

DAVENTRY DOLPHINS SWIMMING CLUB



RETURN TO TRAINING

COVID-19 RISK ASSESSMENT

Name of Club:	DAVENTRY DOLPHINS SWIMMING CLUB				
Date Risk Assessment carried out:	25/07/20	Persons:	Melanie Sharp/Karen Coptcoat	Review Date:	As Required

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Action by
Spread of Covid-19 Coronavirus					
Drop off & Pick up	<ul style="list-style-type: none"> Swimmers Parents Guardians Coaches Volunteers Staff 	High	<ul style="list-style-type: none"> Information to members on specific drop off / pick up arrangements including entrance and exit procedures. Facial coverings to be worn en-route to the Leisure Centre if social distancing is not possible. In the case of younger swimmers, information to members that they will not be allowed inside the swimming hall. Coaches and Covid Liaison session volunteers should aim to enter the building prior to swimmers arriving. Covid Liaison volunteers to be ready to greet swimmers at the designated entry point to check them in prior to start of session. Covid Liaison volunteers to be ready at the designated exit point to check swimmers out at end of session. 	Medium	Club Committee Facility Operator
Facility Entrance, Reception Area, Entry	<ul style="list-style-type: none"> Swimmers Parents 	High	<ul style="list-style-type: none"> Information given to parents of protocols. 	Medium	Club Committee

and Exit points to Swimming Hall	<ul style="list-style-type: none"> Guardians Coaches Volunteers 		<ul style="list-style-type: none"> Recommendation that parents/guardians do not enter the leisure centre building unless absolutely necessary. Social distancing once inside the facility. Swimmers asked to use face covering and hand sanitise on entering the building. Swimmers to be met by a Covid Liaison session volunteer and reminded of session protocols before being checked-in (to include wearing a face covering until ready to get into the water and social distancing poolside). Coaches to wear face covering until swimmers are in the water. 		Covid Liaison Volunteers Facility Operator
Inside the Swimming Hall / Poolside	<ul style="list-style-type: none"> Swimmers Coaches Volunteers Staff 	High	<ul style="list-style-type: none"> Coaches to be poolside before swimmers arrive. Social distancing protocols to be followed at all times. Face coverings to be worn by Coaches and Volunteers Face coverings to be worn by swimmers until in the water. Information to members on poolside protocols and procedures. Covid Liaison volunteers to remain poolside throughout session. 	Medium	Coaches Covid Liaison Volunteers Duty Manger or other suitable member of staff
Changing Rooms and Toilet Facilities	<ul style="list-style-type: none"> Swimmers Coaches Volunteers Staff 	High	<ul style="list-style-type: none"> There will be no access to lockers or changing rooms (other than to use the toilet facilities, which can be accessed from poolside). Swimmers to arrive in swimwear ready to swim. Swimmers will be permitted to use toilet facilities one-at-a-time under the supervision of the Covid Liaison volunteer(s) (volunteer(s) will not enter the toilets). As sessions will only be of one hour duration, it will be recommended that swimmers use the toilet before 	Medium	Club Committee Covid Liaison Volunteers Facility Operator

			<p>leaving home.</p> <ul style="list-style-type: none"> • Swimmers reminded to wear face coverings when not in the water. • Coaches to use toilet facilities in between sessions (unless urgent) to avoid contact with swimmers. 		
Health Screening	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Staff 	High	<ul style="list-style-type: none"> • Swimmers, coaches and volunteers will be asked to make sure they are fit and well, with no apparent Covid symptoms, before they leave home. • As part of the Club's check-in process, swimmers will be again asked to confirm that they are fit and well before they are admitted inside the Swimming Hall. • Any swimmer, coach or volunteer displaying any (even mild) Covid symptoms upon arrival will be refused entry. • Swimmers, coaches and volunteers will be asked to inform the Club at ddscovid19@gmail.com if they have a pre-diagnosed condition (allergies, asthma etc.) which may be mistaken for Covid symptoms and they may be asked to provide evidence of this. 	Medium	<p>Coaches</p> <p>Covid-19 Lead Officer</p>
Someone becomes Unwell During Session	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Staff 	Low	<ul style="list-style-type: none"> • Covid Liaison volunteer to contact parent/guardian or next of kin and request immediate collection. • Isolate individual concerned in first aid room or other suitable area to be advised by the Leisure Centre. • Use appropriate PPE supplied by Facility/Club. 	Low	<p>Covid Liaison Volunteers</p> <p>Facility Operator</p> <p>Lifeguard (depending on hire agreements)</p>
Protecting Vulnerable Individuals	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Anyone who considers themselves "at-risk", vulnerable or anyone with concerns will be asked to contact the Club before returning to training. • Specific guidelines in place to ensure protection of at-risk individuals and these people to be contacted separately. • Information to members with regard to the increased risk of participating in activities if diagnosed with a 	Medium	<p>Coaches</p> <p>Covid-19 Lead Officer</p>

			specified condition (e.g. asthma).		
During Activity	<ul style="list-style-type: none"> Swimmers Coaches Volunteers Staff 	High	<ul style="list-style-type: none"> Spectators/Parents/Guardians not permitted entry into the Swimming Hall. Appropriate training to observe social distancing protocols. Pre and post pool exercise not advised. Max 10 swimmers per lane and double width lanes. Information to swimmers about 'swim bubbles'. Swimmers to remain in designated lanes at all times. Swimmers reminded to remain in pre-designated pool areas maintaining social distancing at all times. Swimmers reminded to keep their kit / equipment in pre-designated areas. Swimmers reminded to wear face coverings when not in the water 	Medium	Covid-19 Lead Officer Coaches Club Committee Facility Operator
Hygiene Measures	<ul style="list-style-type: none"> Swimmers Coaches Volunteers 	High	<ul style="list-style-type: none"> Covid-19 Rules communicated to all members in advance. Hand sanitiser to be used poolside. Swimmers reminded of hand washing protocols after using the toilets. 	Medium	Coach Covid-19 Lead Officer Club Committee Covid Liaison Volunteers
Equipment	<ul style="list-style-type: none"> Swimmers 	High	<ul style="list-style-type: none"> Personal equipment to be clearly named. Any mislaid equipment not clearly named will be disposed of at the end of each session. Information to members about use of equipment. Information to members about required equipment before each session. Communication that equipment sharing is prohibited. Limited use of Club owned shared equipment. Any 	Medium	Swimmers Club Committee Covid Liaison Volunteers Coach Facility Operator

			<p>shared equipment must be thoroughly cleaned between uses.</p> <ul style="list-style-type: none"> • Recommendation of cleaning protocols after each training session to be circulated. 		
Exit	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Parents • Guardians 	High	<ul style="list-style-type: none"> • One way system in place. Swimmer to leave facility as soon as possible via the fire exit at the diving end of the pool. No showering permitted. • There will be a minimum of 5-minute breaks between squad entry and exit to enable the maintaining of social distancing rules at all times. • Information to members for collection of swimmers. • Covid Liaison Volunteer checks-out swimmers. 	Medium	<p>Coaches</p> <p>Facolity Operator</p> <p>Covid Lead Officer</p> <p>Covid Liaison Volunteers</p>