

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****Event 301 Boys 10 Year Olds 200 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Thomas	10	Team Ipswich Swimming Club	2:59.01	2:57.63	
2 Croft, Adison	10	Stowmarket Swimming Club-EA	NT	3:32.00	
3 Hammond, Ethan	10	Borough of Southend Swimming	3:40.00	3:33.38	

Event 301 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Lambie, Dylan	11	Stowmarket Swimming Club-EA	2:59.51	2:58.14	
2 Lay-Flurrie, Fletcher	11	Team Ipswich Swimming Club	2:59.04	3:01.44	
3 Blagg, Josh	11	Stowmarket Swimming Club-EA	NT	3:32.56	

Event 301 Boys 12 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Haskins, Sebastian	12	Borough of Southend Swimming	3:17.85	3:16.15	
2 Marchant, Sebastian	12	Borough of Southend Swimming	4:12.27	3:44.63	

Event 301 Boys 13 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Glennerster, Toby	13	St Felix School SC (Southwold)	2:54.37	2:48.20	
2 Harragan, Harry	13	Borough of Southend Swimming	3:15.01	3:00.72	

Event 301 Boys 14 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Every, Ben	14	St Felix School SC (Southwold)	2:25.43	2:27.33	
2 Aldridge, Evan	14	St Felix School SC (Southwold)	2:47.80	2:40.75	
3 Tigges, Luke	14	Hadleigh Swimming Club	NT	3:01.51	
4 Stacey, George	14	Borough of Southend Swimming	3:01.49	3:03.07	

Event 301 Boys 15 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Spelman, Tom	15	Stowmarket Swimming Club-EA	2:25.31	2:23.74	

Event 302 Girls 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Howell, Maisie	9	Borough of Southend Swimming	7:12.56	6:52.59	
2 Welsford, Eloise	9	Deben Swimming Club-EA	NT	7:17.11	

Event 302 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Gibson, Emmi	11	Borough of Southend Swimming	6:27.09	6:16.99	

Event 302 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Cronin-Garrod, Martha	12	Borough of Southend Swimming	5:23.85	5:16.12	
2 Mbili, Taitiana	12	Borough of Southend Swimming	5:45.00	5:36.80	

Event 302 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Nicole	13	St Felix School SC (Southwold)	5:07.15	4:58.68	
2 Curry, Charlotte	13	Hadleigh Swimming Club	NT	6:01.57	
3 Barry, Lily-Kate	13	Borough of Southend Swimming	6:20.00	6:11.55	

Event 302 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Johnson, Emilia	14	St Felix School SC (Southwold)	5:00.65	4:56.66	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 302 Girls 14 Year Olds 400 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Richardson, May	14	Stowmarket Swimming Club-EA	5:04.70	5:13.98	
3 Gale, Bella	14	Deben Swimming Club-EA	NT	5:59.60	

Event 302 Girls 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	4:47.78	4:50.23	
2 Pond, Ruby	15	Borough of Southend Swimming	5:43.08	5:43.17	
3 Harrington, Sophie	15	Deben Swimming Club-EA	6:02.79	5:43.21	
4 Snowden, Bea	15	Deben Swimming Club-EA	5:50.31	5:48.83	

Event 302 Girls 16 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Wright, Emily	16	Stowmarket Swimming Club-EA	5:32.77	5:33.64	

Event 303 Boys 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Holland, Cody	9	St Felix School SC (Southwold)	42.15	39.23	
2 Burgess, James	9	Team Ipswich Swimming Club	38.57	39.34	
3 Watson, Tobias	9	Borough of Southend Swimming	45.42	44.03	
4 Rumsby, Noah	9	Borough of Southend Swimming	58.00	44.96	
5 Smith, Daniel	9	Stowmarket Swimming Club-EA	1:01.18	54.97	

