



# Trick or Treat

Level 3 Open Meet under Swim England Regulations and Technical Rules of Swimming  
Licenced by Swim England for entry into County and Regional Championships under number:

**3EM191240**

**Saturday 26th & Sunday 27th October 2019**

Venue: Pingles Leisure Centre, Avenue Road, Nuneaton CV11 4LX

50m, 100m, and 200m All Strokes  
400m Free, 400 IM\*\*

Age Groups 9, 10, 11, 12 13, 14, 15yrs & Over  
Medals for Top 3 in each event and age group (All heat Declared Winners)

"SKINS" Male & Female Junior (13& under) & Seniors (14 & over) Winners Cash Prize

*"Treats" in randomly selected heats*

*Feel free to come in fancy dress etc, Halloween themed swim meet*

Promoter  
Leicester Sharks CSC  
[sharkstrickntreat@gmail.com](mailto:sharkstrickntreat@gmail.com)



## Meet Conditions

1. The competition will be held under Swim England Regulations and Technical Rules of Swimming.
2. A swimmer taking part shall be
  - a) Eligible according to Swim England Regulations.
  - b) Category 2 members of Swim England on the Competition Entry closing date.
  - c) A minimum of 9 years old for this competition.
3. Heats will be seeded and spearheaded according to submitted entry times which will be converted to 25m pool times if necessary.
4. Upper limit Qualifying Times apply for this competition (see times below). The promoter reserves the right to accept or reject entries on the basis of date of receipt. In order for the event to run smoothly, entries may be restricted. Any entry not accepted due to a restriction on numbers being imposed by the promoter, will have their entry fee refunded in full.
5. 400 IM\*\* event for both Male and Female will be capped at three heats maximum (24 competitors in total).
6. Acceptance of entries and eligibility of awards is subject to the rules of the competition and at the discretion of Leicester Sharks Competitive Swimming Club.
7. Those swimmers in possession of a Swim England Certificate of Swimming Disability or those swimmers whose membership details record a disability Sport Class are welcome to enter the competition. Entry times will be taken from the British Swimming Rankings. Personal care attendants for swimmers who require them are not required to pay for an additional Poolside Pass.
8. A secondary strobe is not available for this meet.
9. Age on day – 27/10/2019 (midnight)
10. Awards will be given to the fastest three swimmers in each age group category. Separate awards will be made to disability swimmers.
11. "Treats" spot prizes throughout the weekend during randomly selected heats.
12. SKINS - races which operate on a knockout basis, with the two remaining swimmers racing each other head to head in the final race.
  - a) Cash prizes will be awarded to the winner of each category.
  - b) Male & Female categories - Junior (13 & under) & seniors (14 & over).
  - c) The stroke for each individual race will be by random draw from a choice of Freestyle, Breaststroke, Butterfly and Backstroke.
  - d) Each race will commence in accordance with the Swim England Swimming Rules governing the Start of the selected stroke. In all races, swimmers are required to comply with the FINA Swimming Rules regarding Stroke and Finish conditions – failure to do so will lead to elimination by disqualification.
  - e) The slowest competitor in each round will be eliminated unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.
  - f) Times recorded at the Skins Event are not eligible for the British Swimming Rankings Database.
  - g) Determination of the slowest swimmer will be by the Referee utilising either Automated Officiating Equipment (AOE) or manual Finish Judge, in accordance with FINA Swimming Rules governing Placing. Should AOE be used, the Referee shall determine whether it operated correctly.
13. The Referees decision is final for all events including SKINS.  
Any appeals must be submitted in accordance with the Swim England procedures and will be handled by the Meet Promoter and Referees.
14. There is limited space available on poolside for swimmers; therefore swimmers will be stewarded in the crèche (call room) before races. Swimmers must wear appropriate footwear/top.

