

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 101 Girls 9 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Bazely, Isabelle G	9	Chelmsford	1:24.46	1:20.48	
2 Ansell, Abigail	9	Borough of Southend SC	2:00.00	1:36.86	
3 Butt, Emilia	9	Deben Swimming Club-EA	NT	1:38.73	
4 Barry, Sophie	9	Borough of Southend SC	1:58.00	1:46.51	

Event 101 Girls 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Wicks, Olivia	10	Norwich Swan Swimming Club-EA	1:35.17	1:20.49	
2 Ripton, Charlotte L	10	Chelmsford	1:28.32	1:24.63	
3 Knight, Sophie	10	Hadleigh Swimming Club	1:33.12	1:25.45	
4 Whittle, Elicia	10	Chelmsford	NT	1:29.05	
5 Townend, Harriet	10	Stowmarket Swimming Club-EA	1:48.58	1:32.31	
6 Rigby, Abigail	10	Hadleigh Swimming Club	NT	1:32.51	
7 Millen, Caitlin	10	Stowmarket Swimming Club-EA	1:47.35	1:35.55	
8 Snowden, Nellie	10	Deben Swimming Club-EA	NT	1:35.75	
9 Sedgwick, Harriet P	10	Chelmsford	1:51.40	1:37.50	
10 Smith, Matilda	10	Team Waveney Swimming Club	1:40.00	1:41.58	
11 Dawson, Mia R	10	Chelmsford	2:04.04	1:51.48	

Event 101 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Sims, Ava	11	Chelmsford	1:21.49	1:14.31	
2 Pert, Elizabeth M	11	Norwich Swan Swimming Club-EA	1:24.01	1:14.42	
3 Jasper, Olivia C	11	Chelmsford	1:16.66	1:16.15	
4 Pugh, Jessica Lilly	11	Norwich Swan Swimming Club-EA	1:19.91	1:16.99	
5 Edwards, Mia	11	Norwich Swan Swimming Club-EA	1:28.91	1:20.65	
6 Mbili, Taitiana	11	Borough of Southend SC	1:22.78	1:21.21	
7 Moss, Lillie	11	Borough of Southend SC	2:00.00	1:25.60	
8 Walker, Lucy A	11	Deben Swimming Club-EA	NT	1:29.01	
9 Kelly, Rebecca	11	Team Ipswich Swimming	1:40.53	1:36.00	
10 Bromley, Skye	11	Team Waveney Swimming Club	NT	1:43.01	
11 Chandler, Emilia R	11	Chelmsford	NT	1:49.68	
--- Cronin-Garrod, Martha	11	Borough of Southend SC	1:17.69	DQ	
--- Johnson, Shanie	11	Borough of Southend SC	1:49.00	DQ	

Event 101 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Burgess, Aimee	12	Team Ipswich Swimming	1:07.84	1:06.48	
2 Low, Charlotte E	12	Chelmsford	1:10.91	1:07.59	
3 Clarke, Megan A	12	City of Ely Amateur Swimming C-EA	1:09.71	1:08.45	
4 Murrell, Lily P	12	Norwich Swan Swimming Club-EA	1:11.36	1:08.59	
5 Howarth Owen, Meghan	12	Chelmsford	1:10.43	1:10.18	
6 Collinson, Jess	12	Deben Swimming Club-EA	1:12.86	1:12.01	
7 Collins, Lucy	12	Borough of Southend SC	1:16.15	1:12.90	
8 Dye, Emma R	12	Norwich Swan Swimming Club-EA	1:20.75	1:13.41	
9 Bidgood, Katie E	12	Chelmsford	1:14.94	1:13.48	
10 Harrison, Amelie	12	Stowmarket Swimming Club-EA	1:20.94	1:16.84	
11 Forrester, Imogen	12	Hadleigh Swimming Club	1:29.07	1:16.96	
12 Addis, Chloe J	12	Chelmsford	1:29.49	1:20.40	
13 Sinclair, Eve	12	Deben Swimming Club-EA	1:26.09	1:20.69	
14 Hopkins, Olivia	12	Norwich Swan Swimming Club-EA	1:28.16	1:21.46	
15 Stadlen, Anya	12	Deben Swimming Club-EA	1:49.07	1:24.16	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 101 Girls 12 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
16 Curry, Charlotte	12	Hadleigh Swimming Club	1:38.87	1:25.41	
17 Carter, Verity	12	Stowmarket Swimming Club-EA	1:36.01	1:25.42	
18 Barry, Lily-Kate	12	Borough of Southend SC	1:36.65	1:28.69	
19 Haselwood, Erin	12	Stowmarket Swimming Club-EA	1:37.45	1:30.36	
20 Fox, Pheobe	12	Stowmarket Swimming Club-EA	1:37.96	1:31.11	
21 Grey, Elizabeth A	12	Chelmsford	1:53.03	1:34.31	
22 Gooch, Maja	12	Hadleigh Swimming Club	1:34.31	1:34.86	
23 Ginja, Gabriella	12	Team Waveney Swimming Club	1:40.00	1:37.85	
24 Butler-Russell, Elouise R	12	Chelmsford	NT	1:42.55	

