

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****Event 201 Boys 10 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
--- Mutton, Thomas	10	Team Ipswich Swimming Club	NT	DQ	

**Event 201 Boys 12 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marchant, Sebastian	12	Borough of Southend Swimming	4:35.00	4:10.21	

**Event 201 Boys 16 & Over 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Black, Samuel	16	Stowmarket Swimming Club-EA	2:43.84	2:42.18	

**Event 202 Girls 9 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Welsford, Eloise	9	Deben Swimming Club-EA	NT	1:38.46	
2 Strachan, Georgie	9	St Felix School SC (Southwold)	2:00.04	1:50.30	
3 Pearce, Ettie	9	Deben Swimming Club-EA	NT	2:00.66	
--- Douglas, Pheobe	9	Borough of Southend Swimming	2:45.00	DQ	
--- Tape, Emily	9	Borough of Southend Swimming	2:21.00	DQ	

**Event 202 Girls 10 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Stroud, Olivia	10	Hadleigh Swimming Club	1:39.97	1:32.72	
2 Barry, Sophie	10	Borough of Southend Swimming	1:41.49	1:37.26	
3 Sheern, Isabella	10	Borough of Southend Swimming	1:47.00	1:37.32	
4 Knights, Amelia	10	St Felix School SC (Southwold)	1:45.27	1:39.64	
5 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	2:01.07	

**Event 202 Girls 11 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Sophie	11	Hadleigh Swimming Club	1:26.55	1:22.93	
2 Knights, Annabelle	11	St Felix School SC (Southwold)	1:30.32	1:27.57	
3 Hedges, Annaliese	11	Stowmarket Swimming Club-EA	1:30.98	1:28.62	
4 Thorn, Isla	11	St Felix School SC (Southwold)	1:31.06	1:30.54	
5 Colls, Emily	11	St Felix School SC (Southwold)	1:38.26	1:32.27	
6 Hills, Daisy	11	St Felix School SC (Southwold)	1:33.43	1:32.82	
7 Williams, Grace	11	Deben Swimming Club-EA	NT	1:39.81	
8 Root, Florence	11	Borough of Southend Swimming	1:50.00	1:41.89	

**Event 202 Girls 12 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Grace	12	Team Ipswich Swimming Club	1:17.63	1:18.57	
2 Stacey, Matilda	12	Borough of Southend Swimming	1:22.23	1:24.88	
3 Aubrey, Maya	12	Borough of Southend Swimming	1:33.00	1:28.39	
4 Jerrold, Neve	12	Deben Swimming Club-EA	1:36.14	1:29.62	

**Event 202 Girls 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Chloe	13	Hadleigh Swimming Club	1:08.90	1:09.87	
2 Taylor, Nicole	13	St Felix School SC (Southwold)	1:13.14	1:12.28	
3 Green, Selina	13	St Felix School SC (Southwold)	1:14.92	1:15.99	
4 Burgess, Aimee	13	Team Ipswich Swimming Club	1:15.87	1:16.82	
5 Collinson, Jess	13	Deben Swimming Club-EA	1:20.24	1:17.96	
6 Carter, Verity	13	Stowmarket Swimming Club-EA	1:23.57	1:25.01	
7 Barry, Lily-Kate	13	Borough of Southend Swimming	1:34.94	1:27.34	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 202 Girls 13 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
8 Fox, Pheobe	13	Stowmarket Swimming Club-EA	1:39.38	1:34.42	
9 Deitz, Olivia	13	Hadleigh Swimming Club	NT	1:34.85	

**Event 202 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Motts, Nell	14	Hadleigh Swimming Club	1:15.90	1:19.83	
2 Gale, Bella	14	Deben Swimming Club-EA	1:27.06	1:27.30	

**Event 202 Girls 15 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	1:09.97	1:09.29	
2 Tait, Iona	15	Deben Swimming Club-EA	1:18.21	1:16.25	
3 Ellis, Lottie	15	Deben Swimming Club-EA	1:19.05	1:18.09	
--- Rogers, Holly	15	Borough of Southend Swimming	1:26.85	DQ	

**Event 202 Girls 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Stroud, Tara	43	Hadleigh Swimming Club	1:18.80	1:16.70	
2 Carter, Annabelle	17	Stowmarket Swimming Club-EA	1:18.53	1:17.20	
3 Wright, Emily	16	Stowmarket Swimming Club-EA	1:21.42	1:24.36	

