

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 301 Boys 9 Year Olds 200 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Battle, Max	9	Stowmarket Swimming Club-EA	4:18.90	4:26.81

Event 301 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Greening, Tom	10	Norwich Swan Swimming Club-EA	NT	3:18.91
2 Thurlow, Harry T	10	Norwich Swan Swimming Club-EA	NT	3:33.49
--- Edwards, Harry	10	Team Waveney Swimming Club-EA	NT	DQ

Event 301 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Watton, Benjamin	11	Norwich Swan Swimming Club-EA	3:48.84	3:17.75
2 Hammond, Ethan	11	Borough of Southend Swimming	3:33.38	3:30.37
3 Allberry, Edward A	11	Stowmarket Swimming Club-EA	3:51.70	3:41.77

Event 301 Boys 12 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Battle, Jake	12	Stowmarket Swimming Club-EA	2:39.08	2:36.99
2 Campbell, Elias G	12	Norwich Swan Swimming Club-EA	4:23.20	4:04.99

Event 301 Boys 13 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Hall, Haiden A	13	Deben Swimming Club-EA	3:01.11	2:35.73
2 Butt, Oliver	13	Deben Swimming Club-EA	2:48.04	2:46.25
3 Allberry, James W	13	Stowmarket Swimming Club-EA	NT	3:02.44
--- Marchant, Sebastian	13	Borough of Southend Swimming	3:29.36	DQ

Event 301 Boys 14 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Scott, Aidan	14	St Felix School SC (Southwold)	2:36.87	2:35.72
2 Glennerster, Toby	14	St Felix School SC (Southwold)	2:48.20	2:46.15

Event 301 Boys 16 & Over 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Holmes, Harrison	17	Team Waveney Swimming Club-EA	2:26.08	2:22.36

Event 302 Girls 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Nowell, Molly R	9	Stowmarket Swimming Club-EA	NT	7:40.95

Event 302 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 O'Sullivan, Ella	10	Norwich Swan Swimming Club-EA	7:32.52	6:09.74
2 Oakley, Lola	10	Norwich Swan Swimming Club-EA	6:39.00	6:25.61
3 Jewers, Zara	10	Stowmarket Swimming Club-EA	7:11.50	7:00.35
4 Robertson, Bella	10	Stowmarket Swimming Club-EA	7:54.63	7:10.40
5 Tape, Emily	10	Borough of Southend Swimming	7:09.97	7:12.93

Event 302 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Freeman, Skye	11	Norwich Swan Swimming Club-EA	5:52.60	5:34.28
2 Sadler, Maisy	11	Norwich Swan Swimming Club-EA	6:10.26	5:46.22

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 302 Girls 12 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Oakley, Mischa	12	Norwich Swan Swimming Club-EA	6:06.04	5:34.55
2 Hopewell-Campion, Casey	12	Newmarket & District Swimming-E	6:01.78	5:52.92
3 Knights, Annabelle	12	St Felix School SC (Southwold)	5:50.00	5:55.04
4 Thorn, Isla	12	St Felix School SC (Southwold)	6:05.00	5:55.20
5 Mai-Belle, Doggett	12	Newmarket & District Swimming-E	NT	6:23.09

Event 302 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Mbili, Taitiana	13	Borough of Southend Swimming	5:29.80	5:35.56
2 Stacey, Matilda	13	Borough of Southend Swimming	5:53.00	5:54.69
3 Barry, Lily-Kate	13	Borough of Southend Swimming	6:11.55	5:56.31

Event 302 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Forrester, Imogen	14	Deben Swimming Club-EA	5:27.41	5:26.52

Event 302 Girls 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Richardson, May	15	Stowmarket Swimming Club-EA	5:02.95	5:03.30
2 Davies, Flo V	15	Deben Swimming Club-EA	5:21.30	5:11.36

Event 302 Girls 16 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Salmon, Francesca	18	Norwich Swan Swimming Club-EA	5:05.27	4:52.09
--- Snowden, Bea P	16	Deben Swimming Club-EA	5:48.83	DQ

Event 303 Boys 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Candler, Oliver	9	Norwich Swan Swimming Club-EA	NT	41.91
2 Iancu, Patrick	9	Borough of Southend Swimming	42.48	43.25
3 Battle, Max	9	Stowmarket Swimming Club-EA	43.52	45.46
4 Policarpio, Liam	9	Stowmarket Swimming Club-EA	49.54	46.20
5 Wedgwood, Maximus	9	Stowmarket Swimming Club-EA	51.97	51.20

Event 303 Boys 10 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Giles, Reuben B	10	Stowmarket Swimming Club-EA	33.03	32.41
2 Thurlow, Harry T	10	Norwich Swan Swimming Club-EA	36.70	37.05
3 Greening, Tom	10	Norwich Swan Swimming Club-EA	38.30	37.54
4 Scrivener, Thomas	10	Leiston & District Swimming Cl	39.48	37.56
5 Edwards, Harry	10	Team Waveney Swimming Club-EA	39.37	38.90
6 Gentry, Aiden	10	Team Waveney Swimming Club-EA	43.06	39.78
7 Peacock, Harvey	10	Borough of Southend Swimming	42.60	40.03
8 Gale, Aiden R	10	Deben Swimming Club-EA	38.72	40.08
9 Lawrence, Marston F	10	Norwich Swan Swimming Club-EA	45.45	42.00
10 Parikh, Vian	10	Deben Swimming Club-EA	48.92	44.24
11 Pritchard, Freddie C	10	Stowmarket Swimming Club-EA	44.77	45.10

Event 303 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Patel, Dhrish	11	Borough of Southend Swimming	33.94	33.20
2 Evans, Daniel	11	Deben Swimming Club-EA	36.32	35.22
3 Watton, Benjamin	11	Norwich Swan Swimming Club-EA	38.91	35.62