Event 101 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, May	13	Stowmarket Swimming Club-EA	1:06.27	1:05.74	
2 Mendham, Olivia R	13	Chelmsford	1:08.11	1:07.18	
3 Philpott, Ruby G	13	Chelmsford	1:09.49	1:07.78	
4 Motts, Nell	13	Hadleigh Swimming Club	1:09.62	1:09.44	
5 Hills, Ella A	13	Chelmsford	1:14.45	1:10.45	
6 Whittaker, Isobelle	13	Team Waveney Swimming Club	1:13.36	1:10.69	
7 Ball, Imogen	13	Team Waveney Swimming Club	1:09.83	1:11.48	
8 Walker, Katie	13	Deben Swimming Club-EA	1:12.31	1:12.96	
9 Willis, Fionnuala	13	Hadleigh Swimming Club	1:16.17	1:13.12	
10 Cook, Arabella B	13	Chelmsford	1:15.75	1:13.55	
11 Gale, Bella	13	Deben Swimming Club-EA	1:18.57	1:18.33	
12 Kindred, Bella R	13	Deben Swimming Club-EA	1:27.87	1:18.64	
13 Harper-Grassing, Ruby	13	Deben Swimming Club-EA	NT	1:20.08	
14 Moore, Isobel E	13	Chelmsford	1:34.64	1:20.28	
15 Matthews, Bobbie	13	Deben Swimming Club-EA	NT	1:29.04	

Event 101 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Emily	14	Hadleigh Swimming Club	1:05.56	1:04.53	
2 Howell, Francesca J	14	Chelmsford	1:10.55	1:05.90	
3 Molyneaux, Annette	14	Hadleigh Swimming Club	1:06.96	1:06.45	
4 Holmes, Jersey	14	Team Waveney Swimming Club	1:06.61	1:06.55	
5 Harrison, Lexi	14	City of Ely Amateur Swimming C-EA	1:06.98	1:06.69	
6 Ellis, Lottie	14	Deben Swimming Club-EA	1:08.47	1:07.23	
7 Davies, Flo	14	Deben Swimming Club-EA	1:12.70	1:08.06	
8 Johnson, Lois M	14	Chelmsford	1:11.19	1:10.20	
*9 Cartwright, Olivia	14	Colchester Swimming Club	1:08.61	1:10.83	
*9 Tait, Iona	14	Deben Swimming Club-EA	1:10.51	1:10.83	
11 Harrington, Sophie	14	Deben Swimming Club-EA	1:13.34	1:12.49	
12 Clancy, Roisin	14	Hadleigh Swimming Club	1:21.69	1:13.54	
13 Francis, Chloe	14	Team Waveney Swimming Club	1:16.06	1:14.41	
14 Howell, Josie	14	Deben Swimming Club-EA	NT	1:16.51	
15 Snowden, Bea P	14	Deben Swimming Club-EA	1:17.24	1:17.27	

Event 101 Girls 15 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Isabelle	15	Stowmarket Swimming Club-EA	1:01.70	1:03.10	
2 McNicholas, Hannah	15	Deben Swimming Club-EA	1:03.72	1:04.90	
3 Hill, Tia	15	City of Ely Amateur Swimming C-EA	1:05.56	1:05.63	
4 Stebbings, Katie	15	Stowmarket Swimming Club-EA	1:04.50	1:06.39	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 101 Girls 15 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Clarke, Darcy	15	Stowmarket Swimming Club-EA	1:09.26	1:09.23	
6 Finbow, Amber	15	Deben Swimming Club-EA	1:20.75	1:09.66	
7 Bingley, Josie L	15	Stowmarket Swimming Club-EA	1:17.58	1:16.40	
8 McTaggart, Rebecca	15	Deben Swimming Club-EA	1:24.88	1:19.91	
9 Poguntke, Mhyrsini	15	Deben Swimming Club-EA	1:27.16	1:21.80	

Event 101 Girls 16 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	16	Deben Swimming Club-EA	1:00.80	59.59	
2 McNicholas, Caitlin	16	Deben Swimming Club-EA	1:03.70	1:03.75	
3 Mercado, Julianna	17	Norwich Swan Swimming Club-EA	1:04.08	1:06.39	
4 Sanford, Jessica	16	Norwich Swan Swimming Club-EA	1:05.62	1:06.76	
5 Staff, Abi	17	Norwich Swan Swimming Club-EA	1:11.22	1:11.15	
6 Benedetti, Erica L	16	Stowmarket Swimming Club-EA	1:08.78	1:11.95	
7 Carter, Annabelle	16	Stowmarket Swimming Club-EA	1:13.98	1:12.31	

Event 102 Boys 9 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Gale, Aiden	9	Deben Swimming Club-EA	1:28.18	1:31.42	
2 Harrison, Evan	9	Stowmarket Swimming Club-EA	1:36.75	1:37.77	
3 Pond, Max	9	Borough of Southend SC	1:52.00	1:38.30	
4 Hammond, Ethan	9	Borough of Southend SC	2:00.00	1:38.37	
5 Marchant, Alex	9	Borough of Southend SC	2:05.00	1:40.54	

Event 102 Boys 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Miller, Byron	10	Hadleigh Swimming Club	NT	1:20.59	
2 Harrison, Heath	10	Stowmarket Swimming Club-EA	1:22.91	1:21.75	
3 Sloper, Christopher	10	Hadleigh Swimming Club	NT	1:24.17	
4 Cook, Sebastian A	10	Chelmsford	1:32.82	1:25.10	
5 Lake, Archie	10	Chelmsford	1:37.78	1:35.21	
6 Brown, Evan C	10	Chelmsford	1:45.22	1:35.91	
7 Thornton-Coates, Luke	10	Deben Swimming Club-EA	NT	1:50.13	

