

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 101 Girls 9 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	1:23.09	1:22.76	
2 Howell, Maisie	9	Borough of Southend Swimming	1:32.97	1:31.24	
3 Tape, Emily	9	Borough of Southend Swimming	2:05.00	1:35.47	
4 Welsford, Eloise	9	Deben Swimming Club-EA	1:42.16	1:36.30	
5 Strachan, Georgie	9	St Felix School SC (Southwold)	1:36.60	1:37.07	
6 Bailey, Harriet	9	Hadleigh Swimming Club	NT	1:40.34	
7 Hunt, Nancy	9	Stowmarket Swimming Club-EA	NT	1:44.78	
8 Pearce, Ettie	9	Deben Swimming Club-EA	NT	1:56.49	

**Event 101 Girls 10 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ansell, Abigail	10	Borough of Southend Swimming	1:24.04	1:23.64	
2 Stroud, Olivia	10	Hadleigh Swimming Club	1:27.95	1:25.87	
3 Knights, Amelia	10	St Felix School SC (Southwold)	1:27.72	1:26.77	
4 Barry, Sophie	10	Borough of Southend Swimming	1:35.69	1:27.16	
5 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	1:50.91	

**Event 101 Girls 11 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Armstrong, Emilia	11	Stowmarket Swimming Club-EA	1:10.94	1:10.25	
2 Townend, Harriet	11	Stowmarket Swimming Club-EA	1:10.97	1:10.78	
3 Knights, Annabelle	11	St Felix School SC (Southwold)	1:15.43	1:14.96	
4 Coackley, Isla	11	Team Ipswich Swimming Club	1:14.38	1:15.83	
5 Murphy, Olivia	11	Deben Swimming Club-EA	1:20.29	1:16.11	
6 Gibson, Emmi	11	Borough of Southend Swimming	1:19.50	1:17.28	
7 Knight, Sophie	11	Hadleigh Swimming Club	1:18.20	1:18.07	
8 Hedges, Annaliese	11	Stowmarket Swimming Club-EA	1:23.88	1:20.03	
9 Thorn, Isla	11	St Felix School SC (Southwold)	1:24.99	1:21.73	
10 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	1:28.22	1:22.42	
11 Hills, Daisy	11	St Felix School SC (Southwold)	1:23.60	1:22.95	
12 Turner, Rosie	11	St Felix School SC (Southwold)	1:29.95	1:28.88	
*13 Root, Florence	11	Borough of Southend Swimming	1:47.00	1:29.53	
*13 Steed, Olivia	11	Hadleigh Swimming Club	NT	1:29.53	
15 Caley, Jemma	11	Hadleigh Swimming Club	NT	1:36.15	

**Event 101 Girls 12 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marshall, Maggie	12	Team Ipswich Swimming Club	1:11.49	1:10.35	
2 Cronin-Garrod, Martha	12	Borough of Southend Swimming	1:10.33	1:11.10	
3 Walker, Lucy	12	Deben Swimming Club-EA	1:14.29	1:13.93	
4 Mbili, Taitiana	12	Borough of Southend Swimming	1:13.14	1:13.97	
5 Stacey, Matilda	12	Borough of Southend Swimming	1:15.02	1:16.52	
6 Miller, Ava	12	Borough of Southend Swimming	1:28.00	1:20.72	
7 Fell, Freya	12	Stowmarket Swimming Club-EA	1:30.01	1:31.14	