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 303 Boys 11 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Letts, George	11	Deben Swimming Club-EA	38.09	35.68
5 Pond, Max	11	Borough of Southend Swimming	37.32	36.31
6 Supple, Harrison	11	St Felix School SC (Southwold)	36.31	36.59
7 Bennett, William	11	Deben Swimming Club-EA	37.68	38.92
8 Marchant, Alexander	11	Borough of Southend Swimming	41.56	39.23
9 Simmons, Matthew	11	Deben Swimming Club-EA	NT	39.37
10 Allberry, Edward A	11	Stowmarket Swimming Club-EA	42.08	39.98
11 Hammond, Ethan	11	Borough of Southend Swimming	38.85	40.94

Event 303 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Whiting, Orlando	12	St Felix School SC (Southwold)	27.78	26.70
*2 Battle, Jake	12	Stowmarket Swimming Club-EA	29.00	28.70
*2 Wallis, Ethan	12	St Felix School SC (Southwold)	29.20	28.70
4 Wild, Jake	12	Newmarket & District Swimming-E.	32.64	31.57
5 Watsham, Rhys	12	St Felix School SC (Southwold)	35.64	31.76
6 Harrison, Rex	12	Stowmarket Swimming Club-EA	33.32	33.78
7 Harrison, Heath	12	Stowmarket Swimming Club-EA	33.51	34.36
8 Thompson, Ted	12	Leiston & District Swimming Cl	36.51	34.77
9 Cloke, Sebastian	12	Deben Swimming Club-EA	35.26	35.93
10 Gittins, Thomas	12	Norwich Swan Swimming Club-EA	37.26	36.13
11 Thompson, Alfie	12	Leiston & District Swimming Cl	36.48	36.28
12 Llewellyn, Tom	12	Deben Swimming Club-EA	39.35	38.43
13 Thornton-Coates, Luke	12	Deben Swimming Club-EA	38.28	40.04
14 Campbell, Elias G	12	Norwich Swan Swimming Club-EA	41.90	44.22

Event 303 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Hall, Haiden A	13	Deben Swimming Club-EA	28.11	27.98
2 Edwards, Ethan J	13	Team Waveney Swimming Club-EA	31.10	30.75
3 Root, Finlay	13	Borough of Southend Swimming	33.09	32.26
4 Ndlovu, Casey	13	Borough of Southend Swimming	34.14	32.92
5 Smith-Hilton, Sam	13	Deben Swimming Club-EA	33.87	33.42
6 Stammers, Nicholas	13	Norwich Swan Swimming Club-EA	38.82	33.77
7 Allberry, James W	13	Stowmarket Swimming Club-EA	34.92	33.83
8 Tolputt, Oscar G	13	Deben Swimming Club-EA	34.49	34.09
9 Peck, Nate M	13	Team Waveney Swimming Club-EA	37.39	35.71
10 Thornton-Coates, James T	13	Deben Swimming Club-EA	39.93	40.13
11 Marchant, Sebastian	13	Borough of Southend Swimming	40.15	40.50
12 Kerry, Rowan J	13	Stowmarket Swimming Club-EA	44.79	43.91

Event 303 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Every, Ben	14	St Felix School SC (Southwold)	27.19	26.51
2 Blagg, Fin	14	Stowmarket Swimming Club-EA	27.85	27.43
3 Glennerster, Toby	14	St Felix School SC (Southwold)	29.67	28.96
4 Scott, Aidan	14	St Felix School SC (Southwold)	29.88	29.22
5 Steenkamp, Elliot	14	Newmarket & District Swimming-E.	30.39	29.50
6 Patel, Rikhil	14	Borough of Southend Swimming	30.35	29.98
7 Thompson, Angus	14	Leiston & District Swimming Cl	31.50	30.41
8 Stock, Charles	14	St Felix School SC (Southwold)	34.96	31.69
9 Shopland, Kain	14	Deben Swimming Club-EA	36.04	35.09

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 303 Boys 15 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Carr, Rufus	15	St Felix School SC (Southwold)	26.21	26.10
2 Turner, Daniel	15	Team Waveney Swimming Club-EA	26.69	26.93
3 Crysell, Matthew	15	Newmarket & District Swimming-E.	27.28	27.58
4 Battisson, Spencer	15	Team Waveney Swimming Club-EA	28.48	27.62
5 Strike, Ciaran J	15	Team Waveney Swimming Club-EA	28.80	28.58
6 Ruffles-Francis, Teilo	15	Stowmarket Swimming Club-EA	29.17	28.78
7 Stacey, George	15	Borough of Southend Swimming	29.70	29.79
8 Tigges, Luke	15	Hadleigh Swimming Club	31.48	31.26
9 Bowers, Charlie	15	Norwich Swan Swimming Club-EA	34.28	32.46

Event 303 Boys 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Holmes, Harrison	17	Team Waveney Swimming Club-EA	24.73	24.86
*2 Bashford, Riley	17	Deben Swimming Club-EA	23.74	25.80
*2 Welsford, Callum	20	Deben Swimming Club-EA	26.31	25.80
4 Battisson, Lloyd	18	Team Waveney Swimming Club-EA	25.42	25.87
5 Osborne, Jack J	16	Deben Swimming Club-EA	26.47	26.01
6 Pryke, Daniel R	17	Deben Swimming Club-EA	25.84	26.03
7 Spelman, Tom	16	Stowmarket Swimming Club-EA	26.69	26.43
8 Howard, Aidan	21	Deben Swimming Club-EA	26.06	26.86
9 Ruffles-Francis, Vaughn	18	Stowmarket Swimming Club-EA	27.69	27.28
10 Wilson, Luke	16	Team Waveney Swimming Club-EA	27.80	27.90
11 Everitt, Sam	16	Newmarket & District Swimming-E.	28.92	28.40
12 Whiting, Cameron J	16	Deben Swimming Club-EA	29.50	28.82
13 Barber, Zak J	16	Team Waveney Swimming Club-EA	33.52	29.15
14 Wallace, Henry	16	Stowmarket Swimming Club-EA	30.20	29.50

Event 304 Girls 9 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Reed, Ella-Rose	9	Team Waveney Swimming Club-EA	59.23	1:02.86
2 Nowell, Molly R	9	Stowmarket Swimming Club-EA	1:04.12	1:06.27
--- Claxton, Annabel	9	Norwich Swan Swimming Club-EA	1:13.43	DQ