Event 102 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Meyer, Josh G	11	Chelmsford	1:15.10	1:11.88	
2 Mendham, Isaac D	11	Chelmsford	1:18.64	1:17.88	
3 Whittaker, James	11	Team Waveney Swimming Club	1:18.52	1:18.34	
4 Butt, Oliver	11	Deben Swimming Club-EA	1:23.31	1:18.56	
5 Sulcas, Aaron	11	Chelmsford	1:30.12	1:28.03	
6 Hall, Thomas A	11	Chelmsford	1:28.38	1:28.13	
7 O'Hart, Fox	11	Borough of Southend SC	1:50.00	1:33.15	
8 Hearn, Ruben	11	Stowmarket Swimming Club-EA	1:51.68	1:39.31	
9 Marchant, Sebastian	11	Borough of Southend SC	2:00.00	1:46.08	

Event 102 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Deans, Lucas J	12	Chelmsford	1:07.02	1:05.25	
2 Blagg, Finlay	12	Stowmarket Swimming Club-EA	1:10.85	1:11.05	
3 Hale, Thomas A	12	Chelmsford	1:15.29	1:11.89	
4 Montgomery, Zach	12	Norwich Swan Swimming Club-EA	1:14.79	1:12.34	
5 Thompson, Angus	12	Deben Swimming Club-EA	1:23.76	1:17.92	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 102 Boys 12 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Bradburn, Alex	12	Chelmsford	1:21.48	1:22.99	
7 Thornton-Coates, James	12	Deben Swimming Club-EA	NT	1:41.36	
8 Shopland, Kain	12	Deben Swimming Club-EA	NT	1:47.29	
--- Kerry, Isaac	12	Deben Swimming Club-EA	1:27.54	DQ	

Event 102 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Bidle, Jack	13	Team Waveney Swimming Club	1:08.18	1:05.69	
2 Parsons, Edward	13	Deben Swimming Club-EA	1:09.35	1:09.70	
3 Thompson, Sebastian M	13	City of Ely Amateur Swimming C-EA	NT	1:13.11	
4 Stacey, George	13	Borough of Southend SC	1:19.75	1:14.92	
5 Howlett, Benjamin	13	Deben Swimming Club-EA	1:14.90	1:15.56	
6 Patra, Prayan P	13	Chelmsford	1:27.22	1:23.29	

Event 102 Boys 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Osborne, Jack	14	Deben Swimming Club-EA	57.36	58.17	
2 Spelman, Tom	14	Stowmarket Swimming Club-EA	1:00.31	1:01.22	
3 Lansley, Joe	14	Deben Swimming Club-EA	1:03.67	1:03.82	
4 Turner, Daniel	14	Team Waveney Swimming Club	1:01.66	1:04.18	
5 Tyrrell, Harvey	14	Team Waveney Swimming Club	1:05.58	1:04.33	
6 Clarke, Joseph	14	Stowmarket Swimming Club-EA	1:06.47	1:05.82	
7 Phoenix McGlynn, Matthew	14	Norwich Swan Swimming Club-EA	1:09.18	1:06.05	
8 Naylor, Jake	14	Deben Swimming Club-EA	1:09.01	1:07.81	
9 Lincoln, Alex	14	Team Waveney Swimming Club	1:16.90	1:08.10	

Event 102 Boys 15 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Kendall, Daniel	15	City of Ely Amateur Swimming C-EA	58.08	59.64	
2 Black, Samuel	15	Stowmarket Swimming Club-EA	1:00.09	59.97	
3 Haylock, Joseph	15	Team Waveney Swimming Club	1:01.28	1:00.88	
4 Everitt, Austin	15	Norwich Swan Swimming Club-EA	1:04.47	1:03.10	
5 Walker, Thomas	15	Team Waveney Swimming Club	1:05.76	1:04.25	

Event 102 Boys 16 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	17	Stowmarket Swimming Club-EA	56.87	54.81	
2 Pryke, Daniel	16	Deben Swimming Club-EA	58.29	58.26	
3 Houghton, Ben	16	Hadleigh Swimming Club	1:05.13	1:02.97	

Event 103 Girls 9 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 McVittie, Imogen	9	Hadleigh Swimming Club	44.70	43.17	
2 Bazely, Isabelle G	9	Chelmsford	43.49	43.42	
3 McVittie, Alexandra	9	Hadleigh Swimming Club	49.60	46.33	
4 Barry, Sophie	9	Borough of Southend SC	53.60	48.37	
5 Butt, Emilia	9	Deben Swimming Club-EA	NT	48.98	
6 Ansell, Abigail	9	Borough of Southend SC	52.50	51.36	
--- Hallam, Isla	9	Team Waveney Swimming Club	57.59	DQ	

Event 103 Girls 10 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Atkinson, Jorja	10	City of Ely Amateur Swimming C-EA	43.16	39.11	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 103 Girls 10 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Wicks, Olivia	10	Norwich Swan Swimming Club-EA	44.28	40.94	
3 Lockett, Rebecca	10	Team Waveney Swimming Club	43.71	42.47	
4 Knight, Sophie	10	Hadleigh Swimming Club	42.08	42.79	
5 Ripton, Charlotte L	10	Chelmsford	44.40	43.60	
6 Reed, Gracie	10	Team Waveney Swimming Club	49.31	43.97	
7 Rigby, Abigail	10	Hadleigh Swimming Club	NT	45.81	
8 Whittle, Elicia	10	Chelmsford	NT	46.71	
9 Thorn, Isla	10	Team Waveney Swimming Club	55.00	46.84	
10 Townend, Harriet	10	Stowmarket Swimming Club-EA	47.68	47.92	
11 Smith, Matilda	10	Team Waveney Swimming Club	55.00	49.38	
12 Sedgwick, Harriet P	10	Chelmsford	52.41	49.46	
13 Millen, Caitlin	10	Stowmarket Swimming Club-EA	47.60	49.59	
14 Newson, Maisie H	10	Chelmsford	NT	49.84	
15 Snowden, Nellie	10	Deben Swimming Club-EA	NT	50.20	
16 Dawson, Mia R	10	Chelmsford	NT	54.47	
17 Murphy, Olivia	10	Deben Swimming Club-EA	NT	55.08	
--- Rawlings, Rebecca	10	Hadleigh Swimming Club	NT	DQ	

