LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

Leicester Sharks CSC

present to you their

Trick or Treat 2022

Level 3 Open Meet under Swim England Regulations and Technical Rules of Swimming
Licenced by Swim England for entry into County and Regional Championships under licence number:
3EMEM221063

Saturday 29th & Sunday 30st October 2022

Venue: Pingles Leisure Centre, Avenue Road, Nuneaton CV11 4LX

50m, 100, and 200m All Strokes 400m Free & 400 IM

Age Groups 10, 11, 12, 13, 14, 15yrs & over
Medals Top 3 in each event and age group (All heat Declared Winners)

Promoter: Leicester Sharks CSC sharkstricktreat@gmail.com

clubmark SwimMark ESSENTIAL CLUB Swim England

Meet Conditions

1. The competition will be held under Swim England Regulations and Technical Rules of Swimming.
2. A swimmer taking part shall be
   a) Eligible according to Swim England Regulations.
   b) Category 2 members of Swim England on the Competition Entry closing date.
   c) A minimum of 9 years old for this competition.
3. Heats will be seeded and spearheaded according to submitted entry times which will be converted to 25m pool times if necessary.
4. Upper limit Qualifying Times apply for this competition (see times below). The promoter reserves the right to accept or reject entries on the basis of date of receipt. In order for the event to run smoothly, entries may be restricted. Any entry not accepted due to a restriction on numbers being imposed by the promoter, will have their entry fee refunded in full.
5. Entry times must be achieved in a licensed meet at Level 1, 2, 3 or 4 between 1st January 2021 and 4th Oct 2022.
6. 400 IM** event for both Male and Female will be capped at three heats maximum (24 competitors in total).
7. The number of entries accepted will be subject to any Covid-19 restrictions in place at the time.
8. Acceptance of entries and eligibility of awards is subject to the rules of the competition and at the discretion of Leicester Sharks Competitive Swimming Club.
9. Those swimmers in possession of a Swim England Certificate of Swimming Disability or those swimmers whose membership details record a disability Sport Class are welcome to enter the competition. Entry times will be taken from the British Swimming Rankings. Personal care attendants for swimmers who require them are not required to pay for an additional Poolside Pass.
10. A secondary strobe is not available for this meet.
11. **Age at – 31/12/2022 (midnight)**
12. Awards will be given to the fastest three swimmers in each age group category. Separate awards will be made to disability swimmers.
13. “Treats” spot prizes throughout the weekend during randomly selected heats.
14. There is limited space available on poolside for swimmers; therefore swimmers will be stewarded in the crèche (call room) before races. Swimmers must wear appropriate footwear/top.
15. Competitors are requested to use the lockers provided in the changing rooms for all large bags and to only bring small bags poolside, you will be asked to remove large bags. Air vents to be kept clear.
16. Coaches and Team Managers are to ensure all swimmers behave appropriately whilst poolside. It is the member’s club’s responsibility to make sure each swimmer has reached the standard of the Swim England Competitive Start Award. It is the responsibility of the Team Managers and Coaches to ensure that their competitors report to the stewards in time for the start of their race.
17. To ensure a safe environment for all our swimmers, including those with nut allergies, we require the Open Meet to be a nut-free event, both poolside and also spectating areas.
18. Swimmers will not be allowed on the balcony with bare feet and if dripping wet. Please encourage swimmers to remain on poolside during sessions so that designated Team Managers know where they are.
19. The electronic scoreboard shows provisional results only. The final positions and times will be shown on the results sheet which will be made available during the open meet and online using the sportsystem link.
20. Anti-wave ropes will be used in an eight-lane, 25m pool.
21. Swiss Timing Quantum will be used with Sport Sys Meet management software.

22. Electronic entries only - £7.00 per event via the Sport Sys Entry Manager file. Electronic entry files are to be emailed to sharkstrickntreat@gmail.com, the entry file and full details of how to enter electronically are provided on the club website, www leicestersharks.co.uk. In the event of the meet being oversubscribed entries will be prioritised based on file submission date received. The organiser reserves the right to restrict entries to ensure there is sufficient time between each session and that the Licensed Meet time restrictions are adhered to.

23. Entry fees to be paid directly to our bank account:

    HSBC Sort Code **40-12-35**; Account number **41431765** Reference **(your club name or surname) LSTnT 2022**.

24. The accepted entries list and rejection list, if applicable, will be published after the closing date or when the meet is deemed to be full. Any errors must be notified by the date given on publication of the accepted entries list, no amendments will be made after this date. Refunds will not be given once the accepted list is published. Any times achieved after the closing date will not be accepted. Withdrawals may be made prior to the competition by emailing sharkstrickntreat@gmail.com

25. **Withdrawals** - All withdrawals must be submitted online via the form from the website and by 6pm on the day prior to the event – (18:00hrs 28th October 2022).

    https://uk.teamunify.com/team/emrlssc/page/open-meets/2022-

26. A medical withdrawal (including positive COVID19 test withdrawal) must be submitted to sharkswithdrawal@gmail.com by 6pm on the day prior to the event – (18:00hrs 28th October 2022).