**Event 101 Girls 13 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Chess	13	Stowmarket Swimming Club-EA	1:05.30	1:03.87	
2 Knight, Chloe	13	Hadleigh Swimming Club	1:05.11	1:05.14	
3 Taylor, Nicole	13	St Felix School SC (Southwold)	1:05.58	1:05.48	
4 Burgess, Aimee	13	Team Ipswich Swimming Club	1:05.96	1:05.50	
5 Green, Selina	13	St Felix School SC (Southwold)	1:05.54	1:05.56	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****(Event 101 Girls 13 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Gaydon, Eveline	13	Team Ipswich Swimming Club	1:06.32	1:06.67	
7 Harrison, Amelie	13	Stowmarket Swimming Club-EA	1:09.15	1:06.83	
8 Collinson, Jess	13	Deben Swimming Club-EA	1:10.25	1:07.25	
9 Turner, Emily	13	St Felix School SC (Southwold)	1:09.55	1:10.47	
10 Dring, Lilley	13	Deben Swimming Club-EA	1:16.15	1:10.62	
11 Burgess, Mia	13	Deben Swimming Club-EA	1:25.31	1:16.31	
12 Curry, Charlotte	13	Hadleigh Swimming Club	1:20.35	1:17.01	
13 Carter, Verity	13	Stowmarket Swimming Club-EA	1:16.17	1:17.66	
14 McNicholas, Isobel	13	Deben Swimming Club-EA	1:18.27	1:18.07	
15 Haselwood, Erin	13	Stowmarket Swimming Club-EA	1:19.06	1:18.19	
16 Barry, Lily-Kate	13	Borough of Southend Swimming	1:22.99	1:21.12	
17 Deitz, Olivia	13	Hadleigh Swimming Club	NT	1:22.93	
18 Fox, Pheobe	13	Stowmarket Swimming Club-EA	1:25.32	1:23.28	
19 Schindler, Katie	13	Hadleigh Swimming Club	1:28.87	1:24.60	
20 Stadlen, Anya	13	Deben Swimming Club-EA	1:22.11	1:24.79	
21 Steel, Georgina	13	Hadleigh Swimming Club	NT	1:29.58	

**Event 101 Girls 14 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Blatchy-Smith, Darcie	14	St Felix School SC (Southwold)	1:05.02	1:04.38	
2 Richardson, May	14	Stowmarket Swimming Club-EA	1:05.74	1:05.62	
3 Walker, Katie	14	Deben Swimming Club-EA	1:08.85	1:08.37	

**Event 101 Girls 15 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	59.95	1:00.90	
2 Knight, Emily	15	Hadleigh Swimming Club	1:03.60	1:03.78	
3 Davies, Flo	15	Deben Swimming Club-EA	1:08.06	1:07.15	
4 Tait, Iona	15	Deben Swimming Club-EA	1:09.83	1:07.92	
5 Harrington, Sophie	15	Deben Swimming Club-EA	1:12.32	1:14.00	
6 Pond, Ruby	15	Borough of Southend Swimming	1:14.77	1:15.65	
7 Jones, Madeline	15	Borough of Southend Swimming	1:16.74	1:16.74	

**Event 101 Girls 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Springham, Esme	18	Deben Swimming Club-EA	1:03.65	1:04.54	
2 Stroud, Tara	43	Hadleigh Swimming Club	1:05.25	1:04.85	
3 McNicholas, Hannah	16	Deben Swimming Club-EA	1:03.72	1:06.01	
4 Carter, Annabelle	17	Stowmarket Swimming Club-EA	1:08.65	1:06.96	
5 Finbow, Amber	16	Deben Swimming Club-EA	1:07.50	1:08.84	
6 Bingham, Poppy	16	Stowmarket Swimming Club-EA	1:15.50	1:15.95	

**Event 102 Boys 9 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harragan, Ethan	9	Borough of Southend Swimming	5:00.00	4:03.46	
2 Burgess, James	9	Team Ipswich Swimming Club	NT	4:03.55	
3 Lamble, Ronnie	9	Stowmarket Swimming Club-EA	NT	4:47.51	

**Event 102 Boys 10 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marchant, Alexander	10	Borough of Southend Swimming	3:54.38	3:44.00	
2 Pond, Max	10	Borough of Southend Swimming	4:01.08	4:03.28	
3 Croft, Adison	10	Stowmarket Swimming Club-EA	4:07.43	4:09.39	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 102 Boys 11 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lambale, Dylan	11	Stowmarket Swimming Club-EA	3:27.04	3:24.71	
2 Supple, Harrison	11	St Felix School SC (Southwold)	4:12.99	3:58.38	
3 White, Daniel	11	Borough of Southend Swimming	5:12.00	4:25.73	