Event 304 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Wicks, Isabelle	10	Norwich Swan Swimming Club-EA	40.80	41.46
2 Welsford, Eloise C	10	Deben Swimming Club-EA	46.53	46.69
3 Sadler, Evie	10	Borough of Southend Swimming	47.24	47.75
4 Tydeman, Martha	10	Stowmarket Swimming Club-EA	56.88	50.71
5 Pearce, Ettie R	10	Deben Swimming Club-EA	49.51	52.01
6 Bryant, Olivia M	10	Stowmarket Swimming Club-EA	50.21	52.39
7 Brown, Daisy	10	Leiston & District Swimming Cl	NT	55.83
8 Hunt, Nancy I	10	Stowmarket Swimming Club-EA	57.43	1:01.41
9 Cockerton-Pryce, Amelie	10	Newmarket & District Swimming-E.	1:05.60	1:02.32
--- Jewers, Zara	10	Stowmarket Swimming Club-EA	58.40	DQ
--- Douglas, Phoebe	10	Borough of Southend Swimming	54.84	DQ

Event 304 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Sadler, Maisy	11	Norwich Swan Swimming Club-EA	37.56	36.27
2 Howlett, Isabelle K	11	Norwich Swan Swimming Club-EA	39.80	38.22
3 Pert, Sophie	11	Norwich Swan Swimming Club-EA	42.41	40.55

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 304 Girls 11 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
4 Freeman, Skye	11	Norwich Swan Swimming Club-EA	39.95	41.06
5 Burrell, Cherish	11	Norwich Swan Swimming Club-EA	NT	42.85
6 Barry, Sophie	11	Borough of Southend Swimming	45.65	43.80
7 Snowden, Nellie	11	Deben Swimming Club-EA	43.27	44.57
8 Williams, Grace	11	Deben Swimming Club-EA	NT	44.59
9 Ansell, Abigail	11	Borough of Southend Swimming	49.42	48.24
10 Dye, Ruth	11	Norwich Swan Swimming Club-EA	46.94	49.07
11 Kotei, Elana M	11	Stowmarket Swimming Club-EA	51.45	53.54
12 Fisher, Molly-Rose	11	Norwich Swan Swimming Club-EA	55.25	54.02
--- Johal, Priya	11	Norwich Swan Swimming Club-EA	NT	DQ

Event 304 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Ratnayake, Anudi	12	Norwich Swan Swimming Club-EA	36.77	34.89
2 Armstrong, Emilia	12	Stowmarket Swimming Club-EA	37.20	36.11
3 Cable, Violet	12	Norwich Swan Swimming Club-EA	NT	39.09
4 Colls, Emily	12	St Felix School SC (Southwold)	47.50	39.17
5 Kirk, Betsy	12	Leiston & District Swimming Cl	40.70	39.41
6 Hedges, Annaliese K	12	Stowmarket Swimming Club-EA	39.28	39.77
7 Ratnayake, Senudi	12	Norwich Swan Swimming Club-EA	39.50	40.21

Event 304 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 May, Freya	13	Leiston & District Swimming Cl	33.10	32.59
2 Collinson, Jess M	13	Deben Swimming Club-EA	33.74	34.16
3 Walker, Lucy A	13	Deben Swimming Club-EA	35.77	34.73
4 Dring, Lilley R	13	Deben Swimming Club-EA	34.39	35.19
5 Catchpole, Charlotte	13	Leiston & District Swimming Cl	38.55	38.17
6 Mbili, Taitiana	13	Borough of Southend Swimming	40.31	41.11
7 Crane, Erin D	13	Deben Swimming Club-EA	43.57	43.75
8 Johal, Amrita	13	Norwich Swan Swimming Club-EA	42.36	43.97
9 Fell, Freya	13	Stowmarket Swimming Club-EA	52.31	54.01

Event 304 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Sheasby, Liv	14	Newmarket & District Swimming-E.	36.24	33.79
2 Harrison, Amelie	14	Stowmarket Swimming Club-EA	36.18	34.48
3 Walker, Katie E	14	Deben Swimming Club-EA	34.57	34.53
4 Newman, Sophia	14	Borough of Southend Swimming	43.32	37.34
5 Turner, Emily	14	St Felix School SC (Southwold)	38.10	38.11
6 Haselwood, Erin	14	Stowmarket Swimming Club-EA	37.92	38.50
7 Beever, Ruby	14	Team Waveney Swimming Club-EA	44.99	42.39

Event 304 Girls 15 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Tait, Iona I	15	Deben Swimming Club-EA	33.18	32.55
2 Howell, Josie L	15	Deben Swimming Club-EA	34.02	34.92
3 Richardson, May	15	Stowmarket Swimming Club-EA	33.62	35.39
4 Harrington, Sophie E	15	Deben Swimming Club-EA	34.58	35.52
5 Whittaker, Izzy	15	Team Waveney Swimming Club-EA	34.80	36.29
6 Ball, Imogen F	15	Team Waveney Swimming Club-EA	36.15	36.49
7 Francis, Chloe R	15	Team Waveney Swimming Club-EA	37.41	37.10
8 Pond, Ruby	15	Borough of Southend Swimming	38.25	40.86

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 304 Girls 15 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
9 Gale, Bella R	15	Deben Swimming Club-EA	40.48	43.71

Event 304 Girls 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Davies, Connie A	17	Deben Swimming Club-EA	29.23	30.22
2 McNicholas, Hannah L	16	Deben Swimming Club-EA	30.86	31.28
3 Holmes, Jersey	16	Team Waveney Swimming Club-EA	32.64	32.37
4 England, Lizzie	17	Stowmarket Swimming Club-EA	32.12	32.78
5 Kinnett, Evie	16	Newmarket & District Swimming-E.	34.67	34.31
6 Catchpole, Georgia R	17	Stowmarket Swimming Club-EA	34.90	36.89