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15. Competitors are requested to use the lockers provided in the changing rooms for all large bags and to only bring small bags poolside, you will be asked to remove large bags. Air vents to be kept clear.
16. Coaches and Team Managers are to ensure all swimmers behave appropriately whilst poolside. It is the member's clubs responsibility to make sure each swimmer has reached the standard of the Swim England Competitive Start Award. It is the responsibility of the Team Managers and Coaches to ensure that their competitors report to the stewards in time for the start of their race.
17. To ensure a safe environment for all our swimmers, including those with nut allergies, we require the Open Meet to be a nut-free event, both poolside and also spectating areas.
18. Swimmers will not be allowed on the balcony with bare feet and if dripping wet. Please encourage swimmers to remain on poolside during sessions so that designated Team Managers know where they are.
19. The electronic scoreboard shows provisional results only. The final positions and times will be shown on the results sheet which will be made available during the open meet and online using the sportssystem link.
20. Anti-wave ropes will be used in an eight-lane, 25m pool.
21. ARES Electronic timing will be used with Sport Sys Meet management software.
22. Electronic entries only - £6.00 per event via the Sport Sys Entry Manager file. Electronic entry files are to be emailed to [sharkstricktreat@gmail.com](mailto:sharkstricktreat@gmail.com), the entry file and full details of how to enter electronically are provided on the club website, [www.leicestersharks.co.uk](http://www.leicestersharks.co.uk). In the event of the meet being oversubscribed entries will be prioritised based on file submission date received. The organiser reserves the right to restrict entries to ensure there is sufficient time between each session and that the Licensed Meet time restrictions are adhered to.
23. Entry fees to be paid directly to our bank account:  
HSBC Sort Code 40-12-35; Account number **41431765** Reference **(your club name or surname) LSTnT 2019**.
24. The accepted entries list and rejection list, if applicable, will be published after the closing date or when the meet is deemed to be full. Any errors must be notified by the date given on publication of the accepted entries list, no amendments will be made after this date. Refunds will not be given once the accepted list is published. Any times achieved after the closing date will not be accepted. Withdrawals may be made prior to the competition by emailing [sharkstricktreat@gmail.com](mailto:sharkstricktreat@gmail.com)
25. Withdrawals on the day of competition must be made to the recording desk at the front of viewing area before the start of the warm up or during the first 15 minutes of the relevant session.
26. Withdrawals will only be accepted by the athlete's coach or athlete if over the age of 18.
27. Withdrawals, in advance or on the day, once submitted are final and no re-entries will be accepted. You will also be ineligible to turn up on the day to swim.
28. Any swimmer who does not report for an event they have entered, without informing the promoter or withdrawals desk prior to warm up, will be excluded from swimming in any other event that day.
29. POOLSIDE PASSES - £25 for the weekend inclusive of food, or £15.00 per day Inc. programme and start sheets (must be purchased in advance).

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30. OFFICIALS – We request that clubs provide a minimum of 3 licenced officials or 2 per 10 swimmers per session. Visiting clubs are requested to supply officials with a minimum Qualification of J1, and at least 1 J2 per session to ensure the meet can run effectively and efficiently to the licence criteria.
- We are only able to provide poolside experience for trainee officials if we have sufficient officials to run the meet in accordance with the licensing conditions. Please email Officials/Helpers form at the end of the pack to [sharkstricktreat@gmail.com](mailto:sharkstricktreat@gmail.com) with the names of your officials and their qualification and your trainee requirements for consideration.
- Refreshments and expenses are available for all sessions.
31. TEAM MANAGERS – With reference to the most recent guidance from the NSPCC/CPSU safe sports events and in conjunction with Wave power issued by Swim England, we require the following compliance. The adult to swimmer ratio should be a minimum of 1:10 with two adults being the minimum for each team. This can include coaches but clubs must ensure that swimmers are not left unsupervised. It is the responsibility of Team Managers to ensure swimmers report for their races in good time and report any injury or incident to the pool staff and Promoter.
- DBS Numbers may be requested.
32. No responsibility for loss or damage to personal property will be accepted by the organisers, promoter or the pool management.
33. Anything not covered by the above will be acted upon at the discretion of the Promoter, errors and omissions excepted.
34. If it is deemed necessary to cancel the entire event, the only claim that can be made will be the entry fee paid per individual. Should part of the event be cancelled then a refund will only be made for events that are cancelled.

### **Closing date**

**Sunday 6th October 2019 (midnight),  
Or when the meet is full (first come, first served)**

# Programme of Events

Saturday 26<sup>th</sup> October 2019

<b>Session 1 – Warm up 13.00pm</b>	
101	Male 50 Breast
102	Female 200 IM
103	Male 400 Free**
104	Female 50 Back
105	Male 100 Fly
106	Female 100 Free
107	Male 200 Breast
108	Female – SKINS

<b>Session 2-Warm up TBC</b>	
209	Male 400 IM**
210	Female 200 Free
211	Male 100 Back
212	Female 50 Fly
213	Male 100 Breast
214	Female 200 Back
215	Male 200 Fly
216	Female 50 Free
217	Male 100 IM