**Event 203 Boys 9 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Holland, Cody	9	St Felix School SC (Southwold)	54.14	52.70	
2 Burgess, James	9	Team Ipswich Swimming Club	52.09	53.58	
3 Lamble, Ronnie	9	Stowmarket Swimming Club-EA	1:26.53	1:03.66	
4 Rumsby, Noah	9	Borough of Southend Swimming	1:10.00	1:04.76	

**Event 203 Boys 10 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Evan	10	Stowmarket Swimming Club-EA	52.24	51.62	
2 Reynolds, Oscar	10	Hadleigh Swimming Club	1:00.01	53.26	
3 Knight, Cooper	10	Borough of Southend Swimming	56.84	54.93	
--- Evans, Daniel	10	Deben Swimming Club-EA	55.19	DQ	
--- Marchant, Alexander	10	Borough of Southend Swimming	51.77	DQ	
--- Giles, Reuben	10	Stowmarket Swimming Club-EA	49.33	DQ	
--- Clifton, Sebastian	10	Hadleigh Swimming Club	58.00	DQ	

**Event 203 Boys 11 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lamble, Dylan	11	Stowmarket Swimming Club-EA	48.47	45.15	
2 Miller, Byron	11	Hadleigh Swimming Club	44.85	47.25	
3 Patel, Dhrish	11	Borough of Southend Swimming	47.92	47.94	
4 Supple, Harrison	11	St Felix School SC (Southwold)	50.28	50.61	
5 Letts, George	11	Deben Swimming Club-EA	59.34	50.73	
6 Cloke, Sebastian	11	Deben Swimming Club-EA	58.09	53.75	
7 Blagg, Josh	11	Stowmarket Swimming Club-EA	1:00.87	56.36	
--- Davey-Crouch, George	11	Borough of Southend Swimming	55.85	DQ	

**Event 203 Boys 12 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Rex	12	Stowmarket Swimming Club-EA	44.26	45.30	
2 Rowe, Jarad	12	Colchester Swimming Club	45.64	45.62	
3 Marchant, Sebastian	12	Borough of Southend Swimming	52.31	48.89	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 203 Boys 12 Year Olds 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Ndlova, Casey	12	Borough of Southend Swimming	59.84	52.84	
--- Jack, Henry	12	Borough of Southend Swimming	57.00	DQ	

**Event 203 Boys 13 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Blagg, Fin	13	Stowmarket Swimming Club-EA	37.29	38.83	
2 Harragan, Harry	13	Borough of Southend Swimming	40.30	40.89	
3 Patel, Rikhil	13	Borough of Southend Swimming	41.91	41.73	
4 Glennerster, Toby	13	St Felix School SC (Southwold)	44.42	42.19	
5 Kerry, Issac	13	Deben Swimming Club-EA	46.49	44.74	
6 Aldridge, Linus	13	St Felix School SC (Southwold)	50.69	53.88	
7 Morland, Tommy	13	Hadleigh Swimming Club	53.39	54.58	
--- Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	57.13	DQ	

**Event 203 Boys 14 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Every, Ben	14	St Felix School SC (Southwold)	34.78	35.28	
2 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	35.74	35.97	
3 Reynolds, Sebastian	14	Hadleigh Swimming Club	36.48	36.62	
4 Coackley, Ewan	14	Team Ipswich Swimming Club	36.50	36.98	
5 Aldridge, Evan	14	St Felix School SC (Southwold)	38.68	37.72	
6 Mason, Jude	14	Stowmarket Swimming Club-EA	43.98	42.24	
7 Stacey, George	14	Borough of Southend Swimming	47.86	45.01	
--- Smith, Lewis	14	Hadleigh Swimming Club	NT	DQ	

**Event 203 Boys 15 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 McKinnon, Charlie	15	St Felix School SC (Southwold)	32.05	32.75	
2 Spelman, Tom	15	Stowmarket Swimming Club-EA	34.01	33.49	
3 Clarke, Joseph	15	Stowmarket Swimming Club-EA	35.21	35.73	
4 Wallace, Henry	15	Stowmarket Swimming Club-EA	38.95	36.80	
5 Aldridge, Blake	15	St Felix School SC (Southwold)	38.83	37.82	