Event 103 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Clarke, Lucy	11	Chelmsford	36.00	35.59	
2 Mutton, Grace	11	Team Ipswich Swimming	39.82	38.71	
3 Sims, Ava	11	Chelmsford	41.78	38.80	
4 Walker, Lucy A	11	Deben Swimming Club-EA	NT	39.54	
5 Cronin-Garrod, Martha	11	Borough of Southend SC	40.58	39.82	
6 Stacey, Matilda	11	Borough of Southend SC	47.82	42.15	
7 Kelly, Rebecca	11	Team Ipswich Swimming	44.34	43.66	
8 Mbili, Taitiana	11	Borough of Southend SC	43.34	44.01	
9 Rowland, Amelia	11	Stowmarket Swimming Club-EA	46.07	44.21	
10 Bromley, Skye	11	Team Waveney Swimming Club	1:01.26	51.34	
11 Chandler, Emilia R	11	Chelmsford	NT	51.68	
--- Moss, Lillie	11	Borough of Southend SC	55.00	DQ	

Event 103 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Low, Charlotte E	12	Chelmsford	37.35	35.23	
2 Murrell, Lily P	12	Norwich Swan Swimming Club-EA	38.28	35.84	
3 Burgess, Aimee	12	Team Ipswich Swimming	36.34	36.38	
4 Clarke, Megan A	12	City of Ely Amateur Swimming C-EA	37.71	36.70	
5 Howarth Owen, Meghan	12	Chelmsford	36.96	37.04	
6 Collinson, Jess	12	Deben Swimming Club-EA	41.25	39.06	
7 Collins, Lucy	12	Borough of Southend SC	40.15	39.15	
8 Bidgood, Katie E	12	Chelmsford	39.08	39.31	
9 Gray, Lexie	12	Team Waveney Swimming Club	47.88	39.48	
10 Addis, Chloe J	12	Chelmsford	44.65	41.76	
11 Harrison, Amelie	12	Stowmarket Swimming Club-EA	41.07	42.00	
12 Dye, Emma R	12	Norwich Swan Swimming Club-EA	42.60	42.44	
13 Carter, Verity	12	Stowmarket Swimming Club-EA	41.82	43.02	
14 Hopkins, Olivia	12	Norwich Swan Swimming Club-EA	45.26	43.70	
15 Sinclair, Eve	12	Deben Swimming Club-EA	NT	43.88	
16 Deitz, Olivia	12	Hadleigh Swimming Club	49.10	44.25	
17 Haselwood, Erin	12	Stowmarket Swimming Club-EA	46.50	44.61	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 103 Girls 12 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
18 Grey, Elizabeth A	12	Chelmsford	51.35	45.72	
19 Curry, Charlotte	12	Hadleigh Swimming Club	52.60	45.84	
20 Stadlen, Anya	12	Deben Swimming Club-EA	47.34	45.90	
21 Barry, Lily-Kate	12	Borough of Southend SC	48.10	46.09	
22 Fox, Pheobe	12	Stowmarket Swimming Club-EA	47.22	46.55	
23 Ginja, Gabriella	12	Team Waveney Swimming Club	55.00	46.81	
24 Gooch, Maja	12	Hadleigh Swimming Club	50.18	47.60	
25 Butler-Russell, Elouise R	12	Chelmsford	NT	51.68	

Event 103 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Mendham, Olivia R	13	Chelmsford	34.06	34.18	
2 Motts, Nell	13	Hadleigh Swimming Club	35.65	35.36	
3 Hills, Ella A	13	Chelmsford	35.66	35.80	
4 Walker, Katie	13	Deben Swimming Club-EA	36.56	36.25	
5 Richardson, May	13	Stowmarket Swimming Club-EA	37.23	36.53	
6 Whittaker, Isobelle	13	Team Waveney Swimming Club	37.44	36.83	
7 Ball, Imogen	13	Team Waveney Swimming Club	36.50	37.70	
8 Philpott, Ruby G	13	Chelmsford	38.89	38.19	
9 Lockett, Charlotte	13	Team Waveney Swimming Club	41.18	38.23	
10 Cook, Arabella B	13	Chelmsford	37.45	38.62	
11 Gale, Bella	13	Deben Swimming Club-EA	41.96	40.20	
12 Willis, Fionnuala	13	Hadleigh Swimming Club	41.57	40.43	
13 Kindred, Bella R	13	Deben Swimming Club-EA	45.43	40.82	
14 Matthews, Bobbie	13	Deben Swimming Club-EA	NT	44.54	
15 Harper-Grassing, Ruby	13	Deben Swimming Club-EA	47.25	47.04	