Event 305 Boys 9 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Iancu, Patrick	9	Borough of Southend Swimming	2:00.00	2:01.87
2 Candler, Oliver	9	Norwich Swan Swimming Club-EA	NT	2:03.27
3 Battle, Max	9	Stowmarket Swimming Club-EA	2:32.92	2:48.37

Event 305 Boys 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Scrivener, Thomas	10	Leiston & District Swimming Cl	1:51.18	1:42.36
2 Greening, Tom	10	Norwich Swan Swimming Club-EA	1:47.66	1:44.19
3 Lawrence, Marston F	10	Norwich Swan Swimming Club-EA	NT	1:53.60
4 Gentry, Aiden	10	Team Waveney Swimming Club-EA	2:26.01	2:12.56
5 Smith, Daniel W	10	Stowmarket Swimming Club-EA	2:21.29	2:25.08
6 Pritchard, Freddie C	10	Stowmarket Swimming Club-EA	2:23.51	2:28.26

Event 305 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Patel, Dhrish	11	Borough of Southend Swimming	1:43.79	1:38.79
2 Letts, George	11	Deben Swimming Club-EA	1:51.18	1:50.08
3 Marchant, Alexander	11	Borough of Southend Swimming	1:47.41	1:50.62
4 Bennett, William	11	Deben Swimming Club-EA	1:53.61	1:54.21
--- Allberry, Edward A	11	Stowmarket Swimming Club-EA	2:06.80	DQ

Event 305 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Battle, Jake	12	Stowmarket Swimming Club-EA	1:22.18	1:22.70
2 Wild, Jake	12	Newmarket & District Swimming-E.	1:37.60	1:35.32
3 Gittins, Thomas	12	Norwich Swan Swimming Club-EA	1:52.51	1:46.86
4 Harrison, Heath	12	Stowmarket Swimming Club-EA	1:39.26	1:49.47
5 Thornton-Coates, Luke	12	Deben Swimming Club-EA	1:53.19	1:53.57

Event 305 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Edwards, Ethan J	13	Team Waveney Swimming Club-EA	1:38.13	1:34.67
2 Allberry, James W	13	Stowmarket Swimming Club-EA	1:40.60	1:40.96
3 Peck, Nate M	13	Team Waveney Swimming Club-EA	1:56.57	1:44.15
4 Stammers, Nicholas	13	Norwich Swan Swimming Club-EA	1:49.40	1:44.26
5 Marchant, Sebastian	13	Borough of Southend Swimming	1:50.69	1:49.09
6 Ndlovu, Casey	13	Borough of Southend Swimming	1:44.00	1:54.15
7 Kerry, Rowan J	13	Stowmarket Swimming Club-EA	1:58.99	1:58.02
--- Thornton-Coates, James T	13	Deben Swimming Club-EA	1:50.62	DQ

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 305 Boys 14 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Blagg, Fin	14	Stowmarket Swimming Club-EA	1:17.93	1:19.40
2 Patel, Rikhil	14	Borough of Southend Swimming	1:28.52	1:28.58
3 Steenkamp, Elliot	14	Newmarket & District Swimming-E	1:40.37	1:30.72
4 Shopland, Kain	14	Deben Swimming Club-EA	1:40.45	1:37.55
--- Ilcevic, Artemij	14	Deben Swimming Club-EA	NT	DQ

Event 305 Boys 15 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Ruffles-Francis, Teilo	15	Stowmarket Swimming Club-EA	1:18.71	1:17.73
2 Crysell, Matthew	15	Newmarket & District Swimming-E	1:27.90	1:29.10

Event 305 Boys 16 & Over 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Holmes, Harrison	17	Team Waveney Swimming Club-EA	1:10.90	1:10.79
2 Tolputt, Samuel J	17	Deben Swimming Club-EA	1:15.58	1:15.48
3 Wilson, Luke	16	Team Waveney Swimming Club-EA	1:17.78	1:18.87
4 Wallace, Henry	16	Stowmarket Swimming Club-EA	1:20.65	1:22.21

Event 306 Girls 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 O'Sullivan, Ella	10	Norwich Swan Swimming Club-EA	3:42.10	3:38.06
2 Oakley, Lola	10	Norwich Swan Swimming Club-EA	3:34.18	3:39.11
3 Sheasby, Tilly	10	Newmarket & District Swimming-E	4:11.95	3:45.31

Event 306 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Sadler, Maisy	11	Norwich Swan Swimming Club-EA	3:07.70	3:12.40
--- Claxton, Olivia	11	Norwich Swan Swimming Club-EA	NT	DQ
--- Gilbert, Charlotte	11	Norwich Swan Swimming Club-EA	NT	DQ

Event 306 Girls 12 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Ratnayake, Anudi	12	Norwich Swan Swimming Club-EA	3:19.40	3:03.50
2 Mehra, Ishita	12	Norwich Swan Swimming Club-EA	3:11.40	3:04.07
3 Murphy, Olivia	12	Deben Swimming Club-EA	NT	3:06.49
4 Hedges, Annaliese K	12	Stowmarket Swimming Club-EA	3:22.98	3:12.28
5 Barden, Molly	12	Norwich Swan Swimming Club-EA	NT	3:36.80

Event 306 Girls 13 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 May, Freya	13	Leiston & District Swimming Cl	2:45.44	2:49.70
2 Thompson, Frankie D	13	Team Waveney Swimming Club-EA	3:07.17	2:58.66
3 Fell, Freya	13	Stowmarket Swimming Club-EA	NT	3:47.55

Event 306 Girls 14 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Harrison, Amelie	14	Stowmarket Swimming Club-EA	2:51.65	2:50.68
2 Forrester, Imogen	14	Deben Swimming Club-EA	2:59.20	3:05.75

Event 306 Girls 15 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Thompson, Maia A	15	Team Waveney Swimming Club-EA	2:47.05	2:40.97