**Event 203 Boys 16 & Over 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Pryke, Daniel	17	Deben Swimming Club-EA	34.24	34.20	
2 Tolputt, Samuel	16	Deben Swimming Club-EA	33.65	34.32	
3 Ruffles-Francis, Vaughn	17	Stowmarket Swimming Club-EA	35.00	34.76	

**Event 204 Girls 9 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	3:18.08	3:08.43	
2 Tape, Emily	9	Borough of Southend Swimming	4:00.00	3:29.03	
3 Douglas, Pheobe	9	Borough of Southend Swimming	4:35.00	3:47.84	

**Event 204 Girls 10 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knights, Amelia	10	St Felix School SC (Southwold)	3:07.66	3:13.07	
2 Sheern, Isabella	10	Borough of Southend Swimming	3:30.00	3:26.79	
3 Sadler, Evie	10	Borough of Southend Swimming	4:40.00	3:45.73	

**Event 204 Girls 11 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Townend, Harriet	11	Stowmarket Swimming Club-EA	2:39.94	2:34.93	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 204 Girls 11 Year Olds 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Coackley, Isla	11	Team Ipswich Swimming Club	2:41.78	2:50.85	
3 Knights, Annabelle	11	St Felix School SC (Southwold)	3:09.83	2:54.71	
4 Gibson, Emmi	11	Borough of Southend Swimming	3:02.60	2:56.48	
5 Rumsby, Olivia	11	Borough of Southend Swimming	3:02.05	3:01.36	
6 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	NT	3:16.57	

**Event 204 Girls 12 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marshall, Maggie	12	Team Ipswich Swimming Club	2:36.35	2:32.61	
2 Cronin-Garrod, Martha	12	Borough of Southend Swimming	2:31.50	2:32.86	
3 Mbili, Taitiana	12	Borough of Southend Swimming	2:40.57	2:36.99	
4 Stacey, Matilda	12	Borough of Southend Swimming	2:45.00	2:45.28	
5 Miller, Ava	12	Borough of Southend Swimming	3:20.00	2:57.29	

**Event 204 Girls 13 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Nicole	13	St Felix School SC (Southwold)	2:20.02	2:24.70	
2 Harrison, Amelie	13	Stowmarket Swimming Club-EA	2:39.28	2:28.58	
3 Dring, Lilley	13	Deben Swimming Club-EA	2:51.40	2:38.27	
4 Curry, Charlotte	13	Hadleigh Swimming Club	2:53.86	2:45.68	
5 Woods, Alexandra	13	St Felix School SC (Southwold)	2:41.66	2:45.80	
6 Barry, Lily-Kate	13	Borough of Southend Swimming	3:01.79	2:55.30	

**Event 204 Girls 14 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, May	14	Stowmarket Swimming Club-EA	2:22.49	2:23.66	
2 Motts, Nell	14	Hadleigh Swimming Club	2:34.69	2:29.13	
3 Walker, Katie	14	Deben Swimming Club-EA	2:33.94	2:30.89	

**Event 204 Girls 15 Year Olds 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	2:11.75	2:13.70	
2 Davies, Flo	15	Deben Swimming Club-EA	2:29.13	2:25.82	
3 Pond, Ruby	15	Borough of Southend Swimming	2:34.61	2:38.43	
4 Snowden, Bea	15	Deben Swimming Club-EA	2:49.29	2:44.71	

**Event 204 Girls 16 & Over 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	17	Deben Swimming Club-EA	2:11.80	2:10.23	
2 Wright, Emily	16	Stowmarket Swimming Club-EA	2:36.12	2:39.69	

**Event 205 Boys 9 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Watson, Tobias	9	Borough of Southend Swimming	2:17.00	1:46.93	
2 Smith, Daniel	9	Stowmarket Swimming Club-EA	NT	2:02.10	
3 Lamble, Ronnie	9	Stowmarket Swimming Club-EA	NT	2:04.05	