Event 103 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Emily	14	Hadleigh Swimming Club	33.56	33.26	
2 Howell, Francesca J	14	Chelmsford	36.01	35.14	
3 Johnson, Lois M	14	Chelmsford	35.45	35.46	
4 Harrison, Lexi	14	City of Ely Amateur Swimming C-EA	35.62	35.70	
5 Davies, Flo	14	Deben Swimming Club-EA	34.68	35.91	
6 Holmes, Jersey	14	Team Waveney Swimming Club	36.46	36.16	
7 Ellis, Lottie	14	Deben Swimming Club-EA	37.50	36.17	
8 Cartwright, Olivia	14	Colchester Swimming Club	35.22	36.48	
9 Tait, Iona	14	Deben Swimming Club-EA	36.90	36.74	
10 Clancy, Roisin	14	Hadleigh Swimming Club	43.18	38.90	
11 Francis, Chloe	14	Team Waveney Swimming Club	39.97	41.10	

Event 103 Girls 15 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Hill, Tia	15	City of Ely Amateur Swimming C-EA	33.57	33.65	
2 Barber, Isabelle	15	Stowmarket Swimming Club-EA	32.65	33.95	
3 McNicholas, Hannah	15	Deben Swimming Club-EA	34.79	35.60	
4 Clarke, Darcy	15	Stowmarket Swimming Club-EA	36.02	36.18	
5 Goldney, Caitlin	15	Team Waveney Swimming Club	37.55	38.08	
6 Bingley, Josie L	15	Stowmarket Swimming Club-EA	38.66	39.44	
7 McTaggart, Rebecca	15	Deben Swimming Club-EA	NT	44.01	
8 Poguntke, Mhyrsini	15	Deben Swimming Club-EA	49.58	45.34	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 103 Girls 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	16	Deben Swimming Club-EA	31.57	31.09	
2 McNicholas, Caitlin	16	Deben Swimming Club-EA	33.93	33.74	
3 Mercado, Julianna	17	Norwich Swan Swimming Club-EA	33.69	34.54	
4 Jones, Evie	17	Norwich Swan Swimming Club-EA	36.02	38.19	
5 Carter, Annabelle	16	Stowmarket Swimming Club-EA	38.91	38.66	
6 Staff, Abi	17	Norwich Swan Swimming Club-EA	39.26	38.69	

Event 104 Boys 9 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Thomas	9	Team Ipswich Swimming	44.32	39.90	
2 Harrison, Evan	9	Stowmarket Swimming Club-EA	47.30	46.25	
3 Gale, Aiden	9	Deben Swimming Club-EA	45.67	49.11	
4 Hammond, Ethan	9	Borough of Southend SC	55.60	50.66	
5 Marchant, Alex	9	Borough of Southend SC	58.00	52.40	
6 Pond, Max	9	Borough of Southend SC	51.94	56.32	

Event 104 Boys 10 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	10	Deben Swimming Club-EA	41.83	41.66	
2 Sloper, Christopher	10	Hadleigh Swimming Club	43.00	42.26	
3 Cook, Sebastian A	10	Chelmsford	46.79	43.57	
4 Blagg, Josh	10	Stowmarket Swimming Club-EA	45.69	45.15	
5 Lake, Archie	10	Chelmsford	49.23	47.70	
6 Harrison, Heath	10	Stowmarket Swimming Club-EA	46.31	47.91	
7 Brown, Evan C	10	Chelmsford	51.17	50.30	
8 Howarth Owen, Richie	10	Chelmsford	1:04.15	53.81	
--- Thornton-Coates, Luke	10	Deben Swimming Club-EA	NT	DQ	

Event 104 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Meyer, Josh G	11	Chelmsford	40.60	39.26	
2 Mendham, Isaac D	11	Chelmsford	40.83	40.33	
3 Whittaker, James	11	Team Waveney Swimming Club	40.45	41.68	
4 Butt, Oliver	11	Deben Swimming Club-EA	41.94	42.14	
5 Sulcas, Aaron	11	Chelmsford	43.98	43.36	
6 Hall, Thomas A	11	Chelmsford	40.64	44.30	
7 Tolputt, Oscar	11	Deben Swimming Club-EA	56.00	46.86	
8 O'Hart, Fox	11	Borough of Southend SC	53.00	46.99	
9 Hearn, Ruben	11	Stowmarket Swimming Club-EA	48.81	48.61	
10 Marchant, Sebastian	11	Borough of Southend SC	57.00	52.98	

Event 104 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Deans, Lucas J	12	Chelmsford	36.27	33.78	
2 Rowland, Alfie	12	Stowmarket Swimming Club-EA	36.82	36.12	
3 Hale, Thomas A	12	Chelmsford	36.92	37.92	
4 Blagg, Finlay	12	Stowmarket Swimming Club-EA	37.84	38.06	
5 Bradburn, Alex	12	Chelmsford	41.82	41.13	
6 Howard, Leo	12	Deben Swimming Club-EA	NT	41.38	
7 Kerry, Isaac	12	Deben Swimming Club-EA	46.60	42.04	
8 Musabak, Kuzey	12	Chelmsford	NT	43.83	
9 Thompson, Angus	12	Deben Swimming Club-EA	NT	45.64	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 104 Boys 12 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
10 Thornton-Coates, James	12	Deben Swimming Club-EA	NT	55.26	
--- Shopland, Kain	12	Deben Swimming Club-EA	52.97	DQ	

Event 104 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Bidle, Jack	13	Team Waveney Swimming Club	34.54	34.68	
2 Strike, Ciaran	13	Team Waveney Swimming Club	36.70	35.57	
3 Ruffles-Francis, Teilo	13	Stowmarket Swimming Club-EA	36.54	35.62	
4 Parsons, Edward	13	Deben Swimming Club-EA	35.00	35.71	
5 Harris, Bayley	13	Hadleigh Swimming Club	55.77	39.58	
6 Stacey, George	13	Borough of Southend SC	40.08	39.69	