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 306 Girls 16 & Over 200 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Salmon, Francesca	18	Norwich Swan Swimming Club-EA	2:54.31	2:43.53
2 England, Lizzie	17	Stowmarket Swimming Club-EA	2:43.79	2:43.80
3 Snowden, Bea P	16	Deben Swimming Club-EA	3:07.54	3:20.00

Event 307 Boys 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Gale, Aiden R	10	Deben Swimming Club-EA	6:00.12	6:18.72
2 Thurlow, Harry T	10	Norwich Swan Swimming Club-EA	NT	6:39.81

Event 307 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Pond, Max	11	Borough of Southend Swimming	6:15.07	6:09.04
2 Allberry, Edward A	11	Stowmarket Swimming Club-EA	7:33.01	7:14.12

Event 307 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Harrison, Rex	12	Stowmarket Swimming Club-EA	5:31.52	5:22.34
2 Davies, Diggory J	12	Deben Swimming Club-EA	5:58.35	5:28.59
3 Cloke, Sebastian	12	Deben Swimming Club-EA	NT	6:21.79

Event 307 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Hall, Haiden A	13	Deben Swimming Club-EA	4:47.28	4:44.13
2 Butt, Oliver	13	Deben Swimming Club-EA	5:38.61	5:11.62
3 Root, Finlay	13	Borough of Southend Swimming	5:36.40	5:23.19
4 Allberry, James W	13	Stowmarket Swimming Club-EA	6:10.87	6:02.05

Event 307 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Gunner, Jude	14	St Felix School SC (Southwold)	4:37.30	4:38.49
2 Thompson, Angus	14	Leiston & District Swimming Cl	5:10.44	5:16.22

Event 307 Boys 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Strike, Ciaran J	15	Team Waveney Swimming Club-EA	4:43.06	4:37.26
2 Battisson, Spencer	15	Team Waveney Swimming Club-EA	4:44.83	4:44.36
3 Ruffles-Francis, Teilo	15	Stowmarket Swimming Club-EA	4:56.87	4:53.65
4 Stacey, George	15	Borough of Southend Swimming	5:17.12	5:12.71

Event 307 Boys 16 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Battisson, Lloyd	18	Team Waveney Swimming Club-EA	4:19.11	4:23.76
2 Spelman, Tom	16	Stowmarket Swimming Club-EA	4:28.37	4:24.79
3 Barber, Zak J	16	Team Waveney Swimming Club-EA	5:14.58	5:02.24

Event 308 Girls 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Nowell, Molly R	9	Stowmarket Swimming Club-EA	45.81	42.63
2 Welham, Freya	9	Stowmarket Swimming Club-EA	43.62	43.39
3 Cooney, Gabriella	9	Leiston & District Swimming Cl	47.05	43.77
4 Wallis, Iona	9	St Felix School SC (Southwold)	48.63	45.63
5 Wallis, Mia	9	St Felix School SC (Southwold)	47.45	45.79
6 Wells, Florence	9	Borough of Southend Swimming	1:00.00	48.80

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 308 Girls 9 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
7 Thompson, Saskia	9	Leiston & District Swimming Cl	53.36	49.37
8 Brewster, Florence J	9	Stowmarket Swimming Club-EA	52.81	49.44
9 Long, Hattie	9	Stowmarket Swimming Club-EA	52.72	50.65
10 Claxton, Annabel	9	Norwich Swan Swimming Club-EA	56.84	58.18

Event 308 Girls 10 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Sadler, Evie	10	Borough of Southend Swimming	37.77	36.88
2 Wicks, Isabelle	10	Norwich Swan Swimming Club-EA	35.30	37.26
3 Brightwell, Amy M	10	Norwich Swan Swimming Club-EA	42.92	37.45
4 Knights, Amelia	10	St Felix School SC (Southwold)	38.76	37.63
5 Jewers, Zara	10	Stowmarket Swimming Club-EA	39.70	38.54
6 Bryant, Olivia M	10	Stowmarket Swimming Club-EA	41.69	39.58
7 Robertson, Bella	10	Stowmarket Swimming Club-EA	42.01	39.73
8 Welsford, Eloise C	10	Deben Swimming Club-EA	40.41	40.11
9 Goodfellow, Eadie	10	Team Waveney Swimming Club-EA	44.50	40.61
10 Cockerton-Pryce, Amelie	10	Newmarket & District Swimming-E.	43.03	41.02
11 Pearce, Ettie R	10	Deben Swimming Club-EA	44.29	42.65
12 Sloper, Roseanna	10	Hadleigh Swimming Club	46.49	43.51
13 Douglas, Phoebe	10	Borough of Southend Swimming	45.10	43.77
14 Brown, Daisy	10	Leiston & District Swimming Cl	47.68	45.04
15 Tydeman, Martha	10	Stowmarket Swimming Club-EA	45.83	46.20
16 Veyssier, Agathe	10	Newmarket & District Swimming-E.	50.38	48.19
17 Hunt, Nancy I	10	Stowmarket Swimming Club-EA	47.53	48.49

Event 308 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Howlett, Isabelle K	11	Norwich Swan Swimming Club-EA	33.10	32.91
2 Butt, Emilia	11	Deben Swimming Club-EA	35.32	34.13
3 Murrell, Emily	11	Norwich Swan Swimming Club-EA	35.18	34.20
4 Williams, Grace	11	Deben Swimming Club-EA	35.30	34.85
5 Freeman, Skye	11	Norwich Swan Swimming Club-EA	34.80	35.18
6 Burrell, Cherish	11	Norwich Swan Swimming Club-EA	NT	36.46
7 Barry, Sophie	11	Borough of Southend Swimming	38.91	36.73
8 Turner, Rosie	11	St Felix School SC (Southwold)	37.56	37.33
9 Root, Florence	11	Borough of Southend Swimming	38.43	37.44
10 Ansell, Abigail	11	Borough of Southend Swimming	35.82	37.53
11 Pert, Sophie	11	Norwich Swan Swimming Club-EA	36.94	37.67
12 Tigges, Evie	11	Hadleigh Swimming Club	40.58	38.06
13 Gilbert, Charlotte	11	Norwich Swan Swimming Club-EA	38.65	38.23
14 Ginja, Raphaella	11	Team Waveney Swimming Club-EA	41.09	39.23
15 McTaggart, Elinor M	11	Deben Swimming Club-EA	38.86	39.50
16 Gibson, Pip	11	Deben Swimming Club-EA	43.66	44.23
17 Crane, Abbie M	11	Deben Swimming Club-EA	49.07	44.47
18 Johal, Priya	11	Norwich Swan Swimming Club-EA	44.60	44.97
19 Claxton, Olivia	11	Norwich Swan Swimming Club-EA	45.30	45.42
20 Kotei, Elana M	11	Stowmarket Swimming Club-EA	45.92	47.47
21 Long, Nancy	11	Stowmarket Swimming Club-EA	47.19	48.23
22 May, Emily	11	Leiston & District Swimming Cl	48.24	49.59
23 Fisher, Molly-Rose	11	Norwich Swan Swimming Club-EA	46.64	49.92