**Event 205 Boys 10 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Harrison, Evan	10	Stowmarket Swimming Club-EA	1:28.72	1:32.71	
2 Marchant, Alexander	10	Borough of Southend Swimming	1:34.59	1:33.06	
3 Gale, Aiden	10	Deben Swimming Club-EA	1:34.18	1:39.43	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****Event 205 Boys 11 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	11	Deben Swimming Club-EA	1:25.20	1:22.29	
2 Blagg, Josh	11	Stowmarket Swimming Club-EA	1:27.45	1:27.68	
3 Patel, Dhrish	11	Borough of Southend Swimming	1:30.72	1:28.13	
4 Cloke, Sebastian	11	Deben Swimming Club-EA	1:41.26	1:31.56	
5 Davey-Crouch, George	11	Borough of Southend Swimming	1:39.62	1:34.57	
6 Rudd, Logan	11	St Felix School SC (Southwold)	1:38.04	1:35.79	

**Event 205 Boys 12 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Whiting, Orlando	12	St Felix School SC (Southwold)	1:10.98	1:12.94	
2 Butt, Oliver	12	Deben Swimming Club-EA	1:21.60	1:19.57	
3 Rowe, Jarad	12	Colchester Swimming Club	1:23.92	1:24.17	
4 Harrison, Rex	12	Stowmarket Swimming Club-EA	1:28.42	1:25.48	

**Event 205 Boys 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Patel, Rikhil	13	Borough of Southend Swimming	1:19.81	1:18.97	
2 Harragan, Harry	13	Borough of Southend Swimming	1:23.43	1:22.80	
3 Root, Finlay	13	Borough of Southend Swimming	1:26.54	1:24.50	
--- Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	1:53.26	DQ	

**Event 205 Boys 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Aldridge, Evan	14	St Felix School SC (Southwold)	1:14.29	1:13.69	
2 Stacey, George	14	Borough of Southend Swimming	1:20.14	1:20.25	

**Event 205 Boys 15 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Clarke, Joseph	15	Stowmarket Swimming Club-EA	1:12.11	1:12.99	

**Event 205 Boys 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Flowers, Joe	16	St Felix School SC (Southwold)	1:05.78	1:08.66	

**Event 206 Girls 9 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	1:34.01	1:35.78	
2 Hunt, Nancy	9	Stowmarket Swimming Club-EA	NT	2:02.22	
--- Tape, Emily	9	Borough of Southend Swimming	2:03.44	DQ	
--- Strachan, Georgie	9	St Felix School SC (Southwold)	1:52.00	DQ	
--- Welsford, Eloise	9	Deben Swimming Club-EA	NT	DQ	

**Event 206 Girls 10 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mason, Isla	10	Stowmarket Swimming Club-EA	1:39.09	1:33.97	
2 Stroud, Olivia	10	Hadleigh Swimming Club	1:44.25	1:36.67	
3 Barry, Sophie	10	Borough of Southend Swimming	1:45.00	1:38.64	
4 Knights, Amelia	10	St Felix School SC (Southwold)	1:51.43	1:43.50	
5 Cooper, Morrigan	10	Borough of Southend Swimming	1:49.85	1:45.13	

**Event 206 Girls 11 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Murphy, Olivia	11	Deben Swimming Club-EA	1:37.54	1:28.29	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 206 Girls 11 Year Olds 100 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Knight, Sophie	11	Hadleigh Swimming Club	1:28.71	1:28.82	
3 Townend, Harriet	11	Stowmarket Swimming Club-EA	1:33.44	1:29.93	
4 Hedges, Annaliese	11	Stowmarket Swimming Club-EA	1:43.33	1:31.00	
5 Knights, Annabelle	11	St Felix School SC (Southwold)	1:31.60	1:31.36	
6 Thorn, Isla	11	St Felix School SC (Southwold)	1:37.81	1:34.99	
7 Colls, Emily	11	St Felix School SC (Southwold)	1:40.48	1:36.21	
8 Rumsby, Olivia	11	Borough of Southend Swimming	1:41.08	1:40.35	
9 Spilling, Eloise	11	Stowmarket Swimming Club-EA	1:56.47	1:42.99	
10 Root, Florence	11	Borough of Southend Swimming	1:45.95	1:45.82	
11 Okolo, Kimberly	11	Borough of Southend Swimming	1:56.00	1:49.42	
12 Steed, Olivia	11	Hadleigh Swimming Club	NT	1:55.36	
13 Hyde, Nia	11	Borough of Southend Swimming	2:08.00	2:00.09	
--- Williams, Grace	11	Deben Swimming Club-EA	NT	DQ	