Event 303 Boys 10 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Giles, Reuben	10	Stowmarket Swimming Club-EA	34.94	36.60	
2 Harrison, Evan	10	Stowmarket Swimming Club-EA	37.52	37.67	
3 Gale, Aiden	10	Deben Swimming Club-EA	39.16	39.29	
4 Reynolds, Oscar	10	Hadleigh Swimming Club	43.79	39.37	
5 Pond, Max	10	Borough of Southend Swimming	41.09	39.48	
6 Hammond, Ethan	10	Borough of Southend Swimming	39.61	40.33	
7 Evans, Daniel	10	Deben Swimming Club-EA	42.06	40.34	
8 Page, Harry	10	Borough of Southend Swimming	46.38	42.52	
9 Knight, Cooper	10	Borough of Southend Swimming	43.36	43.15	
10 Clifton, Sebastian	10	Hadleigh Swimming Club	44.00	44.42	
11 Allberry, Edward	10	Stowmarket Swimming Club-EA	NT	48.74	
--- Holton, Henry	10	Hadleigh Swimming Club	NT	DQ	

Event 303 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	11	Deben Swimming Club-EA	33.22	33.30	
2 Lay-Flurrie, Fletcher	11	Team Ipswich Swimming Club	33.63	33.82	
3 Patel, Dhrish	11	Borough of Southend Swimming	34.19	33.94	
4 Cloke, Sebastian	11	Deben Swimming Club-EA	38.33	36.18	
5 Rudd, Logan	11	St Felix School SC (Southwold)	37.60	36.69	
6 Supple, Harrison	11	St Felix School SC (Southwold)	37.78	36.97	
7 Blagg, Josh	11	Stowmarket Swimming Club-EA	37.51	37.42	
8 Davey-Crouch, George	11	Borough of Southend Swimming	39.42	39.05	
9 Barnard, Joshua	11	Stowmarket Swimming Club-EA	48.36	47.95	

Event 303 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Whiting, Orlando	12	St Felix School SC (Southwold)	27.92	27.78	
2 Whittaker, James	12	Team Waveney	30.96	31.00	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 303 Boys 12 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Butt, Oliver	12	Deben Swimming Club-EA	33.88	34.19	
4 Haskins, Sebastian	12	Borough of Southend Swimming	35.07	34.26	
5 Harrison, Rex	12	Stowmarket Swimming Club-EA	37.07	35.04	
6 Tolputt, Oscar	12	Deben Swimming Club-EA	40.51	38.06	
7 Ndlova, Casey	12	Borough of Southend Swimming	48.79	40.19	
8 Allberry, James	12	Stowmarket Swimming Club-EA	NT	45.14	
9 Jack, Henry	12	Borough of Southend Swimming	50.00	45.47	
10 Kerry, Rowan	12	Stowmarket Swimming Club-EA	50.80	46.84	

Event 303 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowland, Alfie	13	Stowmarket Swimming Club-EA	29.22	28.60	
2 Glennerster, Toby	13	St Felix School SC (Southwold)	30.73	30.24	
3 Harragan, Harry	13	Borough of Southend Swimming	32.21	31.93	
4 Kerry, Issac	13	Deben Swimming Club-EA	34.71	32.73	
5 Root, Finlay	13	Borough of Southend Swimming	34.24	33.60	
6 Aldridge, Linus	13	St Felix School SC (Southwold)	36.86	36.56	
7 Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	38.57	36.90	
8 Thornton-Coates, James	13	Deben Swimming Club-EA	41.65	41.10	

Event 303 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Every, Ben	14	St Felix School SC (Southwold)	27.53	27.85	
2 Aldridge, Evan	14	St Felix School SC (Southwold)	28.25	28.25	
3 Tigges, Luke	14	Hadleigh Swimming Club	32.28	31.79	
4 Mason, Jude	14	Stowmarket Swimming Club-EA	32.17	32.74	
5 Stacey, George	14	Borough of Southend Swimming	32.60	33.00	
6 Smith, Lewis	14	Hadleigh Swimming Club	NT	33.44	

Event 303 Boys 15 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Aldridge, Blake	15	St Felix School SC (Southwold)	27.15	27.39	
2 Barber, Nick	15	Stowmarket Swimming Club-EA	27.58	27.47	
3 Clarke, Joseph	15	Stowmarket Swimming Club-EA	27.62	28.17	
4 Whiting, Cameron	15	Deben Swimming Club-EA	32.58	30.24	

Event 303 Boys 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Pryke, Daniel	17	Deben Swimming Club-EA	26.08	25.84	
2 Flowers, Joe	16	St Felix School SC (Southwold)	25.81	26.72	
3 Black, Samuel	16	Stowmarket Swimming Club-EA	26.67	26.80	

Event 304 Girls 9 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Hunt, Nancy	9	Stowmarket Swimming Club-EA	1:03.90	59.65	