Event 104 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Osborne, Jack	14	Deben Swimming Club-EA	29.88	30.08	
2 Turner, Daniel	14	Team Waveney Swimming Club	31.95	32.09	
3 Clarke, Joseph	14	Stowmarket Swimming Club-EA	34.66	35.67	
4 Phoenix McGlynn, Matthew	14	Norwich Swan Swimming Club-EA	37.62	36.02	
5 Naylor, Jake	14	Deben Swimming Club-EA	36.48	36.86	
6 Abbott, Isaac	14	Hadleigh Swimming Club	46.53	40.43	

Event 104 Boys 15 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Tolputt, Samuel	15	Deben Swimming Club-EA	31.05	31.04	
2 Black, Samuel	15	Stowmarket Swimming Club-EA	33.14	33.22	
3 Kendall, Daniel	15	City of Ely Amateur Swimming C-EA	31.67	33.54	
--- Walker, Thomas	15	Team Waveney Swimming Club	34.28	DQ	

Event 104 Boys 16 & Over 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	17	Stowmarket Swimming Club-EA	29.50	28.63	
2 Pryke, Daniel	16	Deben Swimming Club-EA	32.93	31.49	
3 Houghton, Ben	16	Hadleigh Swimming Club	32.01	33.45	

Event 105 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Murrell, Lily P	12	Norwich Swan Swimming Club-EA	6:10.94	5:51.56	
2 Knight, Chloe	12	Hadleigh Swimming Club	6:10.00	5:55.81	

Event 105 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Kelly, Charlotte	13	Team Ipswich Swimming	NT	6:33.76	

Event 105 Girls 15 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 McNicholas, Hannah	15	Deben Swimming Club-EA	NT	5:54.08	

Event 105 Girls 16 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Benedetti, Erica L	16	Stowmarket Swimming Club-EA	5:41.41	5:51.90	

Event 106 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Battle, Jake	11	Stowmarket Swimming Club-EA	7:02.79	6:57.81	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 106 Boys 11 Year Olds 400 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Sulcas, Aaron	11	Chelmsford	NT	DQ	

Event 106 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowland, Alfie	12	Stowmarket Swimming Club-EA	6:29.38	6:44.48	

Event 106 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Patra, Pragyan P	13	Chelmsford	NT	7:43.32	

Event 106 Boys 14 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Phoenix McGlynn, Matthew	14	Norwich Swan Swimming Club-EA	6:01.79	5:42.23	

Event 106 Boys 16 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Ruffles-Francis, Vaughn	16	Stowmarket Swimming Club-EA	5:55.17	5:50.92	

Event 107 Girls 10 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Atkinson, Jorja	10	City of Ely Amateur Swimming C-EA	3:39.03	3:32.32	
2 Wicks, Olivia	10	Norwich Swan Swimming Club-EA	4:13.65	3:39.45	
3 Ripton, Charlotte L	10	Chelmsford	4:15.38	4:04.36	
4 Knight, Amelia N	10	Chelmsford	NT	4:13.54	
5 Sedgwick, Harriet P	10	Chelmsford	4:46.23	4:22.21	
6 Dawson, Mia R	10	Chelmsford	NT	4:31.16	
--- Whittle, Elicia	10	Chelmsford	NT	DQ	

Event 107 Girls 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Grace	11	Team Ipswich Swimming	3:10.64	3:09.43	
2 Cronin-Garrod, Martha	11	Borough of Southend SC	3:31.08	3:28.21	
3 Edwards, Mia	11	Norwich Swan Swimming Club-EA	4:05.00	3:36.68	
4 Sims, Ava	11	Chelmsford	4:05.25	3:38.06	
5 Johnson, Shanie	11	Borough of Southend SC	4:10.00	4:07.11	
6 Rowland, Amelia	11	Stowmarket Swimming Club-EA	4:28.28	4:16.17	

Event 107 Girls 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Howarth Owen, Meghan	12	Chelmsford	3:28.44	3:20.05	
2 Burgess, Aimee	12	Team Ipswich Swimming	3:41.83	3:24.39	
3 Dye, Emma R	12	Norwich Swan Swimming Club-EA	3:53.00	3:29.85	
4 Sinclair, Eve	12	Deben Swimming Club-EA	3:39.42	3:37.49	
5 Harrison, Amelie	12	Stowmarket Swimming Club-EA	3:50.65	3:52.50	
6 Carter, Verity	12	Stowmarket Swimming Club-EA	4:21.51	4:02.26	
7 Fox, Pheobe	12	Stowmarket Swimming Club-EA	4:21.99	4:06.12	
--- Addis, Chloe J	12	Chelmsford	NT	DQ	

Event 107 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Philpott, Ruby G	13	Chelmsford	3:17.07	3:10.71	
2 Walker, Eloise C	13	Chelmsford	3:29.14	3:29.66	
3 Moore, Isobel E	13	Chelmsford	3:41.69	3:36.15	
4 Kindred, Bella R	13	Deben Swimming Club-EA	NT	3:46.50	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 107 Girls 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Snowden, Bea P	14	Deben Swimming Club-EA	3:41.92	3:31.47	
2 Ellis, Lottie	14	Deben Swimming Club-EA	NT	3:35.14	

Event 107 Girls 15 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Hill, Tia	15	City of Ely Amateur Swimming C-EA	2:55.79	2:59.52	
2 Stebbings, Katie	15	Stowmarket Swimming Club-EA	3:04.97	3:05.60	
3 Goldney, Caitlin	15	Team Waveney Swimming Club	3:28.31	3:28.39	