**Event 102 Boys 12 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowe, Jarad	12	Colchester Swimming Club	3:25.64	3:21.50	
2 Marchant, Sebastian	12	Borough of Southend Swimming	3:56.27	3:49.23	

**Event 102 Boys 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Blagg, Fin	13	Stowmarket Swimming Club-EA	3:02.92	3:08.93	
2 Patel, Rikhil	13	Borough of Southend Swimming	3:18.40	3:11.23	
3 Hall, Haiden	13	Deben Swimming Club-EA	3:11.72	3:15.35	
4 Harragan, Harry	13	Borough of Southend Swimming	3:30.00	3:18.78	

**Event 102 Boys 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Every, Ben	14	St Felix School SC (Southwold)	2:46.69	2:48.15	
2 Coackley, Ewan	14	Team Ipswich Swimming Club	2:52.47	2:50.08	
3 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	2:50.09	2:51.69	
4 Reynolds, Sebastian	14	Hadleigh Swimming Club	3:04.30	3:01.71	

**Event 102 Boys 15 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 McKinnon, Charlie	15	St Felix School SC (Southwold)	2:28.01	2:32.32	

**Event 103 Girls 9 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Welsford, Eloise	9	Deben Swimming Club-EA	52.26	46.75	
2 Strachan, Georgie	9	St Felix School SC (Southwold)	48.75	50.61	
3 Tape, Emily	9	Borough of Southend Swimming	53.01	50.90	
4 Hunt, Nancy	9	Stowmarket Swimming Club-EA	56.32	54.59	
5 Pearce, Ettie	9	Deben Swimming Club-EA	NT	55.43	
6 Bailey, Harriet	9	Hadleigh Swimming Club	NT	55.47	

**Event 103 Girls 10 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Butt, Emilia	10	Deben Swimming Club-EA	40.61	40.13	
2 Ansell, Abigail	10	Borough of Southend Swimming	44.53	44.20	
3 Barry, Sophie	10	Borough of Southend Swimming	45.54	44.25	
4 Towns, Macey	10	Borough of Southend Swimming	48.62	44.92	
5 Knights, Amelia	10	St Felix School SC (Southwold)	45.60	45.90	
6 Sadler, Evie	10	Borough of Southend Swimming	51.06	50.36	
7 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	55.55	
--- Stroud, Olivia	10	Hadleigh Swimming Club	42.08	DQ	

**Event 103 Girls 11 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Armstrong, Emilia	11	Stowmarket Swimming Club-EA	35.80	37.12	
2 Knight, Sophie	11	Hadleigh Swimming Club	37.55	38.21	
3 Gibson, Emmi	11	Borough of Southend Swimming	39.65	40.27	
4 Hedges, Annaliese	11	Stowmarket Swimming Club-EA	40.80	40.39	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****(Event 103 Girls 11 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Knights, Annabelle	11	St Felix School SC (Southwold)	39.34	40.44	
6 Thorn, Isla	11	St Felix School SC (Southwold)	42.05	41.03	
7 Murphy, Olivia	11	Deben Swimming Club-EA	55.08	42.16	
8 Steed, Olivia	11	Hadleigh Swimming Club	NT	46.04	
9 Root, Florence	11	Borough of Southend Swimming	48.80	46.94	
10 Turner, Rosie	11	St Felix School SC (Southwold)	47.80	49.04	
11 Caley, Jemma	11	Hadleigh Swimming Club	NT	49.83	
12 Morton-Wright, Lottie	11	Deben Swimming Club-EA	NT	52.71	
--- Snowden, Nellie	11	Deben Swimming Club-EA	42.11	DQ	

**Event 103 Girls 12 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Lucy	12	Deben Swimming Club-EA	35.60	35.89	
2 Mutton, Grace	12	Team Ipswich Swimming Club	36.54	36.74	
3 Marshall, Maggie	12	Team Ipswich Swimming Club	40.09	37.44	
4 Stacey, Matilda	12	Borough of Southend Swimming	39.24	39.47	
5 Mbili, Taitiana	12	Borough of Southend Swimming	42.09	41.98	