**Event 206 Girls 12 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marshall, Maggie	12	Team Ipswich Swimming Club	1:27.77	1:21.78	
2 Walker, Lucy	12	Deben Swimming Club-EA	1:28.09	1:25.25	
3 Johnson, Shanie	12	Borough of Southend Swimming	1:35.85	1:31.68	
4 Stacey, Matilda	12	Borough of Southend Swimming	1:27.91	1:32.88	
5 Jerrold, Neve	12	Deben Swimming Club-EA	1:37.22	1:33.42	
6 Miller, Ava	12	Borough of Southend Swimming	1:35.23	1:36.11	
7 Fell, Freya	12	Stowmarket Swimming Club-EA	1:47.55	1:42.80	

**Event 206 Girls 13 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Chloe	13	Hadleigh Swimming Club	1:13.72	1:14.17	
2 Burgess, Aimee	13	Team Ipswich Swimming Club	1:19.33	1:17.26	
3 Green, Selina	13	St Felix School SC (Southwold)	1:20.57	1:18.89	
4 Collinson, Jess	13	Deben Swimming Club-EA	1:22.37	1:21.04	
5 Harrison, Amelie	13	Stowmarket Swimming Club-EA	1:27.26	1:21.62	
6 Dring, Lilley	13	Deben Swimming Club-EA	1:29.09	1:24.11	
7 Woods, Alexandra	13	St Felix School SC (Southwold)	1:28.68	1:25.33	
8 Carter, Verity	13	Stowmarket Swimming Club-EA	1:30.52	1:27.05	
9 Hills, Lily	13	St Felix School SC (Southwold)	1:28.53	1:28.59	
10 Haselwood, Erin	13	Stowmarket Swimming Club-EA	1:34.19	1:30.05	
11 Burgess, Mia	13	Deben Swimming Club-EA	NT	1:30.34	
12 Fox, Pheobe	13	Stowmarket Swimming Club-EA	1:41.01	1:35.82	
13 Schindler, Katie	13	Hadleigh Swimming Club	NT	1:42.40	

**Event 206 Girls 14 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Johnson, Emilia	14	St Felix School SC (Southwold)	1:14.17	1:12.42	
2 Motts, Nell	14	Hadleigh Swimming Club	1:18.82	1:21.02	
3 Walker, Katie	14	Deben Swimming Club-EA	1:24.87	1:24.01	
4 Denham, Ella	14	Hadleigh Swimming Club	NT	1:27.36	
5 Hassan, Sherine	14	Borough of Southend Swimming	1:39.32	1:33.61	

**Event 206 Girls 15 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Tait, Iona	15	Deben Swimming Club-EA	1:20.06	1:20.88	
2 Howell, Josie	15	Deben Swimming Club-EA	1:24.53	1:23.34	
3 Williams-Johnson, Tiana	15	Borough of Southend Swimming	1:27.07	1:27.83	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****Event 206 Girls 16 & Over 100 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time	Points
1	McNicholas, Caitlin	17	Deben Swimming Club-EA	1:11.20	1:11.40	
2	Hall, Helena	17	Deben Swimming Club-EA	1:09.97	1:12.33	
3	Rowe, Sadie	16	Colchester Swimming Club	1:14.83	1:13.58	
4	Denham, Georgia	16	Hadleigh Swimming Club	1:17.41	1:18.66	
5	Catchpole, Georgia	16	Stowmarket Swimming Club-EA	1:22.25	1:20.66	
6	Carter, Annabelle	17	Stowmarket Swimming Club-EA	1:24.01	1:24.36	
7	Gibson, Mia	16	Hadleigh Swimming Club	1:24.30	1:25.39	
8	Hutton, Emily	16	Stowmarket Swimming Club-EA	1:25.31	1:25.65	
9	Wright, Emily	16	Stowmarket Swimming Club-EA	1:23.79	1:26.56	
10	Cook, Anna	17	Deben Swimming Club-EA	1:34.27	1:33.02	

**Event 207 Boys 9 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Holland, Cody	9	St Felix School SC (Southwold)	3:26.88	3:07.55	