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 308 Girls 12 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Armstrong, Emilia	12	Stowmarket Swimming Club-EA	31.79	31.91
2 Knights, Annabelle	12	St Felix School SC (Southwold)	32.83	32.12
3 Murphy, Olivia	12	Deben Swimming Club-EA	32.33	33.00
4 Kirk, Betsy	12	Leiston & District Swimming Cl	34.87	33.09
5 Ratnayake, Anudi	12	Norwich Swan Swimming Club-EA	34.79	33.12
6 Curtin, Lola-Rose	12	Team Waveney Swimming Club-EA	34.73	33.24
7 Ratnayake, Senudi	12	Norwich Swan Swimming Club-EA	34.60	33.87
8 Hopewell-Campion, Casey	12	Newmarket & District Swimming-E.	33.93	34.06
9 Mehra, Ishita	12	Norwich Swan Swimming Club-EA	36.50	35.16
10 Colls, Emily	12	St Felix School SC (Southwold)	36.64	36.14
11 Nicolson, Kate	12	Deben Swimming Club-EA	37.19	36.21
12 Cable, Violet	12	Norwich Swan Swimming Club-EA	35.19	36.83
13 Harvey, Hermione 0	12	Norwich Swan Swimming Club-EA	NT	37.45
14 Barden, Molly	12	Norwich Swan Swimming Club-EA	40.11	38.03
15 Morton-Wright, Lottie	12	Deben Swimming Club-EA	39.88	39.46
16 Ashworth, Millie R	12	Deben Swimming Club-EA	39.66	40.32
17 Thompson, Tatiana	12	Leiston & District Swimming Cl	41.30	41.34

Event 308 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Collinson, Jess M	13	Deben Swimming Club-EA	29.68	30.24
2 Dring, Lilley R	13	Deben Swimming Club-EA	29.33	30.35
3 Thompson, Frankie D	13	Team Waveney Swimming Club-EA	31.75	30.63
4 Walker, Lucy A	13	Deben Swimming Club-EA	31.51	31.52
5 Woods, Alexandra	13	St Felix School SC (Southwold)	32.73	31.73
6 Whiting, Rosie	13	Deben Swimming Club-EA	32.59	32.37
7 Catchpole, Charlotte	13	Leiston & District Swimming Cl	32.21	32.63
8 Mbili, Taitiana	13	Borough of Southend Swimming	31.91	33.26
9 Carter, Verity	13	Stowmarket Swimming Club-EA	32.56	33.31
10 Curry, Charlotte	13	Hadleigh Swimming Club	34.37	33.54
11 Stacey, Matilda	13	Borough of Southend Swimming	35.00	34.48
12 Burgess, Mia M	13	Deben Swimming Club-EA	35.29	34.73
13 Johal, Amrita	13	Norwich Swan Swimming Club-EA	35.10	35.10
14 Barry, Lily-Kate	13	Borough of Southend Swimming	37.46	35.68
15 Fell, Freya	13	Stowmarket Swimming Club-EA	39.09	38.85
16 Crane, Erin D	13	Deben Swimming Club-EA	38.33	39.13

Event 308 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Blatchly-Smith, Darcie	14	St Felix School SC (Southwold)	29.87	29.14
2 Walker, Katie E	14	Deben Swimming Club-EA	29.98	30.37
3 Sheasby, Liv	14	Newmarket & District Swimming-E.	31.27	30.43
4 Taylor, Nicole	14	St Felix School SC (Southwold)	30.54	30.90
5 Travell, Holly A	14	Team Waveney Swimming Club-EA	33.43	31.97
6 Turner, Emily	14	St Felix School SC (Southwold)	31.61	32.10
7 Forrester, Imogen	14	Deben Swimming Club-EA	33.99	33.26
8 Haselwood, Erin	14	Stowmarket Swimming Club-EA	33.52	33.48
9 Newman, Sophia	14	Borough of Southend Swimming	35.17	33.63
10 McTaggart, Abbi V	14	Deben Swimming Club-EA	36.66	34.90
11 Beevor, Ruby	14	Team Waveney Swimming Club-EA	35.34	34.99
12 Ginja, Gaby	14	Team Waveney Swimming Club-EA	36.87	35.73

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****Event 308 Girls 15 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Ellis, Lottie	15	Deben Swimming Club-EA	30.81	29.90
2 Richardson, May	15	Stowmarket Swimming Club-EA	30.01	30.22
3 Tait, Iona I	15	Deben Swimming Club-EA	30.07	30.45
4 Davies, Flo V	15	Deben Swimming Club-EA	30.36	30.60
5 Thompson, Maia A	15	Team Waveney Swimming Club-EA	30.41	30.78
6 Whittaker, Izzy	15	Team Waveney Swimming Club-EA	30.57	31.75
7 Ball, Imogen F	15	Team Waveney Swimming Club-EA	31.89	32.31
8 Kindred, Isabella R	15	Deben Swimming Club-EA	33.19	32.73
9 Francis, Chloe R	15	Team Waveney Swimming Club-EA	33.23	32.77
10 Harrington, Sophie E	15	Deben Swimming Club-EA	31.80	33.68
11 Pond, Ruby	15	Borough of Southend Swimming	32.91	34.76
--- Gale, Bella R	15	Deben Swimming Club-EA	34.42	DQ