**Event 103 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Chloe	13	Hadleigh Swimming Club	32.30	32.53	
2 Taylor, Nicole	13	St Felix School SC (Southwold)	34.17	33.85	
3 Green, Selina	13	St Felix School SC (Southwold)	35.17	35.90	
4 Collinson, Jess	13	Deben Swimming Club-EA	35.71	36.33	
5 Hills, Lily	13	St Felix School SC (Southwold)	38.68	38.85	
6 Haselwood, Erin	13	Stowmarket Swimming Club-EA	40.44	40.58	
7 Carter, Verity	13	Stowmarket Swimming Club-EA	39.33	40.97	
8 Turner, Emily	13	St Felix School SC (Southwold)	40.92	41.73	
9 McNicholas, Isobel	13	Deben Swimming Club-EA	41.40	42.05	
10 Barry, Lily-Kate	13	Borough of Southend Swimming	42.56	42.56	
11 Deitz, Olivia	13	Hadleigh Swimming Club	44.25	44.59	
12 Steel, Georgina	13	Hadleigh Swimming Club	NT	44.84	
13 Stadlen, Anya	13	Deben Swimming Club-EA	45.90	46.14	
14 Schindler, Katie	13	Hadleigh Swimming Club	47.90	48.62	

**Event 103 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Katie	14	Deben Swimming Club-EA	34.60	35.07	
2 Gale, Bella	14	Deben Swimming Club-EA	40.87	40.37	
3 Hassan, Sherine	14	Borough of Southend Swimming	44.47	43.37	

**Event 103 Girls 15 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	33.03	33.82	
2 Knight, Emily	15	Hadleigh Swimming Club	33.26	34.22	
3 Ellis, Lottie	15	Deben Swimming Club-EA	35.80	35.53	
4 Jones, Madeline	15	Borough of Southend Swimming	40.02	40.31	
5 Pond, Ruby	15	Borough of Southend Swimming	41.52	41.80	
6 Snowden, Bea	15	Deben Swimming Club-EA	42.68	41.85	
--- Williams-Johnson, Tiana	15	Borough of Southend Swimming	39.42	DQ	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 103 Girls 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Springham, Esme	18	Deben Swimming Club-EA	31.68	32.26	
2 McNicholas, Caitlin	17	Deben Swimming Club-EA	33.74	34.02	
3 McNicholas, Hannah	16	Deben Swimming Club-EA	34.44	34.75	
4 Carter, Annabelle	17	Stowmarket Swimming Club-EA	35.93	35.76	

**Event 104 Boys 10 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Croft, Adison	10	Stowmarket Swimming Club-EA	1:58.45	1:57.43	

**Event 104 Boys 12 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gaydon, Alexander	12	Team Ipswich Swimming Club	1:20.93	1:26.66	
--- Marchant, Sebastian	12	Borough of Southend Swimming	2:13.51	DQ	

**Event 104 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowland, Alfie	13	Stowmarket Swimming Club-EA	1:17.71	1:15.22	
2 Glennerster, Toby	13	St Felix School SC (Southwold)	1:24.13	1:21.14	

**Event 104 Boys 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	18	Stowmarket Swimming Club-EA	59.40	1:00.11	
2 Black, Samuel	16	Stowmarket Swimming Club-EA	1:08.17	1:07.71	
3 Ruffles-Francis, Vaughn	17	Stowmarket Swimming Club-EA	1:14.24	1:13.17	
4 Miller, Robin	54	Hadleigh Swimming Club	1:20.01	1:23.32	

**Event 105 Girls 11 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gibson, Emmi	11	Borough of Southend Swimming	7:40.00	6:51.28	
2 Townend, Harriet	11	Stowmarket Swimming Club-EA	8:05.39	6:53.44	

**Event 105 Girls 13 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Chess	13	Stowmarket Swimming Club-EA	5:51.62	5:49.40	
--- Burgess, Aimee	13	Team Ipswich Swimming Club	NT	DQ	

**Event 105 Girls 14 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Saunders, Amelia	14	St Felix School SC (Southwold)	5:23.35	5:20.88	