Sunday 27<sup>th</sup> October 2019

<b>Session 3– Warm up 8.00am</b>	
318	Female 50 Breast
319	Male 200 IM
320	Female 400 Free**
321	Male 50 Back
322	Female 100 Fly
323	Male 100 Free
324	Female 200 Breast
325	Male – SKINS

<b>Session 4– Warm up TBC</b>	
426	Female 400 IM**
427	Male 200 Free
428	Female 100 Back
429	Male 50 Fly
430	Female 100 Breast
431	Male 200 Back
432	Female 200 Fly
433	Male 50 Free
434	Female 100 IM

*400 IM\*\* event for both Male and Female will be capped at three heats maximum (24 competitors in total)*

**Full Programme and timings will be confirmed once all entries accepted**

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## Upper Limit Times (not faster than)

Event	Male			
	9yrs to 10yrs	11yrs to 12yrs	13yrs to 14yrs	15yrs+
50m Freestyle	29.70	27.90	25.60	23.80
100m Freestyle	1.07.80	1.02.50	56.70	51.40
200m Freestyle	2.26.10	2.09.80	2.01.30	1.54.60
400m Freestyle	4.52.2	4.17.0	4.15.2	4.07.08
50m Breaststroke	41.20	38.10	32.50	30.50
100m Breaststroke	1.29.30	1.19.80	1.09.10	1.05.60
200m Breaststroke	3.10.60	2.56.70	2.39.30	2.30.60
50m Butterfly	34.90	31.10	28.10	27.10
100m Butterfly	1.19.60	1.10.80	1.02.70	58.50
200m Butterfly	2.54.00	2.38.10	2.16.10	2.11.40
50m Backstroke	35.20	32.30	29.40	27.90
100m Backstroke	1.16.30	1.08.90	1.04.80	59.0
200m Backstroke	2.38.00	2.18.00	2.11.30	2.06.50
400 IM		4.50.3	4.45.1	4.39.1
200m IM	2.48.10	2.34.30	2.12.70	2.08.50
100 IM	1.17.00	1.10.00	1.03.00	1.00.00

Event	Female			
	9yrs to 10yrs	11yrs to 12yrs	13yrs to 14yrs	15yrs+
50m Freestyle	31.40	29.80	27.90	27.40
100m Freestyle	1.09.00	1.03.90	1.00.50	59.80
200m Freestyle	2.26.50	2.11.90	2.08.20	2.06.70
400 Freestyle	5.02.0	4.25.4	4.23.2	4.21.4
50m Breaststroke	41.00	37.00	34.00	33.40
100m Breaststroke	1.29.60	1.20.50	1.17.20	1.14.10
200m Breaststroke	3.10.20	2.55.20	2.44.70	2.40.10
50m Butterfly	34.80	31.80	28.80	28.20
100m Butterfly	1.19.30	1.11.80	1.05.40	1.03.10
200m Butterfly	2.56.00	2.35.60	2.25.60	2.22.00
50m Backstroke	35.90	33.70	31.70	31.10
100m Backstroke	1.18.10	1.11.80	1.08.80	1.07.50
200m Backstroke	2.45.10	2.32.30	2.25.10	2.23.10
400m IM		4.59.9	4.57.8	4.55.8
200m IM	2.47.40	2.33.50	2.25.10	2.22.50
100 IM	1.18.00	1.10.00	1.06.00	1.04.00



## Electronic Entry Form Submission

*Please remember to include a copy of the entry sheet summary from Sportsystems*

PLEASE COMPLETE IN BLOCK CAPITALS

Swimming Club	
Contact Name	
Address	
Telephone (Day)	
Telephone (Eve)	
Mobile	
Email	

No. of boy swimmers		Total No. of boy events	
No. of girl swimmers		Total No. of girl events	
Total No. of swimmers		Total No. of events	

### Payment Details

Total Number of Events	Cost per Event	Total
	£6.00	
Poolside Pass	One day pass @ £15.00	
	Weekend Pass @ £25	
	Amount Due	£

Bank Transfer to HSBC, Sort code 401235, Account 41431765

**Do not forget to enclose a print out of your entries which can be done via the entry manager software**

I declare that all above details are correct and that the submitted swimmers are eligible to compete in accordance with Swim England regulations and that I accept the meet rules and conditions

Team Manager .....

Signature .....

**Return to:** Leicester Sharks Competitive Swimming Club c/o 61 Somerfield Way, LFE, Leicestershire LE3 3LX

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