**Event 207 Boys 10 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hammond, Ethan	10	Borough of Southend Swimming	3:03.95	3:05.08	
2	Pond, Max	10	Borough of Southend Swimming	3:18.12	3:05.48	
3	Gale, Aiden	10	Deben Swimming Club-EA	2:58.74	3:07.63	

**Event 207 Boys 11 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lamble, Dylan	11	Stowmarket Swimming Club-EA	2:46.20	2:48.64	
2	Supple, Harrison	11	St Felix School SC (Southwold)	3:05.38	2:54.32	
3	Cloke, Sebastian	11	Deben Swimming Club-EA	NT	2:58.95	
4	Rudd, Logan	11	St Felix School SC (Southwold)	3:03.99	3:00.08	
5	Letts, George	11	Deben Swimming Club-EA	NT	3:13.01	

**Event 207 Boys 12 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Whiting, Orlando	12	St Felix School SC (Southwold)	2:20.30	2:20.82	
2	Harrison, Rex	12	Stowmarket Swimming Club-EA	2:57.33	2:47.02	

**Event 207 Boys 13 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Glennerster, Toby	13	St Felix School SC (Southwold)	2:27.75	2:21.68	
2	Harragan, Harry	13	Borough of Southend Swimming	2:39.50	2:34.59	
3	Root, Finlay	13	Borough of Southend Swimming	2:46.88	2:43.73	
4	Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	NT	3:11.38	

**Event 207 Boys 14 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Every, Ben	14	St Felix School SC (Southwold)	2:13.59	2:10.80	
2	Reynolds, Sebastian	14	Hadleigh Swimming Club	2:30.10	2:21.77	
3	Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	2:20.19	2:24.15	
4	Stacey, George	14	Borough of Southend Swimming	2:38.47	2:32.71	
5	Mason, Jude	14	Stowmarket Swimming Club-EA	2:29.72	2:33.92	

**Event 207 Boys 15 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	McKinnon, Charlie	15	St Felix School SC (Southwold)	2:08.83	2:05.84	
2	Spelman, Tom	15	Stowmarket Swimming Club-EA	2:08.54	2:07.47	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 207 Boys 15 Year Olds 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Barber, Nick	15	Stowmarket Swimming Club-EA	2:11.28	2:11.14	

**Event 207 Boys 16 & Over 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Flowers, Joe	16	St Felix School SC (Southwold)	2:06.10	2:11.83	
2 Miller, Robin	54	Hadleigh Swimming Club	2:28.20	2:25.15	

**Event 208 Girls 9 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Howell, Maisie	9	Borough of Southend Swimming	4:15.00	4:17.35	

**Event 208 Girls 13 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Chess	13	Stowmarket Swimming Club-EA	2:52.10	2:50.16	

**Event 208 Girls 14 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, May	14	Stowmarket Swimming Club-EA	2:54.96	2:59.73	

**Event 209 Boys 9 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Burgess, James	9	Team Ipswich Swimming Club	1:50.03	1:47.55	
2 Lamble, Ronnie	9	Stowmarket Swimming Club-EA	NT	2:14.74	
--- Watson, Tobias	9	Borough of Southend Swimming	1:58.00	DQ	
--- Smith, Daniel	9	Stowmarket Swimming Club-EA	NT	DQ	

**Event 209 Boys 10 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Hammond, Ethan	10	Borough of Southend Swimming	1:38.45	1:39.31	
2 Harrison, Evan	10	Stowmarket Swimming Club-EA	1:43.39	1:41.11	
3 Pond, Max	10	Borough of Southend Swimming	2:04.45	1:41.92	
4 Reynolds, Oscar	10	Hadleigh Swimming Club	NT	1:45.02	
5 Evans, Daniel	10	Deben Swimming Club-EA	NT	1:45.63	
6 Knight, Cooper	10	Borough of Southend Swimming	2:00.00	1:46.64	
7 Clifton, Sebastian	10	Hadleigh Swimming Club	NT	1:55.16	
--- Marchant, Alexander	10	Borough of Southend Swimming	1:51.91	DQ	

