



# Rushden Swimming Club

## 2<sup>nd</sup> George Thompson Sprint Meet

Licensed by Swim England for entry into County Championships at Level 3 under number 3EM191205

<b>Venue</b>	The Queen's Diamond Jubilee Centre Bruce Williams Way, Rugby, CV22 5LJ
<b>Date</b>	Saturday 8 <sup>th</sup> June 2019
<b>Pool</b>	8 Lane, 25m Pool, Electronic Timing, Swim down pool
<b>Events</b>	50m All Strokes 100m IM & Freestyle 4 x 50m Mixed Freestyle & Medley Relays
<b>Age Groups</b>	9,10,11,12,13,14,15,16/over Relays 13&u and 14 & Over Ages as 9 <sup>th</sup> June 2018
<b>Fees</b>	Admission: £5 per session £8/day Race Entry: Individual £6, Relay £8
<b>Entries to</b>	<a href="mailto:teammanager@rushdenswimmingclub.co.uk">teammanager@rushdenswimmingclub.co.uk</a>

**Closing date for Entries** 20:00 Friday 3<sup>rd</sup> May 2019



[www.rushdenswimmingclub.co.uk](http://www.rushdenswimmingclub.co.uk)



## Competition Rules & Conditions

**EVENT:** This Meet to be licensed at Level 3 by Swim England for Entry into County Competitions. License number 3EM191205.

**VENUE:** The Meet will take place at The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ.

**DATE:** Saturday 8<sup>th</sup> June 2019. There are two sessions:

Session 1 – 1 pm warm up (60 mins) 2pm start

Session 2 - time to be determined Warm up 60 minutes, 6pm start

Session duration - All Sessions approximately 2½ - 3hours respectively

Results sheets will be available on-line after the event at [www.rushdenswimmingclub.co.uk](http://www.rushdenswimmingclub.co.uk)

**POOL:** All distances for this Open Meet will be 50m all strokes, 100m Free & IM. 25 metre 8 lane Pool with anti-turbulence lane ropes. Quantum Electronic timing and OMEGA timing pads, 10-line scoreboard in conjunction with a computerised result service. The depth of the water at the shallow end is 1m and at the deep end is 2.5m. The Teaching pool; which can be accessed via the main Pool Hall, will be available for warm up and warm down purposes only, after the main warm up has finished. The length of the Teaching pool is 17m x 8m, with a maximum depth of 1.8m throughout.

**AGE GROUPS:** The competition is open to eligible competitors as defined by Swim England Regulations in the following age bands: –Individual events 9yrs, 10, 11, 12, 13, 14, 15 & 16+. Team events 13 & under (junior), 14 & over (senior) Age as at 8<sup>th</sup> June 2019.

**NOTE:** No entries will be accepted without the appropriate fee.

### Meet Information

**SEEDING:** All events will be seeded in time classification, the slowest competitors being in the first heat.

**POOLSIDE:** Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet. Coaches' passes can only be obtained by an affiliated Club at £15.00 per day and include Heat sheets, poolside refreshments, Buffet tea and hot and cold drinks. These cannot be purchased on the day of the Meet, coaches in possession of a coach pass are allowed on poolside during warm ups and any Coach without a pass will be asked to leave the poolside.

**Wet swimmers are not allowed in the spectator area.**

**DBS Check.** It is the responsibility of the Club applying for coach pass to ensure their team manager and coach is DBS checked and named on the Club's application form. Poolside passes will only be issued to those named by their club.

**WARM-UP:** The pool will be available for a warm-up during the 1 hour prior to the start of each session.

**PHOTOGRAPHY:** All participants and spectators must observe the safety precautions in operation at The Queen's Diamond Jubilee Centre Pool and must be aware that the use of cameras and camcorders of any kind is NOT allowed within the building including mobile phones with inbuilt cameras.

Neither Rushden Swimming Club nor Better Rugby can be held responsible for loss or damage to spectators' or competitors' property.

**REFRESHMENTS:** Cafeteria plus hot and cold drinks and snacks machines available.





## Competition Rules & Conditions

**AWARDS:** Individual awards will go to the first three placing's, in each of the HDW events in the following age bands: Individual 9, 10, 11, 12, 13, 14, 15, 16+ and Relay 13 & under, 14 & over. (Age as at 8<sup>th</sup> June 2019). Winners will be announced throughout the event in order for medals to be collected.

**PROMOTER:** Mr Jazz Thethy ([teammanager@rushdenswimmingclub.co.uk](mailto:teammanager@rushdenswimmingclub.co.uk))

### ENTRIES:

1. All competitors must be eligible as defined under Swim England Regulations and may enter events only in their age group. Swim England event entry conditions for age group swimming will be applied. All competitors must be registered with Swim England.
2. Competitors diving into the pool must have reached the standard of the Swim England Preliminary Competitive Start Award. Those who have not reached this standard must start in the water.
3. As many heats as possible will be run in the time available for the meet. The promoters reserve the right to amend the number of heats in each event to comply with session timing and bather loading requirements, any restriction to the number of entries will be posted on our website at the earliest possible time.
4. **Individual entry** forms will be accepted for clubs with fewer than 5 swimmers, Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry. 25m swim times (50m conversions times will be accepted). Entries that are incomplete, illegible or sent without the correct entry fee may be rejected.