Event 304 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Barry, Sophie	10	Borough of Southend Swimming	54.71	45.65	
2 Mason, Isla	10	Stowmarket Swimming Club-EA	52.44	46.58	
3 Towns, Macey	10	Borough of Southend Swimming	52.69	47.37	
--- Tigges, Evie	10	Hadleigh Swimming Club	1:01.84	DQ	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****Event 304 Girls 11 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Knights, Annabelle	11	St Felix School SC (Southwold)	37.31	38.20	
2 Knight, Sophie	11	Hadleigh Swimming Club	38.62	39.92	
3 Hedges, Annaliese	11	Stowmarket Swimming Club-EA	46.65	41.17	
4 Murphy, Olivia	11	Deben Swimming Club-EA	46.46	42.16	
5 Snowden, Nellie	11	Deben Swimming Club-EA	45.91	44.51	
6 Spilling, Eloise	11	Stowmarket Swimming Club-EA	47.08	44.68	
7 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	52.18	47.56	
8 Thorn, Isla	11	St Felix School SC (Southwold)	NT	47.72	
9 Okolo, Kimberly	11	Borough of Southend Swimming	53.87	55.04	
--- Rumsby, Olivia	11	Borough of Southend Swimming	47.84	DQ	

Event 304 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowland, Amelia	12	Stowmarket Swimming Club-EA	43.94	36.00	
2 Walker, Lucy	12	Deben Swimming Club-EA	NT	37.46	
3 Marshall, Maggie	12	Team Ipswich Swimming Club	41.71	39.06	
4 Aubrey, Maya	12	Borough of Southend Swimming	37.24	39.42	
5 Johnson, Shanie	12	Borough of Southend Swimming	43.10	43.06	
6 Williams, Gracie	12	Stowmarket Swimming Club-EA	50.04	43.62	
7 Miller, Ava	12	Borough of Southend Swimming	46.35	45.52	
8 Hassan, Jasmine	12	Borough of Southend Swimming	1:10.00	59.78	

Event 304 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Chloe	13	Hadleigh Swimming Club	31.95	32.09	
2 Collinson, Jess	13	Deben Swimming Club-EA	38.21	35.21	
3 Green, Selina	13	St Felix School SC (Southwold)	39.08	35.66	
4 Burgess, Aimee	13	Team Ipswich Swimming Club	34.58	35.83	
5 Harrison, Amelie	13	Stowmarket Swimming Club-EA	37.80	36.18	
6 Dring, Lilley	13	Deben Swimming Club-EA	38.40	36.26	
7 Hills, Lily	13	St Felix School SC (Southwold)	39.93	39.80	
8 Haselwood, Erin	13	Stowmarket Swimming Club-EA	42.64	40.75	
9 Newman, Sophia	13	Borough of Southend Swimming	50.00	42.32	
10 Schindler, Katie	13	Hadleigh Swimming Club	NT	56.39	
--- Deitz, Olivia	13	Hadleigh Swimming Club	47.40	DQ	

Event 304 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, May	14	Stowmarket Swimming Club-EA	33.62	35.28	
2 Motts, Nell	14	Hadleigh Swimming Club	35.64	37.01	

Event 304 Girls 15 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Knight, Emily	15	Hadleigh Swimming Club	33.40	33.56	
2 Davies, Flo	15	Deben Swimming Club-EA	36.38	34.89	
3 Howell, Josie	15	Deben Swimming Club-EA	NT	35.89	
4 Pond, Ruby	15	Borough of Southend Swimming	38.25	38.98	

Event 304 Girls 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Helena	17	Deben Swimming Club-EA	29.86	30.32	
2 Springham, Esme	18	Deben Swimming Club-EA	30.73	31.15	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 304 Girls 16 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
3 McNicholas, Hannah	16	Deben Swimming Club-EA	30.86	31.82	
4 Denham, Georgia	16	Hadleigh Swimming Club	34.03	33.80	
5 Catchpole, Georgia	16	Stowmarket Swimming Club-EA	35.58	34.90	
6 Gibson, Mia	16	Hadleigh Swimming Club	37.60	38.13	
7 Bingham, Poppy	16	Stowmarket Swimming Club-EA	38.03	39.73	