    Please use the form noted above.

27. The promoter reserves the right to withdraw any swimmer for failure to comply with COVID19 process requirements or meet conditions.

28. The promoter cannot accept any responsibility for a withdrawal that has not been submitted using the correct procedures.

29. Withdrawals once actioned for either heat and or finals cannot be reinstated unless an error by the admin team.

30. **POOLSIDE PASSES** - £10 per day per person. Refreshments may be provided subject to COVID restrictions, it Is expected at the time of writing no food will be provided. Passes must be purchased in advance and will not be allowed on the day.

    All coaches/Team Managers applying for poolside accreditation must be listed on their club's OMS register with the relevant DBS and safeguarding information along with an appropriate qualification. Failure to comply with this may result in poolside accreditation not being available to purchase.

31. **OFFICIALS** – We request that clubs provide a minimum of 3 licenced officials or 2 per 10 swimmers per session. Visiting clubs are requested to supply officials with a minimum Qualification of J1, and at least 1 J2 per session to ensure the meet can run effectively and efficiently to the licence criteria.

    We are only able to provide poolside experience for trainee officials if we have sufficient officials to run the meet in accordance with the licensing conditions. Please email Officials/Helpers form at the end of the pack to sharkstrickntreat@gmail.com with the names of your officials and their qualification and your trainee requirements for consideration.

    Refreshments and expenses are available for all sessions.

32. **TEAM MANAGERS/Coaches**– With reference to the most recent guidance from the NSPCC/CPSU safe sports events and in conjunction with Wave power issued by Swim England, we require the following compliance.

10yrs and under	Coach 1:8	Team Manager 1:16
18yrs to 11yrs	Coach 1:10	Team Manager 1:20

    The Team Manager should (which means must) have completed Team Manager 1, the coach cannot be a Team Manager as well.

    It is the responsibility of Team Managers to ensure swimmers report for their races in good time and report any injury or incident to the pool staff and Promoter.

DBS Numbers may be requested.

All coaches/Team Managers applying for poolside accreditation must be listed on their club's OMS register with the relevant DBS and safeguarding information along with an appropriate qualification. Failure to comply with this may result in poolside accreditation not being available to purchase.

here will be restrictions on numbers of Coaches/Chaperones/Team Managers due to Covid-19 restrictions. Clubs are asked to consider the numbers on poolside, and to ensure that the fine balance between having enough personnel present to safeguard their swimmers, and too many to observe social distancing, should this still be required at the time of the meet

33. No responsibility for loss or damage to personal property will be accepted by the organisers, promoter or the pool management.
34. Anything not covered by the above will be acted upon at the discretion of the Promoter, errors and omissions excepted.
35. If it is deemed necessary to cancel the entire event, the only claim that can be made will be the entry fee paid per individual. Should part of the event be cancelled then a refund will only be made for events that are cancelled.
36. At the time of writing, we cannot be certain that spectators will be allowed to attend this event. We are hopeful that a limited number of spectators may be allowed, and if this is the case tickets will be available to purchase in advance of the meet. More details to follow and will be published on the club website.
37. Anything not covered by these conditions shall be decided by the promoter and subject to change in accordance to COVID 19 guidelines issued by Swim England, the Government or pool operator.

Closing date

Sunday 2nd October 2022 (midnight),

Or when the meet is full (first come, first served if earlier)

LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

Programme of Events

Saturday 29th October 2022

Session 1 – Warm up 13:30pm	
101	Male 50 Fly
102	Female 200 I.M
103	Male 400 I.M
104	Female 100 Fly
105	Male 100 Back
106	Female 200 Breast
107	Male 200 Free

Session 2	
209	Male 200 Fly
210	Female 400 Free
211	Male 100 Free
212	Female 50 Back
213	Male 200 Back
214	Female 100 Breast
215	Male 50 Breast
216	Female 50 Free
217	Male 100 I.M

Sunday 30st October 2022

Session 3 – Warm up 08.00am	
318	Female 50 Fly
319	Male 200 I.M
320	Female 400 I.M
321	Male 100 Fly
322	Female 100 Back
323	Male 200 Breast
324	Female 200 Free

Session 4	
426	Female 200 Fly
427	Male 400 Free
428	Female 100 Free
429	Male 50 Back
430	Female 200 Back
431	Male 100 Breast
432	Female 50 Breast
433	Male 50 Free
434	Female 100 I.M

