

# Mentoring Timekeeper Candidates



- a) Put the candidates at ease and always talk to them and explain what is going on.
- b) Show them how you stand at the start to let the Referee know you are ready.
- c) Point out that, as light travels faster than sound, it is useful to look at the flash on start system particularly when there aren't speakers on each lane.
- d) Make sure they check their watch is running after the start and periodically thereafter.
- e) Make sure they know to stand when swimmer reaches 15 metres from finish.
- f) At the finish make sure they watch the wall, not the swimmer.
- g) Show how you always record times on your programme or start sheet for future reference and onto timecards and timeslips if they are used.
- h) If cards or start sheets are being used how you must check you have the correct swimmer in the correct lane and the correct heat.
- i) Compare your time to theirs and advise them if they are too fast they may be anticipating the touch.
- j) Although yours will be the official time, if you have time let them practice averaging yours and their times.
- k) If possible show how you take splits.
- l) Explain when you reset your watch (on the Referees whistle).
- m) When mentoring candidates as Chief Timekeepers as well as the usual duties explain what happens in the following even if it is not happening at this particular gala.
  - When the gala is being run card less.
  - Collecting cards during the race (making sure the correct card is collected).
  - Collecting cards after the race and sorting into time order, then filling in the official times with the Referee.
- n) At the end of the session please complete their workbooks and please comments as appropriate.