Tuesday 8th May 2018 NEWSLETTER 19

Happy Tuesday everyone! Hopefully you all managed to get outside to enjoy the hottest May Day bank holiday on record.

EMASA REGIONAL COMPETITION – Sprints and Relays:

Yesterday (7th May), eight of our 14 and over age group swimmers were not outside enjoying the sunshine as they were competing in the final round of the East Midlands Regional Championships at Ponds Forge in Sheffield. Our six sprint qualifiers were Chelsie Winter, Lucy Browne, Emily Weller, Kian Saville, James Ward and Tom Stevens. Chelsie and Lucy were also joined by Bethan Thomas and Fran Miller as part of the girls' 4x200m freestyle relay team.

As always, our swimmers went for it, posting some new PBs and securing places in finals. Both James and Tom clocked new PBs in the heats of the boys' 50m breaststroke as did Emily Weller in the girls' heats, securing herself a place in the final. Chelsie swam well in the 50 back and finished as first reserve for the final. Kian and Tom both swam PBs in the boys' 50m freestyle heats (a medal gained by Kian). Lucy gained a new PB in the girls' 50m freestyle heats and qualified for the final. Lucy, Chelsie and Tom also swam in the 50 butterfly heats with Tom gaining a new PB in the process. Some great swims by everyone.

The girls' relay team swam strongly against some strong opposition, finishing in 9th place with a time of 9:38 – well done girls!

UPCOMING COMPETITIONS:

- Sat 12th May: Round 2 of the Leicester and District Diddy League for swimmers aged 9-12yrs as at 30th June 2018. The A Team will be at Braunstone Pool and the B Team will be at Corby. The A team are attempting to match their success from the last round and are aiming to get themselves a place in the final. Good luck to both teams.
- Sunday 13th May at Braunstone pool, Leicester we will be having representation by Kian Saville and Evie Clark at the Inclusive Disability gala. This competition takes place under the laws of Disability Sport Events / English Federation Disability Sports who have adopted the Paralympic Rules with some additions except where amended by the Promoters Conditions
- Saturday 19th May: Northamptonshire ASA Sadie Murray Gala at Corby. Please make sure you have indicated your availability by ticking the team list on the notice board.
- Tuesday 22nd May 2018: The Daventry and South Northants Primary Schools gala will take place at the Daventry Leisure Centre Pool 12pm to 3pm. At this time, we do not know what schools will be taking part. For those that have previously assisted at the Primary Schools Galas, you will receive an invitation by email from Jax Browne inviting you to volunteer. However, if you would like to volunteer your services and be involved and gain poolside experience, please contact her on: ddscchairman@gmail.com
- Saturday 9th June: A fantastic sign-up for the Rushden Sprint Open Gala means that Dolphins will be represented by 38 swimmers. A great chance to get in some practise for the most important sprint gala of the year - DDSC Sprint Championships!
- 2018 CLUB SPRINT CHAMPIONSHIPS: NOTICE IS GIVEN that they are to be held on Saturday 7th July 2018. Further details regarding times & entry information will be notified soon via Team Unify.
- Saturday/Sunday 14th & 15th July: Emails have been sent out via Team Unify inviting swimmers to enter the Biggleswade Open Meet. This is the first time that we have used the online gala entry system, but having used it myself, I can confirm that it is very straight forward! Please be aware that qualifying entry times are required for this gala

these, and all other information, are available on the website or via the link on the email. The closing date for all entries is next Tuesday (15th May)

Please check the club website, OnDeck and Facebook for updates on any other upcoming competitions.

TIME-KEEPERS THEORY COURSE:

The Club will be looking to run another TK course later in the year, so if you are interested in becoming a time-keeper, you have to be a minimum age of 14yrs and be a registered Swim England member of the Club. It will cost you nothing other than your time and commitment.

We hope that once qualified as a time-keeper you will consider taking the next level J1 officiating qualification. To be eligible to do J1 training you have to be a minimum 15yrs of age.

FUNDRAISING: The Daventry District Local Lotto

The winning numbers can be found at: https://www.local-lotto.co.uk/results 417840

This is an easy, fun way to generate much needed income for the Club, whilst being in with the chance of winning some extra cash!

To play visit: https://www.local-lotto.co.uk/support/daventry-dolphins-swimming-club

IMPORTANT: MAY BANK HOLIDAYS

MONDAY 28TH MAY – CLOSED

Fingers crossed for another record-breaking bank holiday Monday!

VERY IMPORTANT: EMAILS/FACEBOOK/ONDECK NEWSFEED

It is sometimes necessary for us to send out important notices (including changes in training schedules etc.) at short notice. Any important updates/notices will always be sent via Team Unify; posted on the OnDeck newsfeed and (when possible) posted on the club Facebook page. Can we please remind all members to check these regularly. If you are ever in any doubt as to whether a message applies to your swimmer, please don't hesitate to email one of the committee members (email addresses are available on the website) to check.

INCREDIBLY IMPORTANT: TEAM UNIFY ACCOUNTS

FOR THOSE THAT HAVEN'T YET REGISTERED AND YOU NEED HELP TO DO SO, PLEASE CONTACT THE FOLLOWING THE FOLLOWING CLUB PERSONNEL. BY DOING THIS YOU CAN ACCESS YOUR PERSONAL TIMES, MANAGE YOUR ACCOUNT etc. WITHOUT REGISTERING YOUR SWIMMER WILL NOT HAVE ANY ATTENDANCE RECORDS OR BE ABLE TO ENTER MEETS.

Morag Larsen: ddscoperations@gmail.com

Jax Browne: ddscchairman@gmail.com

UPCOMING DATES FOR YOUR DIARY:

DDSC have once again booked Woodgreen outdoor swimming pool in Banbury for Long Course training (Bronze, Silver, Gold, Olympic and Aqua Squads). These sessions will take place on Wednesdays 5:30-7:00pm (beginning 4th July) for 4 weeks and Sundays 8:00-10:00am (beginning 9th July) for 4 weeks. For those of you who are new to the club, these sessions are fully funded by the club and are a great opportunity to swim in a 50 metre pool. The sessions are

in addition to, not instead of, normal training sessions. More information will be sent out regarding this nearer the time.

The Committee