



## PARENTS CHARTER

### Parent's Responsibility:

- Ensure that swimmers arrive on time and are collected at the end of their designated session on time.
- Ensure swimmers arrive suitably equipped (i.e. towel, swimwear, goggles, drinks bottle, training aids etc) for the session they are to participate in.
- Ensure that swimmers are left safely in the care of coaching staff.
- Ensure the swimmer is aware of various club policies as distributed to you.
- Advise the Squad Coach in advance of any non-attendance at training sessions or competitions.
- Advise the relevant Squad Coach when swimmers are unfit, injured, or ill.
- Support **ALL** Coaching staff, venue staff and the training program in place.
- Do not interrupt the coach or attempt to communicate with a swimmer whilst a coaching session is in progress.
- When needing to speak to a coach, do so at a convenient moment prior to or after a training session.
- Be reasonable and do not telephone/text the coaches after training has been completed for the day.
- Do not dispute an officiating decision or result at a competition.
- Do not 'coach' your swimmer how to race, or how to train. Leave this to the coaching staff.
- Actively support the club committee with their efforts to ensure the smooth running of the club.
- Regularly check e-mails, notice boards, website for up to date information.
- Ensure that membership fees, training fees, competition entry fees and any other expenses are paid promptly.
- Ensure that the Squad Coach always has up to date information and contact details.
- Actively support **ALL** our swimmers in Competition.
- Adhere to the COLSC Constitution.
- Adhere to the COLSC Code of Conduct at **ALL** times.
- Adhere to the COLSC Anti-Bullying Policy.

I have read and understood the above Parent's Charter and I agree to uphold its terms and conditions.

Signed .....

Print .....

Date .....