Event 305 Boys 9 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Holland, Cody	9	St Felix School SC (Southwold)	2:04.55	1:55.58	
2 Burgess, James	9	Team Ipswich Swimming Club	1:54.05	1:59.07	
3 Lambale, Ronnie	9	Stowmarket Swimming Club-EA	NT	2:30.25	

Event 305 Boys 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Marchant, Alexander	10	Borough of Southend Swimming	1:52.25	1:47.41	
2 Harrison, Evan	10	Stowmarket Swimming Club-EA	1:50.66	1:51.79	
3 Reynolds, Oscar	10	Hadleigh Swimming Club	NT	1:52.36	
4 Giles, Reuben	10	Stowmarket Swimming Club-EA	NT	1:57.43	
5 Pond, Max	10	Borough of Southend Swimming	1:56.82	1:58.02	
6 Clifton, Sebastian	10	Hadleigh Swimming Club	NT	1:59.35	
7 Knight, Cooper	10	Borough of Southend Swimming	2:03.71	2:00.81	
--- Allberry, Edward	10	Stowmarket Swimming Club-EA	NT	DQ	

Event 305 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Lambale, Dylan	11	Stowmarket Swimming Club-EA	1:44.12	1:39.86	
2 Patel, Dhrish	11	Borough of Southend Swimming	1:44.50	1:45.98	

Event 305 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Marchant, Sebastian	12	Borough of Southend Swimming	1:54.13	1:50.69	
2 Jack, Henry	12	Borough of Southend Swimming	2:10.00	1:57.67	
3 Allberry, James	12	Stowmarket Swimming Club-EA	NT	1:58.13	
4 Kerry, Rowan	12	Stowmarket Swimming Club-EA	2:07.71	2:09.39	

Event 305 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Blagg, Fin	13	Stowmarket Swimming Club-EA	1:22.43	1:24.49	
2 Patel, Rikhil	13	Borough of Southend Swimming	1:28.00	1:32.52	
3 Kerry, Issac	13	Deben Swimming Club-EA	1:44.59	1:39.77	
4 Thornton-Coates, James	13	Deben Swimming Club-EA	1:54.52	1:50.62	
5 Aldridge, Linus	13	St Felix School SC (Southwold)	1:51.43	1:51.41	
6 Morland, Tommy	13	Hadleigh Swimming Club	1:56.68	1:56.02	
7 Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	NT	2:07.94	

Event 305 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	1:18.71	1:19.75	
2 Coackley, Ewan	14	Team Ipswich Swimming Club	1:18.96	1:19.82	
3 Reynolds, Sebastian	14	Hadleigh Swimming Club	1:23.70	1:19.99	
4 Mason, Jude	14	Stowmarket Swimming Club-EA	1:31.02	1:33.47	
5 Tigges, Luke	14	Hadleigh Swimming Club	1:33.29	1:33.94	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****Event 305 Boys 15 Year Olds 100 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time	Points
1	McKinnon, Charlie	15	St Felix School SC (Southwold)	1:09.21	1:09.86	
2	Spelman, Tom	15	Stowmarket Swimming Club-EA	1:13.23	1:13.77	
3	Clarke, Joseph	15	Stowmarket Swimming Club-EA	1:16.74	1:19.82	
4	Wallace, Henry	15	Stowmarket Swimming Club-EA	1:26.16	1:20.65	

Event 305 Boys 16 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Tolputt, Samuel	16	Deben Swimming Club-EA	1:15.58	1:17.19	

Event 306 Girls 9 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Crisp, Lena	9	St Felix School SC (Southwold)	3:19.72	3:27.65	

Event 306 Girls 10 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mason, Isla	10	Stowmarket Swimming Club-EA	3:18.72	3:29.58	

Event 306 Girls 11 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hills, Daisy	11	St Felix School SC (Southwold)	3:27.48	3:24.30	

Event 306 Girls 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mutton, Grace	12	Team Ipswich Swimming Club	2:51.72	2:43.50	
2	Rowland, Amelia	12	Stowmarket Swimming Club-EA	3:28.63	3:07.74	
---	Aubrey, Maya	12	Borough of Southend Swimming	3:27.00	DQ	

Event 306 Girls 13 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Barber, Chess	13	Stowmarket Swimming Club-EA	2:44.37	2:42.95	
2	Burgess, Aimee	13	Team Ipswich Swimming Club	2:46.28	2:51.31	
3	Woods, Alexandra	13	St Felix School SC (Southwold)	3:25.00	3:05.42	

