

Parents of Current Group «Current_Group» Swimmers

Dear «Firstname»,

Following the recent week long assessments I am delighted to advise you that we have selected you to move to Group «New_Group» with effect from 1st January 2020.

In order to make best use of the water time and coaches we have available to us we will be having a lot of swimmers moving this time around. As a result, the current capability levels of the swimmers in each group may differ significantly to what we have had for the last 3 months. Rest assured that the session plans will be written to take account of this and the coaching team, as they always do, will take account of individual circumstances at every session so no swimmer should feel concerned about being able to 'keep up'.

As ever, this is about your individual progress, not anybody else. Younger swimmers, in particular, should not be worried about moving in with those who seem much older because we will be working each individual to their own level. As well as this it is hoped our 'Junior Champion' Izzy Sansom will be around when she can, certainly for the first few sessions to help smooth the path for the younger ones.

What does this mean?

You have achieved another milestone in your swimming and are ready for the next step in your swimming career, Many congratulations.

You should attend as many sessions as you can, in order to continue with your rate of progress.

We accept that, occasionally, your attendance levels may dip due to outside pressures but the practice programme is written so you get the most from it with regular attendance.

The latest schedule and any alterations to practice sessions over holiday periods is always posted onto the website www.berkosc.org.uk followed by the menu option **Information** then **Training Schedule**. However, I have attached the latest schedule so that you are aware when your new Group is currently in the water.

Please remember that all swimmers should arrive on deck 15 minutes ahead of the 'In the Water' start time to do the standard 'Pre-pool' protocol on poolside before the session starts, as outlined at the recent EGM. This is known to prepare the individual's body for the 'stress' involved in a programmed practice and is expected by the governing body (Swim England) to be part of any properly planned schedule. Please do not wait to be asked to do the Pre-pool protocol, simply come to poolside and just start it straight away. Most Groups have got a lot better at this since the last set of moves in September, for which, thank you.

How Much?

The cost per month will increase to £«New_Group_Fee_Monthly» per month (or £«New_Group_Fee_Yearly» if you pay yearly) based on current 2019 fees.

See attached reminder with bank details.

Parents, can you please alter your standing order in good time for 1st January 2020.

This is crucial to the smooth running of the club and for the Treasurer and Membership Secretary to balance the books in much less time than having to chase members for the changes.

For the few that have a mid-month payment, please can you add a new payment for 1st January as it assists the Treasurer. Then if you could cancel your old standing order after December's payment has gone through. Please also make sure the bank reference identifies the swimmer, again this makes it easy to identify amongst the plethora of payments.

If you have paid for the whole year in advance, please just pay for the difference up to the end of the annual period - our Treasurer, Dolan Hinch or Membership Secretary, Jo Harding can assist you with the amount outstanding - email address below.

Finally, if you have any outstanding fees please can you make sure that they are up to date by 1st January.

Who is moving?

To support the children with their move, I thought it would be best to include all the names of children moving this time. I know from experience that sometimes children worry in case their friends are not moving too. If

that is the case, please reassure them that we have several assessments during the year and their friends will probably join them next time round and that progress through the groups is at their own pace not relating to what others around them are doing.

Swimmers who are also moving - «Additional_Swimmers»

Regards,

A handwritten signature in black ink that reads "Geoff". The letters are cursive and fluid, with a prominent 'G' and 'f'.

Geoff Wood
Head Coach

Jo Harding - Membership Secretary – membership@berkosc.org.uk
Dolan Hinch - Treasurer – treasurer@berkosc.org.uk