**Event 209 Boys 11 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	11	Deben Swimming Club-EA	1:26.25	1:25.62	
2 Miller, Byron	11	Hadleigh Swimming Club	1:25.66	1:25.97	
3 Davey-Crouch, George	11	Borough of Southend Swimming	1:46.20	1:37.45	
4 Blagg, Josh	11	Stowmarket Swimming Club-EA	1:44.82	1:38.77	
5 Letts, George	11	Deben Swimming Club-EA	NT	1:39.01	

**Event 209 Boys 12 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Butt, Oliver	12	Deben Swimming Club-EA	1:25.60	1:23.60	
2 Rowe, Jarad	12	Colchester Swimming Club	1:33.72	1:29.65	
3 Marchant, Sebastian	12	Borough of Southend Swimming	1:42.91	1:36.28	

**Event 209 Boys 13 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Blagg, Fin	13	Stowmarket Swimming Club-EA	1:14.12	1:17.01	



**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 209 Boys 13 Year Olds 100 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Glennerster, Toby	13	St Felix School SC (Southwold)	1:23.10	1:17.84	
3 Kerry, Issac	13	Deben Swimming Club-EA	1:28.88	1:25.43	

**Event 209 Boys 15 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Aldridge, Blake	15	St Felix School SC (Southwold)	1:15.16	1:13.49	
2 Wallace, Henry	15	Stowmarket Swimming Club-EA	1:19.96	1:16.90	
3 Whiting, Cameron	15	Deben Swimming Club-EA	1:26.55	1:20.45	

**Event 209 Boys 16 & Over 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Pryke, Daniel	17	Deben Swimming Club-EA	1:07.60	1:06.41	
2 Tolputt, Samuel	16	Deben Swimming Club-EA	1:08.01	1:07.73	
3 Ruffles-Francis, Vaughn	17	Stowmarket Swimming Club-EA	1:10.11	1:10.55	

**Event 210 Girls 9 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	49.18	52.51	
2 Templer, Daisy	9	Stowmarket Swimming Club-EA	NT	56.59	
3 Strachan, Georgie	9	St Felix School SC (Southwold)	1:02.02	1:00.93	
4 Welham, Freya	9	Stowmarket Swimming Club-EA	1:10.40	1:02.36	
5 Wojcik, Lexi	9	Hadleigh Swimming Club	NT	1:02.96	
6 Hunt, Nancy	9	Stowmarket Swimming Club-EA	1:08.52	1:08.77	

**Event 210 Girls 10 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mason, Isla	10	Stowmarket Swimming Club-EA	52.61	50.91	
2 Sheern, Isabella	10	Borough of Southend Swimming	56.19	52.95	
3 Cooper, Morrigan	10	Borough of Southend Swimming	54.68	53.07	
4 McTaggart, Elinor	10	Deben Swimming Club-EA	1:07.90	55.01	
5 Knights, Amelia	10	St Felix School SC (Southwold)	1:00.02	56.52	
6 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	56.91	

**Event 210 Girls 11 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Snowden, Nellie	11	Deben Swimming Club-EA	44.83	44.18	
2 Coackley, Isla	11	Team Ipswich Swimming Club	45.38	44.58	
3 Murphy, Olivia	11	Deben Swimming Club-EA	51.55	47.67	
4 Townend, Harriet	11	Stowmarket Swimming Club-EA	47.72	47.70	
5 Morton-Wright, Lottie	11	Deben Swimming Club-EA	50.53	48.96	
6 Hills, Daisy	11	St Felix School SC (Southwold)	48.89	49.77	
7 Knight, Sophie	11	Hadleigh Swimming Club	56.29	49.81	
8 Colls, Emily	11	St Felix School SC (Southwold)	52.74	51.23	
9 Hyde, Nia	11	Borough of Southend Swimming	51.79	52.72	
10 Steed, Olivia	11	Hadleigh Swimming Club	NT	53.24	
11 Thorn, Isla	11	St Felix School SC (Southwold)	51.07	53.48	
12 Spilling, Eloise	11	Stowmarket Swimming Club-EA	57.86	55.44	
13 Williams, Grace	11	Deben Swimming Club-EA	58.99	56.97	
14 Root, Florence	11	Borough of Southend Swimming	1:05.00	58.97	
--- Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	52.14	DQ	
--- Gibson, Pip	11	Deben Swimming Club-EA	NT	DQ	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****Event 210 Girls 12 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Grace	12	Team Ipswich Swimming Club	38.42	38.79	
2 Cronin-Garrod, Martha	12	Borough of Southend Swimming	45.52	44.12	
3 Johnson, Shanie	12	Borough of Southend Swimming	44.34	44.47	
4 Aubrey, Maya	12	Borough of Southend Swimming	44.36	45.01	
5 Whiting, Rosie	12	Deben Swimming Club-EA	49.23	46.44	
6 Mbili, Taitiana	12	Borough of Southend Swimming	46.89	47.83	
7 Jerrold, Neve	12	Deben Swimming Club-EA	47.88	50.26	
8 Stacey, Matilda	12	Borough of Southend Swimming	49.33	50.94	
9 Miller, Ava	12	Borough of Southend Swimming	53.94	53.88	
10 Fell, Freya	12	Stowmarket Swimming Club-EA	55.82	54.36	
11 Hassan, Jasmine	12	Borough of Southend Swimming	1:07.00	1:06.01	