Event 306 Girls 14 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Motts, Nell	14	Hadleigh Swimming Club	3:16.53	2:52.98	
2	Gale, Bella	14	Deben Swimming Club-EA	3:30.63	3:21.08	

Event 306 Girls 15 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Tait, Iona	15	Deben Swimming Club-EA	2:51.94	2:52.00	
2	Rogers, Holly	15	Borough of Southend Swimming	3:05.36	3:12.51	

Event 306 Girls 16 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	McNicholas, Caitlin	17	Deben Swimming Club-EA	2:36.82	2:39.53	

Event 307 Boys 10 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Pond, Max	10	Borough of Southend Swimming	6:40.93	6:23.97	
2	Gale, Aiden	10	Deben Swimming Club-EA	6:30.89	6:24.22	
3	Croft, Adison	10	Stowmarket Swimming Club-EA	7:44.63	6:35.58	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****Event 307 Boys 11 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davey-Crouch, George	11	Borough of Southend Swimming	7:20.00	6:24.16	

Event 307 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Butt, Oliver	12	Deben Swimming Club-EA	5:57.92	5:38.61	
2 Harrison, Rex	12	Stowmarket Swimming Club-EA	5:38.64	5:49.53	

Event 307 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Root, Finlay	13	Borough of Southend Swimming	5:46.88	5:41.77	

Event 307 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Ruffles-Francis, Teilo	14	Stowmarket Swimming Club-EA	5:08.57	5:07.94	
2 Stacey, George	14	Borough of Southend Swimming	5:28.89	5:42.49	

Event 307 Boys 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Nick	15	Stowmarket Swimming Club-EA	4:48.88	4:39.98	

Event 308 Girls 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Howell, Maisie	9	Borough of Southend Swimming	41.46	40.74	
2 Welsford, Eloise	9	Deben Swimming Club-EA	43.48	43.21	
3 Tape, Emily	9	Borough of Southend Swimming	47.02	44.01	
4 Strachan, Georgie	9	St Felix School SC (Southwold)	43.25	44.37	
5 Bryant, Olivia	9	Stowmarket Swimming Club-EA	NT	45.09	
6 Bailey, Harriet	9	Hadleigh Swimming Club	NT	45.35	
7 Sloper, Roseanna	9	Hadleigh Swimming Club	49.36	46.49	
8 Templar, Daisy	9	Stowmarket Swimming Club-EA	NT	46.95	
9 Welham, Freya	9	Stowmarket Swimming Club-EA	53.66	48.48	
10 Hunt, Nancy	9	Stowmarket Swimming Club-EA	50.96	50.02	
11 Pearce, Ettie	9	Deben Swimming Club-EA	NT	53.58	
12 Wojcik, Lexi	9	Hadleigh Swimming Club	NT	54.70	

Event 308 Girls 10 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Butt, Emilia	10	Deben Swimming Club-EA	36.15	36.74	
2 Mason, Isla	10	Stowmarket Swimming Club-EA	38.07	37.87	
3 Barry, Sophie	10	Borough of Southend Swimming	40.70	38.91	
4 Knights, Amelia	10	St Felix School SC (Southwold)	39.50	40.29	
5 Tigges, Evie	10	Hadleigh Swimming Club	43.09	41.52	
6 Cooper, Morrigan	10	Borough of Southend Swimming	45.99	41.62	
7 Williams, Emily	10	Stowmarket Swimming Club-EA	42.55	42.23	
8 Sadler, Evie	10	Borough of Southend Swimming	43.89	42.58	
9 McTaggart, Elinor	10	Deben Swimming Club-EA	46.24	42.86	
10 Sheern, Isabella	10	Borough of Southend Swimming	45.11	44.52	
11 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	46.27	