**Team Entry:** The team events shall be Mixed 4 x 50m Freestyle and Medley Team Relays, all team events will be HDW. If oversubscribed clubs may be limited to a maximum of two teams in any one age group. All competitors, including those who are only swimming in relay teams, must be entered on the meet database in the name of the club they wish to represent by the closing date for individual entries. The mixed teams shall consist of two competitors of each sex swimming in any order.

5. Entry fee: £6.00 for each individual event and £8 for each team entered.
6. Remittances (bank transfer). Method of payment will be by Bank transfer (listed on summary form). For any queries please contact [treasurer@rushdenswimmingclub.co.uk](mailto:treasurer@rushdenswimmingclub.co.uk).
7. Entries for this Meet will be held on computer and as required by the Data Protection Act 1998 permission to hold such personal data will be deemed to have been given by the submission of an entry. Personal data will be available for inspection during the Championships on application to the Promoter.
8. The Meet will be timed on the submitted entry times, **PLEASE ENSURE IT IS ACCURATE.**
9. Subsequent amendments to entry times will not be permitted and **NO** 'on the day' requests will be accepted.
10. The closing date for entries is 20:00 on **Friday 3<sup>rd</sup> May 2019**, unless the meet is oversubscribed and closed earlier. Accepted and rejected entries will be posted on our website by Sunday 5<sup>th</sup> May 2019, please check your entries and advise of any errors by no later than 20:00 on Friday 10<sup>th</sup> May.
11. **WITHDRAWALS:** Please notify the organiser of any withdrawals so that the start lists can be amended
12. Competitors not reporting in time for an event may be excluded from that event.
13. There will be no refunds for withdrawals after the accepted/rejected entries lists have been published. Refunds for injuries must be supported by a Dr's note and will payable at the clubs discretion; they must be received before the closing date of the meet.
14. Over the top & side by side starts may be used.
15. The promoter reserve the right to alter these conditions if necessary, any alterations will be sent for approval by the Regional Licensing Officer prior to the meet, and the amended conditions will be made available on the website. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by Swim England Laws or Regulations and FINA Technical Rules.





## Programme of Events

<b>Session 1</b>			
<b>Warm Up: 1.pm – 2pm</b>			
<b>Event No.</b>	<b>Event</b>		
<b>1</b>	<b>Mixed</b>	<b>4 x 50m</b>	<b>Medley Relay</b>
<b>2</b>	<b>G</b>	<b>100m</b>	<b>Individual Medley</b>
<b>3</b>	<b>B</b>	<b>50m</b>	<b>Butterfly</b>
<b>4</b>	<b>G</b>	<b>50m</b>	<b>Breaststroke</b>
<b>5</b>	<b>B</b>	<b>50m</b>	<b>Backstroke</b>
<b>6</b>	<b>G</b>	<b>50m</b>	<b>Freestyle</b>
<b>7</b>	<b>B</b>	<b>100m</b>	<b>Freestyle</b>

<b>Session 2</b>			
<b>Warm Up: 5pm – 6pm</b>			
<b>Event No.</b>	<b>Event</b>		
<b>8</b>	<b>Mixed</b>	<b>4 x 50m</b>	<b>Freestyle Relay</b>
<b>9</b>	<b>B</b>	<b>100m</b>	<b>Individual Medley</b>
<b>10</b>	<b>G</b>	<b>50m</b>	<b>Butterfly</b>
<b>11</b>	<b>B</b>	<b>50m</b>	<b>Breaststroke</b>
<b>12</b>	<b>G</b>	<b>50m</b>	<b>Backstroke</b>
<b>13</b>	<b>B</b>	<b>50m</b>	<b>Freestyle</b>
<b>14</b>	<b>G</b>	<b>100m</b>	<b>Freestyle</b>





## Qualifying Times

Boys								
Event	9 years	10 years	11 Years	12 Years	13 Years	14 Years	15 Years	16+ Years
50 Free	0:35.0	0:32.0	0:29.5	0:28.5	0:26.5	0:25.0	0:24.0	0:23.4
100 Free	1:15.0	1:10.0	1:05.0	1:01.0	00:59	00:56	00:54	00:51
50 Breast	00:50	00:45	00:40	00:36	00:34	00:32	00:30	00:27
50 Fly	00:39	00:35	00:31	00:30	0:27.5	0:26.5	0:25.5	00:25
50 Back	00:40	0:37.5	00:34	00:32	00:29	00:28	00:27	00:24
100 IM	01:28.5	01:25.5	01:23	01:19	01:13	01:09	01:05	00:54
<b>Age as at 08/06/2019 &amp; Times 25m Pool</b>								