**Event 105 Girls 15 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Flo	15	Deben Swimming Club-EA	NT	5:50.03	

**Event 106 Boys 9 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
--- Holland, Cody	9	St Felix School SC (Southwold)	3:22.67	DQ	

**Event 106 Boys 10 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Evan	10	Stowmarket Swimming Club-EA	3:10.71	3:14.53	
2 Marchant, Alexander	10	Borough of Southend Swimming	3:22.78	3:16.92	
3 Stadlen, Antoshka	10	Deben Swimming Club-EA	NT	3:25.07	
4 Gale, Aiden	10	Deben Swimming Club-EA	3:24.41	3:25.52	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 106 Boys 11 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	11	Deben Swimming Club-EA	2:56.31	2:52.17	
2 Miller, Byron	11	Hadleigh Swimming Club	2:57.95	2:52.85	
3 Patel, Dhrish	11	Borough of Southend Swimming	3:05.00	3:04.00	
4 Blagg, Josh	11	Stowmarket Swimming Club-EA	3:04.14	3:09.67	
5 Cloke, Sebastian	11	Deben Swimming Club-EA	NT	3:15.20	
6 Davey-Crouch, George	11	Borough of Southend Swimming	3:34.70	3:16.56	

**Event 106 Boys 12 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Whiting, Orlando	12	St Felix School SC (Southwold)	2:37.41	2:34.50	
2 Butt, Oliver	12	Deben Swimming Club-EA	3:00.70	2:43.38	
3 Rowe, Jarad	12	Colchester Swimming Club	2:57.06	2:55.70	
4 Harrison, Rex	12	Stowmarket Swimming Club-EA	3:05.00	3:02.36	

**Event 106 Boys 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harragan, Harry	13	Borough of Southend Swimming	2:49.67	2:54.16	
2 Root, Finlay	13	Borough of Southend Swimming	3:00.67	2:54.45	

**Event 106 Boys 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	2:38.10	2:39.86	

**Event 106 Boys 15 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Carr, Rufus	15	St Felix School SC (Southwold)	2:23.92	2:23.79	

**Event 106 Boys 16 & Over 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	18	Stowmarket Swimming Club-EA	2:13.60	2:16.01	
2 Tolputt, Samuel	16	Deben Swimming Club-EA	2:29.20	2:27.37	

**Event 107 Girls 9 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	3:47.28	3:57.64	

**Event 107 Girls 10 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ansell, Abigail	10	Borough of Southend Swimming	3:44.00	3:44.00	
2 Cooper, Morrigan	10	Borough of Southend Swimming	5:10.00	4:01.21	

**Event 107 Girls 11 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Snowden, Nellie	11	Deben Swimming Club-EA	3:30.02	3:25.69	
2 Armstrong, Emilia	11	Stowmarket Swimming Club-EA	3:20.80	3:26.55	
3 Morton-Wright, Lottie	11	Deben Swimming Club-EA	3:53.43	3:52.85	
4 Hills, Daisy	11	St Felix School SC (Southwold)	3:52.31	3:58.28	
5 Hyde, Nia	11	Borough of Southend Swimming	4:40.00	4:06.28	
6 Steed, Olivia	11	Hadleigh Swimming Club	NT	4:07.19	
7 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	NT	4:08.16	

**Event 107 Girls 12 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Grace	12	Team Ipswich Swimming Club	3:00.53	3:00.43	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****(Event 107 Girls 12 Year Olds 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Cronin-Garrod, Martha	12	Borough of Southend Swimming	3:22.88	3:23.17	
3 Rowland, Amelia	12	Stowmarket Swimming Club-EA	3:58.92	3:33.57	
4 Johnson, Shanie	12	Borough of Southend Swimming	3:32.74	3:35.57	
5 Mbili, Taitiana	12	Borough of Southend Swimming	4:06.28	3:42.15	

**Event 107 Girls 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Amelie	13	Stowmarket Swimming Club-EA	3:36.06	3:30.79	
2 Curry, Charlotte	13	Hadleigh Swimming Club	NT	3:46.12	
3 Schindler, Katie	13	Hadleigh Swimming Club	NT	4:03.66	