Event 308 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Knights, Annabelle	11	St Felix School SC (Southwold)	33.34	33.73	
2 Murphy, Olivia	11	Deben Swimming Club-EA	37.19	35.21	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 308 Girls 11 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Knight, Sophie	11	Hadleigh Swimming Club	33.98	35.46	
4 Gibson, Emmi	11	Borough of Southend Swimming	35.19	35.68	
5 Snowden, Nellie	11	Deben Swimming Club-EA	36.02	37.02	
6 Colls, Emily	11	St Felix School SC (Southwold)	37.75	37.68	
7 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	38.94	38.11	
8 Rumsby, Olivia	11	Borough of Southend Swimming	38.48	38.39	
9 Thorn, Isla	11	St Felix School SC (Southwold)	38.36	38.40	
10 Spilling, Eloise	11	Stowmarket Swimming Club-EA	38.75	38.92	
11 Root, Florence	11	Borough of Southend Swimming	41.47	40.22	
12 Williams, Grace	11	Deben Swimming Club-EA	42.19	40.76	
13 Okolo, Kimberly	11	Borough of Southend Swimming	41.83	43.17	
14 Gibson, Pip	11	Deben Swimming Club-EA	NT	44.77	
15 Morton-Wright, Lottie	11	Deben Swimming Club-EA	43.84	45.91	

Event 308 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Lucy	12	Deben Swimming Club-EA	31.51	31.72	
2 Marshall, Maggie	12	Team Ipswich Swimming Club	32.00	31.88	
3 Whiting, Rosie	12	Deben Swimming Club-EA	34.10	33.09	
4 Mbili, Taitiana	12	Borough of Southend Swimming	33.05	33.55	
5 Williams, Gracie	12	Stowmarket Swimming Club-EA	34.56	33.64	
6 Stacey, Matilda	12	Borough of Southend Swimming	35.00	35.47	
7 Johnson, Shanie	12	Borough of Southend Swimming	38.67	36.48	
8 Aubrey, Maya	12	Borough of Southend Swimming	33.66	37.01	
9 Fell, Freya	12	Stowmarket Swimming Club-EA	42.14	40.73	
10 Hassan, Jasmine	12	Borough of Southend Swimming	57.82	48.61	

Event 308 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Barber, Chess	13	Stowmarket Swimming Club-EA	29.90	30.03	
2 Knight, Chloe	13	Hadleigh Swimming Club	30.21	30.08	
3 Collinson, Jess	13	Deben Swimming Club-EA	32.11	30.42	
4 Taylor, Nicole	13	St Felix School SC (Southwold)	31.51	30.60	
5 Green, Selina	13	St Felix School SC (Southwold)	30.16	30.66	
6 Burgess, Aimee	13	Team Ipswich Swimming Club	29.83	30.98	
7 Dring, Lilley	13	Deben Swimming Club-EA	33.49	31.05	
8 Harrison, Amelie	13	Stowmarket Swimming Club-EA	30.50	31.32	
9 Hills, Lily	13	St Felix School SC (Southwold)	32.50	32.90	
10 Carter, Verity	13	Stowmarket Swimming Club-EA	33.18	34.14	
11 Newman, Sophia	13	Borough of Southend Swimming	36.16	35.17	
12 Haselwood, Erin	13	Stowmarket Swimming Club-EA	34.65	35.35	
13 Burgess, Mia	13	Deben Swimming Club-EA	45.25	35.84	
14 Deitz, Olivia	13	Hadleigh Swimming Club	36.96	36.97	
15 Barry, Lily-Kate	13	Borough of Southend Swimming	37.65	37.46	
16 McTaggart, Abbi	13	Deben Swimming Club-EA	41.73	38.62	
17 Schindler, Katie	13	Hadleigh Swimming Club	38.35	40.84	

Event 308 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, May	14	Stowmarket Swimming Club-EA	30.05	30.51	
2 Walker, Katie	14	Deben Swimming Club-EA	30.95	30.56	
3 Motts, Nell	14	Hadleigh Swimming Club	31.14	32.27	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 308 Girls 14 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Denham, Ella	14	Hadleigh Swimming Club	32.80	32.96	
5 Mumford, Amelia	14	Hadleigh Swimming Club	NT	36.63	
6 Hassan, Sherine	14	Borough of Southend Swimming	40.01	37.96	

Event 308 Girls 15 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Taylor, Natalie	15	St Felix School SC (Southwold)	27.86	28.54	
2 Knight, Emily	15	Hadleigh Swimming Club	29.33	29.28	
3 Davies, Flo	15	Deben Swimming Club-EA	30.89	31.34	
4 Tait, Iona	15	Deben Swimming Club-EA	31.49	31.36	
5 Howell, Josie	15	Deben Swimming Club-EA	34.25	33.30	
6 Pond, Ruby	15	Borough of Southend Swimming	32.91	34.72	
7 Williams-Johnson, Tiana	15	Borough of Southend Swimming	34.02	34.88	