GIRLS								
Event	9 years	10 years	11 Years	12 Years	13 Years	14 Years	15 Years	16+ Years
50 Free	00:38	0:33.5	00:31	0:29.5	0:28.5	0:28.0	0:27.5	00:27
100 Free	01:20	01:15	01:08	01:05	01:01	01:00	0:58.5	00:57
50 Breast	00:50	00:43	00:40	0:38.5	00:36	00:35	00:33	00:32
50 Fly	00:43	00:37	00:34	00:31	00:29	0:28.5	00:28	0:27.5
50 Back	0:55.0	0:54.0	0:53.7	0:45.3	0:43.3	0:41.7	0:41.3	00:27
100 IM	01:36	01:29	01:23	01:19	01:13	01:09	01:05	01:00
<b>Age as at 08/06/2019 &amp; Times 25m Pool</b>								

All times are NOT faster than





## Individual Entry

<b>Club</b>	Club name		
<b>First Name</b>	First name		ASA No.
<b>Surname</b>	Surname.		DD/MM/YY.
<b>Email Address</b>	Email.		

Closing date for entries = 3<sup>rd</sup> May 2019

Event No	Event			Entry Time
2	G	100m	Individual Medley	Time
3	B	50m	Butterfly	Time
4	G	50m	Breaststroke	Time
5	B	50m	Backstroke	Time
6	G	50m	Freestyle	Time
7	B	100m	Freestyle	Time
9	B	100m	Individual Medley	Time
10	G	50m	Butterfly	Time
11	B	50m	Breaststroke	Time
12	G	50m	Backstroke	Time
13	B	50m	Freestyle	Time
14	G	100m	Freestyle	Time

<b>Total number of events entered</b>	No.	<b>Total cost @£6/event</b>	£ Cost
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## Relay Entry

<b>Club</b>	Club name		
<b>First Name</b>	First name	<b>ASA Number</b>	ASA No.
<b>Surname</b>	Surname.	<b>Date Of Birth</b>	DD/MM/YY.
<b>Email Address</b>	Email.		

Closing date for entries = 3<sup>rd</sup> May 2019

Event No	Event				Entry Time
1	Mixed	Junior	4 x 50m	Medley Relay	Time
1	Mixed	Senior	4 x 50m	Medley Relay	Time
8	Mixed	Junior	4 x 50m	Freestyle Relay	Time
8	Mixed	Senior	4 x 50m	Freestyle Relay	Time

<b>Total number of Relays entered</b>	No.	<b>Total cost @£8/event</b>	£ Cost
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## Relay Entry

<b>Club Submitted by</b>	Club Name.
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Event No.	Event Name	Age Group	Competitor's Name
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.
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1 or 8	Select.	13u/14o	Name.
1 or 8	Select.	13u/14o	Name.







## Officials

Club	Club name										
Name	ASA No.	Email Address	Sessions		Current Level						
			1	2	TK	J1	J2	J2s	Ref.	Training	
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Name	Number	Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please fill out the details of any person able to help officiate at this Club Championships.

Tick the sessions they can attend and what their current level is, or whether they are training and wish to gain experience.

Please send completed Officials Form Mr Jazz Thethy ([teammanager@rushdenswimmingclub.co.uk](mailto:teammanager@rushdenswimmingclub.co.uk)).





## Passes for Poolside Entry

**Please note that passes must be obtained in advance and will be issued on the day**  
**Passes must be worn at all times as entry to poolside will not be permitted without them**

The cost of a pass including a programme and food between the 2 sessions will be £15 per day per pass.  
Requests for passes should be sent with entries and payment for the relevant amount.

Name of poolside pass
Name on pass
Name on pass
Name on pass
Name on pass
Name on pass
Name on pass

Number of passes Needed	Number	Total cost	£ Cost

Clubs are expected to have a coach to swimmer ratio of 1:10

Confirmed by – Confirmed by name

Position in the club - Position





## Club Summary of entries

(To be submitted with all Club entries)

Club	Club name	
	Number	Total
No. of relay entries @£8	Number	£ Total
No. of Individual entries @£6	Number	£ Total
No. of coach passes @£15	Number	£ Total
<b>Grand Total</b>		£ Total

Closing date of entries is; 20:00 on Friday 3<sup>rd</sup> May 2019, Payments to be received by 10<sup>th</sup> May 2019.

Late or incomplete entries **WILL NOT** be accepted.

BACs payable to – Rushden Swimming Club

Bank: HSBC

Sort Code: 40 – 39 – 15

Account Number: - 31037773

Please mark all payments with the following reference -

**RSCGTS** (+ ASA club code) e.g. **RSCGTS\_RUSA\***

Email: - [teammanager@rushdenswimmingclub.co.uk](mailto:teammanager@rushdenswimmingclub.co.uk)

- \_ denotes space

