

DAVENTRY DOLPHINS SWIMMING CLUB

Club Championships

This policy is written to outline the requirements and procedures regarding the conditions under which a swimmer can enter Daventry Dolphins Club Championships.

Club Championships shall be held annually and shall be split into three main groupings which are designated as:

- Sprint Championships (25 and 50 Freestyle/Breaststroke/Backstroke/Butterfly, and 100 Individual Medley).
- Main Club Championships (50, 100 and 200 Freestyle/Breaststroke/Backstroke/Butterfly, and 200 Individual Medley).
- Long Distance Championships (400, 800 and 1500 Freestyle, and 400 Individual Medley).

The age groups, strokes and distances related to the above designated groupings are shown in the tables below:

Sprint Championships

Stroke	Distance	Age Group (Years)				
		8 and under	9 and 10	11 and 12	13 and 14	15 and over
Freestyle	25	√*				
	50		√	√	√	√
Breaststroke	25	√*				
	50		√	√	√	√
Backstroke	25	√*				
	50		√	√	√	√
Butterfly	25	√*				
	50		√	√	√	√
Individual Medley	100	√	√	√	√	√

***Note: 8 and under age group Sprint Championships (excluding 100 Individual Medley) held during Daventry Dolphins Swimming Club 'Splash and Dash' competition.**

Main Club Championships

Stroke	Distance	Age Group (Years)				
		8 and under	9 and 10	11 and 12	13 and 14	15 and over
Freestyle	50	√*				
	100***		√	√	√	√
	200***	√**	√	√	√	√
Breaststroke	50	√*				
	100***		√	√	√	√
	200***	√**	√	√	√	√

Backstroke	50	√*				
	100***		√	√	√	√
	200***	√**	√	√	√	√
Butterfly	50	√*				
	100***		√	√	√	√
	200***	√**	√	√	√	√
Individual Medley	200	√	√	√	√	√

*** Note: 8 and under age group Main Championships (excluding 200 Individual Medley) held during Daventry Dolphins Swimming Club Sprint Championships.**

**** Note: 8 and under age group swim as time trials only for 200 during Main Club Championships.**

***** Note: 100 and 200 Freestyle, Backstroke, Breaststroke and Butterfly events for age groups 9 and 10, 11 and 12, 13 and 14, and 15 and over, will have separate results as part of the overall Club Championship programme to decide club 100 and club 200 champion.**

Long Distance Championships

Stroke	Distance	Age Group (Years)			
		8 and under	9, 10, 11, and 12	13, 14 and 15	16 and over
Freestyle	400	√*	√	√	√
	800 (Females)		√**	√	√
	1500 (Males)		√***	√	√
Individual Medley	400	√*	√	√	√

*** Note: 8 and under age group swim as time trials only for the 400 Freestyle and 400 Individual Medley Championships.**

**** Note: Swimmers aged 9 swim as time trial only.**

***** Note: Swimmers aged 9 and 10 swim as time trial only.**

The age groups are defined as age at 31st December of the year that the championship is being held. The events shall be swum in the order defined by the Club and the results will be declared as 'heat declared winners'.

Regulations

The regulations for entering a Club Championship are detailed below:

To be eligible for a Club Championship the swimmer must be a fully paid up member of Daventry Dolphins Swimming Club for the three months prior to the event. Fully paid up members are defined as having paid their annual membership fee and monthly squad fees for their squad

- Members need to be attending at least 50% of their respective squad sessions for the three months leading up to the championship.
- If attendance is not met due to sickness then admission will be granted.
- Any member does not meet the criteria set out above they may swim in the event as a time trial.

- The times used for entry shall have been achieved in the previous 14 months.
- A swimmer may be entered with no time but will be required to swim in the appropriate seeded heat.
- They shall enter a Club Championship by completing the entry form and returning it to the Club by the date shown on the entry form. Members who do not do so by the closing date shall be refused entry.
- Daventry Dolphins shall notify all members of the date of a Club Championship by posting the date on the notice board at the Daventry Leisure Centre and the Club's web-site at least three (3) calendar months prior to the event. Entry forms shall be available to members at least four (4) weeks prior to the event.
- Only one type of Club Championship (e.g. Sprint Championships) shall be held in any one year (calendar year). The next Club Championship (e.g. Sprint Championships) shall not take place until 6 months has lapsed. This condition also applies to the main and long distance championships.
- The Club will provide suitable awards that will be presented to the swimmer.
- Awards that are to be returned shall be returned in a clean condition by the date requested. The swimmer shall be responsible for any engraving.
- An age group competition shall be held in both the Sprint and Main Championships. The method for determining the overall placing is contained in Appendix 1.

Conditions not Covered by this Policy

Any other matters not covered by this policy shall be decided by the Swimming Club Committee but must follow the ASA and Club rules and regulations.

Appendix 1 - Age Group Competition Points Criteria

An Age Group Competition shall be held in both the Sprint and Main Championships 100 and Main Championships 200. This competition shall be determined by collecting points from the freestyle, breaststroke, backstroke and butterfly events.

A trophy will be awarded to the Age Group Champion of each age group based on the total points given for their position in each event as follows:

1st place -6 points

2nd place -5 points

3rd place -4 points etc.

If the points are equal the winner will be the swimmer with the most first places then second places etc. If they are still equal they will share the championship. Suitable awards shall be will be awarded to the first three places.