Event 308 Girls 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Connie	17	Deben Swimming Club-EA	27.33	27.78	
2 Springham, Esme	18	Deben Swimming Club-EA	28.37	28.85	
3 McNicholas, Caitlin	17	Deben Swimming Club-EA	28.92	29.00	
4 Hall, Helena	17	Deben Swimming Club-EA	28.25	29.11	
5 McNicholas, Hannah	16	Deben Swimming Club-EA	28.81	29.37	
6 Carter, Annabelle	17	Stowmarket Swimming Club-EA	31.32	30.79	
7 Finbow, Amber	16	Deben Swimming Club-EA	30.88	30.91	
8 Wright, Emily	16	Stowmarket Swimming Club-EA	33.81	33.63	
9 Bingham, Poppy	16	Stowmarket Swimming Club-EA	33.74	34.19	

Event 309 Boys 9 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Smith, Daniel	9	Stowmarket Swimming Club-EA	NT	1:08.50	
--- Watson, Tobias	9	Borough of Southend Swimming	1:06.00	DQ	
--- Lambale, Ronnie	9	Stowmarket Swimming Club-EA	NT	DQ	

Event 309 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Mutton, Thomas	10	Team Ipswich Swimming Club	36.96	36.60	
2 Giles, Reuben	10	Stowmarket Swimming Club-EA	43.15	41.78	
3 Marchant, Alexander	10	Borough of Southend Swimming	45.16	44.45	
4 Hammond, Ethan	10	Borough of Southend Swimming	46.36	49.18	
5 Page, Harry	10	Borough of Southend Swimming	50.61	50.75	

Event 309 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Diggory	11	Deben Swimming Club-EA	37.78	38.35	
2 Sloper, Christopher	11	Hadleigh Swimming Club	38.61	38.51	
3 Supple, Harrison	11	St Felix School SC (Southwold)	54.11	42.09	
4 Patel, Dhrish	11	Borough of Southend Swimming	41.33	42.39	
5 Rudd, Logan	11	St Felix School SC (Southwold)	49.04	48.35	
6 Blagg, Josh	11	Stowmarket Swimming Club-EA	NT	49.13	
7 Davey-Crouch, George	11	Borough of Southend Swimming	55.72	50.57	

Event 309 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Whiting, Orlando	12	St Felix School SC (Southwold)	31.87	31.45	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****(Event 309 Boys 12 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Haskins, Sebastian	12	Borough of Southend Swimming	39.16	39.20	
3 Butt, Oliver	12	Deben Swimming Club-EA	40.78	40.60	
4 Marchant, Sebastian	12	Borough of Southend Swimming	52.21	48.38	
5 Ndlova, Casey	12	Borough of Southend Swimming	1:01.00	51.50	
6 Kerry, Rowan	12	Stowmarket Swimming Club-EA	1:01.19	1:00.52	

Event 309 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowland, Alfie	13	Stowmarket Swimming Club-EA	32.45	32.19	
2 Blagg, Fin	13	Stowmarket Swimming Club-EA	32.62	32.77	
3 Patel, Rikhil	13	Borough of Southend Swimming	35.53	35.12	
4 Harragan, Harry	13	Borough of Southend Swimming	36.82	37.31	
5 Boxall-Hunt, Roman	13	Stowmarket Swimming Club-EA	NT	55.08	

Event 309 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Tigges, Luke	14	Hadleigh Swimming Club	37.69	38.93	

Event 309 Boys 15 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 McKinnon, Charlie	15	St Felix School SC (Southwold)	31.48	30.63	
2 Aldridge, Blake	15	St Felix School SC (Southwold)	31.07	31.76	
3 Wallace, Henry	15	Stowmarket Swimming Club-EA	36.44	34.13	

Event 309 Boys 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Pryke, Daniel	17	Deben Swimming Club-EA	28.78	29.27	
2 Black, Samuel	16	Stowmarket Swimming Club-EA	29.42	29.43	
3 Flowers, Joe	16	St Felix School SC (Southwold)	28.70	29.76	
4 Tolputt, Samuel	16	Deben Swimming Club-EA	29.96	30.06	