Event 107 Girls 16 & Over 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 McNicholas, Caitlin	16	Deben Swimming Club-EA	2:52.30	2:55.12	
2 Sanford, Jessica	16	Norwich Swan Swimming Club-EA	3:01.36	3:01.34	
3 Davies, Connie	16	Deben Swimming Club-EA	3:06.99	3:01.95	
4 Merrill, Becki	20	Norwich Swan Swimming Club-EA	2:50.29	3:07.26	

Event 108 Boys 10 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Heath	10	Stowmarket Swimming Club-EA	4:11.88	4:11.27	

Event 108 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Sulcas, Aaron	11	Chelmsford	NT	4:37.72	
--- Hall, Thomas A	11	Chelmsford	4:16.72	DQ	

Event 108 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Blagg, Finlay	12	Stowmarket Swimming Club-EA	3:15.49	3:14.87	
2 Hale, Thomas A	12	Chelmsford	3:27.61	3:21.22	
3 Montgomery, Zach	12	Norwich Swan Swimming Club-EA	3:38.66	3:28.78	
4 Thompson, Angus	12	Deben Swimming Club-EA	NT	3:43.50	
--- Thornton-Coates, James	12	Deben Swimming Club-EA	NT	DQ	

Event 108 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Ruffles-Francis, Teilo	13	Stowmarket Swimming Club-EA	2:52.98	2:54.28	
--- Harris, Bayley	13	Hadleigh Swimming Club	NT	DQ	

Event 108 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Spelman, Tom	14	Stowmarket Swimming Club-EA	2:45.96	2:44.22	
2 Clarke, Joseph	14	Stowmarket Swimming Club-EA	2:56.43	3:02.41	
3 Lansley, Joe	14	Deben Swimming Club-EA	3:07.73	3:03.92	

Event 108 Boys 15 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Kendall, Daniel	15	City of Ely Amateur Swimming C-EA	2:45.00	2:43.49	

Event 109 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Atkinson, Jorja	10	City of Ely Amateur Swimming C-EA	1:33.13	1:32.05	
2 Lockett, Rebecca	10	Team Waveney Swimming Club	1:35.55	1:43.39	
--- Townend, Harriet	10	Stowmarket Swimming Club-EA	NT	DQ	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 109 Girls 11 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Clarke, Lucy	11	Chelmsford	1:19.63	1:20.53	
2 Pugh, Jessica Lilly	11	Norwich Swan Swimming Club-EA	1:34.25	1:32.88	
3 Jasper, Olivia C	11	Chelmsford	1:31.34	1:34.07	

Event 109 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Low, Charlotte E	12	Chelmsford	1:23.99	1:17.73	
2 Murrell, Lily P	12	Norwich Swan Swimming Club-EA	1:27.23	1:17.74	
3 Clarke, Megan A	12	City of Ely Amateur Swimming C-EA	1:21.99	1:18.23	
4 Bidgood, Katie E	12	Chelmsford	1:24.13	1:21.17	

Event 109 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Meyer, Gabriella D	13	Chelmsford	1:26.31	1:18.61	
2 Willis, Fionnuala	13	Hadleigh Swimming Club	1:30.09	1:27.22	
3 Ball, Imogen	13	Team Waveney Swimming Club	1:30.90	1:27.88	
4 Cook, Arabella B	13	Chelmsford	1:37.60	1:32.77	

Event 109 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Holmes, Jersey	14	Team Waveney Swimming Club	1:13.74	1:15.02	
2 Knight, Emily	14	Hadleigh Swimming Club	1:16.42	1:16.53	
3 Tait, Iona	14	Deben Swimming Club-EA	1:34.69	1:22.21	
4 Johnson, Lois M	14	Chelmsford	1:28.36	1:24.26	
5 Francis, Chloe	14	Team Waveney Swimming Club	1:33.71	1:27.85	

Event 109 Girls 15 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 McNicholas, Hannah	15	Deben Swimming Club-EA	1:13.02	1:12.72	
2 Hill, Tia	15	City of Ely Amateur Swimming C-EA	1:10.91	1:14.08	

Event 110 Boys 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	10	Deben Swimming Club-EA	NT	1:55.38	

Event 110 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Battle, Jake	11	Stowmarket Swimming Club-EA	1:26.59	1:28.93	
2 Mendham, Isaac D	11	Chelmsford	1:34.23	1:35.36	
3 Butt, Oliver	11	Deben Swimming Club-EA	1:37.33	1:41.07	
4 Sulcas, Aaron	11	Chelmsford	1:58.34	1:54.79	

Event 110 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Bradburn, Alex	12	Chelmsford	1:50.10	1:46.91	
2 Thompson, Angus	12	Deben Swimming Club-EA	NT	1:48.85	

Event 110 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Strike, Ciaran	13	Team Waveney Swimming Club	1:21.08	1:21.01	
2 Patra, Pragyam P	13	Chelmsford	1:46.32	1:53.87	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 110 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Osborne, Jack	14	Deben Swimming Club-EA	1:05.32	1:09.52	
2 Turner, Daniel	14	Team Waveney Swimming Club	1:09.80	1:11.40	
3 Tyrrell, Harvey	14	Team Waveney Swimming Club	1:39.14	1:15.48	

Event 110 Boys 15 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Kendall, Daniel	15	City of Ely Amateur Swimming C-EA	1:05.34	1:09.97	
2 Black, Samuel	15	Stowmarket Swimming Club-EA	1:11.75	1:13.00	

Event 110 Boys 16 & Over 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	17	Stowmarket Swimming Club-EA	1:02.20	1:01.55	
2 Pryke, Daniel	16	Deben Swimming Club-EA	1:09.41	1:07.59	

