

City of Leicester Overview Criteria 2019-20

(Date 23rd October 2019)

Following the directives of the Athlete Development Support Pathway (ADSP)
set out below are the individual Squad standards.

These standards are designed for the individual to promote and encourage Leicestershire's
talented athletes in the pursuit of excellence in swimming.

Squad	Age Band		Attd		ADSP
Elite	15+		92%	Two events ranked in the top 40 or three in the top 65 British rankings (Olympic long course events only).	Train to win
Performance	14	17	92%	Two events ranked in the top 85 or three in the top 105 British rankings (Olympic long course events only).	Train to compete
National Age Group	13	15	92%	Two events ranked in the top 95 or three in the top 115 British rankings. (Olympic long course events only).	Train to train
Regional 1	12	14	92%	Ranked in the top 35 in multiple Olympic events. (East Midlands long course rankings).	Train to train
Regional 2	11	13	92%	Ranked in the top 45 in multiple Olympic events. (East Midlands long course rankings).	Learn to train
Development	9	11	92%	Talent iD from base club feedback, Mini Meets, LASA's and County Development days.	SwimSkills

In addition to the above
Swimmers must compete in events as directed by the head/squad coach.
Swimmers are required to wear COLSC branded kit at designated events.
Swimmers are expected to show a high level of self-determination.
Swimmers must display a positive attitude and respect at training and competitions.
Swimmers must show respect to all COLSC officers, coaches, members and parents at all times.
Swimmers must show respect to all officials, officers and competitors at all times.

Achieving the objective standards does not automatically qualify you for that level.
Membership or progression require other factors for a position to be awarded. Set out
below is the squad charter.

Candidates must be a paid-up member of a Leicestershire base club affiliated to LASA.
Requests to join COL performance program must be made in cooperation with the base club.
The swimmer's maturity will be considered in awarding a squad position.
A high level of swim skills must be evident relative to the squad position being awarded.
You must commit to competitive swimming as your primary sport.
A squad position can only be awarded when a position is available.

The Head Coach will be the final arbiter taking into consideration the criteria and any other
factors.