*400 IM** event for both Male and Female will be capped at three heats maximum (24 competitors in total)*

Full Programme and timings will be confirmed once all entries accepted

LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

Leicester Sharks Trick or Treat 2022

Upper Limit Times (not faster than)

Event	Male			
	10yrs	11yrs to 12yrs	13yrs to 14yrs	15yrs+
50m Freestyle	29.70	27.90	25.60	23.80
100m Freestyle	1.07.80	1.02.50	56.70	51.40
200m Freestyle	2.26.10	2.09.80	2.01.30	1.54.60
400m Freestyle	4.52.2	4.17.0	4.15.2	4.07.08
50m Breaststroke	41.20	38.10	32.50	30.50
100m Breaststroke	1.29.30	1.19.80	1.09.10	1.05.60
200m Breaststroke	3.10.60	2.56.70	2.39.30	2.30.60
50m Butterfly	34.90	31.10	28.10	27.10
100m Butterfly	1.19.60	1.10.80	1.02.70	58.50
200m Butterfly	2.54.00	2.38.10	2.16.10	2.11.40
50m Backstroke	35.20	32.30	29.40	27.90
100m Backstroke	1.16.30	1.08.90	1.04.80	59.0
200m Backstroke	2.38.00	2.18.00	2.11.30	2.06.50
400m IM		4.50.3	4.45.1	4.39.1
200m IM	2.48.10	2.34.30	2.12.70	2.08.50
100 IM	1.17.00	1.10.00	1.03.00	1.00.00

Event	Female			
	10yrs	11yrs to 12yrs	13yrs to 14yrs	15yrs+
50m Freestyle	31.40	29.80	27.90	27.40
100m Freestyle	1.09.00	1.03.90	1.00.50	59.80
200m Freestyle	2.26.50	2.11.90	2.08.20	2.06.70
400 Freestyle	5.02.0	4.25.4	4.23.2	4.21.4
50m Breaststroke	41.00	37.00	34.00	33.40
100m Breaststroke	1.29.60	1.20.50	1.17.20	1.14.10
200m Breaststroke	3.10.20	2.55.20	2.44.70	2.40.10
50m Butterfly	34.80	31.80	28.80	28.20
100m Butterfly	1.19.30	1.11.80	1.05.40	1.03.10
200m Butterfly	2.56.00	2.35.60	2.25.60	2.22.00
50m Backstroke	35.90	33.70	31.70	31.10
100m Backstroke	1.18.10	1.11.80	1.08.80	1.07.50
200m Backstroke	2.45.10	2.32.30	2.25.10	2.23.10
400m IM		4.59.9	4.57.8	4.55.8
200m IM	2.47.40	2.33.50	2.25.10	2.22.50
100 IM	1.18.00	1.10.00	1.06.00	1.04.00

LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

Electronic Entry Form Submission

Please remember to include a copy of the entry sheet summary from Sportsystems

PLEASE COMPLETE IN BLOCK CAPITALS

Swimming Club	
Contact Name	
Address	
Telephone (Day)	
Telephone (Eve)	
Mobile	
Email	

No. of boy swimmers		**Total No. of boy events**	
No. of girl swimmers		**Total No. of girl events**	
Total No. of swimmers		**Total No. of events**	

Payment Details

Total Number of Events	**Cost per Event**	**Total**
	£7.00	
Poolside Pass	**One day pass@ £10.00**	
	Weekend Pass @ £20.00	
	Amount Due	**£**

Bank Transfer to HSBC, Sort code 401235, Account 41431765

Do not forget to enclose a print out of your entries which can be done via the entry manager software

I declare that all above details are correct and that the submitted swimmers are eligible to compete in accordance with Swim England egulations and that I accept the meet rules and conditions

Team Manager ……... **Signature** ……

Return to: Leicester Sharks Competitive Swimming Club c/o 61 Somerfield Way, LFE, Leicestershire LE3 3LX

Closing Date: Sunday 2nd October 2022 (midnight) or when the meet is full (first come, first served if earlier)

LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

Officials/Helpers

We need many officials and helpers to run a successful open meet. The more we have the easier it is for everyone.
If you are willing to officiate or help at our open meet, could you please fill in the form below and return it with your club entries or send to sharkstrickntreat@gmail.com all help is very much appreciated.
We request that clubs provide a minimum of 3 licenced officials or 2 per 10 swimmers per session in accordance with rule 31.

Club

			Sat 29th October 2022		Sun 30st October 2022	
Name	**Swim England No**	**Qualification**	**Session 1**	**Session 2**	**Session 3**	**Session 4**

Please send to sharkstrickntreat@gmail.com **Thankyou**