Event 308 Girls 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Davies, Connie A	17	Deben Swimming Club-EA	26.71	27.26
2 Catchpole, Ellie	17	Leiston & District Swimming Cl	28.40	29.22
3 Kinnett, Evie	16	Newmarket & District Swimming-E.	30.06	29.63
4 McNicholas, Hannah L	16	Deben Swimming Club-EA	28.81	29.67
*5 England, Lizzie	17	Stowmarket Swimming Club-EA	29.23	29.78
*5 Knight, Emily	16	Hadleigh Swimming Club	29.28	29.78
7 Holmes, Jersey	16	Team Waveney Swimming Club-EA	29.89	30.38
8 Salmon, Francesca	18	Norwich Swan Swimming Club-EA	30.16	30.61
9 Finbow, Amber J	17	Deben Swimming Club-EA	30.14	30.64
10 Carter, Annabelle	17	Stowmarket Swimming Club-EA	30.68	30.97
11 Denham, Georgia	16	Hadleigh Swimming Club	31.40	31.51
12 Emmerson, Taome	20	Leiston & District Swimming Cl	33.25	34.64

Event 309 Boys 9 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Candler, Oliver	9	Norwich Swan Swimming Club-EA	56.64	53.33
2 Battle, Max	9	Stowmarket Swimming Club-EA	59.81	1:00.36
--- Iancu, Patrick	9	Borough of Southend Swimming	1:10.00	DQ
--- Policarpio, Liam	9	Stowmarket Swimming Club-EA	1:02.81	DQ

Event 309 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Giles, Reuben B	10	Stowmarket Swimming Club-EA	38.46	36.99
2 Thurlow, Harry T	10	Norwich Swan Swimming Club-EA	46.46	43.81
3 Greening, Tom	10	Norwich Swan Swimming Club-EA	48.31	44.87
4 Gentry, Aiden	10	Team Waveney Swimming Club-EA	55.14	44.96
5 Edwards, Harry	10	Team Waveney Swimming Club-EA	49.16	48.62
6 Pritchard, Freddie C	10	Stowmarket Swimming Club-EA	1:03.33	1:02.34
7 Smith, Daniel W	10	Stowmarket Swimming Club-EA	1:05.54	1:05.24
--- Lawrence, Marston F	10	Norwich Swan Swimming Club-EA	1:00.11	DQ

Event 309 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Patel, Dhrish	11	Borough of Southend Swimming	41.48	39.75
2 Supple, Harrison	11	St Felix School SC (Southwold)	42.09	44.55
3 Marchant, Alexander	11	Borough of Southend Swimming	44.45	48.68
4 Allberry, Edward A	11	Stowmarket Swimming Club-EA	52.97	55.12

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 309 Boys 11 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
--- Evans, Daniel	11	Deben Swimming Club-EA	41.54	DQ

Event 309 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Battle, Jake	12	Stowmarket Swimming Club-EA	32.16	31.86
2 Wallis, Ethan	12	St Felix School SC (Southwold)	34.64	33.59
3 Wild, Jake	12	Newmarket & District Swimming-E.	34.70	35.01
4 Davies, Diggory J	12	Deben Swimming Club-EA	37.47	36.76
5 Thompson, Alfie	12	Leiston & District Swimming Cl	49.49	42.16
6 Llewellyn, Tom	12	Deben Swimming Club-EA	46.73	42.30
7 Thompson, Ted	12	Leiston & District Swimming Cl	47.85	42.98
8 Gittins, Thomas	12	Norwich Swan Swimming Club-EA	48.90	47.82
9 Campbell, Elias G	12	Norwich Swan Swimming Club-EA	NT	1:03.07

Event 309 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Hall, Haiden A	13	Deben Swimming Club-EA	33.20	33.19
2 Cottingham, Henry	13	Hadleigh Swimming Club	38.78	35.68
3 Edwards, Ethan J	13	Team Waveney Swimming Club-EA	37.76	37.64
4 Root, Finlay	13	Borough of Southend Swimming	39.54	38.68
5 Allberry, James W	13	Stowmarket Swimming Club-EA	41.33	38.95
6 Ndlovu, Casey	13	Borough of Southend Swimming	41.90	43.10
7 Marchant, Sebastian	13	Borough of Southend Swimming	48.38	47.26
8 Kerry, Rowan J	13	Stowmarket Swimming Club-EA	56.94	57.64
--- Peck, Nate M	13	Team Waveney Swimming Club-EA	45.75	DQ

Event 309 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Every, Ben	14	St Felix School SC (Southwold)	30.93	29.22
2 Blagg, Fin	14	Stowmarket Swimming Club-EA	31.72	30.51
3 Patel, Rikhil	14	Borough of Southend Swimming	34.08	33.89
4 Steenkamp, Elliot	14	Newmarket & District Swimming-E.	34.39	34.15
5 Stock, Charles	14	St Felix School SC (Southwold)	38.40	35.23
6 Thompson, Angus	14	Leiston & District Swimming Cl	36.65	38.30

Event 309 Boys 15 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Turner, Daniel	15	Team Waveney Swimming Club-EA	29.00	28.94
2 Carr, Rufus	15	St Felix School SC (Southwold)	29.30	28.97
3 Strike, Ciaran J	15	Team Waveney Swimming Club-EA	31.40	31.33
4 Crysell, Matthew	15	Newmarket & District Swimming-E.	33.90	34.11

Event 309 Boys 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Osborne, Jack J	16	Deben Swimming Club-EA	28.14	27.46
2 Bashford, Riley	17	Deben Swimming Club-EA	NT	27.72
3 Battisson, Lloyd	18	Team Waveney Swimming Club-EA	27.37	27.82
4 Welsford, Callum	20	Deben Swimming Club-EA	28.10	28.49
5 Tolputt, Samuel J	17	Deben Swimming Club-EA	29.96	30.35
6 Howard, Aidan	21	Deben Swimming Club-EA	31.38	30.56
7 Ruffles-Francis, Vaughn	18	Stowmarket Swimming Club-EA	31.21	30.61
8 Everitt, Sam	16	Newmarket & District Swimming-E.	31.48	30.74
9 Barber, Zak J	16	Team Waveney Swimming Club-EA	36.29	34.50