**Event 107 Girls 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gale, Bella	14	Deben Swimming Club-EA	4:13.21	3:50.66	
--- Hassan, Sherine	14	Borough of Southend Swimming	3:41.78	DQ	
--- Lamb, Jessica	14	Deben Swimming Club-EA	3:32.24	DQ	

**Event 107 Girls 15 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Howell, Josie	15	Deben Swimming Club-EA	3:22.07	3:22.47	
2 Williams-Johnson, Tiana	15	Borough of Southend Swimming	3:19.43	3:30.64	
--- Snowden, Bea	15	Deben Swimming Club-EA	3:27.92	DQ	

**Event 107 Girls 16 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 McNicholas, Caitlin	17	Deben Swimming Club-EA	2:52.30	2:52.44	
2 Davies, Connie	17	Deben Swimming Club-EA	3:01.95	2:53.43	
3 Bingham, Poppy	16	Stowmarket Swimming Club-EA	3:28.77	3:28.19	

**Event 108 Boys 9 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harragan, Ethan	9	Borough of Southend Swimming	1:30.00	1:30.44	
2 Burgess, James	9	Team Ipswich Swimming Club	1:32.67	1:31.82	
3 Lamble, Ronnie	9	Stowmarket Swimming Club-EA	NT	1:56.43	

**Event 108 Boys 10 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Reynolds, Oscar	10	Hadleigh Swimming Club	1:36.22	1:24.26	
2 Pond, Max	10	Borough of Southend Swimming	1:30.48	1:27.50	
3 Gale, Aiden	10	Deben Swimming Club-EA	1:25.05	1:28.32	
4 Croft, Adison	10	Stowmarket Swimming Club-EA	1:33.40	1:28.76	
5 Evans, Daniel	10	Deben Swimming Club-EA	1:45.19	1:29.76	
6 Stadlen, Antoshka	10	Deben Swimming Club-EA	NT	1:29.82	
7 Knight, Cooper	10	Borough of Southend Swimming	1:35.36	1:33.40	

**Event 108 Boys 11 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cloke, Sebastian	11	Deben Swimming Club-EA	1:25.45	1:23.29	
2 Davey-Crouch, George	11	Borough of Southend Swimming	1:27.42	1:27.42	
3 White, Daniel	11	Borough of Southend Swimming	2:00.00	1:45.71	

**Event 108 Boys 12 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Whiting, Orlando	12	St Felix School SC (Southwold)	1:01.82	1:01.94	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****(Event 108 Boys 12 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 White, George	12	Borough of Southend Swimming	1:22.00	1:18.32	

**Event 108 Boys 13 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Glennerster, Toby	13	St Felix School SC (Southwold)	1:07.21	1:05.25	
2 Hall, Haiden	13	Deben Swimming Club-EA	1:03.53	1:06.64	
3 Harragan, Harry	13	Borough of Southend Swimming	1:10.34	1:10.49	
4 Kerry, Issac	13	Deben Swimming Club-EA	1:17.97	1:12.39	
5 Root, Finlay	13	Borough of Southend Swimming	1:26.50	1:16.05	
6 Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	1:29.49	1:24.45	
7 Aldridge, Linus	13	St Felix School SC (Southwold)	1:25.11	1:28.28	

**Event 108 Boys 14 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Every, Ben	14	St Felix School SC (Southwold)	59.95	59.98	
2 Reynolds, Sebastian	14	Hadleigh Swimming Club	1:06.52	1:04.68	
3 Stacey, George	14	Borough of Southend Swimming	1:14.92	1:11.47	

**Event 108 Boys 15 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Carr, Rufus	15	St Felix School SC (Southwold)	58.88	58.76	
2 Aldridge, Blake	15	St Felix School SC (Southwold)	1:02.48	1:00.59	
3 Caunter, Harrison	15	Stowmarket Swimming Club-EA	1:05.62	1:04.26	
4 Whiting, Cameron	15	Deben Swimming Club-EA	1:11.33	1:07.26	
5 Marpuri, Sasmit	15	Borough of Southend Swimming	1:11.47	1:11.66	