Event 310 Girls 9 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Crisp, Lena	9	St Felix School SC (Southwold)	1:48.65	1:55.01	
2 Bryant, Olivia	9	Stowmarket Swimming Club-EA	NT	2:05.59	
--- Wojcik, Lexi	9	Hadleigh Swimming Club	NT	DQ	

Event 310 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Cooper, Morrigan	10	Borough of Southend Swimming	2:40.00	1:52.86	
2 Sheern, Isabella	10	Borough of Southend Swimming	2:05.00	1:53.61	
3 Tigges, Evie	10	Hadleigh Swimming Club	1:56.14	1:55.55	
4 Robertson, Bella	10	Stowmarket Swimming Club-EA	NT	2:06.99	
5 Williams, Emily	10	Stowmarket Swimming Club-EA	2:14.03	2:17.17	

Event 310 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Coackley, Isla	11	Team Ipswich Swimming Club	1:39.03	1:37.70	
2 Morton-Wright, Lottie	11	Deben Swimming Club-EA	1:53.32	1:48.54	
3 Colls, Emily	11	St Felix School SC (Southwold)	2:00.08	1:51.83	
4 Steed, Olivia	11	Hadleigh Swimming Club	NT	1:54.62	
5 Beckwith-Cole, Amelia	11	Hadleigh Swimming Club	1:54.43	1:55.82	

Deben Golden Anniversary Meet 2023 - 25/03/2023 to 26/03/2023**Results - Session 3 - Sunday Afternoon****Event 310 Girls 12 Year Olds 100 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mutton, Grace	12	Team Ipswich Swimming Club	1:22.23	1:24.99	
2	Johnson, Shanie	12	Borough of Southend Swimming	1:36.50	1:36.31	
3	Marshall, Maggie	12	Team Ipswich Swimming Club	1:44.52	1:36.35	
4	Cronin-Garrod, Martha	12	Borough of Southend Swimming	1:39.15	1:38.10	
5	Williams, Gracie	12	Stowmarket Swimming Club-EA	1:56.10	1:42.38	
6	Mbili, Taitiana	12	Borough of Southend Swimming	1:45.22	1:45.50	
7	Rowland, Amelia	12	Stowmarket Swimming Club-EA	1:57.71	1:46.41	
8	Fell, Freya	12	Stowmarket Swimming Club-EA	1:58.95	2:02.43	

Event 310 Girls 13 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Newman, Sophia	13	Borough of Southend Swimming	1:55.00	1:36.78	
2	Woods, Alexandra	13	St Felix School SC (Southwold)	1:40.42	1:39.15	
3	Curry, Charlotte	13	Hadleigh Swimming Club	1:50.82	1:46.03	
4	Fox, Pheobe	13	Stowmarket Swimming Club-EA	1:45.25	1:46.77	
5	Schindler, Katie	13	Hadleigh Swimming Club	1:56.29	1:55.52	

Event 310 Girls 14 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Johnson, Emilia	14	St Felix School SC (Southwold)	1:26.30	1:24.62	
2	Lamb, Jessica	14	Deben Swimming Club-EA	1:36.98	1:40.38	
3	Denham, Ella	14	Hadleigh Swimming Club	NT	1:45.77	
---	Mumford, Amelia	14	Hadleigh Swimming Club	NT	DQ	

Event 310 Girls 15 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ellis, Lottie	15	Deben Swimming Club-EA	1:32.46	1:33.18	
2	Howell, Josie	15	Deben Swimming Club-EA	1:33.02	1:33.30	
3	Williams-Johnson, Tiana	15	Borough of Southend Swimming	1:33.21	1:35.77	
4	Rogers, Holly	15	Borough of Southend Swimming	1:41.64	1:41.78	

Event 310 Girls 16 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	McNicholas, Caitlin	17	Deben Swimming Club-EA	1:17.75	1:19.53	
2	Davies, Connie	17	Deben Swimming Club-EA	1:24.32	1:22.54	
3	Denham, Georgia	16	Hadleigh Swimming Club	1:23.69	1:25.08	
4	Catchpole, Georgia	16	Stowmarket Swimming Club-EA	1:32.96	1:31.54	
5	Gibson, Mia	16	Hadleigh Swimming Club	1:35.81	1:35.78	
6	Finbow, Amber	16	Deben Swimming Club-EA	1:31.78	1:36.40	
7	Bingham, Poppy	16	Stowmarket Swimming Club-EA	1:38.36	1:38.59	