 32.80 | 31.00 |
| Breast 100 | 1:27.00 | 1:21.00 | 1:17.00 | 1:15.00 | 1:13.00 | 1:11.00 | 1:09.00 |
| Breast 200 | 3:10.00 | 2.51.00 | 2.45.00 | 2:41.00 | 2:37.00 | 2:34.00 | 2:30.00 |
| Fly 50 | 34.00 | 31.00 | 30.00 | 29.00 | 28.50 | 27.55 | 27.00 |
| Fly 100 | 1:15.00 | 1:12.00 | 1:08.00 | 1:04.00 | 1:02.80 | 1:00.50 | 59.00 |
| Fly 200 | 2:50.00 | 2:38.00 | 2:30.00 | 2:24.00 | 2:21.00 | 2:18.50 | 2:14.00 |
| 100 IM | 1:15.00 | 1:12.00 | 1:09.00 | 1:07.00 | 1:05.00 | 1:04.50 | 1:02.00 |
| 200 IM | 2:42.00 | 2:31.00 | 2:24.00 | 2:21.00 | 2:18.00 | 2:16.00 | 2:12.00 |
| 400 IM | 5:30.00 | 5:30.00 | 5:08.00 | 4:45.00 | 4:43.00 | 4:40.50 | 4:30.00 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** |  |  |  |  |  |  |  |
| Stroke | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
| Free 50 | 30.00 | 29.00 | 27.00 | 25.00 | 24.00 | 23.50 | 23.00 |
| Free 100 | 1:05.00 | 1:04.00 | 58.50 | 54.50 | 52.00 | 51.00 | 50.00 |
| Free 200 | 2:24.00 | 2:12.00 | 2:05.00 | 1:57.00 | 1:55.00 | 1:51.00 | 1:44.00 |
| Free 400 | 5:00.00 | 4:45.00 | 4:20.00 | 4:00.00 | 3:57.00 | 3:55.00 | 3:50.00 |
| Back 50 | 35.00 | 32.00 | 31.00 | 28.00 | 27.00 | 26.00 | 25.50 |
| Back 100 | 1:14.00 | 1.10.00 | 1:05.00 | 58.00 | 57.00 | 56.00 | 55.50 |
| Back 200 | 2:35.00 | 2:30.00 | 2:15.00 | 2:06.00 | 2:04.00 | 2:03.00 | 2:00.00 |
| Breast 50 | 40.00 | 37.50 | 35.00 | 31.00 | 30.00 | 29.00 | 28.00 |
| Breast 100 | 1:27.00 | 1:21.00 | 1:17.00 | 1:06.00 | 1:05.00 | 1:04.00 | 1:03.00 |
| Breast 200 | 3:10.00 | 2.51.00 | 2.40.00 | 2:22.00 | 2:20.00 | 2:17.00 | 2:16.00 |
| Fly 50 | 34.00 | 31.00 | 29.00 | 27.00 | 25.60 | 25.50 | 25.00 |
| Fly 100 | 1:15.00 | 1:12.00 | 1:05.00 | 1:00.00 | 57.00 | 55.00 | 54.00 |
| Fly 200 | 2:50.00 | 2:38.00 | 2:32.00 | 2:13.00 | 2:09.00 | 2:06.00 | 2:03.00 |
| 100 IM | 1:15.00 | 1:12.00 | 1:06.00 | 1:02.00 | 1:00.00 | 58.50 | 57.00 |
| 200 IM | 2:42.00 | 2:31.00 | 2:20.00 | 2:11.00 | 2:07.00 | 2:04.00 | 2:02.00 |
| 400 IM  | 5:10.00 | 5:10.00 | 4:55.00 | 4:30.00 | 4:31.00 | 4:15.50 | 4:10.00 |

Notes: Age is as at 10th November 2019. Times submitted should be for the events entered and be personal best times achieved most recently prior to submitting the entry forms and within the last 12 months. Refer to the Promoters conditions for acceptance or rejection of competitor entries.