**Event 210 Girls 13 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Chloe	13	Hadleigh Swimming Club	39.38	40.38	
2 Burgess, Aimee	13	Team Ipswich Swimming Club	43.58	42.95	
3 Harrison, Amelie	13	Stowmarket Swimming Club-EA	42.69	44.16	
4 Dring, Lilley	13	Deben Swimming Club-EA	47.44	45.20	
5 Burgess, Mia	13	Deben Swimming Club-EA	57.02	46.17	
6 Carter, Verity	13	Stowmarket Swimming Club-EA	46.44	47.82	
7 Haselwood, Erin	13	Stowmarket Swimming Club-EA	52.19	49.50	
8 Fox, Pheobe	13	Stowmarket Swimming Club-EA	52.36	49.62	
9 Hills, Lily	13	St Felix School SC (Southwold)	48.39	49.79	
10 Barry, Lily-Kate	13	Borough of Southend Swimming	55.09	51.87	
11 Schindler, Katie	13	Hadleigh Swimming Club	52.07	52.26	
12 McTaggart, Abbi	13	Deben Swimming Club-EA	1:03.02	57.96	
--- Deitz, Olivia	13	Hadleigh Swimming Club	56.09	DQ	

**Event 210 Girls 14 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Johnson, Emilia	14	St Felix School SC (Southwold)	38.04	38.90	
2 Lamb, Jessica	14	Deben Swimming Club-EA	44.66	45.41	
3 Denham, Ella	14	Hadleigh Swimming Club	51.00	48.13	
4 Hassan, Sherine	14	Borough of Southend Swimming	48.08	49.58	

**Event 210 Girls 15 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Flo	15	Deben Swimming Club-EA	40.69	41.24	
2 Ellis, Lottie	15	Deben Swimming Club-EA	41.62	42.18	
3 Howell, Josie	15	Deben Swimming Club-EA	42.63	43.38	
4 Harrington, Sophie	15	Deben Swimming Club-EA	44.52	44.07	
5 Williams-Johnson, Tiana	15	Borough of Southend Swimming	42.53	44.38	
6 Rogers, Holly	15	Borough of Southend Swimming	45.20	45.89	

**Event 210 Girls 16 & Over 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 McNicholas, Caitlin	17	Deben Swimming Club-EA	35.20	35.55	
2 Rowe, Sadie	16	Colchester Swimming Club	35.29	36.03	
3 Davies, Connie	17	Deben Swimming Club-EA	38.57	37.70	
4 Denham, Georgia	16	Hadleigh Swimming Club	37.28	38.46	
5 Hall, Helena	17	Deben Swimming Club-EA	39.41	38.78	
6 Finbow, Amber	16	Deben Swimming Club-EA	40.99	40.47	

**Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023****Results - Session 2 - Sunday Morning****(Event 210 Girls 16 & Over 50 SC Meter Breaststroke)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
7 Catchpole, Georgia	16	Stowmarket Swimming Club-EA	42.69	41.81	
8 Cook, Anna	17	Deben Swimming Club-EA	43.70	44.12	
9 Bingham, Poppy	16	Stowmarket Swimming Club-EA	44.40	44.92	
10 Hutton, Emily	16	Stowmarket Swimming Club-EA	43.94	45.02	
--- Gibson, Mia	16	Hadleigh Swimming Club	43.10	DQ	