**Event 108 Boys 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Pryke, Daniel	17	Deben Swimming Club-EA	58.02	56.78	
2 Black, Samuel	16	Stowmarket Swimming Club-EA	59.97	59.81	

**Event 109 Girls 9 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Howell, Maisie	9	Borough of Southend Swimming	2:02.16	1:54.27	

**Event 109 Girls 11 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Armstrong, Emilia	11	Stowmarket Swimming Club-EA	NT	1:30.14	
2 Murphy, Olivia	11	Deben Swimming Club-EA	NT	1:35.25	
--- Knights, Annabelle	11	St Felix School SC (Southwold)	NT	DQ	

**Event 109 Girls 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gaydon, Eveline	13	Team Ipswich Swimming Club	1:20.28	1:21.50	

**Event 109 Girls 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Saunders, Amelia	14	St Felix School SC (Southwold)	1:09.29	1:09.34	
2 Blatchy-Smith, Darcie	14	St Felix School SC (Southwold)	1:17.17	1:11.74	
3 Richardson, May	14	Stowmarket Swimming Club-EA	1:18.70	1:20.55	

**Event 109 Girls 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	17	Deben Swimming Club-EA	1:16.69	1:10.77	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****(Event 109 Girls 16 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
2 McNicholas, Hannah	16	Deben Swimming Club-EA	1:11.15	1:15.29	

**Event 110 Boys 9 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Holland, Cody	9	St Felix School SC (Southwold)	44.62	43.39	
2 Burgess, James	9	Team Ipswich Swimming Club	43.10	45.21	
3 Harragan, Ethan	9	Borough of Southend Swimming	49.00	47.16	

**Event 110 Boys 10 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Thomas	10	Team Ipswich Swimming Club	37.13	36.40	
2 Harrison, Evan	10	Stowmarket Swimming Club-EA	41.47	42.42	
3 Marchant, Alexander	10	Borough of Southend Swimming	42.99	43.14	
4 Stadlen, Antoshka	10	Deben Swimming Club-EA	53.55	46.19	
5 Evans, Daniel	10	Deben Swimming Club-EA	NT	48.30	
6 Knight, Cooper	10	Borough of Southend Swimming	57.94	49.03	

**Event 110 Boys 11 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lamble, Dylan	11	Stowmarket Swimming Club-EA	38.41	37.54	
2 Davies, Diggory	11	Deben Swimming Club-EA	39.33	38.47	
3 Patel, Dhrish	11	Borough of Southend Swimming	41.84	38.85	
4 Miller, Byron	11	Hadleigh Swimming Club	38.90	41.73	
5 Cloke, Sebastian	11	Deben Swimming Club-EA	45.07	42.17	
6 Blagg, Josh	11	Stowmarket Swimming Club-EA	41.95	42.31	
7 Davey-Crouch, George	11	Borough of Southend Swimming	45.04	44.72	
8 Supple, Harrison	11	St Felix School SC (Southwold)	43.44	45.32	
9 Barnard, Joshua	11	Stowmarket Swimming Club-EA	52.74	52.98	
--- White, Daniel	11	Borough of Southend Swimming	1:03.00	DQ	

**Event 110 Boys 12 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Butt, Oliver	12	Deben Swimming Club-EA	37.26	37.10	
2 Rowe, Jarad	12	Colchester Swimming Club	38.61	38.93	
3 White, George	12	Borough of Southend Swimming	43.00	41.58	
4 Tolputt, Oscar	12	Deben Swimming Club-EA	45.97	44.54	

**Event 110 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Patel, Rikhil	13	Borough of Southend Swimming	37.06	35.17	
2 Rowland, Alfie	13	Stowmarket Swimming Club-EA	35.60	35.30	
3 Glennerster, Toby	13	St Felix School SC (Southwold)	38.81	36.95	
4 Kerry, Issac	13	Deben Swimming Club-EA	41.05	38.40	
5 Root, Finlay	13	Borough of Southend Swimming	39.22	38.59	
6 Harragan, Harry	13	Borough of Southend Swimming	40.30	38.88	
7 Aldridge, Linus	13	St Felix School SC (Southwold)	43.37	46.09	
8 Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	50.33	50.18	