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 309 Boys 16 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
10 Whiting, Cameron J	16	Deben Swimming Club-EA	42.92	35.00

Event 310 Girls 9 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Welham, Freya	9	Stowmarket Swimming Club-EA	2:12.70	2:10.88
2 Brewster, Florence J	9	Stowmarket Swimming Club-EA	NT	2:20.61
3 Thompson, Saskia	9	Leiston & District Swimming Cl	NT	2:20.63
4 Claxton, Annabel	9	Norwich Swan Swimming Club-EA	NT	2:29.68

Event 310 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Brightwell, Amy M	10	Norwich Swan Swimming Club-EA	NT	1:43.43
2 Herring, Aurelia	10	Leiston & District Swimming Cl	1:55.14	1:50.92
3 Robertson, Bella	10	Stowmarket Swimming Club-EA	1:53.37	1:51.90
4 Oakley, Lola	10	Norwich Swan Swimming Club-EA	1:53.48	1:56.24
5 Jewers, Zara	10	Stowmarket Swimming Club-EA	1:58.93	1:56.94
6 Bryant, Olivia M	10	Stowmarket Swimming Club-EA	1:55.53	1:57.20
7 Templer, Daisy	10	Stowmarket Swimming Club-EA	1:55.39	1:57.36
8 Goodfellow, Eadie	10	Team Waveney Swimming Club-EA	NT	2:05.21
9 Veysier, Agathe	10	Newmarket & District Swimming-E.	NT	2:35.81

Event 310 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Howlett, Isabelle K	11	Norwich Swan Swimming Club-EA	1:28.80	1:28.86
2 Snowden, Nellie	11	Deben Swimming Club-EA	1:34.16	1:34.60
3 Murrell, Emily	11	Norwich Swan Swimming Club-EA	1:42.23	1:39.98
4 McTaggart, Elinor M	11	Deben Swimming Club-EA	1:59.76	1:46.95
5 Ansell, Abigail	11	Borough of Southend Swimming	1:39.19	1:47.77
6 Claxton, Olivia	11	Norwich Swan Swimming Club-EA	1:56.80	1:55.31
7 Turner, Rosie	11	St Felix School SC (Southwold)	1:52.92	1:55.58
8 Fisher, Molly-Rose	11	Norwich Swan Swimming Club-EA	1:58.30	1:57.57
9 Gibson, Pip	11	Deben Swimming Club-EA	2:03.53	1:58.55
10 Johal, Priya	11	Norwich Swan Swimming Club-EA	2:00.37	2:11.41
11 Long, Nancy	11	Stowmarket Swimming Club-EA	NT	2:14.21
12 Crane, Abbie M	11	Deben Swimming Club-EA	NT	2:19.40

Event 310 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Armstrong, Emilia	12	Stowmarket Swimming Club-EA	1:34.72	1:33.64
2 Oakley, Mischa	12	Norwich Swan Swimming Club-EA	1:37.60	1:34.21
3 Curtin, Lola-Rose	12	Team Waveney Swimming Club-EA	1:47.10	1:41.78
4 Morton-Wright, Lottie	12	Deben Swimming Club-EA	1:46.67	1:44.53
5 Harvey, Hermione O	12	Norwich Swan Swimming Club-EA	NT	1:48.86
6 Thompson, Tatiana	12	Leiston & District Swimming Cl	1:47.01	1:49.68
7 Nicolson, Kate	12	Deben Swimming Club-EA	1:51.49	1:51.28
8 Barden, Molly	12	Norwich Swan Swimming Club-EA	1:55.14	1:52.59

Event 310 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Burgess, Mia M	13	Deben Swimming Club-EA	1:38.86	1:40.52
2 Thompson, Frankie D	13	Team Waveney Swimming Club-EA	1:44.77	1:41.95
3 Mbili, Taitiana	13	Borough of Southend Swimming	1:41.97	1:43.12
4 Whiting, Rosie	13	Deben Swimming Club-EA	NT	1:43.38

Deben November 2023 Meet - 18/11/2023 to 19/11/2023**Results - Session 1 - Sunday PM****(Event 310 Girls 13 Year Olds 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
5 Crane, Erin D	13	Deben Swimming Club-EA	1:53.12	1:54.39
6 Fell, Freya	13	Stowmarket Swimming Club-EA	1:51.40	1:56.66
--- Johal, Amrita	13	Norwich Swan Swimming Club-EA	1:50.10	DQ

Event 310 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Newman, Sophia	14	Borough of Southend Swimming	1:36.78	1:31.10
2 Harrison, Amelie	14	Stowmarket Swimming Club-EA	1:34.61	1:33.77
3 Travell, Holly A	14	Team Waveney Swimming Club-EA	1:48.43	1:38.31
4 Haselwood, Erin	14	Stowmarket Swimming Club-EA	1:43.39	1:41.90
5 Forrester, Imogen	14	Deben Swimming Club-EA	1:40.90	1:42.02
6 Harvey, Pearl	14	Leiston & District Swimming Cl	1:56.42	1:45.35

Event 310 Girls 15 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Thompson, Maia A	15	Team Waveney Swimming Club-EA	1:28.67	1:31.08
2 Howell, Josie L	15	Deben Swimming Club-EA	1:28.73	1:33.00
3 Siuskute, Meda	15	Team Waveney Swimming Club-EA	NT	2:00.96

Event 310 Girls 16 & Over 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Davies, Connie A	17	Deben Swimming Club-EA	1:21.99	1:20.74
2 Finbow, Amber J	17	Deben Swimming Club-EA	1:31.78	1:34.20
3 Snowden, Bea P	16	Deben Swimming Club-EA	1:35.68	1:38.51