

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Medal Count****Combined: Men + Women**

Team	Gold	Silver	Bronze	Total
Deben Swimming Club	44	52	28	124
Norwich Swan Swimming Club	44	29	22	95
Stowmarket Swimming Club	43	40	42	125
Team Waveney Swimming Club	30	21	19	70
St Felix School SC (Southwold)	28	20	10	58
Borough of Southend Swimming	25	20	21	66
Newmarket & District Swimming	7	9	16	32
Leiston & District Swimming Cl	6	7	8	21
Hadleigh Swimming Club	4	6	3	13
Felixstowe Swimming Club	1	0	0	1