**Event 110 Boys 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Stacey, George	14	Borough of Southend Swimming	36.93	37.00	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 110 Boys 15 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Carr, Rufus	15	St Felix School SC (Southwold)	31.08	30.80	
2 Caunter, Harrison	15	Stowmarket Swimming Club-EA	34.91	35.58	
3 Aldridge, Blake	15	St Felix School SC (Southwold)	33.60	35.72	
4 Whiting, Cameron	15	Deben Swimming Club-EA	38.85	37.75	
--- Marpuri, Sasmit	15	Borough of Southend Swimming	35.58	DQ	

**Event 110 Boys 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Matt	18	Stowmarket Swimming Club-EA	28.36	29.02	
2 Tolputt, Samuel	16	Deben Swimming Club-EA	30.80	30.90	
3 Pryke, Daniel	17	Deben Swimming Club-EA	30.07	31.72	
4 Ruffles-Francis, Vaughn	17	Stowmarket Swimming Club-EA	32.64	34.18	
5 Black, Samuel	16	Stowmarket Swimming Club-EA	32.65	34.24	

**Event 111 Girls 9 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	3:10.76	3:13.67	
2 Tape, Emily	9	Borough of Southend Swimming	4:45.00	3:48.00	

**Event 111 Girls 10 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Barry, Sophie	10	Borough of Southend Swimming	3:40.00	3:22.32	
2 Stroud, Olivia	10	Hadleigh Swimming Club	NT	3:28.93	

**Event 111 Girls 11 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Thorn, Isla	11	St Felix School SC (Southwold)	3:14.16	3:12.03	
2 Gibson, Emmi	11	Borough of Southend Swimming	3:24.40	3:15.85	

**Event 111 Girls 12 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cronin-Garrod, Martha	12	Borough of Southend Swimming	2:52.70	2:49.67	
2 Stacey, Matilda	12	Borough of Southend Swimming	2:58.62	3:04.54	

**Event 111 Girls 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Green, Selina	13	St Felix School SC (Southwold)	2:37.64	2:38.46	
2 Hills, Lily	13	St Felix School SC (Southwold)	3:05.70	3:01.83	

**Event 111 Girls 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Katie	14	Deben Swimming Club-EA	NT	2:44.38	
2 Gale, Bella	14	Deben Swimming Club-EA	NT	3:08.97	

**Event 111 Girls 15 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Tait, Iona	15	Deben Swimming Club-EA	2:46.20	2:40.42	
2 Harrington, Sophie	15	Deben Swimming Club-EA	2:47.80	2:49.71	
3 Ellis, Lottie	15	Deben Swimming Club-EA	2:55.21	2:51.27	

**Event 112 Boys 10 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marchant, Alexander	10	Borough of Southend Swimming	7:48.81	7:24.38	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 1 - Saturday****Event 112 Boys 12 Year Olds 400 SC Meter IM**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Gaydon, Alexander	12	Team Ipswich Swimming Club	6:01.21	6:03.45	
2 Marchant, Sebastian	12	Borough of Southend Swimming	7:52.19	7:33.86	

**Event 112 Boys 13 Year Olds 400 SC Meter IM**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Blagg, Fin	13	Stowmarket Swimming Club-EA	5:49.08	5:53.16	

**Event 112 Boys 14 Year Olds 400 SC Meter IM**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Every, Ben	14	St Felix School SC (Southwold)	5:22.06	5:12.93	
2 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	5:31.14	5:39.76	

**Event 112 Boys 15 Year Olds 400 SC Meter IM**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 McKinnon, Charlie	15	St Felix School SC (Southwold)	4:59.07	5:05.36	

**Event 112 Boys 16 & Over 400 SC Meter IM**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Miller, Robin	54	Hadleigh Swimming Club	NT	6:18.70	