Event 111 Girls 9 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Bazely, Isabelle G	9	Chelmsford	NT	3:10.11	

Event 111 Girls 10 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Wicks, Olivia	10	Norwich Swan Swimming Club-EA	3:19.83	3:06.61	
2 Knight, Sophie	10	Hadleigh Swimming Club	3:35.00	3:13.88	
3 Ripton, Charlotte L	10	Chelmsford	3:33.34	3:33.95	
--- Thorn, Isla	10	Team Waveney Swimming Club	3:30.00	DQ	

Event 111 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Sims, Ava	11	Chelmsford	NT	3:07.19	
2 Kelly, Rebecca	11	Team Ipswich Swimming	NT	3:36.37	

Event 111 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Murrell, Lily P	12	Norwich Swan Swimming Club-EA	2:53.07	2:42.34	
2 Burgess, Aimee	12	Team Ipswich Swimming	2:51.01	2:49.94	
3 Howarth Owen, Meghan	12	Chelmsford	2:55.56	2:53.53	
4 Collins, Lucy	12	Borough of Southend SC	3:02.19	2:57.92	
5 Addis, Chloe J	12	Chelmsford	NT	3:19.35	
6 Barry, Lily-Kate	12	Borough of Southend SC	4:05.00	3:33.41	
7 Butler-Russell, Elouise R	12	Chelmsford	NT	4:03.20	

Event 111 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Mendham, Olivia R	13	Chelmsford	2:38.30	2:38.13	
2 Hills, Ella A	13	Chelmsford	2:47.50	2:46.64	
3 Whittaker, Isobelle	13	Team Waveney Swimming Club	2:51.49	2:51.36	
4 Walker, Eloise C	13	Chelmsford	2:59.28	2:57.21	
5 Kelly, Charlotte	13	Team Ipswich Swimming	2:59.85	2:58.03	
6 Gale, Bella	13	Deben Swimming Club-EA	NT	3:08.97	

Event 111 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Becca	14	Stowmarket Swimming Club-EA	2:38.41	2:35.86	
2 Knight, Emily	14	Hadleigh Swimming Club	2:34.51	2:37.43	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****(Event 111 Girls 14 Year Olds 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Davies, Flo	14	Deben Swimming Club-EA	2:38.29	2:41.51	
4 Johnson, Lois M	14	Chelmsford	2:45.24	2:42.06	
5 Clancy, Roisin	14	Hadleigh Swimming Club	NT	2:50.59	
6 Cartwright, Olivia	14	Colchester Swimming Club	2:40.19	2:55.95	

Event 111 Girls 15 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Clarke, Darcy	15	Stowmarket Swimming Club-EA	2:48.34	2:44.37	
2 Goldney, Caitlin	15	Team Waveney Swimming Club	2:49.40	2:52.40	
3 Bingley, Josie L	15	Stowmarket Swimming Club-EA	3:03.13	3:05.12	

Event 111 Girls 16 & Over 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	16	Deben Swimming Club-EA	2:27.51	2:26.53	
2 Benedetti, Erica L	16	Stowmarket Swimming Club-EA	2:42.16	2:47.49	

Event 112 Boys 9 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Thomas	9	Team Ipswich Swimming	NT	3:07.18	
2 Gale, Aiden	9	Deben Swimming Club-EA	3:27.56	3:30.07	

Event 112 Boys 10 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	10	Deben Swimming Club-EA	3:10.38	3:04.36	
2 Blagg, Josh	10	Stowmarket Swimming Club-EA	3:39.35	3:31.07	

Event 112 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Meyer, Josh G	11	Chelmsford	3:06.31	2:58.38	
2 Sulcas, Aaron	11	Chelmsford	3:24.24	3:26.22	
--- Mendham, Isaac D	11	Chelmsford	NT	DQ	
--- Hall, Thomas A	11	Chelmsford	NT	DQ	
--- Hearn, Ruben	11	Stowmarket Swimming Club-EA	3:56.54	DQ	

Event 112 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Deans, Lucas J	12	Chelmsford	2:42.54	2:43.85	
2 Montgomery, Zach	12	Norwich Swan Swimming Club-EA	3:06.18	2:53.30	
3 Blagg, Finlay	12	Stowmarket Swimming Club-EA	2:56.06	2:54.58	
4 Rowland, Alfie	12	Stowmarket Swimming Club-EA	3:08.15	3:01.64	

Event 112 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Parsons, Edward	13	Deben Swimming Club-EA	2:41.34	2:43.77	
2 Stacey, George	13	Borough of Southend SC	3:11.98	2:56.03	

Event 112 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Osborne, Jack	14	Deben Swimming Club-EA	2:18.86	2:25.47	
2 Turner, Daniel	14	Team Waveney Swimming Club	2:35.48	2:37.38	
3 Lansley, Joe	14	Deben Swimming Club-EA	NT	2:45.33	

Deben Leap meet - 26/03/2022 to 27/03/2022**Results - Session 1 - Saturday****Event 112 Boys 15 Year Olds 200 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kendall, Daniel	15	City of Ely Amateur Swimming C-EA	2:26.68	2:24.68	
2	Tolputt, Samuel	15	Deben Swimming Club-EA	2:30.38	2:29.20	
3	Walker, Thomas	15	Team Waveney Swimming Club	2:41.40	2:37.52	

Event 112 Boys 16 & Over 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hall, Harvey	19	Deben Swimming Club-EA	2:22.90	2:16.62	
2	Ruffles-Francis, Vaughn	16	Stowmarket Swimming Club-EA	2:37.14	2:42.35	